

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

50y

| | | | |
|---|-----|----------------|-------------------------|
| 1 | 6.1 | Joseph Gariano | Jun 1937 |
| 2 | 6.2 | Arthur Clark | 1969 |
| 3 | 6.4 | Joe Leavy | 1970 Intersectionals |

100y

| | | | |
|----|------|------------------|-----------|
| 1 | 9.8 | Larry Haden | Jun 1976 |
| | 9.9 | Larry Haden | May 1976 |
| 3 | 10.0 | Benny Greaux | May 1972 |
| 4 | 10.1 | Arthur Jackson | May 1972 |
| 5 | 10.2 | Daryl Everett | May 1973 |
| 6 | 10.4 | Greg Jones | May 1971 |
| | 10.4 | Emilio Feliciano | May 1974 |
| | 10.4 | Lance Hewitt | May 1975 |
| 9 | 10.8 | Robert Jackson | May 1969 |
| | 10.8 | David Arrastia | May 1974 |
| 11 | 10.9 | Joe Hardy | June 1950 |
| | 10.9 | Peter Melendez | Apr 1976 |



FINISH OF HEAT IN 100-YARD DASH AT TITLE MEET Wide World
 Gariano of Power Memorial winning junior event, with Littlefield of Mount St. Michael second, at C. H. S. A. championships. In the final the positions were reversed, Littlefield leading Gariano to the tape in 0:10.6.

Joseph Gariano 1938

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

| 220y | | | |
|------|-------|------------------|----------|
| 1 | 21.2 | Greg Little | Apr 1974 |
| | 21.3 | Greg Little | Mar 1974 |
| 2 | 21.5 | Leland McGee | Jun 1973 |
| 3 | 21.8 | Benny Greaux | May 1972 |
| 4 | 21.8 | Julio Rivera | 1973 |
| | 21.8 | Daryl Everett | May 1974 |
| 6 | 22.0 | Albert Green | May 1971 |
| | 22.0 | Larry Haden | Apr 1976 |
| 8 | 22.1 | Mike Twoomey | 1950 |
| 9 | 22.2 | John Jakimetz | May 1969 |
| 10 | 22.3 | Robert Ricciardo | Jun 1973 |
| 11 | 22.4 | Sean Lynch | May 1972 |
| | 22.4 | David Arrastia | May 1975 |
| | 22.4 | Pablo Maseda | Apr 1976 |
| | 22.4 | Ricky Thomas | 1978 |
| 15 | 22.6 | Gil Figueroa | Apr 1976 |
| 16 | 22.7 | Richard Zayas | Apr 1973 |
| | 22.7 | Emilio Feliciano | May 1974 |
| 18 | 22.8 | Dexter Kelly | May 1975 |
| 19 | 22.9 | Martin Floyd | May 1976 |
| 20 | 23.0 | Joe Niola | 1961 |
| | 23.0 | Arthur Clark | May 1970 |
| | 23.0 | Kedrick Malone | May 1975 |
| | 23.0 | Sam Johnson | May 1975 |
| | 23.0 | Glenn Davis | Apr 1975 |
| | 23.0 | Vinny Bowers | May 1976 |
| | 23.0 | Peter Melendez | Apr 1977 |
| 27 | 23.1 | Mike Harris | May 1969 |
| 28 | 23.1 | Jimmy Secreto | May 1975 |
| | 23.1 | Mark Hellins | Apr 1976 |
| | 23.0m | A. Little | May 1980 |



Greg Little receives baton from Daryl Everett 1973

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

220y (continued)

| | | | |
|----|------|-------------------|----------------|
| 31 | 23.2 | Marty Wisnieski | May 1971 |
| 32 | 23.3 | Jim Boland | May 1969 |
| | 23.3 | David Powell | Apr 1972 |
| | 23.3 | Peter Hendrickson | Jun 1973 |
| | 23.3 | Jeff Clark | May 1975 |
| 36 | 23.4 | Henry Norman | May 1971 |
| | 23.4 | James Ehrie | Apr 1972 |
| | 23.4 | Dennis Williams | Jun 1972 |
| | 23.4 | Keith Poney | May 1974 |
| | 23.4 | John Niccola | Apr 1977 |
| | 23.4 | John Melendez | May 1977 |
| 42 | 23.5 | Bob Buckridge | Spring 1950 |
| | 23.5 | John McGurran | May 1973 |
| | 23.5 | Edwin Oramus | May 1974 |
| | 23.6 | Paddy Murphy | May 1937 |

330y

| | | | |
|----|------|-------------------|----------|
| 1 | 36.2 | Gregg Little | Mar 1972 |
| 2 | 36.4 | Larry Haden | Mar 1976 |
| 3 | 37.4 | Gil Figueroa | Mar 1976 |
| 4 | 37.8 | David Powell | Mar 1972 |
| 5 | 38.0 | Kedrick Malone | Mar 1975 |
| 6 | 38.4 | Jacques Alexandre | Mar 1973 |
| 7 | 38.8 | Keith Poney | Mar 1973 |
| | 38.8 | Jimmy Secreto | Mar 1974 |
| 9 | 39.2 | Steve Smith | Mar 1972 |
| | 39.2 | Vin Bowers | Mar 1975 |
| | 39.2 | Mark Hellins | Mar 1976 |
| | 39.2 | Joe Vogel | Mar 1977 |
| 13 | 39.7 | Hector Melendez | Mar 1974 |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

| 440y | | | |
|------|------|------------------|--------------------------------|
| 1 | 48.8 | Daryl Everett | May '73 |
| | 48.9 | Daryl Everett | May '73 |
| 2 | 49.0 | Gil Figueroa | Jun '76 |
| 3 | 49.3 | Arthur Clark | Jun '72 |
| 4 | 49.4 | Ed Duchini | 1961 |
| 5 | 49.5 | Robert Ricciardo | Apr '73 |
| 6 | 49.7 | Greg Little | May '74 |
| 7 | 49.8 | Julio Rivera | May '75 |
| 8 | 50.0 | Mike Radov | May-31-1960 NY Sectionals |
| | 50.0 | Kedrick Malone | May '75 |
| 10 | 50.1 | John Jakimetz | May '70 |
| | 50.1 | Marty Wisnieski | May '71 |
| 12 | 50.2 | Chancy Marsh | Mar '68 |
| | 50.2 | Larry Haden | Jun '76 |
| 14 | 50.4 | David Arrastia | Apr '75 |
| 15 | 50.9 | Ray Naudain | May '71 |
| 16 | 51.0 | John Lovett | 1968 |
| | 51.0 | John Redgrave | May '73 |
| | 51.0 | Pablo Maseda | May '73 |
| 19 | 51.1 | Matt Centrowitz | May '73 |
| 20 | 51.4 | John Novak | May-27-1972 NY Sectionals |
| 21 | 51.5 | Mike Harris | May '71 |
| 22 | 51.6 | Peter Lovett | Apr-06-1968 Brandeis Relays |
| 23 | 51.8 | Mario Campo | 1967 NY Relays |
| | 51.8 | Mike Harris | May-01-1971 NY Relays |
| | 51.8 | Emilio Feliciano | May '74 |
| 26 | 51.9 | Frank Bailey | Jun '50 |
| | 51.9 | Bill Crawford | Jun '73 |
| | 51.9 | Jimmy Secreto | May '75 |
| 29 | 52.0 | Benny Greaux | Mar '72 |
| 30 | 52.2 | Alex Winogradoff | 1960 |
| | 52.2 | Richard Zayas | Mar '73 |
| 32 | 52.3 | John Shepherd | Apr '71 |
| 33 | 52.4 | Charles Cronly | May '75 |
| 34 | 52.5 | Robert Spaulding | Apr-30-1966 NY Relays |
| | 52.5 | Brian Horton | May '70 |
| | 52.5 | Armando Vera | Apr '70 |
| | | | |



Benny Greaux

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

| 400m (add .3 for yards) | | | |
|----------------------------|------|----------------|---------|
| 1 | 49.0 | Gil Figueroa | Apr '76 |
| 2 | 50.1 | Ricky Thomas | 1980 |
| 3 | 50.7 | Tony West | Apr '79 |
| 4 | 50.9 | Larry Haden | Apr '76 |
| 5 | 51.6 | Pablo Maseda | Apr '76 |
| 6 | 51.7 | Charles Cronly | Apr '76 |
| 7 | 51.9 | J. Waller | May '80 |

| 880y | | | |
|------|--------|-------------------|----------------------------|
| 1 | 1:51.5 | Matt Centrowitz | 1973 |
| 2 | 1:51.7 | Ed Duchini | 1961 |
| 3 | 1:52.1 | John Lovett | Apr '69 |
| 4 | 1:52.3 | Maurice Weaver | May '76 |
| 5 | 1:52.8 | Chancy Marsh | 1968 (Englewood) |
| | 1:52.8 | Tony Colon | Apr '70 |
| 7 | 1:53.8 | Alfred Fiorentino | May '76 |
| 8 | 1:53.9 | Ray Naudain | Apr '70 |
| 9 | 1:54.4 | Peter Lovett | Apr '69 |
| 10 | 1:56.7 | Marty Wisnieski | May '71 |
| 11 | 1:56.8 | Arthur Clark | 1972 |
| 12 | 1:57.4 | John Jakimetz | Apr '70 |
| | 1:57.4 | John Sullivan | Apr '77 |
| 14 | 1:57.7 | Pat Rafferty | May '72 |
| 15 | 1:58.2 | Ed Walsh | Jun '71 |
| 16 | 1:58.3 | Brian Johnston | Apr '74 |
| 17 | 1:58.4 | John Novak | 1973 |
| 18 | 1:58.7 | John Shepherd | Apr '71 |
| | 1:58.7 | Gerry Centrowitz | May '74 |
| 20 | 1:58.8 | Sean Ryan | 1974 |
| 21 | 1:58.9 | Tom Tuohey | 1961 |
| | 1:58.9 | Robert Ricciardo | Apr '73 |
| 23 | 1:59.1 | Joe Barbary | Apr-20-1968 Queens-Iona |
| | 1:59.1 | Jeff Snaggs | Apr '72 |
| 25 | 1:59.2 | Mike Demko | May '76 |
| 26 | 1:59.5 | Andy Walsh | Apr '69 |
| | 1:59.5 | Tom Cully | Mar '73 |



In 1961 Ed Duchini anchored Power to victory in the Penn Relays DMR Championship of America. Ed finished 3rd in the 880y run at the prestigious 1961 Golden West Invitational and won the 1960 CHSAA City Championship Cross Country title. Ed is the only person known to have won the CHSAA Freshman XC title, Sophomore XC title, a Junior XC title (no longer run) and the Varsity XC title as a Senior

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

880y *(continued)*

| | | | |
|----|--------|----------------|-------------|
| 28 | 1:59.7 | Frank Rafferty | May '75 |
| 29 | 1:59.9 | Charley Cronly | 1975 |
| 30 | 2:00.0 | Mike Radov | 1960 |
| 31 | 2:00.1 | Kevin Meuchner | Mar '75 |
| 32 | 2:00.3 | Jose Cotto | Apr '77 |
| 33 | 2:00.4 | Armando Vera | Apr-25-1970 |
| 34 | 2:00.8 | Dave Smallwood | Jun '50 |
| 35 | 2:00.9 | Bill Palladini | Jun '72 |
| | 2:00.9 | Pete Dobrofski | Jun '74 |
| | 2:00.9 | Steve Hurley | Mar '75 |

800m

| | | | |
|----|--------|-------------------|---------|
| 1 | 1:53.6 | Alfred Fiorentino | Apr '76 |
| 2 | 1:54.5 | Maurice Weaver | Apr '76 |
| 3 | 1:57.9 | Cassius Titus | Apr '79 |
| 4 | 1:58.3 | Ricky Thomas | May '80 |
| 5 | 1:58.4 | Jerry Cole | Apr '79 |
| 6 | 1:58.7 | Tony West | May '80 |
| 7 | 1:59.0 | Jose Cotto | Apr '77 |
| 8 | 1:59.1 | Vin Hogan | Apr '77 |
| 9 | 1:59.6 | Mike Demko | Apr '76 |
| 10 | 2:00.4 | John Sullivan | Apr '76 |
| 11 | 2:01.0 | Branden Weaver | Apr '79 |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

¾ Mile

| | | | |
|----|--------|--------------------|--------------------------------|
| 1 | 3:04.1 | Matt Centrowitz | Mar '73 |
| 2 | 3:06.1 | Ray Naudain | Apr '70 |
| 3 | 3:06.3 | Maurice Weaver | Apr '74 |
| 4 | 3:07.4 | Alfred Fiorentino | Apr '75 |
| 5 | 3:07.8 | Garth McKay | 1967 NY Relays |
| 6 | 3:07.8 | John Lovett | Apr '69 |
| 7 | 3:09.5 | Pat Rafferty | Apr '72 |
| 8 | 3:10.5 | Brian Johnston | Mar '73 |
| 9 | 3:11.0 | Charley Cronly | Mar '77 |
| 10 | 3:11.4 | Tom Tuohey | 1961 |
| 11 | 3:11.5 | John Doran | 1960 |
| 12 | 3:12.0 | John Sullivan | Apr '77 |
| 14 | 3:12.5 | Tom Cully | Apr '73 |
| 15 | 3:12.7 | Frank Rafferty | Apr '75 |
| 16 | 3:13.0 | Chancy Marsh | Apr-06-1968 Brandeis Relays |
| 17 | 3:13.6 | Art McCarthy | Apr '64 |
| 18 | 3:14.8 | Ed Walsh | Apr '71 NY Relays |
| 19 | 3:15.0 | Jose Cotto | Apr '77 |
| 20 | 3:16.0 | Peter Lovett | Apr '68 |
| 21 | 3:17.3 | Bill Palladini | Apr '72 |
| 22 | 3:18.2 | Anthony Fiorentino | Apr '71 NY Relays |
| | 3:18.2 | Arthur Stolba | Mar '73 |
| | 3:18.2 | Kevin Meuchner | Mar '75 |
| 25 | 3:19.4 | Bruce Donohue | May '77 |
| 26 | 3:20.3 | Gordon Jackson | Apr '68 |
| 27 | 3:20.9 | Ed Jennings | Apr '74 |



Ray Naudain

1300m

(1200m Conversion)

| | | | |
|---|---------------------|-------------------|---------|
| 1 | 3:21.0 (3:04.38) | Alfred Fiorentino | Apr '76 |
|---|---------------------|-------------------|---------|

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NY State Catholic Outdoor Champions: 1975 & 1976

1200m

| | | | |
|---|--------|--------------|---------|
| 1 | 3:10.8 | Tony West | May '80 |
| 2 | 3:11.3 | Jim Sullivan | Apr '79 |

1 ½ mile Steeplechase

| | | | |
|---|--------|-----------------|---------|
| 1 | 8:01.0 | Thomas Horan | Jun '72 |
| 2 | 8:15.0 | Ed Jennings | Jun '74 |
| 3 | 8:30.7 | James Gallagher | May '71 |
| 4 | 8:31.0 | Derek Gourdin | Jun '72 |

3000m Steeplechase

| | | | |
|---|---------|---------------|---------|
| 1 | 10:33.8 | Ed Jennings | 1973 |
| 2 | 11:10.2 | John Sullivan | May '75 |

1 Mile Walk

| | | | |
|---|--------|-----------|------|
| 1 | 9:14.0 | M. Curran | 1974 |
|---|--------|-----------|------|

Power Memorial Academy

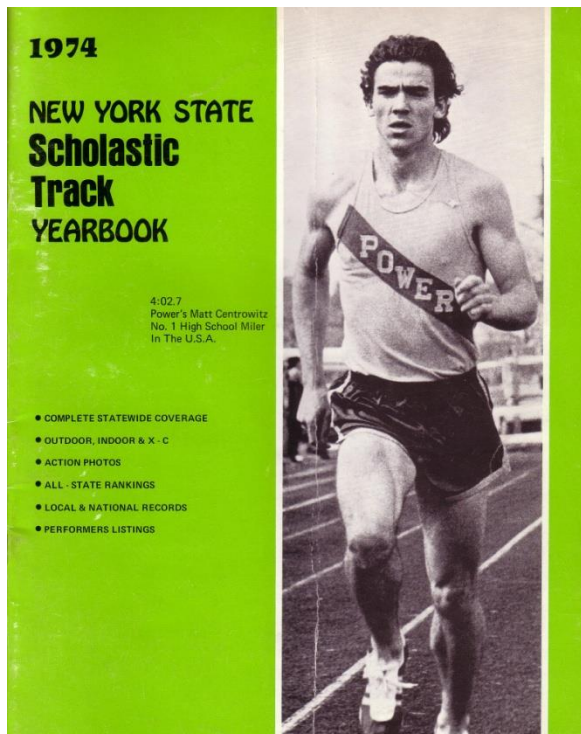
All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

| Mile | | | |
|------|---------|--------------------|--|
| 1 | 4:02.7 | Matt Centrowitz | Jun 23, 1973 AAU Junior Nationals Univ Florida |
| 2 | 4:06.0 | Tony Colon | 1970 Golden West |
| 3 | 4:09.5 | Maurice Weaver | April 30, 1976 NY Relays |
| 4 | 4:15.2 | Brian Johnston | May '74 |
| 5 | 4:16.3 | Pat Rafferty | 1972 |
| 6 | 4:17.0 | Kevin O'Brien | 1965 |
| 7 | 4:19.2 | Ed Duchini | 1961 |
| 8 | 4:19.8 | Ed Walsh | May '70 |
| 9 | 4:20.6 | Joe Barbary | Apr-06-1968 Brandeis Relays |
| 10 | 4:20.9 | Peter Lovett | Apr '69 Penn Relays |
| 11 | 4:21.7 | Gerry Centrowitz | May '74 |
| 12 | 4:22.0 | Richard Stewart | May 28-1966 NY Sectionals |
| 13 | 4:23.1 | Ray Naudain | Jun '70 |
| 15 | 4:25.8 | Arthur Stolba | May '74 |
| 16 | 4:26.2 | Paul Barbary | April 30, 1971 NY Relays |
| 17 | 4:26.8 | John Lovett | CHSAA Relay Carnival Apr-12-1969 |
| 18 | 4:25.4m | Branden Weaver | Apr '79 |
| 18 | 4:27.4 | Alfred Fiorentino | Apr '76 |
| 19 | 4:29.7 | Frank Rafferty | May '75 |
| 20 | 4:30.2 | Tom Cully | May '73 |
| 21 | 4:30.6 | Kevin Meuchner | Apr '75 |
| 22 | 4:31.5 | Vin Hogan | Apr '77 |
| 23 | 4:32.0 | Charley Cronly | Apr '77 |
| 24 | 4:32.4 | Anthony Fiorentino | May '71 |
| 25 | 4:33.1 | Bruce Donohue | Apr '77 |
| 26 | 4:33.5 | John Sullivan | Apr '77 |
| 27 | 4:34.2 | Danny Tonery | May '73 |
| 28 | 4:38.1 | Branden Weaver | 1980 |
| 29 | 4:39.0 | Andy Walsh | CHSAA Relay Carnival Apr-12-1969 |
| | 4:39.0 | Marty Wisnieski | Mt. St. Michael's Apr-18-1971 |

NY State Record



Matt Centrowitz was the USA's number 1 ranked high school miler in 1973. Winner of the prestigious Golden West Mile. Current NY State mile record holder. His 8:56.2 two mile was a NY State record when run.

New York Relay Summaries

CHAMPIONSHIP EVENTS

320-Yard Intermediate Hurdles—1, Mike Corbett, Francis Lewis, 39.4 seconds; 2, Fred Singleton, Mount Vernon, 39.6; 3, Tom Coccia, Seton Hall (N.J.), 39.9; 4, Greg Smith, Jackson, 40.4; 5, Kevin Reilly, Port Washington, 40.6.

880-Yard Run—1, Joe Savage, Roselle (N.J.) Catholic, 1:51.8 (meet record; previous record, 1:54.2, John Heath, Flushing, 1968); 2, Ken Schappert, DuBois, 1:52.2; 3, Clifford Bruce, DuBois, 1:53.1; 4, Andy Artola, Paramus Catholic, 1:53.1; 5, Conrad Zink, Harborfields, 1:53.5.

One-Mile Run—1, Anthony Colon, Power, 4:11.2 (meet record; previous record, 4:17.2, Brian McElroy, Massachusetts, 1969); 2, Denis Fikis, Rice, 4:16.2; 3, Greg Bryant, Mount Vernon, 4:19.0; 4, Edward Walsh, Power, 4:19.8; 5, Kevin Kearney, Nazareth, 4:19.9.

Two-Mile Run—Mike Keogh, Essex Catholic, Newark, 9:08.6; (meet records; previous record, 9:24.8, Tom Shiland, Cambridge, 1969); 2, Vincent Cartier, Scotch Plains (N.J.), 9:17.4; 3, Marty Walsh, New Doro, 9:20.7; 4, Joe Galano, Roslyn, 9:26.4; 5, Peter Kelly, St. Benedict's (N.J.), 9:29.9.

Brve, Mount Vernon, 46-134; 5, William Braxton, East N.Y., 45-115.

Discus Throw—1, Steve Adams, St. Joseph's (N.J.), 17' 9" inches; 2, Jim Long, Peiham, 16-11; 3, Richard Wenskus, Wantagh, 16-3; 4, Alan Wulack, Essex Catholic, 16-3; 5, John McCree, Essex Catholic, 15-0.

CLASSIFIED RELAYS

Class I One-Mile Relay—1, Hamilton, Elmsford, N. Y. (Johnson, Jones, Mitchell, Middleton), 3:36.5; 2, Rye Neck, 3:37.7; 3, Dobbs Ferry, 3:44.2; 4, Haldane, 3:44.3; 5, Cathedral, 3:49.8.

Class II One-Mile Relay (Section I)—1, Delbaron (Goodyear, MacDonald, Lang, Cole), 3:27.6; 2, Poly Prep, 3:38.7; 3, Northern Highlands, 3:31.8; 4, Roosevelt, L. I., 3:32.6; 5, Trinity, 3:58.6.

Class II One-Mile Relay (Section II)—1, St. Anthony's (D'Alberti, Droher, Baker, Golden), 3:29.9; 2, Queen of Peace, 3:31.1; 3, St. Joseph's, West N. Y. (N.J.), 3:32.3; 4, Paramus Catholic, 3:35.2; 5, Pasack Hills, 3:36.1.

Class III One-Mile Relay (Section III)—1, Floral Park (Cuomo, Reid, Zelinski, Azara), 3:34.8; 2, Waldwick, 3:37.5; 3, Hudson, 3:38.1; 4, Ardsley, 3:43.8; 5, Lourdes.

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Power Memorial Academy

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| 1500 meters (mile conversion) | | | |
|----------------------------------|---------------------|-----------------|--|
| 1 | 3:43.4 (4:01.27) | Matt Centrowitz | Jul 20, 1973 USA vs Poland Jr Meet, Warsaw, Poland |
| 2 | 3:48.2 (4:06.46) | Tony Colon | 1970 |
| 3 | 3:50.0 (4:08.40) | Maurice Weaver | 1976 |
| 4 | 4:10.2 (4:30.22) | Pat Rafferty | 1972 |

NY State Record
 National Catholic High
 School Record

| 1600 meters | | | |
|-------------|--------|------------|------|
| 1 | 4:15.5 | Tony Colon | 1970 |

| 2 Miles | | | |
|---------|--------|------------------|---------------------------------|
| 1 | 8:56.2 | Matt Centrowitz | 1973 |
| 2 | 9:05.2 | Maurice Weaver | May '75 |
| 3 | 9:10.0 | Tony Colon | 1970 |
| 4 | 9:23.4 | Paul Barbary | 1971 |
| 5 | 9:24.2 | Brian Johnston | May '74 |
| 6 | 9:27.0 | Pat Rafferty | Jun '72 |
| 7 | 9:28.3 | Joe Barbary | May-04-1968 Englewood Relays |
| 8 | 9:36.8 | Garth McKay | 1967 |
| 9 | 9:38.2 | Gerry Centrowitz | Mar '74 |
| 10 | 9:44.0 | Arthur Stolba | May '74 |
| 11 | 9:44.8 | Ed Duchini | 1961 |
| 12 | 9:45.5 | Gordon Jackson | May '68 |
| 15 | 9:55.9 | Kevin Meuchner | May '74 |
| 16 | 9:59.9 | Tom Tuohey | 1961 |



Tony Colon (shown here anchoring a relay victory at Madison Square Garden). Tony was the USA's number 1 ranked high school miler in 1970 and winner of the prestigious Golden West Mile. His 4:06.0 mile was 2nd best all time for the GWI behind only Jim Ryun when run. It was still a top 10 GWI performance through 2016.

Power Memorial Academy

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| 3200 meters (2 mile conversion) | | | |
|------------------------------------|---------------------|----------------|---------|
| 1 | 9:34.3 (9:37.63) | Branden Weaver | May '80 |



Branden Weaver

| 3 miles | | | |
|---------|---------|-----------------|------|
| 1 | 13:48.0 | Matt Centrowitz | 1973 |

| 5000 meters | | | | |
|-------------|---------|-----------------|--------------|-------------------------------|
| 1 | 14:17.0 | Matt Centrowitz | Jul 27, 1973 | NY State Record (when run) |
| 2 | 14:53.4 | Maurice Weaver | 1975 | |

| 4 X 100m Relay | | | |
|----------------|------|--|----------------------------|
| 1 | 43.3 | Ron Pelissier, Randy Phillip, Mike Jermyn, Gus De Los Santos | May-23-1981 City Champs |
| 3 | 44.6 | Mark Hellins, Vinny Bowers, Pablo Maseda, Larry Haden | Apr '76 |
| 4 | 45.0 | | 1980 |
| 5 | 45.8 | Peter Melendez, John Melendez, Joe Vogel, Joe Maffia | Apr '77 |

400-meter relay— 1. Power (Ron Pelissier, Randy Phillip, Mike Jermyn, Gus Delos-Santos) 43.3 (meet record, previous record 44.1 by Loughlin, 1976); 2. Spellman 43.5; 3. Holy Cross 43.7; 4. St. Francis 44.1; 5. St. John Baptist 44.1.



1981 CHSAA Outdoor 4x100 City Champions
 Mike Jermyn, Coach Brian Batzer, Gus De Los Santos, Ron Pelissier, Randy Phillip
 (School & Meet Record)

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

440y Relay

| | | | |
|----|------|--|----------------------------------|
| 1 | 43.5 | Benny Greaux, Greg Little, Arthur Jackson, Sean Lynch | 1972 |
| 2 | 43.9 | Ron Pelissier, Randy Phillip, Mike Jermyn, Gus De Los Santos | May 1981 NY Relays |
| 2 | 44.5 | Greg Little, Sean Lynch, A. Jackson, Daryl Everett | Apr '72 |
| 3 | 44.8 | Leland McGee, D. Everett, Lance Hewitt, G. Little | Apr '73 |
| 4 | 44.9 | L. McGee, David Powell, S. Lynch, A. Jackson | Apr '72 |
| | 44.9 | A. Jackson, G. Little, S. Lynch, D. Everett | Apr '72 |
| 6 | 45.0 | B. Greaux, Albert Green, Mike Harris, A. Jackson | Jun '71 |
| | 45.0 | L. McGee, D. Everett, Peter Hendrickson, G. Little | Apr '73 |
| 8 | 45.3 | Pablo Maseda, Larry Haden, John West, Gil Figueroa | Apr '76 |
| 9 | 45.4 | | 1975 |
| 10 | 45.5 | M. Harris, Henry Norman, A. Green, Glenn Davis | Apr '71 |
| | 45.5 | David Arrastia, G. Davis, Edwin Oramus, Emilio Feliciano | Jun '74 |
| | 45.5 | Keith Poney, Lance Hewitt, Jeff Clark, G. Davis | Apr '75 |
| 13 | 45.6 | M. Harris, S. Lynch, A. Green, B. Greaux | Mt. St. Michael's Apr-18-1971 |
| 14 | 45.7 | L. Hewitt, P. Hendrickson, Richard Zayas, L. McGee | Apr '73 |
| | 45.7 | Julio Rivera, P. Maseda, E. Feliciano, D. Arrastia | Apr '74 |
| 16 | 46.0 | A. Jackson, G. Little, S. Lynch, D. Everett | Apr '72 |
| 17 | 46.1 | L. Hewitt, R. Zayas, Kedric Malone, P. Hendrickson | May '73 |
| | 46.1 | D. Arrastia, G. Davis, E. Oramos, E. Feliciano | 1975 |
| 19 | 46.2 | K. Poney, Gerry Hines, G. Davis, D. Arrastia | Apr '74 |
| | 46.5 | Mike Odom, Miller, G. Little, D. Everett | 1971 |
| | 46.5 | G. Figueroa, P. Maseda, Jimmy Secreto, L. Hewitt | Apr '75 |
| | 46.5 | G. Little, Dexter Kelly, Martin Floyd, E. Feliciano | Apr '74 |
| 23 | 46.8 | K. Poney, Sam Johnson, Vinny Bowers, L. Hewitt | Apr '75 |

Power Memorial Academy

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360y High Hurdle Relay

| | | | |
|---|------|---|---------|
| 1 | 46.3 | Manuel Yanes, Ewald Greene, Martin Nevrla | 1966 |
| 2 | 47.2 | M. Yanes, E. Greene, M. Nevrla | Apr '65 |
| 3 | 47.8 | Keith Poney, Gerry Hines, Glenn Davis | May '75 |
| 4 | 48.3 | G. Hines, G. Davis, K. Poney | Apr '75 |
| 5 | 52.7 | G. Hines, Anthony Todd, G. Davis | Apr '74 |

4 x 330y Relay

| | | | |
|---|--------|---|---------|
| 1 | 2:32.4 | Gil Figueroa, Vinny Bowers, Mark Hellins, Larry Haden 37.4 39.4 39.2 36.4 | Mar '76 |
| 2 | 2:33.4 | Mike Odom, David Powell, Steve Smith, Greg Little | Mar '72 |
| 3 | 2:37.9 | Keith Poney, Edwin Oramus, Sam Johnson, Jacques Alexandre | Mar '73 |
| 4 | 2:38.0 | K. Poney, Gerry Hines, V. Bowers, Kedric Malone | Mar '75 |
| 5 | 2:39.8 | E. Oramus, Jimmy Secreto, Hector Melendez, S. Johnson | Mar '74 |

3 x 2 Mile Relay

| | | | |
|----|---------|---|---------|
| 1 | 29:52.4 | Gerry Centrowitz, Frank Rafferty, Mick Rafferty 9:38.2 10:02.5 10:11.7 | Mar '74 |
| 2 | 30:15.0 | Joe Barbary, Gordon Jackson, Peter Lovett | Mar '68 |
| 3 | 30:34.0 | Paul Barbary, Pat Rafferty, Ed Walsh | Mar '70 |
| 4 | 30:48.0 | Danny Tonery, Ed Jennings, Gerry Centrowitz | Mar '73 |
| 5 | 30:57.9 | Bill Michelson, John Cahalin, Tom D'Asaro | Mar '76 |
| 6 | 30:59.0 | John Sullivan, J. Cahalin, Bill Michelson | Mar '75 |
| 7 | 31:04.2 | Matt Centrowitz, Bill Palladini, Jim Gallagher | Mar '71 |
| 8 | 31:32.0 | | Mar '68 |
| 9 | 31:40.0 | Anthony Larios, Andy Walsh, Basil Marcial | Mar '69 |
| 10 | 32:01.1 | Tom Rose, John McEvoy, Chris Meuchner | Mar '77 |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

880y Relay

| | | | |
|-----|-------------------------|--|--------------------------|
| 1. | 1:28.5 | Daryl Everett, Leland McGee, Robert Ricciardo, Greg Little | Jun '73 |
| 2. | 1:28.7 | D. Everett, L. McGee, Julio Rivera, G. Little | May '73 |
| 3. | 1:29.8 | D. Everett, L. McGee, J. Rivera, G. Little | May '73 |
| 4. | 1:30.0 | D. Everett, L. McGee, Richard Zayas, G. Little | May '73 |
| 5. | 1:30.3 | L. McGee, R. Zayas, D. Everett, G. Little | Apr '73 |
| 6. | 1:30.7 | D. Everett, J. Rivera, Emilio Feliciano, G. Little | May '74 |
| 7. | 1:31.3 | L. McGee, Kedric Malone, Peter Hendrickson, G. Little | May '73 |
| 8. | 1:31.5 | D. Everett, K. Malone, Julio Rivera, G. Little | Apr '74 |
| 9. | 1:31.8 | Arthur Jackson, Benny Greaux, Sean Lynch, G. Little | May '72 |
| 10. | 1:31.9 | L. McGee, G. Little, Sean Lynch, Benny Greaux | Apr '72 |
| 11. | 1:32.0 | L. McGee, R. Zayas, S. Lynch, G. Little | Jun '72 |
| 12. | 1:32.1 | Gil Figueroa, Pablo Maseda, Mark Hellins, Larry Haden | May '76 |
| 13. | 1:32.2 | G. Little, D. Everett, Arthur Clark, B. Greaux | May '72 |
| 14. | 1:32.4 | G. Little, Martin Floyd, Glenn Davis, David Arrastia | May '74 |
| 15. | 1:32.8 | G. Figueroa, P. Maseda, M. Hellins, L. Haden | Apr '76 |
| 16. | 1:33.0 | B. Greaux, D. Everett, David Powell, G. Little | Apr '72 |
| 17. | 1:33.4 (School Rec.) | Sean Lynch, Henry Norman, Benny Greaux, Albert Green 23.9 24.0 22.7 22.7 | May 1, 1971 NY Relays |
| 18. | 1:33.6 | J. Rivera, John McGurran, D. Everett, G. Little | May '73 |
| 19. | 1:33.8 | S. Lynch, H. Norman, B. Greaux, A. Green | May 1, 1971 NY Relays |
| | 1:33.8 | L. McGee, R. Zayas, K. Malone, G. Little | Apr '73 |
| | 1:33.8 | G. Figueroa, M. Floyd, Dexter Kelly, Sam Johnson | Mar '75 |
| 21. | 1:33.9 | Joseph, John Jakimetz, Jim Boland, Mike Harris | 1969 Intersectionals |
| 22. | 1:34.0 | L. McGee, G. Little, S. Lynch, B. Greaux | May '72 |
| 23. | 1:34.1 | K. Poney, M. Floyd, Glenn Davis, Emilio Feliciano | May '74 |
| 24. | 1:34.2 | S. Johnson, Jeff Clark, Jimmy Secreto, M. Floyd | May '75 |
| 25. | 1:34.3 | A. Jackson, L. McGee, R. Zayas, S. Lynch | Mar '72 |
| | 1:34.3 | John McGurran, P. Hendrickson, R. Zayas, L. McGee | Jun '73 |
| | 1:34.3 | G. Figueroa, J. Clark, D. Kelly, D. Arrastia | Jun '75 |
| 28. | 1:34.5 | D. Powell, R. Zayas, Richard Borges, S. Lynch | May '72 |
| 29. | 1:34.6 | Howley, Hardy, Bob Buckridge, ?? | 1950 |



1975 CHSAA 880y Relay City Champions
(David Arrastia, Jeff Clark, Dexter Kelly, Gil Figueroa)

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

880y Relay

(continued)

| | | | |
|-----|------------|---|---------|
| | 1 : 34 . 6 | K. Poney, E. Feliciano, David Arrastia, G. Little | Mar '74 |
| | 1 : 34 . 6 | G. Figueroa, J. Clark, S. Johnson, D. Kelly | May '75 |
| | 1 : 34 . 6 | M. Hellins, P. Maseda, Peter Melendez, Vin Bowers | May '76 |
| 33. | 1 : 34 . 7 | G. Little, Miller, Greg Jones, D. Everett | 1971 |
| | 1 : 34 . 7 | K. Poney, G. Davis, Martin Floyd, D. Arrastia | May '74 |
| 35. | 1 : 34 . 8 | G. Little, Miller, Greg Jones, D. Everett | Jun '71 |
| | 1 : 34 . 8 | G. Figueroa, S. Johnson, D. Kelly, L. Haden | May '75 |
| 37. | 1 : 34 . 9 | L. McGee, R. Zayas, P. Hendrickson, K. Malone | Mar '73 |
| 38. | 1 : 35 . 0 | S. Lynch, H. Norman, B Greaux, A. Green | Jun '71 |
| | 1 : 35 . 0 | G. Figueroa, J. Clark, S. Johnson, D. Kelly | May '75 |
| 40. | 1 : 35 . 1 | Mike Harris, Sean Lynch, A. Green, B Greaux | Apr '71 |
| 41. | 1 : 35 . 2 | K. Poney, D. Arrastia, S. Johnson, M. Floyd | Apr '75 |
| | 1 : 35 . 2 | M. Floyd, D. Kelly, J. Clark, K. Malone | Mar '75 |
| | 1 : 35 . 2 | M. Hellins, P. Maseda, John Melendez, V. Bowers | May '76 |
| 44. | 1 : 35 . 5 | J. McGurran, P. Hendrickson, R. Zayas, L. McGee | Jun '73 |
| | 1 : 35 . 5 | G. Figueroa, J. Clark, D. Kelly, D. Arrastia | May '75 |
| 46. | 1 : 35 . 7 | L. Haden, S. Johnson, D. Kelly, L. Hewitt | May '75 |
| 47. | 1 : 35 . 8 | M. Floyd, J. Secreto, P. Maseda, E. Feliciano | May '74 |
| | 1 : 35 . 8 | Glenn Davis, L. Hewitt, D. Arrastia, S. Johnson | Mar '75 |
| 49. | 1 : 35 . 9 | M. Harris, S. Lynch, A. Clark, B. Greaux | May '70 |
| | 1 : 35 . 9 | L. McGee, R. Zayas, S. Lynch, Powell | |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

Sprint Medley Relay

(220, 220, 440, 880)

| | | | | |
|-----|--------|---|------------------------------------|--|
| 1. | 3:27.8 | Larry Haden, Pablo Maseda, Gil Figueroa, Maurice Weaver 23.8 22.4 49.0 1:52.6 | May 18, 1976 NJ Relays | US #3 in 1976 T&F News All-America Team |
| 2. | 3:35.2 | G. Figueroa, P. Maseda, L. Haden, Alfred Fiorentino | Apr '76 | |
| 3. | 3:37.0 | G. Figueroa, Vinny Bowers, Mark Hellins, Maurice Weaver | Apr '76 | |
| 4. | 3:41.4 | Julio Rivera, Dixide Santiestaben, Kedric Malone, John Novak | Apr '73 | |
| 5. | 3:41.5 | M. Wisnieski, M. Harris, J. Shepherd, A. Clark | 1970 | |
| 6. | 3:42.3 | Jimmy Secreto, Charley Cronly, Glenn Davis, Alfred Fiorentino | Apr '75 | |
| 7. | 3:43.2 | Sean Lynch, Henry Norman, Arthur Clark, John Shepherd | Jun '71 | |
| 8. | 3:43.5 | J. Rivera, K. Malone, D. Everett, G. Little | Apr '74 | |
| 9. | 3:44.5 | Al Fiorentino, Frank DeJesus, Dexter Kelly, P. Maseda | Mar '74 | |
| 10. | 3:44.8 | Rich Stewart, S. Walsh, Maninari, Mario Campo | 1965 | |
| 11. | 3:50.5 | Ray Naudain, M/ Harris, Marty Wisnieski, Ed Walsh | 1969 St. Francis Prep Relays | |

4 Mile Relay

| | | | | | |
|-----|---------|---|----------------------------|----------------------------------|-----------------------------------|
| 1. | 17:19.6 | Arthur Stolba, Gerry Centrowitz, Maurice Weaver, Brian Johnston 4:25.8 4:21.7 4:16.9 4:15.2 | May 21, 1974 NJ Relays | NY State Record for 32+ years | # 16 All Time USA through 2015 |
| 2. | 17:45.5 | Ed Walsh, Paul Barbary, Ray Naudain, Tony Colon | Jun '70 | NY State Record when run | |
| 3. | 17:50.6 | E. Walsh, P. Barbary, R. Naudain, Matt Centrowitz | Jun '71 | | |
| 4. | 18:04.6 | Mario Campo, Joe Barbary, Chancy Marsh, Rich Stewart 4:27.0 4:37.5 4:38.0 4:22.1 | Nov-15-1966 Molloy Meet | | |
| 5. | 18:06.2 | A. Colon, A. Walsh, Peter Lovett, John Lovett 4:36.5 4:39.0 4:23.3 4:26.8 | Apr '69 | | |
| 6. | 18:07.6 | | 1973 | | |
| 7. | 18:08.1 | A. Stolba, B. Johnston, Danny Toney, Ed Jennings | May '73 | | |
| 8. | 18:16.0 | | Nov-1964 Molloy Meet | | |
| 9. | 18:19.4 | Bruce Donohue, Vin Hogan, John Cahalin, Mike Demko | Apr '77 | | |
| 10. | 18:29.6 | Tom Cully, E. Jennings, B. Johnston, A. Stolba | Apr '73 | | |
| 11. | 18:31.7 | Frank Rafferty, Kevin Meuchner, Steve Hurley, Peter Morales | May '75 | | |
| 12. | 18:37.1 | G. Centrowitz, Mick Rafferty, K. Meuchner, A. Stolba | Apr '73 | | |
| 13. | 18:38.1 | Ed Jennings, B. Johnston, K. Meuchner, A. Stolba | Apr '74 | | |
| 14. | 18:41.2 | | 1976 | | |
| 15. | 18:53.5 | G. Centrowitz, Pete Dobroloski, M. Rafferty, E. Jennings | Apr '74 | | |

Sprint Medley Relay

(440, 220, 220, 440)

| | | | |
|----|--------|---|------------------------|
| 1. | 3:27.8 | McCann, Jim Boland, Joseph, John Jakimetz | 1969 Relay Carnival |
|----|--------|---|------------------------|

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

| Mile Relay | | | | |
|------------|----------|---|----------------------------|---------------------------|
| 1 | 3:21.9 | Greg Little, Matt Centrowitz, Robert Ricciardo, Daryl Everett | May '73 | |
| 2 | 3:23.0 | G. Little, Julio Rivera, Pablo Maseda, D. Everett | Apr '74 | |
| 3 | 3:24.0 | Mike Harris, Ray Naudain, Marty Wisnieski, Arthur Clark | May '71 | |
| 4 | 3:24.3 | J. Rivera, Jimmy Secreto, P. Maseda, Kedric Malone | May '75 | |
| 5 | 3:23.2 m | Larry Haden, Pablo Maseda, Charley Cronly, Gil Figueroa 50.9 51.6 51.7 49.0 | Apr '76 | |
| 6 | 3:24.8 | G. Little, J. Rivera, John Redgrave, D. Everett | May '73 | |
| 7 | 3:25.1 | J. Redgrave, D. Everett, John Novak, R. Ricciardo | Apr '73 | |
| 8 | 3:25.8 | L. Haden, G. Little, Emilio Feliciano, J. Rivera | May '74 | |
| 9 | 3:26.0 | L. Haden, J. Secreto, P. Maseda, K. Malone | May '75 | |
| 10 | 3:26.2 | J. Redgrave, J. Rivera, G. Little, D. Everett | Apr '73 | |
| 11 | 3:26.3 | P. Maseda, L. Haden, David Arrastia, K. Malone | May '75 | |
| 12 | 3:26.5 | J. Redgrave, R. Ricciardo, G. Little, D. Everett | Apr '73 | |
| 13 | 3:25.4 m | Rose, Waller, De Los Santos, Tony West | 1980 | |
| 14 | 3:27.1 | G. Little, E. Feliciano, J. Rivera, D. Everett | Apr '74 | |
| 15 | 3:27.1 | P. Maseda, J. Secreto, D. Arrastia, J. Rivera | Apr '75 | |
| 16 | 3:27.3 | P. Maseda, D. Arrastia, K. Malone, L. Haden | May '75 | |
| 17 | 3:27.6 | J. Redgrave, D. Everett, John McGurran, G. Little | Mar '73 | |
| 18 | 3:28.0 | L. Haden, P. Maseda, Mark Hellins, G. Figueroa | Apr '76 | |
| 19 | 3:28.4 | L. Haden, Charley Cronly, P. Maseda, G. Figueroa 53.7 53.2 52.2 49.3 | May 1, 1976 NY Relays | |
| 20 | 3:28.5 | J. Rivera, D. Everett, J. Redgrave, G. Little | Apr '73 | |
| 21 | 3:28.8 | J. Novak, Benny Greaux, J. Redgrave, D. Everett | Apr '72 | |
| 22 | 3:28.8 | K. Malone, J. Rivera, Bill Crawford, D. Everett | Jun '73 | |
| 23 | 3:28.8 | Bill Crawford, J. Rivera, D. Everett, K. Malone | Mar '74 | |
| 24 | 3:28.8 | L. Haden, J. Secreto, P. Maseda, D. Arrastia | May '75 | |
| 25 | 3:29.3 | C. Cronly, J. Secreto, P. Maseda, K. Malone | May '75 | |
| 26 | 3:30.3 | P. Maseda, W. Crawford, L. Haden, J. Rivera | Jun '74 | |
| 27 | 3:30.4 | L. Haden, W. Crawford, P. Maseda, E. Feliciano | May '74 | |
| 28 | 3:30.9 | L. Haden, W. Crawford, E. Feliciano, Dexter Kelly | May '74 | |
| 29 | 3:31.1 | B. Greaux, J. Redgrave, J. Novak, A. Clark | Apr '72 | |
| 30 | 3:31.2 | P. Maseda, J. Secreto, J. Clark, D. Arrastia | Apr '75 | |
| 31 | 3:31.4 | G. Little, J. Rivera, W. Crawford, D. Everett | Apr '74 | |
| 32 | 3:31.8 | Harold Holmes, Henry Albert, Phil Kenney, Ed Kelly | Apr-24-1965 Penn Relays | School Record when run |
| 33 | 3:32.0 | Juan Vera, J. Redgrave, Steve Smith, J. Novak | May '72 | |
| 34 | 3:32.0 | S. Smith, J. Redgrave, J. Vera, J. Novak | Jun '72 | |
| 35 | 3:32.0 | J. Secreto, Martin Floyd, C. Cronly, J. Clark | May '75 | |
| 36 | 3:33.0 | G. Murane, A. DeSantis, Tony Fiorentino, Mike Harris | May '71 | |
| 37 | 3:33.0 | Richard Borges, J. Novak, J. Redgrave, D. Everett | Mar '72 | |
| 38 | 3:33.2 | P. Maseda, C. Cronly, J. Clark, J. Secreto | May '75 | |
| 39 | 3:33.3 | Brian Horton, Kevin Bulger, Joseph, J. Jakimetz | May '69 | |
| 40 | 3:33.2 m | Earl Glenn, Rich Beal, Ronald Pellissier, David Goderich | 1983 | |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

| 2 Mile Relay | | | | |
|--------------|--------|---|-----------------------------------|--|
| 1 | 7:40.7 | Andy Walsh, Tony Colon, Peter Lovett, John Lovett 1:59.6 1:54.2 1:54.8 1:52.1 | Apr-26-1969 Penn Relays | |
| 2 | 7:44.3 | A. Walsh, A. Colon, P. Lovett, J. Lovett 2:01.0 1:54.8 1:55.0 1:53.5 | May -03-1969 NY Relays | |
| 3 | 7:44.5 | Mike Demko, John Sullivan, Alfred Fiorentino, Maurice Weaver 1:59.8 1:57.6 1:53.8 1:53.3 | May 18, 1976 Jersey Relays | |
| 4 | 7:48.9 | A. Walsh, A. Colon, P. Lovett, J. Lovett | 1969 | |
| 5 | 7:49.5 | Joe Barbary, P. Lovett, J. Lovett, Chancy Marsh 2:00.7 1:56.8 1:55.1 1:56.9 | May-11-1968 Loucks Games | |
| 6 | 7:50.0 | Armando Vera, John Jakimetz, Ray Naudain, Tony Colon 2:00.4 1:59.9 1:56.5 1:53.2 | Apr-25-1970 Penn Relays | |
| 7 | 7:50.7 | J. Barbary, P. Lovett, J. Lovett, C. Marsh | May-18-1968 Schenectady | |
| | 7:50.7 | J. Barbary, P. Lovett, J. Lovett, C. Marsh 2:01.2 1:59.0 1:56.8 1:53.7 | Jun-15-1968 Eastern States | |
| | 7:50.7 | Robert Ricciardo, Tom Cully, John Novak, Matt Centrowitz | 1973 | |
| 10 | 7:52.8 | J. Lovett, P. Lovett, J. Barbary, C. Marsh 1:58.2 1:57.9 1:59.8 1:57.0 | Apr-27-1968 NY Relays | |
| 11 | 7:52.9 | R. Ricciardo, J. Novak, T. Cully, M. Centrowitz | Apr 1973 | |
| 12 | 7:53.0 | Ed Walsh, Marty Wisnieski, M. Centrowitz, Ray Naudain 1:55.1 | April 24, 1971 Penn Relays | |
| 13 | 7:53.6 | J. Lovett, P. Lovett, J. Barbary, C. Marsh 1:58.6 1:59.0 1:59.1 1:57.3 | Apr-20-1968 Queens-Iona | |
| 14 | 7:53.7 | John Shepherd, M. Centrowitz, Marty Wisnieski, R. Naudain | May 1971 | |
| 15 | 7:54.1 | M. Demko, Jn. Sullivan, Al Fiorentino, M. Weaver 2:01.4 2:01.7 1:55.9 1:55.1 | May-01-1976 NY Relays | |
| 16 | 7:54.7 | J. Shepherd, M. Centrowitz, M. Wisnieski, R. Naudain | May-01-1971 NY Relays | |
| 17 | 7:55.1 | Andy Walsh, A. Colon, P. Lovett, J. Lovett 2:03.3 1:57.3 1:59.7 1:54.8 | Apr-14-1969 Queens-Iona Relays | |
| 18 | 7:55.3 | A. Vera, J. Jakimetz, R. Naudain, A. Colon | Apr 1970 | |
| 19 | 7:56.1 | Ed Walsh, M. Wisnieski, R. Naudain, M. Centrowitz | Jun 1971 | |
| | 7:56.1 | R. Ricciardo, T. Cully, J. Novak, M. Centrowitz | Mar 1973 | |

| | | |
|---|--|--|
| Penn Relays Champions Meet Record | Inducted into Penn Relays Wall of Fame 1995 | 1969 US # 1 All-Time US #3 when run |
| Fastest time in nation when run in 1976. | Loucks Games Record for 40 years | Penn Relays Runner-Up |



In 1969, the legendary 2-mile relay team of Andy Walsh, Tony Colon, Pete Lovett and John Lovett, coached by Brother John Bielen, ran a time of 7:40.7 at the Penn Relays. Their record setting mark wasn't bettered by a metric equivalent for 21 years, the longest standing Carnival record of the high school championships.

#3 US All-Time when run

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

| 2 Mile Relay (continued) | | | |
|-----------------------------|--------|---|----------------------------------|
| 21 | 7:56.9 | Jn. Sullivan, Mike Demko, Jose Cotto, Al Fiorentino | Jun 1976 |
| 22 | 7:57.1 | Al Fiorentino, Sean Ryan, Brian Johnston, M. Weaver | Apr 1974 |
| 23 | 7:57.9 | R. Ricciardo, T. Cully, J. Novak, M. Centrowitz | Apr 1973 |
| 24 | 7:58.4 | Mark Ryan, Frank Rafferty, Charley Cronly, Al Fiorentino | May 1975 |
| 25 | 7:59.1 | Jeff Snaggs, J. Shepherd, E. Walsh, M. Wisnieski | Jun 1971 |
| 26 | 7:59.2 | Pete Dobrolski, S. Ryan, Gerry Centrowitz, Al Fiorentino | Jun 1974 |
| 27 | 7:59.6 | J. Lovett, P. Lovett, J. Barbary, C. Marsh 1:59.7 2:00.7 2:00.9 1:58.3 | Apr-11-1968 All Hallows Games |
| 28 | 7:59.8 | Steve Hurley, Kevin Meuchner, F. Rafferty, M. Weaver | Jun 1975 |
| 29 | 8:00.4 | S. Ryan, F. Rafferty, Al Fiorentino, M. Weaver | Apr 1975 |
| 30 | 8:01.2 | S. Ryan, Al Fiorentino, F. Rafferty, M. Weaver | Apr 1975 |
| 31 | 8:01.3 | Arthur Clark, Anthony Fiorentino, J. Snags, P. Rafferty | Apr 1972 |
| | 8:01.3 | S. Ryan, M. Ryan, Al Fiorentino, M. Weaver | Mar 1975 |
| 33 | 8:02.2 | E. Walsh, M. Wisnieski, M. Centrowitz, R. Naudain | Apr 1971 |
| 34 | 8:02.4 | Anthony Larios, A. Walsh, Tommy McGoldrick, P. Lovett | May 1969 |
| 35 | 8:02.5 | A. Vera, J. Snaggs, E. Walsh, M. Wisnieski | May 1970 |
| 36 | 8:02.6 | A. Walsh, A. Colon, P. Lovett, J. Lovett | Jun 1969 |
| 37 | 8:02.8 | G. Centrowitz, S. Ryan, P. Dobrolski, Al Fiorentino | May 1974 |
| 38 | 8:03.0 | M. Demko, C. Cronly, Jn. Sullivan, Al Fiorentino | May 1976 |
| 39 | 8:03.2 | | 1967 |
| 40 | 8:04.5 | M. Demko, Jn. Sullivan, Al Fiorentino, C. Cronly | Apr 1976 |
| 41 | 8:05.2 | G. Centrowitz, S. Ryan, B. Johnston, M. Weaver | Apr 1974 |
| 42 | 8:05.7 | J. Snaggs, An. Fiorentino, P. Rafferty, M. Centrowitz | May 1972 |
| 43 | 8:05.8 | A. Walsh, Kevin Bulger, R. Naudain, A. Colon | May 1969 |
| 44 | 8:06.2 | K. Bulger, R. Naudain, A. Walsh, A. Colon | 1968 |
| 45 | 8:06.3 | Al Fiorentino, S. Ryan, B. Johnston, M. Weaver | Apr 1974 |
| 46 | 8:06.4 | J. Shepherd, J. Snaggs, E. Walsh, M. Wisnieski | May 1970 |
| 47 | 8:06.5 | An. Fiorentino, J. Snaggs, P. Rafferty, A. Clark | Apr 1972 |
| | 8:06.5 | C. Cronly, Steve Hurley, Jn. Sullivan, F. Rafferty | May 1975 |
| 49 | 8:06.6 | T. Cully, S. Ryan, Arthur Stolba, J. Novak | Jun 1973 |
| 50 | 8:07.1 | S. Ryan, Jn. Sullivan, S. Hurley, K. Meuchner | Mar 1975 |
| 51 | 8:07.3 | Mario Campos, Al Novell, C. Marsh, Rich Stewart | 1966 |
| | 8:07.3 | P. Dobrolski, Ed Jennings, G. Centrowitz, Al Fiorentino | May 1974 |



Power Memorial's 1968 Two-Mile Relay Team of Chancy Marsh, John Lovett, Joe Barbary & Peter Lovett were recognized at the Loucks Track & Field Games for their 40-year-old meet record (7:49.5) in the two-mile relay.

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

2 Mile Relay (continued)

| | | | |
|----|--------|--|----------|
| 53 | 8:07.5 | S. Ryan, K. Meuchner, Al Fiorentino, M. Weaver | Apr 1975 |
| | 8:07.5 | M. Demko, J. Cotto, John Cahalin, Jn. Sullivan | May 1977 |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

4 x 800m Relay

| | | | | |
|---|--------|--|---------|--|
| 1 | 7:48.7 | Mike Demko, John Sullivan, Alfred Fiorentino, Maurice Weaver 2:00.3 2:00.4 1:53.6 1:54.5 | Apr '76 | 1976 Penn Relays 2nd Place |
| 2 | 7:52.7 | M. Demko, Jn. Sullivan, Al Fiorentino, M. Weaver | Apr '76 | |
| 3 | 7:57.0 | Branden Weaver, Jerry Cole, Tony West, Cassius Titus 2:01.0 1:58.4 1:59.3 1:58.3 | Apr '78 | |
| 4 | 8:03.2 | J. Cotto, M. Demko, Vin Hogan, Jn. Sullivan | Apr '77 | |



Maurice Weaver, Alfred Fiorentino, John Sullivan, Mike Demko
1976 Daily News - New York Relays

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

| Distance Medley (880, 440, 3/4, Mile) | | | | | |
|--|----------|--|----------------------------|---|--|
| 1 | 10:02.1m | Mike Demko, Gil Figueroa, Al Fiorentino, Maurice Weaver 1:59.9 (800m) 49.1 (400m) 3:21.0 (1300m) 3:51.7 (1500m) | Apr '76 | Penn Relays Champions Meet Record NY State Record | US #1 in 1976 T&F News All-America Team |
| 2 | 10:09.9 | John Novak, Robert Ricciardo, Tom Cully, Matt Centrowitz 1:59.2 49.5 3:12.6 4:08.7 | Apr '73 | | |
| 3 | 10:13.4 | John Jakimetz, Armando Vera, Ray Naudain, Tony Colon 2:00.2 52.9 3:06.1 4:14.2 | Apr '70 | Penn Relays Champions | |
| 4 | 10:16.1 | Tom Cully, R. Ricciardo, John Novak, Matt Centrowitz | May '73 | | |
| 5 | 10:16.5 | J. Jakimetz, A. Vera, R. Naudain, A. Colon 2:00.0 53.5 3:11.9 4:11.1 | Apr '70 | | |
| 6 | 10:16.8 | Gerry Centrowitz, Greg Little, M. Weaver, Brian Johnston 2:01.2 51.1 3:06.4 4:18.1 | Apr '74 | Penn Relays Champions | |
| 7 | 10:17.0 | Pat Rafferty, Benny Greaux, Arthur Clark, M. Centrowitz | Mar '72 | | |
| 8 | 10:17.2 | R. Naudain, A. Clark, Marty Wisnieski, M. Centrowitz | Apr '71 | | |
| 9 | 10:17.7 | Frank Rafferty, Julio Rivera, Al Fiorentino, M. Weaver | May '75 | | |
| 10 | 10:18.5 | R. Naudain, A. Vera, J. Jakimetz, A. Colon | May '70 | | |
| 11 | 10:19.1 | A. Colon, J. Jakimetz, John Lovett, Peter Lovett | Apr '69 | | |
| 12 | 10:19.2 | B. Johnston, Pablo Maseda, G. Centrowitz, M. Weaver | May '74 | | |
| 13 | 10:16.5m | Ricky.Thomas, J. Waller, Tony West, Branden Weaver | May '80 | | |
| 14 | 10:21.2 | J. Novak, John Redgrave, T. Cully, M. Centrowitz | Jun '73 | | |
| 15 | 10:21.5 | Sean Ryan, J. Rivera, Al Fiorentino, M. Weaver | Apr '75 | | |
| 16 | 10:21.6 | Garth McKay, Chancy Marsh, Mario Campo, Richard Stewart | 1967 | | |
| 17 | 10:22.2 | M. Weaver, Bill Crawford, G. Centrowitz, B. Johnston | May '74 | | |
| | 10:22.2 | M. Demko, John Sullivan, Al Fiorentino, M. Weaver | Apr '76 | | |
| 19 | 10:22.3 | Garth McKay, Mario Campo, Chancy Marsh, Richard Stewart 3:09.5 52.0 1:56.5 4:24.3 | Apr-22-1967 Queens-Iona | | |
| 20 | 10:22.5 | Garth McKay, Mario Campo, Chancy Marsh, Richard Stewart 3:07.8 51.8 1:59.9 4:23.0 | 1967 NY Relays | | |
| 21 | 10:22.6 | J. Novak, R. Ricciardo, T. Cully, M. Centrowitz | Apr '73 | | |
| 22 | 10:22.8 | J. Novak, R. Ricciardo, T. Cully, M. Centrowitz | May '73 | | |
| 23 | 10:23.7 | M. Wisnieski, A. Clark, M. Centrowitz, R. Naudain | Apr '71 | | |
| 24 | 10:24.5 | R. Ricciardo, G. Little, M. Centrowitz, T. Cully | Mar '73 | | |



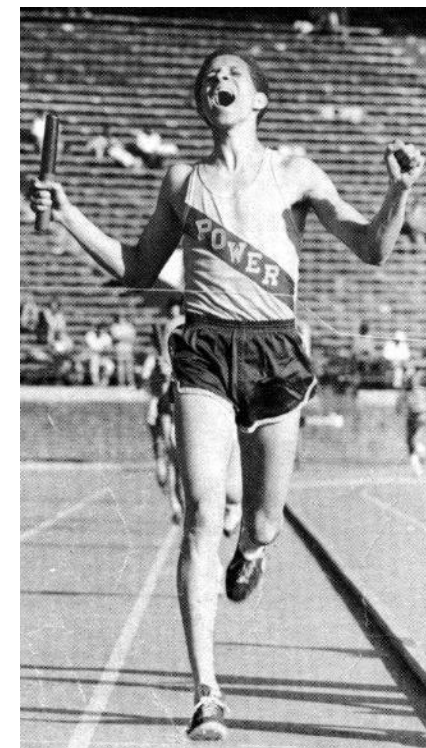
Power wins the 1974 Penn-Relays Distance Medley as Brian Johnston holds off Mark Belger and Gary Conroy

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

| Distance Medley (continued) | | | | | | |
|--------------------------------|----------|--|--------------------------------|--|--|--|
| 25 | 10:24.6 | John Lovett, Peter Lovett, Chancy Marsh, Joe Barbary 1:59.4 51.6 3:13.0 4:20.6 | Apr-06-1968 Brandeis Relays | | | |
| 26 | 10:24.8 | R. Naudain, Mike Harris, A. Vera, A. Colon | Apr '70 | | | |
| 27 | 10:25.3 | A. Colon, J. Jakimetz, J. Lovett, P. Lovett | Apr '69 | | | |
| 28 | 10:25.6 | Al Fiorentino, J. Rivera, F. Rafferty, M. Weaver | Apr '75 | | | |
| 29 | 10:25.9 | S. Ryan, P. Maseda, Al Fiorentino, M. Weaver 2:02.5 51.5 3:12.5 4:19.2 | Apr '75 Queens-Iona | | | |
| 30 | 10:26.8 | John Dooley, Dick Dugan, Tom Tuohy, Ed Duchini 54.2 2:01.6 3:11.7 4:19.3 | Apr-22-1962 Queens-Iona | | | |
| 31 | 10:27.3 | M. Weaver, G. Little, S. Ryan, B. Johnston | Apr '74 | | | |
| 32 | 10:27.5 | M. Centrowitz, A. Clark, M. Wisnieski, R. Naudain | Apr '71 | | | |
| 33 | 10:28.0 | J. Lovett, J. Jakimetz, P. Lovett, A. Colon | Mar '69 | | | |
| 34 | 10:29.5 | T. Cully, W. Crawford, G. Centrowitz, M. Centrowitz | Apr '73 | | | |
| 35 | 10:25.3m | Cassius Titus, Tony West, Jim Sullivan, Branden Weaver 1:57.9 50.7 3:11.3 4:25.4 (+4.2) | Apr '79 | | | |
| 36 | 10:29.6 | Walter Walsh, Joe Woods, Art McCarthy, Kevin O'Brien | Apr '64 | Fastest time in nation when run in 1964. #10 in the nation for the year | | |
| 37 | 10:31.3 | Mike Radov, Alex Winogradoff, John Doran, Ed Duchini 2:00.0 54.1 3:11.6 4:25.6 | Apr-30-1960 Penn Relays | Penn Relays Champions Meet Record | | |
| 38 | 10:32.2 | R. Naudain, J. Jakimetz, A. Colon, A. Vera | Apr '70 | | | |
| 39 | 10:33.5 | J. Lovett, Chancy Marsh, P. Lovett, Joe Barbary 2:01.1 51.8 3:16.0 4:24.6 | Mar-30-1968 St. Pete Relays | | | |
| 40 | 10:33.6 | Al Fiorentino, J. Rivera, F. Rafferty, M. Weaver | Apr '75 | | | |
| 41 | 10:33.9 | Al Fiorentino, Pablo Maseda, Maurice Weaver, Brian Johnston | Apr '74 | | | |
| 42 | 10:34.1 | Tony Fiorentino, Pat Rafferty, Arthur Clark, Maurice Weaver | May '72 | | | |
| 43 | 10:35.1 | J. Doran, M. Radov, Tom Touhey, E. Duchini | Apr-23-1960 Queens-Iona | Meet Record when run | | |
| 44 | 10:35.8 | Jn. Sullivan, G. Figueroa, Jose Cotto, Charles Cronly | Apr '77 | | | |
| 45 | 10:37.4 | Bob Spaulding, Henry Albert, Al Novell, Kevin O'Brien | 1965 | | | |
| 46 | 10:37.9 | Chancy Marsh, J. Lovett, P. Lovett, J. Barbary | 1968 | | | |



Maurice Weaver anchors Power to the Distance Medley Championship of America at the 1976 Penn Relays in a national record setting time of 10:02.1. As one of the top milers in the USA, Maurice ran in the prestigious Golden West Invitational Mile.

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

Distance Medley (continued)

| | | | |
|----|---------|--|---------|
| 47 | 10:38.9 | T. Cully, J. Redgrave, J. Novak, B. Johnston | May '73 |
| 48 | 10:39.0 | J. Cotto, Bruce Geaniotis, Jn. Sullivan, Vin Hogan | Apr '77 |
| 49 | 10:39.3 | Pete Dobrolski, Tom Harrington, S. Ryan, M. Weaver | Mar '74 |
| 50 | 10:39.8 | R. Stewart, M. Campo, C. Marsh, G. McKay | 1967 |



(NEWS foto by John Pedin)

Power Memorial's Distance Medley squad (l. to r.): Garth McKay, Mario Campo, Gordon Jackson, Richard Stewart and Chancy Marsh are all warmed-up for today's event.

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
NY State Catholic Outdoor Champions: 1975 & 1976

1970 Distance Medley Relay

Triple Crown Champions

PENN RELAYS — 1970

“Triple Crown” Winners

- Queens — Iona Relays
- Penn Relays
- New York Relays



Left to Right: John Jakimetz, Armando Vera, Ray Naudain, Anthony Colon, Brother Bielen.

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976

1960 Penn Relays

Distance Medley Relay Champions

Meet Record Time of 10:31.3



1960 Penn Relays DMR Champions of America with their championship plaque

John Doran, Ed Duchini, Mr. John Mulligan, Br. Killea, Alex Winogradoff and Mike Radov

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
NY State Catholic Outdoor Champions: 1975 & 1976

120y High Hurdles

| | | | |
|---|---------------|------|----------|
| 1 | Martin Nevrla | 14.0 | 1966 |
| 2 | Al Sinisi | 14.3 | 1957 |
| 3 | Glenn Davis | 14.7 | May 1975 |
| 4 | Thom Powers | 14.8 | Apr 1971 |
| 5 | Keith Poney | 14.9 | May 1975 |
| 6 | Craig Isaac | 15.6 | Jun 1964 |
| 7 | Gerry Hines | 16.1 | May 1975 |
| 8 | Leland McGee | 16.4 | May 1972 |
| 9 | Tony Todd | 17.5 | Apr 1974 |

180y Low Hurdles

| | | | |
|---|---------------|------|----------|
| 1 | Martin Nevrla | 20.2 | 1966 |
| 2 | Ewald Greene | 21.7 | Jun 1964 |
| 3 | Emilio Diego | 24.2 | 1968 |
| 4 | Mike Harris | 24.5 | Apr 1969 |
| 5 | Gerry Hines | 24.7 | Apr 1973 |
| 6 | Edwin Oramus | 25.1 | Apr 1972 |

330y Intermediate Hurdles

| | | | |
|---|--------------|------|-----------------------|
| 1 | Keith Poney | 42.0 | May 1974 |
| 2 | Leland McGee | 43.9 | Apr 1972 |
| 3 | Thom Powers | 44.8 | Apr 1971 |
| 4 | Edwin Oramus | 45.3 | May 1972 |
| 5 | Thom Powers | 46.8 | 1970 (Relay Carnival) |
| 6 | Bill Vosilla | 48.5 | Apr 1971 |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

Long Jump

| | | | |
|----|-------------------|----------|---|
| 1 | Martin Floyd | 23' 5" | 1975 |
| 2 | Glenn Davis | 23' 2½" | 1975 |
| 3 | Kendall Harris | 22' 2" | May 1977 |
| 4 | Arthur Clark | 21' 3¾" | 1972 Intersectionals |
| 5 | Ed Christopher | 20' 10¾" | May 1977 |
| 6 | E. Morales | 20' 7¾" | May 1977 |
| 7 | Martin Davis | 20' 3¾" | 1977 |
| 8 | Joe Maffia | 20' 3½" | 1977 |
| 9 | Ray Naudain | 20' 3" | 1969 Intersectionals |
| 10 | Domingo Rodriguez | 20' 1½" | 1975 |
| 11 | Sam Johnson | 20' 1¼" | 1975 |
| 12 | Don Bohan | 19' 10" | 1952 |
| 13 | Bernie Romero | 19' 6¾" | May-30-1952 |
| | Leland McGee | 19' 6¾" | 1973 |
| 15 | Daryl Everett | 19' 6" | 1971 |
| 16 | Joe Vogel | 19' 3½" | Apr 1977 |
| 17 | John Melendez | 19' 3" | Apr 1977 |
| 18 | Bill Vargas | 19' 2½" | 1975 |
| 19 | Joseph Gariano | 19' 2" | May-28-1938 Intersectionals |
| 20 | Peter Melendez | 18' 9¼" | Apr 1977 |
| | Pedro Linares | 18' 9¼" | Apr 1977 |
| 22 | Ed Christopher | 18' 5¾" | Apr 1976 Private School Championships |
| 23 | Suite | 18' 3½" | May 1977 |
| 24 | John Herlihy | 17' 6¼" | May 1944 |
| 25 | John Garrity | 17' 6" | May 1936 |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
 NY State Catholic Outdoor Champions: 1975 & 1976

Triple Jump

| | | | |
|----|-----------------|----------|-------------------------|
| 1 | Martin Davis | 48' 5½" | 1979 |
| 2 | Glenn Davis | 47' 0¾" | 1975 |
| 3 | Joe Maffia | 46' 11½" | 1977 |
| 4 | Martin Floyd | 46' 8¾" | 1976 |
| 5 | Kendell Harris | 46' 2½" | 1977 |
| 6 | Pedro Linares | 45' 9½" | 1978 |
| 7 | Joe Vogel | 42' 5¼" | May 1977 |
| 8 | Ed Christopher | 41' 8¾" | 1977 |
| 9 | Benny Greaux | 41' 6" | 1970 Intersectionals |
| 10 | Kendrick Malone | 40' 5¾" | 1973 |
| 11 | Dexter Kelly | 40' 0¾" | 1975 |



Martin Davis
1977

Javelin

| | | | |
|---|-------------------|----------|--|
| 1 | Dennis Ortiz | 186' 6" | 1979 St. Peters Dev. |
| 2 | Tim Sullivan | 177' 10" | 1978 |
| 2 | John McCabe | 171' 10" | May '76 |
| 3 | Joe Castronouvo | 170' 6" | May '75 |
| 4 | Dennis Ortiz | 170' 4" | NY Relays May-05-1979 |
| 5 | Caporlingua | 156' 9" | Apr '76 Private School Championships |
| 6 | George De Stefano | 150' 7" | 1974 |
| 7 | L. Cintron | 148' 0" | Apr 30, 1976 NY Relays |
| 8 | Hanson | 141' 1" | Apr '77 |



Joe Castronouvo
1975

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
NY State Catholic Outdoor Champions: 1975 & 1976

Pole Vault

| | | | |
|---|---------|-------|------|
| 1 | Gourdin | 9' 0" | 1973 |
|---|---------|-------|------|

High Jump

| | | | |
|---|--------------|-------|---------|
| 1 | Martin Floyd | 6' 2" | 1975 |
| 2 | Martin Davis | 5' 9" | Mar '77 |
| 3 | Green | 5' 6" | 1970 |
| 4 | Leroy | 5' 6" | 1975 |

Discus

| | | | |
|---|-------------------|----------|---|
| 1 | Joe Castronuovo | 130' 7½" | May '75 |
| 2 | Andy McErlean | 119' 10" | Spring 1950 13 th Annual CBI Meet |
| 3 | Tim Sullivan | 117' 9" | Apr '77 |
| 4 | Domingo Rodriquez | 117' 7" | Apr '76 Private School Champs |
| 5 | Tim Moore | 113' 10" | May '75 |

Shot Put

| | | | |
|---|-------------------|----------|---------|
| 1 | Tim Moore | 46' 10½" | May '75 |
| 2 | Tim Sullivan | 45' 0" | Apr '77 |
| 3 | Domingo Rodriquez | 44' 7" | Mar '75 |
| 4 | Donald Bullard | 43' 5½" | May '43 |
| 5 | V. Mirlov | 43' 0" | May '77 |
| 6 | Straini | 42' 11" | 1974 |

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976



**1975 New York State Catholic Outdoor Champions
1975 CHSAA Outdoor City Champions**

Standing: Coach Br. John Bielen, Kevin Meuchner, Julio Rivera, George Alcoforado, Lance Hewitt, Tom D'Asaro, Pat Timlin, Steve Hurley, John West, Jim Hines, Frank Kelly, Joe Castronuovo, Kedrick Malone, Joe O'Connor, Charley Cronly, Bill Michelson, John Cahlin, Coach Br. Thomas Smith

Kneeling: Frank Rafferty, Kenan Boate, Maurice Weaver, Peter Morales, Anthony Murphy, Bill Vargas, John Sullivan, Gil Figueroa, David Arrastia, Jeff Clark, Jimmy Secreto, Pablo Maseda, Mike Demko, Warren Martin

Sitting: Alfred Fiorentino, Vinny Bowers, Martin Floyd, Glen Davis, Michael Clarke, Keith Poney, Dexter Kelly, Mark Hellins, Chris O'Conner, Bruce Geanotis, Chris Meuchner

Power Memorial Academy

All Time Outdoor Track & Field Records

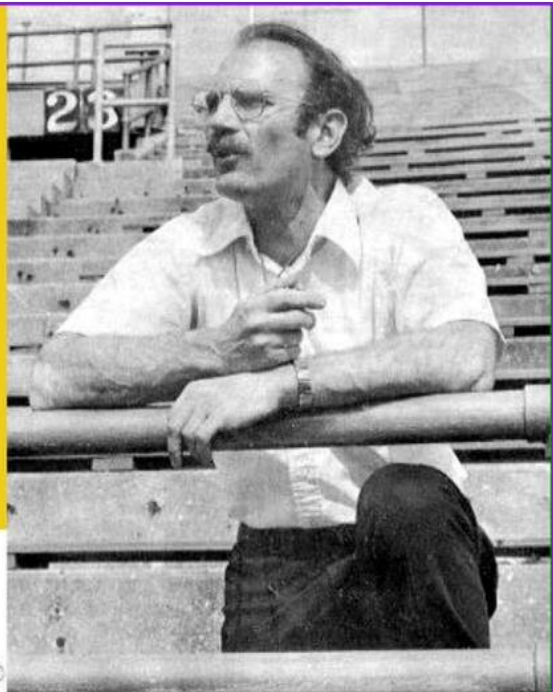
CHSAA Outdoor City Champions: 1975

NY State Catholic Outdoor Champions: 1975 & 1976



2016 Power Memorial Academy Hall of Fame & Reunion Dinner

BR. JOHN BIELEN
2016 PMA HALL OF
FAME INDUCTEE

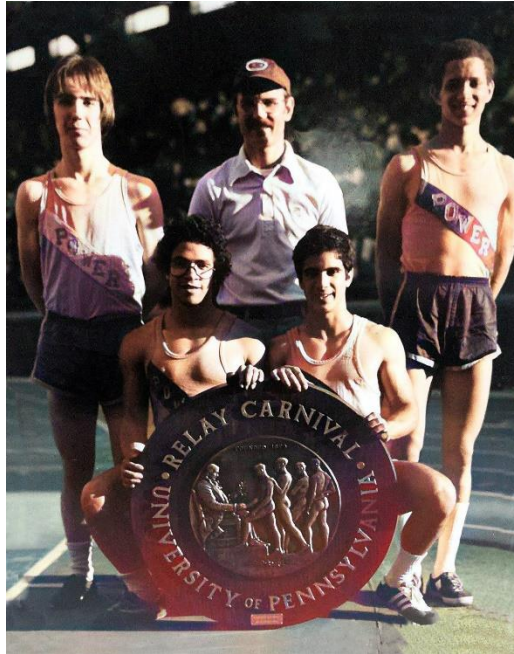


*... and welcome to that great group of
people - the Power Track Alumni
Br. Bielen*

Power Memorial Academy

All Time Outdoor Track & Field Records

CHSAA Outdoor City Champions: 1975
NY State Catholic Outdoor Champions: 1975 & 1976



1976 Penn Relays Distance Medley Champions

(Standing: Mike Demko, John Bielen, Maurice Weaver)
(Kneeling: Gil Figueroa and Alfred Fiorentino)

All records compiled by Bruce Geaniotis. Thank you, Br. John Bielen, Mr. John Mulligan, Br. Thomas Smith, Mr. Jim McGarry, Br. Moffett and all others who coached and supported Power Track & Field athletes over the years. Information for the Power Memorial Academy "All-Time" Track & Field lists was gathered from "time-sheets" maintained by Br. Bielen and other coaches, Power yearbooks, the CHSAA Newsletter, New York State Scholastic Track & Field yearbooks, the History of the CHSAA Track & Field Championships, and reliable internet sources. Additional information and photo's provided by Tom Cullen, Ed Walsh, Chris Meuchner, Art McCarthy and others. While every effort was made to ensure accuracy and completeness it is certain the "all-time" lists are incomplete, particularly for years prior to 1967 and after 1977. My apologies if you went faster, further, or higher or may not be listed at all. I didn't see the timesheet. Last updated 03/26/2024.

Please send corrections, updates, photographs other PMA memorabilia to pmatrack@yahoo.com