

Mike Demko's
POWER
MEMORIAL
TRACK
SCRAPBOOK



THE VOICE

St. Andrew's Home School Federation Newsletter 1973

JUNE

MONTHLY CALENDAR

- June 4 - Week of exams
- June 8 - Green Co. boys uniforms measured grades 2 - 8 at 1:00 P.M. Boys & girls (incoming grade 1) measured at 2:30 - 4:30.
- June 11 - Half days for grade 8 only. Grade 8 Social - 12:30 sponsored by the Teen Club.
- June 13 - Mother's Club Luncheon.
- June 15 - Last day of school for grade 8. Graduation Dance - 7:00 - 11:00 P.M.
- June 18 - Half days for all grades - dismissed at 11:30.
- June 19 - Last day for Grade 1.
- June 19 - Graduation Mass 8:00 P.M. - Speaker, Rev. John O'Connell (Mary O'Connell's son).
- June 22 - Report cards at 9:30 A.M.
- September - School opens September 5th (?)

REVISED TUITION - \$200. per family in parish
\$350. per family not in parish
Book bill - \$20. per child.

LIBRARY NEWS

COME FEED THE FRIENDLY BOOK MONSTER!

The boys and girls of St. Andrew's have been invited to join the Summer Reading Club at the McGoldrick Library. All children from the ages of 6 through 13 can participate from June 18 to Sept. 7. Read directions on the pasters in your Classroom and halls. These will tell you the How's, Why's, and What's.

In September each student upon presentation of his or her award from the McGoldrick Public Library will receive a special certificate.

TRACK NEWS - Boys

In the L. I. Track League, St. Andrew's placed 2nd. In Vicariate E took 5th place. Mike Demko was the Vicariate and the Intervicariate 1/4 mi champion. The 2:12 in the Intervicariate made him the 2nd fastest St. Andrew's 1/4 miler. Joe Chatham is the Intervicariate 220 yd champion. Danny Perkins, our eight year old, finished 2nd in the 8 to 9 yr. old Golden Torch Track Meet 1/4 mi with a 2 min 46 sec 1/4 mile which would place him 20th in the country for his age group. He also ran a .550.1 mi in the National Mile Championships held in Ft. Meade, Maryland placing 4th in his heat.

VOLLEY BALL

The girls internural Volley Ball Team won 1st place in the C. Y. O. Championship Tournament. They celebrated over Hot Fudge Sundaes at the Pancake House.

POEMS

The Woods

Some woods are tall
With trees both large
and small
Where animals can roam
Looking for a home
Where birds make nests
In trees are best
That's what the woods
are for!

(Joseph Lobosco, 3-4)

Hoping everyone enjoys a safe and happy summer. Good-bye for now. See you in September!

Fun In the Sun

I like to play in the sun
It's really fun
You should try it
It's a riot
Come on everyone.
let's have fun
Let's play in the sun!

(Tracy Meyer, 3-4)

POWER MEMORIAL ACADEMY

Varsity Track Indoors

Junior Varsity Indoors.

Freshmen Indoors

1972-1973

Varsity: Br. J.G. Bielen
Mr. Jim McGarry

Freshmen: Br. T.J. Smith

school:

JU6-7353

gym:

JU6-7385

POWER MEMORIAL ACADEMY TRACK

TENTATIVE INDOOR TRACK SCHEDULE

Armory Practice	November 26- March 8
Fri. Nov. 30	AAU Development Meet (440-220-220-300)..... Armory
Sat. Dec. 8	Mt. St. Michaels Meet..... Mt. St. Michaels
Fri. Dec. 14	AAU Development Meet (Distance Medley)..... Armory
Sat. Dec. 15	Loughlin GamesArmory
Sat. Dec. 22	CHSAA Relay Carnival..... Armory
Fri. Dec. 28	AAU Development Meet (Soph.Mile Relay).....Armory
Wed. Jan. 2	AAU Development Meet (Two Mile Relay).....Armory
Sat. Jan. 5	Sectional JR.MID./Novice Intersect.....Armory
Tues. Jan. 8	Millrose Time Trials.....4:30 Armory
Sat. Jan. 12	N.Y. A. of C. Meet; CHSAA 2 Mile Relay....Nassau Col.
Tues. Jan. 15	M.L.King Games, CHSAA Mile Relay..... Armory
Sat. Jan. 19	St. Francis Meet..... Armory
Fri. Jan. 25	Millrose Games..... Madison Square Garden
Sat. Jan. 26	Cardinal Hayes Games.....Armory
Sat. Feb. 2	Iona Meet ?.....Armory
Fri. Feb. 8	Olympic Development; CHSAA Mile Relay.....Garden
Sat. Feb. 9	Nassau-Suffolk Coaches Meet..... Armory
Mon. Feb. 18	CHSAA Sectional Championships.....Armory
Sat. Mar. 2	Intersectional Championships.....Armory
Sat. Mar. 9	Mayors' Meet.....Armory
Tues. Mar. 12	Sophomore Championships.....Armory
Sat. Mar. 23	Fordham Prep Relays.....Mt. St. Michaels

To be scheduled: Intersectional Junior Midget Meet

General Directions for Indoor Season

1. Assume that practice will be held each day, including Saturdays.
 2. Make every effort to get to the Armory as early as possible. The earlier you get there the earlier your group can begin practice.
 3. Roll will be taken each day by the coach. Necessary absences must be reported well in advance of the day. Those who get jug are to report to Brother Sirignano in the gym after jug to do a workout in Central Park.
 4. Studies will be checked by progress reports. Plan assignments ahead so that all does not pile up on one night. This will no longer be accepted as an excuse.
 5. You are expected to give your fullest at every practice...
 6. Report all injuries.
 7. Don't be a complainer.
 8. Remember conduct on train, and in armory. Protect all valuables. No one is ever to talk back to an armory employee nor should there ever be reason for annoying these men.
 9. Check the bulletin board each day... if there are nice days we may decide to practice in Central Park.
 10. Completing a workout is no longer good enough. Being intense is what counts.
 11. The greatest runners in the world have had their bad days.
 12. Warmup and jogging should never be done on the armory track. Use only the ends of the armory for this purpose. Slow runners are to stay on the outside of the track and move to the right when they hear the word "track".
 13. "Pain-barrier" --- Must go even when you hurt.
 14. I hope there is no need to mention alcohol, tobacco or keeping late hours.
 15. Calisthenics are to be done effectively each day before practice. Jog only at the ends of the armory. Minimum of 30 push-ups. Hurdlers stretch, jumping jacks, toe touches, sit-ups.
 16. All calisthenics are followed by 4 wind-sprints down center of armory. At the end of practice we will always finish with 4 windsprints. (Never forget!)
 17. Work with your group...not against them. Try to help the next guy improve, not just yourself.
 18. Be careful of stop-watches. Don't daydream while holding one.
- At Meets :

1. Arrive one hour before your scheduled time.
2. Know your event and when it is taking place.
3. Know where your event begins and ends.
4. Always finish the race at top speed...we hate quitters and sore-losers.
5. Report to the coach before and after your race.
6. Do not bump another runner, cut in front of, or pace during a race.
7. Have a plan for every race. This takes maturity.
8. Remember the coach can make mistakes also.

Congratulations — City Champions



Belger Runs 4:12.2 Mile, But Power Wins Relay

By WILLIAM J. MILLER
Special to The New York Times

PHILADELPHIA, April 26 —Mark Belger brought the Franklin Field crowd to its feet today with a tremendous effort on the anchor leg of the schoolboy distance medley relay.

But with practically everyone rooting him home, the talented Mephram (L. I.) High Senior lost out to Brian Johnston of Power Memorial by two feet in one of the most exciting medley finishes ever run at the Penn Relays.

Power's winning time of 10 minutes 16.8 seconds was not fast considering the ideal weather conditions and the good Tartan track. But the race made up for it.

Belger, touched off seventh, some 70 yards behind the leading runner, raced through the first 440 in a blazing 58.2 seconds. He was fifth at the 880 post fourth at

last Fri. Johnston and 10:16.

NEW YORK TIMES
Power Memorial Runners Capture Team Title Again
Special to The New York Times
MOUNTAIN, Sept. 10 —Power Memorial High of New York City placed three to the top five today third straight team run at Bear Park.

RICE IS RIGHT—Power Memorial's anchorman Brian Johnston pays the price to edge out Mark Belger of Mephram

distance his ma

Power Memorial Sets Relays Mark

Special to The New York Times

METUCHEN, N.J., May 21 —Power Memorial Academy of New York City broke the New York State record for the 4-mile relay in the Jersey Invitation Scholastic Relays tonight at the St. Joseph's High School track.

The Power quartet of Arthur Stolba (4 minutes 25.8 seconds), Gerry Centrowitz (4:21.7), Maurice Weaver (4:16.9) and Brian Johnston (4:15.2) clocked 17:19.6 to break 17:24 bisho

Titles to Jaspers, Power and Terriers

DAILY NEWS, TUESDAY, APRIL 23, 1974

Lot of Power On the Run For Relays

Power — aided by the fruit efforts of h speedsters at the Iona meet, Brother P at Power Men

on the last turn, on the outside move to B the str
stride Conroy also gallant effort even, down the str Johnston, a Power lifted just enough tape to hit it f "I thought it," said Belger, who the leg in 4:12.2, his fastest mile clocking, "when I went by Conroy, then I heard John-

and knew it would be a struggle to the tape." Johnston, who also ran the fastest mile, 4:18, was stunned but jubilant after the race. "I wasn't thinking of anything," he said, "but just finishing. I felt sick on the first two laps but that passed."

THE CATHOLIC NEWS, Thursday, March 7, 1974

Power City Track Champion

By WILLIAM J. MILLER

It took a week, but Power Memorial got its revenge yesterday.

Power Memorial Wins Runs

Power Memorial High Schools try titles yesterday at Corland Park.

Varsity Takes First at Penn

POWER MEMORIAL ACADEMY
161 West 61st Street
New York City

VARSITY
JUNIOR VARSITY
FRESHMEN

CROSS COUNTRY
SUMMARY

1973

Varsity Coach: Dr. J. G. Bielen
Freshmen Coach: Br. T. J. Smith

- * varsity-33 members freshmen- 27 members
- * total no. major awards (trophies and plaques) = 25
- * total no. of medals= 358

Varsity

- 1st Place- Albertus Magnus Invit. Bear Mt. Park
- 1st Place- Grout Invitational, Schenectady, N.Y.
- 1st Place- Manhattan College Invit., Van Cortland Park
- 1st Place- St. John's Meet, Van Cortland Park
- 1st Place- Sectional CHSAA Championships, Van Cortland Park
- 1st Place- INTERSECTIONAL CHSAA CHAMPIONSHIPS, Van Cortland Park
- 1st Place- Temple University Meet, Philadelphia
- 2nd Place- Our Lady of Providence Meet, Providence, Rhode Island
- 3rd Place- Eastern States Championships, Van Cortland Park
- 3rd Place- Private Schools Championships, Van Cortland Park

Junior Varsity

- 1st Place (tie)- Albertus Magnus Invit. Bear Mt. Park
- 1st Place- Grout Invitational, Schenectady, N.Y.
- 1st Place- Our Lady of Providence Meet, Providence, R.I.
- 1st Place- Manhattan College Invit., Van Cortland Park
- 1st Place- St. John's Meet, Van Cortland Park
- 1st Place- Sectional CHSAA Championships, Van Cortland Park
- 1st Place- INTERSECTIONAL CHSAA CHAMPIONSHIPS, Van Cortland Park
- 1st Place- Temple University Meet, Philadelphia
- 2nd Place- Private Schools Championships, Van Cortland Park

Freshmen

- 2nd Place- Albertus Magnus Invit. Bear Mt. Park
- 1st Place- Sacred Heart Meet, Van Cortland Park
- 2nd Place- St. Francis Prep Meet, Van Cortland Park
- 2nd Place- Fordham Prep Cross-country relays, Van Cortland Park
- 2nd Place- Sectional CHSAA Championships, Van Cortland Park
- 2nd Place- Private Schools Championships, Van Cortland Park
- 2nd Place- Intersectional CHSAA Championships, Van Cortland Park
- 1st Place- Manhattan Doro Championships, Van Cortland Park

Michael Demko

OUTDOOR RECORDS

WORLD RECORDS

100y	9.1	Bob Hayes (US) 63
	9.1	Harry Jerome (Can) 66
	9.1	Jim Hines (US) 67
	9.1	Charles Greene (US) 67
	9.1	John Carlos (US) 69
	9.1p	Steve Williams (US) 73
100m	9.9	Jim Hines (US) 68
	9.9	Ronnie Ray Smith (US) 68
	9.9	Charlie Greene (US) 68
	9.9	Jim Hines I (US) 68
	9.9	Eddie Hart (US) 72
	9.9	Rey Robinson (US) 72
200m	19.8	Tommie Smith (US) 68
220y	20.0	Tommie Smith (US) 66
400m	43.8	Lee Evans (US) 68
440y	44.5	John Smith (US) 71
800m	1:44.3	Peter Snell (NZ) 73
	1:44.3	Ralph Doubell (Aus) 73
	1:44.3	Dave Wottle (US) 73
	1:43.7p	Marcello Fiasconaro (Italy) 73
880y	1:44.9	Jim Ryun (US) 66
	1:44.6p	Rick Wohlhuter (US) 73
1500m	3:33.1	Jim Ryun (US) 67
Mile	3:51.1	Jim Ryun (US) 67
St	8:20.8	Anders Garderud (Swe) 72
	8:14.0p	Ben Jipcho (Ken) 73
2M	8:14.0	Lasse Viren (Fin) 72
	8:13.8p	Brendan Foster (GB) 73
3M	12:47.8	Emiel Puttemans (Belg) 72
5000m	13:13.0	Emiel Puttemans (Belg) 72
6M	26:47.0	Ron Clarke (Aus) 65
10,000m	27:38.4	Lasse Viren (Fin) 72
	27:30.8p	Dave Bedford (GB) 73
120yHH	13.0	Rod Milburn (US) 71
	13.0p	Rod Milburn (US) 73
110mHH	13.2	Martin Lauer (WG) 59
	13.2	Lee Calhoun (US) 60
	13.2	Earl McCullouch (US) 67
	13.2	Willie Davenport (US) 69
	13.2	Rod Milburn (US) 72
	13.1p	Rod Milburn (US) 73
	13.1p	Rod Milburn (US) 73
400mIH	47.8	John Akii-Bua (Uga) 72
440yIH	48.8	Ralph Mann (US) 70
Marathon	2:08:33.6	Derek Clayton (Aus) 69
HJ	7-6 $\frac{1}{2}$	Pat Matzdorf (US) 71
	7-6 $\frac{5}{8}$ p	Dwight Stones (US) 73
PV	18-5 $\frac{1}{2}$	Bob Seagren (US) 72
LJ	29-2 $\frac{1}{2}$	Bob Beamon (US) 68
TJ	57-2 $\frac{1}{2}$	Viktor Saneyev (SU) 72
SP	71-5 $\frac{1}{2}$	Randy Matson (US) 67
	71-7p	Al Feuerbach (US) 73
DT	224-5	Jay Silvester (US) 68
	224-5	Ricky Bruch (Swe) 72
HT	250-8	Walter Schmidt (WG) 71

JT	307-9
	308-8p
Dec	8454
400mR	38.2
	38.2
440yR	38.6
1600mR	2:56.1
MileR	3:02.8

Janis Lusia (SU) 72
Klaus Wolfermann (WG)
Nikolay Avilov (SU) 72
United States 68
United States 72
Southern California 67
United States 68
Trinidad - Tobago 66

US RECORDS

100y	9.1	Bob Hayes (Fla A&M TC) 63
	9.1	Jim Hines (Texas Southern) 67
	9.1	Charles Greene (Nebr) 67
	9.1	John Carlos (San Jose St) 69
	9.1p	Steve Williams (S Diego TC) 73
100m	9.9	Jim Hines (H Strid) 68
	9.9	Ronnie Ray Smith (S Jose St) 68
	9.9	Charles Greene (unat) 68
	9.9	Jim Hines (H Strid) 68
	9.9	Eddie Hart (BA Strid) 72
	9.9	Rey Robinson (Fla A&M) 72
200m	19.8	Tommie Smith (SCVYV) 68
220y	20.0	Tommie Smith (San Jose St) 66
400m	43.8	Lee Evans (San Jose St) 68
440y	44.5	John Smith (Strid) 71
800m	1:44.3	Dave Wottle (B Green St) 72
880y	1:44.9	Jim Ryun (Kans) 66
	1:44.6	Rick Wohlhuter (UCTC) 73
1500m	3:33.1	Jim Ryun (Kans) 67
Mile	3:51.1	Jim Ryun (Kans) 67
3000mSt	8:26.4	Sid Sink (B Green St) 71
2M	8:22.0	George Young (unat) 68
3M	12:53.0	Gerry Lindgren (Wash St) 66
5000m	13:22.8	Steve Prefontaine (Ore) 72
	13:22.4	Steve Prefontaine (Ore) 73
6M	27:11.6	Bill Mills (C Pend) 65
	27:11.6	Gerry Lindgren (Wash St) 65
	27:09.4p	Steve Prefontaine (Ore) 73
10,000m	27:51.4	Frank Shorter (Fla TC) 72
120yHH	13.0	Rod Milburn (Sn U) 71
	13.0p	Rod Milburn (Sn U) 73
110mHH	13.2	Lee Calhoun (unat) 60
	13.2	Earl McCullouch (Sn Cal) 67
	13.2	Willie Davenport (H Strid) 69
	13.2	Rod Milburn (Sn U) 72
	13.1p	Rod Milburn (Sn U) 73
	13.1p	Rod Milburn (Sn U) 73
400mIH	48.4	Ralph Mann (Strid) 72
440yIH	48.8	Ralph Mann (BYU) 70
Marathon	2:10:30	Frank Shorter (Fla TC) 72
HJ	7-6 $\frac{1}{2}$	Pat Matzdorf (Wisc) 71
	7-6 $\frac{5}{8}$ p	Dwight Stones (P Coast) 73
PV	18-5 $\frac{1}{2}$	Bob Seagren (Strid) 72
LJ	29-2 $\frac{1}{2}$	Bob Beamon (Houst Strid) 68
TJ	56-0	Dave Smith (BA Strid) 72

HIGH SCHOOL RECORDS

100y	9.3	Bill Gaines (Clearview, Mullca Hill, NJ) 67
	9.3	Bill Gaines (Clearview, Mullca Hill, NJ) 67
	9.3	Bill Gaines (Clearview, Mullca Hill, NJ) 67
	9.3	Willie McGee (Rwn, Httsbrg, Miss) 69
	9.3	Carter Suggs (Tarboro, N Car) 73
	9.3	Carter Suggs (Tarboro, N Car) 73
100m	10.1	Marshall Dill (Nn, Detroit, Mich) 71
	10.1	Marshall Dill (Nn, Detroit, Mich) 71
200m	20.1	Marshall Dill (Nn, Detroit, Mich) 71
220y	20.6	Clyde Glosson (Wheatley, S Antonio) 65
	20.6	Gerald Tinker (Coral Gables, Fla) 69
	20.6	Marshall Dill (Nn, Detroit, Mich) 71
400m	45.8y	Ron Ray (Frgson, Nwprt News, Va) 72
440y	45.8	Ron Ray (Frgson, Nwprt News, Va) 72
800m	1:48.5y	Dale Scott (El Cerrito, Calif) 72
880y	1:48.5	Dale Scott (El Cerrito, Calif) 72
1500m	3:39.0	Jim Ryun (East, Wichita, Kans) 64
Mile	3:55.3	Jim Ryun (East, Wichita, Kans) 65
Steeple	9:11.4	Bill Keenan (North, Eugene, Ore) 67
2M	8:41.0	Craig Virgin (Lebanon, Ill) 73
3M	13:17.0	Gerry Lindgren (Rogers, Spokane, Wa) 64
5000m	13:44.0	Gerry Lindgren (Rogers, Spokane, Wa) 64
6M	28:23.8	Gerry Lindgren (Rogers, Spokane, Wa) 64
10,000m	29:17.6	Gerry Lindgren (Rogers, Spokane, Wa) 64
120HH(39)	13.4	Bill Tipton (Cent, Pontiac, Mich) 67
	13.4	Bill Tipton (Cent, Pontiac, Mich) 67
	13.4	Randy Lightfoot (Plainview, Tex) 71
	13.4	Randy Lightfoot (Plainview, Tex) 71
	13.4	Allen Misher (Sterling, Houston) 72
120HH(42)	13.7	Rod Milburn (Clark, Opelousas, La) 69
110HH(42)	13.9	Rex Cawley (Farmington, Mich) 59
180LH(st)	18.1	Steve Caminiti (Crspi Crmlte, Encino, Ca) 64
	18.1	Earl McCullouch (Poly, Long Beach, Ca) 64
	18.1	Don Castronovo (Oceanside, NY) 64
180LH(t)	18.3	Bill Tipton (Cent, Pontiac, Mich) 67
330IH	36.3	Harold Schwab (Centereach, NY) 72
400mIH	49.8	Bob Bornkessel (ShneMisN, Mission, Ks) 68
440yIH	51.0	Bob Bornkessel (ShneMisN, Mission, Ks) 68
Marathon	2:23:47	Mitch Kingery (San Carlos, Calif) 73
HJ	7-3	Reynaldo Brown (Compton, Calif) 68
PV	17-4 3/4	Casey Carrigan (Orting, Wash) 69
LJ	26-2 1/4	Ken Duncan (McClatchy, Sacramento) 72
TJ	52-6 1/4	Dave Tucker (S Joaquin Mem, Fresno) 70
SP	72-3 1/4	Sam Walker (Samuell, Dallas, Tex) 68
SP(16lb)	61-1 1/4	Sam Walker (Samuell, Dallas, Tex) 68
DT	201-3	Chris Adams (Los Altos, Calif) 70
DT(4-6)	175-8	Archie Harris (Ocean City, NJ) 37
HT	227-8	Alvin Jackson (Clsscl, Prvdence, RI) 72
HT(16)	191-11	Alvin Jackson (Clsscl, Prvdence, RI) 72
JT	259-9	Russ Francis (Pleasant Hill, Ore) 71
Dec	7523	Craig Brigham (South, Eugene, Ore) 72
440yR.	40.2	Lincoln, Dallas, Tex 70
880yR	1:25.4	White Plains, NY 66
MileR	3:11.8	Memorial, Houston, Tex 67
	3:11.8	Killian, Miami, Fla 69
2MR	7:35.6	Jackson, Queens, NY 66
	7:35.6	Boys, Brooklyn, NY 66
4MR	17:12.2	Essex Catholic, Newark, NJ 66

ALL-TIME HIGH SCHOOL LIST

100 YARDS

9.3	*Bill Gaines (Clrwv, Milica Hll, NJ) 67
9.3	Willie McGee (Rowan, Httsbrg, Miss) 69
9.3	*Carter Suggs (Tarboro, N Car) 73
9.4	Jesse Owens (E Tech, Cleveland) 33
9.4	Jimmy Jackson (Alameda, Calif) 54
9.4	Trenton Jackson (Frankln, Rochester) 61
9.4	Forrest Beaty (Hoover, Glendale, Ca) 62
9.4	Jim Hines (McClymnds, Oakland) 64
9.4	Kirk Clayton (SctIndvllle, Baton Rouge) 66
9.4	Willie Black (Trmble Tech, Ft Worth) 67
9.4	Jim Green (Eminence, Ky) 67
9.4	Mel Gray (Mntgmry, S Rosa, Calif) 67
9.4	Ernie Williams (Climba, W Climba, Tx) 68
9.4	Don Schneider (Wthng Hlls, Wrn Twp, NJ) 68
9.4	Ed Kubicek (Lockett, Vrnop, Tx) 68
9.4	Herb Washington (Cent, Flint, Mich) 68
9.4	Gerald Tinker (Coral Gables, Fla) 69
9.4	Dave Perkins (Wstwood, Mesa, Ariz) 69
9.4	Gene Pouncy (Linc, Dallas) 70
9.4	Larry Jefferson (SOak Cliff, Dallas) 71
9.4	George Reddick (Hmltn, Los Angeles) 71
9.4	Ray Perkerson (Forney, Tex) 71
9.4	Marshall Dill (Nn, Detroit) 71
9.4	Steve Williams (Evndr Chlds, Bronx) 71
9.4	Gene Washington (Lwr Rchld, Hpns, SC) 72
9.4	Allen Misher (Sterling, Houston) 72
9.4	Mike Ross (Smiley, Houston) 72
9.4	Bob Lawson (Libbey, Toledo, Oh) 72
9.4	Charles Dawson (Elmore, Houston) 72
9.4	Johnny Williams (Talladega, Ala) 72
9.4	Melvin Johnson (STrrbnne, Bourg, La) 73
9.4	Jesse Forbes (Leon, Tallahassee) 73
9.4	Mike McFarland (Parker, Chicago) 73
9.4	*Greg Edmond (Ball, Galveston) 73
9.4	Pablo Franco (Public, Hrtfrd, Conn) 73
9.4	*Rod White (W Side, Gary) 73
Wind-aided:	
9.1	*Reggie Robinson (BT Wash, WchtaF, Tx) 66
9.2	John House (Muir, Pasadena, Calif) 63

9.2	Larry Highbaugh (Wash, Indianapolis) 67
9.2	Jim Hunter (Fdlty Mnr, GlnaPrk, Tx) 68
9.2	Rey Robinson (Lakeland, Fla) 70
9.2	Gene Washington (Lwr Rchld, Hpns, SC) 72
9.3	R.L. Lasater (Big Spring, Tex) 60
9.3	Zeak Williams (Hobbs, NM) 62
9.3	Clyde Duncan (North, Des Moines) 64
9.3	Bill Hurd (Manassas, Memphis) 65
9.3	*Cliff Branch (Worthing, Houston) 66
9.3	Willie Black (Trmble Tech, Ft Worth) 67
9.3	Jim Green (Eminence, Ky) 67
9.3	**Ken Curl (Worthing, Houston) 68
9.3	Larry Hughes (Levelland, Tex) 68
9.3	*Wade Williams (Krkptrck, Ft Worth) 68
9.3	Harold Porter (E Jffrsn, Mtrie, La) 70
9.3	Jim Carter (East, Wichita) 70
9.3	Glen Love (Sumner, St Louis) 70
9.3	Larry Dukes (Pinkstn, Dallas) 71
9.3	Larry Jefferson (SOak Cliff, Dallas) 71
9.3	Mike Sands (Sheepshead Bay, Brooklyn) 71
9.3	Bob Lawson (Libbey, Toledo, Oh) 72
9.3	Haywood Ray (Sandrsn, Raleigh) 72
9.3	Melvin Johnson (STrrbnne, Bourg, La) 73

220 YARDS

20.2m	Marshall Dill (Northern, Detroit) 71
20.6st	*Forrest Beaty (Hoover, Gdale, Cal) 62
20.6	Clyde Glosson (Wheatley, S An, Tx) 65
20.6	Gerald Tinker (Coral Gables, Fla) 69
20.7	Phil Underwood (Dorsey, LA) 66
20.7	Mel Gray (Mont, S Rosa, Calif) 67
20.8	Bill O'Connel (G-C, Roch, NY) 71
20.8	Carl McCullough (Sacramento) 72
Wind-aided:	
20.4st	Henry Carr (NWN, Detroit) 61
20.4st	Eli Myers (Tolleston, Gary, Ind) 65
20.4	Clyde Glosson (Wheatley, S An, Tx) 65
20.4st	Jim Green (Eminence, Ky) 67
20.5st	*Gerald Arline (N Dade, Miami) 63
20.6st	Bernie Rivers (Wash, E Chicago, Ind) 63

440 YARDS

45.8	Ron Ray (Frgrsn, Nwprr News, Va) 72
46.1	Ulis Williams (Comptōn, Calif) 61
46.5	Ted Nelson (Andrews, Tex) 61
46.5	Don Webster (Kennett Square, Pa) 61
46.6	Dave Mills (Lakewood, Oh) 58
46.6	Ron Freeman (Jffrsn, Elzbtth, NJ) 65
46.6	Larance Jones (Lemoore, Calif) 69
46.7	Jerry White (Corcoran, Calif) 56
46.7	Dave Morton (Mem, Houston) 67
46.7	Edesel Garrison (Cent, Compton, Ca) 68
46.7	Larry Black (Killian, Miami) 69
46.7	Tony Krzyzosiak (Grdn Grve, Calif) 71

880 YARDS

1:48.5	Dale Scott (El Cerrito, Calif) 72
1:48.8	Richard Joyce (Sierra, Whittier, Calif) 65
1:49.0	Clark Mitchell (Bakersfield, Calif) 65
1:49.2	Dennis Carr (Lowell, Whittier, Calif) 63
1:49.2	Bob Hose (Madison, S Diego, Calif) 64
1:49.4	Marcel Philippe (Matr Chrsti, Astria, NY) 69
1:49.5	John Drew (Mem, Houston) 68
1:49.5m	Brian Guaschino (N Bergen, NJ) 72
1:49.5	John Brady (St Helena, Bronx) 68
1:49.8	Brian McElroy (Massapequa, NY) 69

MILE

3:55.3	Jim Ryan (East, Wichita) 65
3:59.4	Tim Danielson (Chula Vsta, Calif) 66
3:59.8	Marty Liquori (Essex Cath, Nwrk, NJ) 67
4:01.5	Gerry Lindgren (Rogers, Spokane) 64
4:02.7	Matt Centrowitz (Pwr Mem, NYC) 73
4:03.5	Tom Sullivan (St George, Evnstn, Ill) 61
4:04.2	*Curtis Beck (S Monica, Calif) 72
4:04.5	Art Dulong (Randolph, Mass) 66
4:04.7	Rick Riley (Ferris, Spokane) 66
4:05.1	Garry Bjorklund (Proctor, Minn) 69
4:05.1	Mark Feig (South, Eugene) 71

STEEPLECHASE

9:11.4	Bill Keenan (North, Eugene) 67
9:15.4	*Steve Mowry (Madison, S Diego) 73
9:15.8	Humberto Barajas (Vista, Calif) 73
9:19.0	Rick Adams (Eatonville, Wash) 73
9:20.4	*Jim McLaughlin (North, Eugene) 69

TWO MILES

8:41.0	Craig Virgin (Lebanon, Ill) 73
8:41.6	Steve Prefontaine (Mrshfld, CoosB, Or) 69
8:48.4	Rick Riley (Ferris, Spokane) 66
8:48.8	*Curtis Beck (Santa Monica, Calif) 72
8:49.0	Dave Merrick (Linc-Way, N Lenox, Ill) 71
8:53.2	Gordy Braun (Shrine, Seattle) 73
8:53.2	Tom McChesney (South, Eugene) 73
8:53.4	Marc Genet (Santa Ana, Calif) 72
8:53.6	Gerry Lindgren (Rogers, Spokane) 64
8:53.6	*Dave Taylor (Merced, Calif) 72

THREE MILES

13:17.0	Gerry Lindgren (Rogers, Spokane) 64
13:35.6	Rick Riley (Ferris, Spokane) 66
13:36.8	Craig Virgin (Lebanon, Ill) 73
13:38.2	Dave Merrick (Linc-Way, N Lennox, Ill) 71
13:43.0	Steve Prefontaine (Mrshfld, CoosB, Or) 69

SIX MILES

28:23.8	Gerry Lindgren (Rogers, Spokane) 64
28:45.2	Terry Williams (Lompoc, Calif) 73
28:47.8	Robbie Perkins (Collgte, Richmond) 73
29:11.4	Rick Riley (Ferris, Spokane) 66
29:11.8	Danny Schlesinger (Sndrsn, Raleigh) 73

120 YARD HURDLES

13.4	Bill Tipton (Cent, Pontiac, Mich) 67
13.4	Randy Lightfoot (Plainview, Tex) 71
13.4	Allen Misher (Sterling, Houston) 72
13.5	Richmond Flowers (Lanier, Mntgmy) 65
13.5	Rod Milburn (Clark, Opelousas, La) 69
13.5	Gary West (Permian, Odessa, Tex) 70
13.5	Charles Foster (Gaffney, SC) 71
13.5	Scottie Jones (Elmore, Houston) 71
13.5	Jeff Parks (Rsvlt, Dayton, Oh) 71
13.5	Larry Shipp (St Albans, Wash DC) 72

Wind-aided:

13.3	Bill Tipton (Cent, Pontiac, Mich) 67
13.4	Rod Milburn (Clark, Opelousas, La) 69
13.4	Fred Singleton (Mt Vernon, NY) 70
13.4	Donnie Reddic (Jffrsn, Dallas) 72

180 YARD LOW HURDLES

18.0t	Bill Tipton (Cent, Pontiac, Mich) 67
18.1	Steve Caminiti (Cr Car, Encino, Ca) 64
18.1	Earl McCullough (Poly, L Beach) 64
18.1	Don Castronovo (Oceanside, Ill) 64
18.2	Richmond Flowers (Lan, Mont, Al) 65

Wind-aided:

18.0	John Roderick (H Park, Dallas) 62
18.0t	Fred Singleton (Mt Vernon, NY) 70

330 YARD HURDLES

36.3	Harold Schwab (Centereach, NY) 72
36.6	Bruce Scully (Audubon, NJ) 72
36.7	Bob Bornkessel (Shwne MisN, Mssn, Ks) 68
36.8	Tinker Hatfield, Jr (Cent Linn, Halsey, Or) 72
36.8	John Rudd (Roosevelt, Dayton, Oh) 72

MARATHON

2:23:47**	Mitch Kingery (S Carlos, Calif) 73
2:25:16	Chuck Walker (Prescott, Az) 71
2:28:22	Clayton Craig (Eau Gallie, Fla) 72
2:29:52	Scott Daggatt (Bellevue, Wash) 71
2:31:55	Craig Streichman (South, Trnce, Calif) 69

HIGH JUMP

7-3	Reynaldo Brown (Compton, Calif) 68
7-1 1/2	Dwight Stones (Glendale, Calif) 71
7-1 1/4	Otis Hailey (Wasco, Calif) 68
7-1	Stan Albright (Glenville, Cleveland) 66
7-1	Rod Raver (Mrshall, Rchster, Minn) 73
7-1/2	Bill Jankunis (N Dorp, Staten Island) 73
7-1/4	Clarence Johnson (Claver Ac, S Antonio) 66
7-1/4	Jerry Culp (Oceanside, Calif) 70
7-1/2	Joel Braggs (Linc, Tacoma) 71
7-1/2	John Allen (Union, Casa Grande) 73

POLE VAULT

17-4 1/4	Casey Carrigan (Orting, Wash) 69
11-8 3/4	Steve Smith (South, Torrance, Calif) 69
16-7	Bob Pullard (Los Angeles) 69
16-6 1/2	Paul Wilson (Warren, Downey, Calif) 65
13-5	Jon Vaughn (Corona, Calif) 66
16-4	Paul Heglar (Muir, Pasadena, Calif) 65
16-4	Craig Brigham (South, Eugene) 72
16-2 1/4	Tim Curran (Crspl Crmlte, Encino, Ca) 73

16-1	Bob Steinhoff (Warren, Downey, Ca) 65
16-1	Jeff Taylor (Bellevue, Wash) 71

LONG JUMP

26-2 1/4	Ken Duncan (McClatchy, Sacramento) 72
26-3 1/4	Jerry Proctor (Muir, Pasadena, Calif) 67
25-10 1/4	*Heulon Hewitt (Merced, Calif) 68
25-9 1/2	*Gerald Hardeman (Edison, Fresno) 72
25-7	James McAlister (Blair, Pasadena, Ca) 70
25-6 1/4	Ted Hammond (Compton, Calif) 73
25-5 1/4	Doyle Steel (San Diego) 66
25-5	Carl McCullough (Sacramento) 72
25-4 1/4	*Johnny Johnson (Pacific Grove, Calif) 65
25-4 1/4	Oscar Bean (Jffrsn, Los Angeles) 56
25-4 1/4	Randy Williams (Edison, Fresno) 71

Wind-aided:

26-5 1/4	Jerry Proctor (Muir, Pasadena, Calif) 67
26-3 1/4	Randy Williams (Edison, Fresno, Calif) 71
26-1 1/4	Gerald Hardeman (Edison, Fresno, Calif) 73
25-7 1/4	Eli Myers (Tolleston, Gary) 65
25-7 1/4	Mel Gray (Mont, Santa Rosa, Calif) 67
25-6 1/4	*Bob Beamon (Jamaica, NY) 65

TRIPLE JUMP

52-6 1/4	*Dave Tucker (SJqn Mem, Fresno) 70
52-3 1/4	Randy Williams (Edison, Fresno) 71
51-8	Mike Woods (Manual Arts, Los Angeles) 63
51-7 1/4	Ron Livers (Eisenhwr, Nrritwn, Pa) 73
51-3 1/4	Jim Nathaniel (Bowne, Flushing, NY) 73
51-2 1/4	*Don Duvall (North, Denver) 73
51-1	*Paul Jordan (Overbrk, Philadelphia) 73
51-1 1/4	Victor White (Hrrsn, Colo Sp, Colo) 73
50-10 1/4	Ken McBryde (Mt Vernon, NY) 71
50-10	Zack Gillon (Peekskill, NY) 69
50-10	Steve Rim (Clovis, Calif) 72

Wind-aided:

52-6 1/4	Ken McBryde (Mt Vernon, NY) 71
50-11 1/4	Zack Gillon (Peekskill, NY) 69

SHOT PUT (12lb)

72-3 1/4	Sam Walker (Samuell, Dallas) 68
71-9 1/4	Jesse Stuart (Glasgow, Ky) 70
70-11	Doug Lane (Jffrsn, Cdr Rpsd, Ia) 68
70-1 1/4	Ron Semkiw (Bldwin, Pittsburgh) 72
69-6	Karl Salb (Crossett, Ark) 67
69-3 1/4	Jim Neidhart (Nprt Hbr, Nwprt Bch, Ca) 73
69-3	Dallas Long (North, Phoenix) 58
68-9	Greg Cortina (Hun, Princeton, NJ) 71
67-11 1/4	Don Rande'l (Sunset, Dallas) 69
67-9 1/4	John Hubbell (Poly, Long Beach) 66

SHOT PUT (16lb)

61-1 1/4	Sam Walker (Samuell, Dallas) 68
61-1 1/4	Dallas Long (North, Phoenix) 58
60-10	Jesse Stuart (Glasgow, Ky) 70
60-6	Randy Matson (Pampa, Tex) 63
59-11	Doug Lane (Jffrsn, Cedar Rapids, Ia) 68

DISCUS THROW (3lb, 9oz)

201-7	Jim Howard (Arcadia, Scettsdle, Az) 71
201-3	Chris Adams (Los Altos, Calif) 70
200-1	George Amundson (Cent, Aberdeen, SDak) 69
200-1	Scott Overton (Los Altos, Calif) 72
199-5	Brett Dull (Winter Haven, Fla) 72
198-6	Dave Voorhees (Tulalake, Calif) 73
197-3	Kelvin Korver (Irving, Tex) 67
195-11	Whitney Paul (Ball, Galveston) 72
195-8	Billy Joe Winchester (Mt Mgl, Sp Villy, Ca) 70
195-5	Lonnie Shelton (Foothill, Bkrsfield) 73

DISCUS THROW (4lb, 6oz)

175-8	Archie Harris (Ocean City, NJ) 37
173-6	Jim Howard (Arcadia, Scettsdle, Az) 71
170-7	Whitney Paul (Ball, Galveston) 72
169-7	Randy Matson (Pampa, Tex) 63
169-3	Karl Johnstone (North, Phoenix) 59

HAMMER THROW

227-8	Alvin Jackson (Classical, Providence) 72
219-0	Phil Bartlett (Classical, Providence) 72
209-3	*Tony Strackaluse (LaSalle Ac, Providence) 72
203-1	Dick Narcissian (Woonsocket, RI) 65
202-4	Dennis Cambal (Phillips Ac, Andover, Ma) 68
201-5	*Edward Ajootian (Classical, Providence) 73
200-8	Ralph Metcalfe (Choate, Wallingfrd, Cnn) 66

JAVELIN THROW

259-9	Russ Francis (Pleasant Hill, Ore) 71
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252-8	Mark Murro (Essex Cath, Newark, NJ) 67
247-11	Bruce Dow (Hillsboro, Ore) 72
247-1	Bob Obee (Wyandotte, Kans City) 70
246-11	Richard George (Mllard, Filmre, Utah) 71
244-11	Terry Bradshaw (Woodlwn, Shreveport) 66
244-10	*Craig Stiles (Malta, Mont) 70
244-7	Jim Pearce (Shwnee MisN, Mssion, Ks) 69
244-0	John Baardson (Beaverton, Ore) 71
242-10	Roger Collins (Livingston, NJ) 66

DECATHLON

7523	Craig Brigham (South, Eugene) 72
7253	Milt Campbell (Plainfield, NJ) 53
6945	Alvin Pearman (Roosevelt, NY) 66
6899	Bob Mathias (Tulare, Calif) 48
6862	Brian Mondschein (Hvfrd, Hvtwn, Pa) 72

440 YARD RELAY

40.2	Lincoln, Dallas 70
40.7	Lincoln, Dallas 69
40.7	Anderson, Austin 70
40.8	Similey, Houston 71
40.9	Smiley, Houston 72
41.0	Smiley, Houston 70
41.0	Dunbar, Ft Worth 72
41.0	Wilson, San Francisco, 73

880 YARD RELAY

1:25.4	White Plains, NY 66
1:25.9	Jefferson, Los Angeles 56
1:25.9	Dorsey, Los Angeles 66

MILE RELAY

3:11.8	Memorial, Houston 67
3:11.8	Killian, Miami 69
3:12.2	Lincoln, Dallas 70
3:12.7	White Plains, NY 66
3:12.9	Jones, Houston 71
3:13.2	Castlemont, Oakland, Calif 71
3:13.5	Wheatley, Houston 69
3:14.0	Boys, Brooklyn 71
3:14.2	Pinkston, Dallas 72
3:14.3	Centennial, Compton, Calif 68

TWO MILE RELAY

7:35.6	Jackson, Cambria Hts, NY 66
7:35.6	Boys, Brooklyn 66
7:40.8	Power Memorial, NYC 69
7:42.0	Proviso West, Hillside, Ill 65
7:42.8	Sewanaka, Floral Park, NY 71

FOUR MILE RELAY

17:12.2	Essex Catholic, Newark, NJ 66
17:12.6	Catholic, Paramus, NJ 73
17:13.2	Lompoc, Calif 73
17:15.0	Clairemont, San Diego 71
17:20.2	Haddon Township, Westmont, NJ 73

SPRINT MEDLEY RELAY

3:23.3	Memorial, Houston 67
3:23.9	Boys, Brooklyn 67
3:25.0	East, Wichita 64
3:25.4	Jackson, Cambria Hts, NY 67

3:26.7

DISTANCE MEDLEY RELAY

10:03.0	Lompoc, Calif 73
10:05.6	Essex Catholic, Newark, NJ 67
10:06.0	Scotch Plains-Fanwood, SP, NJ 71
10:06.4	St. Joseph's Col, Buffalo 72
10:07.8	Catholic, Paramus, NJ 73

HIGH HURDLE RELAY

58.4	Fresno, Calif 71
59.0	Sayreville Mem, Parlin, NJ 68
59.0	Metuchen, NJ 72
59.1	Rahway, NJ 72

HIGH-LOW HURDLE RELAY

54.7	Roosevelt, Dayton, Ohio 70
55.4	East Tech, Cleveland 54
55.4	Harding, Warren, Ohio 67

LOW HURDLE RELAY

52.6	Wayne, Ft Wayne, Ind 73
53.0	Sayreville Mem, Parlin, NJ 68
53.1	Lincoln, East St Louis, Ill 68

*=junior; **=soph; t=mark converted from turn; st=mark converted from straight; m=mark converted from meters.

1973 HIGH SCHOOL LIST

100 YARDS

9.3	*Carter Suggs (Tarboro, N Car)
9.4	Melvin Johnson (S Trbrnne, Bourg, La)
9.4	Jesse Forbes (Leon, Tallahassee, Fla)
9.4	*Greg Edmond (Ball, Galveston, Tex)
9.4	Mike McFarland (Parker, Chicago)
9.4	Pablo Franco (Public, Hartford, Conn)
9.4	*Rod White (West, Gary, Ind)
9.5	Philip Pipersburg (Santa Barbara, Calif)
9.5	Charles Dallas (Killian, Miami)
9.5	Alfred McCullough (Jackson, Miami)
9.5	Wesley Walker (Carson, Calif)
9.5	Vernon Patterson (Hobbs, N Mex)
9.5	*Ken Yates (Estacado, Lubbock, Tex)
9.5	*Norman Boykin (LaGrange, Ga)
9.5	Donald Merrick (Deland, Fla)
9.5	*Robert Miller (El Campo, Tex)
9.5	Lester Hayes (Wheatley, Houston)
9.5	**Elijah Jefferson (Crawford, San Diego)
9.5	Ron Whitaker (Wilson, San Francisco)
9.5	Clark Hamer (Roosevelt, Gary, Ind)
9.5	Charles Hopkins (Southwest, Macon, Ga)
9.5	Andre Releford (Dob-Ben, Kingsport, Tn)
9.5	Mike Tyson (Charleston, W Va)

Wind-aided:

9.3	Melvin Johnson (S Trbrnne, Bourg, La)
9.4	Lee Hudson (S Sumter, Bushnell, Fla)
9.4	*Greg Edmond (Ball, Galveston, Tex)
9.4	James Brown (Mainland, DytnaBch, Fl)
9.4	Donald Merrick (Deland, Fla)
9.4	*Mike Farmer (Wilson, San Francisco)
9.4	**Elijah Jefferson (Crawford, San Diego)

220 YARDS

20.9	Pablo Franco (Public, Hartford, Conn)
20.9	Mike McFarland (Parker, Chicago)
20.9	*Rod White (West, Gary, Ind)
21.1	Mike Tyson (Charleston, W Va)
21.0	Reggie Jones (Saginaw, Mich)
21.1	*Carter Suggs (Tarboro, N Car)
21.2	Melvin Turk (Bay City, Tex)
21.2	Melvin Johnson (S Trbrnne, Bourg, La)
21.2	Billy Dixon (Crisp County, Cordele, Ga)
21.2	Clarence Edwards (Santa Ana, Calif)
21.2	Ron Hoagland (Somerville, NJ)
21.2	Charles Hopkins (Southwest, Macon, Ga)
21.2	Donald Merrick (Deland, Fla)

Wind-aided:

20.8	Melvin Turk (Bay City, Tex)
20.8	Mike McFarland (Parker, Chicago)
20.8	Clarence Edwards (Santa Ana, Calif)
20.9	Mike Monroe (Linc, E St Louis, Ill)
20.9	**Elijah Jefferson (Crawford, San Diego)
21.0	*Millard Hampton (Silver Cr, San Jose)
21.1	*Greg Edmond (Ball, Galveston, Tex)
21.1	Lester Hayes (Wheatley, Houston)
21.1	*Lanard Morris (Linc, San Diego, Calif)

440 YARDS

47.0	Ron Whitaker (Wilson, San Francisco)
47.2m	*Keith Tinner (Lincoln, Tacoma)
47.4	Herb Kinney (Jones, Houston, Tex)
47.4	Raymond Clayborn (Trimble, Ft Worth)
47.4	Max Tolen (Thornton, Harvey, Ill)
47.5	*Alvin Crenshaw (Roosevelt, Dallas)
47.5	*Mark Collins (Burlison, Tex)
47.6	Alfred McCullough (Jackson, Miami)
47.7	Johnny Botley (Oberlin, La)
47.7	Victor McKinley (Bartram, Philadelphia)

880 YARDS

1:50.0	Don Sellers (Hrrsn, Evnsville, Ind)
1:50.3	*Mark Belger (Mepharn, Bilmre, NY)
1:50.8	Bill Dabney (Boys, Brooklyn)
1:51.0	*Charles White (Thornton, Harvey, Ill)
1:51.1	*Alvin Crenshaw (Roosevelt, Dallas)
1:51.2	Jim Reinhart (Lincoln, Sioux Falls, SDak)
1:51.5	Curtis Beck (Santa Monica, Calif)
1:51.7	Craig Masback (White Plains, NY)

1:52.0	Phil Kane (Rogers, Newport, RI)
1:52.2	Dean Frantz (Wn Hills, Ft Worth)

MILE

4:02.7	Matt Centrowitz (Power Mem, NYC)
4:05.5	Craig Virgin (Lebanon, Ill)
4:05.6	Curtis Beck (Santa Monica, Calif)
4:07.4	Steve Bolt (Grissom, Hntsville, Ala)
4:07.9	Jim Reinhart (Linc, Sioux Falls, SDak)
4:08.2	Alvin Gilmore (Lompoc, Calif)
4:08.4	Terry Williams (Lompoc, Calif)
4:08.8	Bob O'Brien (Bellflower, Calif)
4:09.0	Dave Sandridge (Parkdale, Rvrdle, Md)
4:09.0	Chris Horton (McQuaid, Rochester)

STEPPLECHASE

9:15.4	*Steve Mowry (Madison, San Diego)
9:15.8	Humberto Barajas (Vista, Calif)
9:19.0	Rick Adams (Eatonville, Wash)
9:22.2	Gordy Braun (Shoreline, Seattle)
9:32.4	Dave Rains (Port Angeles, Wash)

TWO MILE

8:41.0	Craig Virgin (Lebanon, Ill)
8:53.2	Gordy Braun (Shoreline, Seattle)
8:53.2	Tom McChesney (South, Eugene)
8:54.8	Terry Williams (Lompoc, Calif)
8:55.0	Curt Alitz (O'Neill, Hghlnd F, NY)
8:56.2	Matt Centrowitz (Power Mem, NYC)
8:57.6	Robbie Perkins (Collegiate, Richmond)
8:57.6	J.J. Griffin (Centennial, Pueblo, Colo)
8:58.0	Reed Mayer (Snohomish, Wa)
8:59.0	Dave Taylor (Merced, Calif)

THREE MILES

13:36.8	Craig Virgin (Lebanon, Ill)
13:53.8	Terry Williams (Lompoc, Calif)
13:57.2	Robbie Perkins (Coll, Richmond, Va)
14:02.8	J.J. Griffin (Cent, Pueblo, Colo)
14:04.8	Dave Taylor (Merced, Calif)

SIX MILE

28:45.2	Terry Williams (Lompoc, Calif)
28:47.8	Robbie Perkins (Collegiate, Richmond)
29:11.8	Danny Schlesinger (Sndrsn, Raleigh)
29:54.4	Tom McChesney (South, Eugene)
29:57.0	*Richard Kimball (DeLaSalle, Cncrd, Ca)

120 YARD HIGH HURDLES

13.6	Tom Andrews (West, Bakersfield)
13.6	Carl Florant (Palo Alto, Calif)
13.7	Thomas Howard (Dunbar, Lubbock, Tx)
13.7	Reggie Blackshear (Metuchen, NJ)
13.8	Phil Stapp (Stuart, Vily Staton, Ky)
13.8	Bernie Allen (Harrisburg, Pa)
13.8	Jay Herriage (Monterey, Lubbock, Tx)
13.8	*James Owens (Nrte Del Rio, Sacramento)
13.8	Mike Johnson (Pasadena, Calif)
13.8	John Johnson (Williams, Alexandria, Va)

Wind-aided:

13.6	John Johnson (Williams, Alexandria, Va)
13.6	Mike Johnson (Pasadena, Calif)
13.7	Greg Eckman (Prkmn Val, Cligville, Pa)
13.7	Joe Myatt (Plainfield, NJ)
13.7	Robert Adler (Uniondale, NY)

180 YARD LOW HURDLES

18.4	*Randall Jeffrey (Los Angeles, Calif)
18.7st	*Bob Cornwell (Mt Clemans, Mich)
18.7	*Mike Harris (Indio, Calif)
18.7	Wally Henry (Lincoln, San Diego)
18.7	*Fred Shaw (Muir, Pasadena, Calif)

Wind-aided:

18.6	Billy Farmer (Lemoore, Calif)
18.6	*Fred Shaw (Muir, Pasadena, Calif)
33.0	Craig McPhail (Jones, Houston)
37.4	Alex Ray (Ball, Galveston)
37.4	Bill Becker (Mnchvll, Nprt News, Va)
37.4	Shifton Baker (Elgin, Tex)
37.5	Ron Gailey (Monahans, Tex)
37.5	*Bill Blessing (Hilcrst, Dallas)
37.5	Rod Schlipf (Wn Br, Chesapeake, Va)

MARATHON

2:23:47**	Mitch Kingery (San Carlos, Calif)
2:28:22	Clayton Craig (Eau Gallie, Fla)
2:31:57	John Foran (New Canaan, Conn)
2:33:29	Bryan Geissler (Hazen, Renton, Wash)
2:33:36	*Craig Martin (Edmonds, Wash)

HIGH JUMP

7-1	Rod Raver (Mrshall, Rchestr, Minn)
7-½	Bill Jankunis (N Dorp, Staten Island)
7-¾	John Allen (Union, Casa Grande, Az)
7-0	Jay Meisler (Frmngdle, NY)
7-0	*Terry Burris (Whthall, Columbus, Oh)
7-0	Warner Brown (Campbell, Smyrna, Ga)
7-0	Al Darneille (Curtis, Tacoma, Wash)
6-11½	Lee Braach (Mt Rainier, Des Moines)
6-11	John Hayes (Blanchet, Seattle)
6-11	**Ron Shaw (Jeffersonville, Ind)

POLE VAULT

16-2½	Tim Curran (Crespi Crmlte, Encino, Ca)
16-0	James Smart (Liberty, Tex)
16-0	*Gary Hunter (Nrthrp, Ft Wayne, Ind)
15-9½	Kim Scott (West, Madison, Wisc)
15-9	Manuel Gonzales (Chndler, Ariz)
15-8½	*Tad Scales (Lawrence, Kans)
15-7½	Grant Glackman (Tecumseh, Lnnvle, Ind)
15-6½	Russ Rogers (Raschal, Ft Worth)
15-6½	Larry Hintz (Buchser, S Clara, Calif)
15-6	Jim Adlam (Abington, Pa)
15-6	Earl Bell (Jonesboro, Ark)
15-6	*Ron Clausen (Shorecrest, Seattle)

LONG JUMP

25-6½	Ted Hammond (Compton, Calif)
25-3½	Gerald Hardeman (Edison, Fresno)
25-1½	Jerry Herndon (Cajon, S Brnrndno, Calif)
24-11	William Tate (W Memphis, Ark)
24-10½	Mark Cleghorn (Berkeley, Calif)
24-10	Jim Spillane (P V rds, PV Est, Calif)
24-7½	Alex Ray (Ball, Galveston, Tex)
24-7½	Mike Tyson (Charleston, W Va)
24-7	Mike McRae (Skyline, Oakland, Calif)
24-5½	John Davis (Bass, Atlanta, Ga)

Wind-aided:

26-½	Gerald Hardeman (Edison, Fresno)
25-4½	Jerry Herndon (Cajon, S Brnrndno, Calif)
25-4½	Ted Hammond (Compton, Calif)
25-½	Mike Tyson (Charleston, W Va)
25-½	Mark Cleghorn (Berkeley, Calif)
24-11½	Alex Ray (Ball, Galveston, Tex)
24-9	Milton Mitchell (Bryan, Tex)

TRIPLE JUMP

51-7½	Ron Livers (Esnhr, Nrrstwn, Pa)
51-3½	Jim Nathaniel (Bowne, Flushing, NY)
51-2½	*Don Duvall (North, Denver, Colo)
51-1	*Paul Jordan (Overbrk, Philadelphia)
51-½	Victor White (Hrrsn, Colo Sp, Colo)
49-9	*Louis Tucker (Washngtn Un, Estn, Calif)
49-4½	Tom Andrews (West, Bakersfield)
49-4	Kevin McCarthy (Cupertino, Calif)
49-1	*Willie Banks (Oceanside, Calif)
49-1	*Ken McClendon (Washington, Denver)

Wind-aided:

49-8	Clint Harrell (Edison, Stockton, Calif)
49-7½	*Willie Banks (Oceanside, Calif)

SHOT PUT

69-3½	Jim Neidhart (Nwprt Hbr, Nprt Bch, Ca)
67-8½	Dave Doupe (Inglewood, Calif)
65-10½	T.J. Humphries (Dollrwy, Pine Bluff, Ark)
65-5½	Russ Vincent (Ballard, Seattle)
65-2½	Lonnie Shelton (Fthll, Bakersfield)
63-5½	Bob Ringwall (Carteret, NJ)
63-2½	Wayne Bouvier (Eisenhower, Utica, Mich)
63-0	John Holladay (Sndrsn, Raleigh)
62-5	Tom Watson (Morris Knolls, Dnville, NJ)
62-4½	Gary Weiss (Mem, Madison, Wisc)

SHOT PUT (16lb)

56-5	Dave Doupe (Inglewood, Calif)
55-10½	Jim Neidhart (Nwprt Hbr, Nprt Bch, Ca)
55-4½	Lonnie Shelton (Fthll, Bakersfield)
54-3½	Russ Vincent (Ballard, Seattle)
53-1½	Bob Ringwall (Carteret, NJ)

DISCUS THROW

205-8 *Ray Burton (Vacaville, Calif)
 198-6 Dave Voorhees (Tulelake, Calif)
 195-5 Lonnie Shelton (Fthill, Bakersfield)
 194-2 Dave Hickson (Leland, San Jose)
 194-0 Ralph Fruguglietti (Albany, Calif)
 192-7 Robin Earl (Kent-Meridian, Kent, Wash)
 189-3 *Mark McNaughton (McLane, Fresno)
 188-2 Don Christensen (West, Bremerton, Wa)
 187-9 Doug Otterstetter (Mrna, S Leandro, Ca)
 187-9 Richard White (South Windsor, Conn)

DISCUS THROW (4lb, 6oz)

168-8 *Ray Burton (Vacaville, Calif)
 167-3 Lonnie Shelton (Fthill, Bakersfield)
 167-1 Dave Hickson (Leland, San Jose)
 162-6 Robin Earl (Kent-Mrdan, Kent, Wash)
 158-11 Ralph Fruguglietti (Albany, Calif)

HAMMER THROW

201-5 *Edward Ajootian (Clsscl, Providence)
 199-10 *Emmett Barry (Hope, Providence)
 184-6 Harold Delahunt (East Greenwich, RI)
 182-7 Johnson (East Greenwich, RI)
 177-10 Walter Garey (New Britain, Conn)
 176-8 *Anthony Strackaluse (LaSille Ac, Prvdnce)

JAVELIN THROW

233-1 Duncan Atwood (Lakeside, Seattle)
 231-10 Van Shaw (Cranford, NJ)
 231-2 Bill Wilcox (Hly Crss, New Orleans)
 228-1 Pat Kaiser (Mt Angel Sem, St Bndct, Or)
 228-0 *Mike Matter (Greenville, Pa)
 225-4 Jim Kirby (Essex Cath, Newark, NJ)
 224-10 Buddy Blythe (Uniontown, Kans)
 224-8 Gary Schaefer (Battle Ground, Wash)
 224-4 Ray Ford (Bish Kendrck, Nrrstwn, Pa)
 224-0 Steve Held (Carrington, N Dak)

DECATHLON

6547 Barry Stebbins (Oley Val, Oley, Pa)
 6186 *Kim Nutting (South, Eugene)
 6009 Rick Dahl (N Central, Spokane)
 5857 *Carl Johnk (Mnlo-Athrtn, Athrtn, Calif)
 5808 Colin Sargent (Deer ing, Prtlnd, Maine)

440 YARD RELAY

41.0 Wilson, San Francisco
 41.2 Ball, Galveston, Tex
 41.3 Estacado, Lubbock, Tex
 41.3 Dunbar, Ft Worth, Tex
 41.4 Charlton-Pollard, Beaumont, Tex
 41.5 Greenville, Tex
 41.5 Bryan, Tex
 41.5 Hammond, La
 41.5 South Terrebonne, Bourg, La
 41.6 Lincoln, San Diego, Calif
 41.6 Edison, Fresno, Calif

880 YARD RELAY

1:26.4 Jackson, Miami, Fla
 1:26.5 Hammond, La
 1:26.5 South Terrebonne, Bourg, La
 1:26.5 Somerville, NJ
 1:26.9 Charlton-Pollard, Beaumont, Tex

MILE RELAY

3:15.2 Roosevelt, Dallas, Tex
 3:15.4 Bryan, Tex
 3:15.5 Worthing, Houston, Tex
 3:16.2 Eisenhower, Norristown, Pa
 3:16.5 Mt. Pleasant, Tex
 3:16.6 Snyder, Jersey City, NJ
 3:16.9 Monahans, Tex
 3:17.1 Charlton-Pollard, Beaumont, Tex
 3:17.2 Jones, Houston, Tex
 3:17.2 Raines, Jacksonville, Fla
 3:17.2 Brandon, Fla

TWO MILE RELAY

7:46.2 Arcadia, Calif
 7:46.4 Brandon, Fla
 7:46.4 Taft, Woodland Hills, Calif
 7:46.8 Boys, Brooklyn, NY
 7:48.0 Catholic, Paramus, NJ

FOUR MILE RELAY

17:12.6 Catholic, Paramus, NJ
 17:13.2 Lompoc, Calif
 17:20.2 Haddon Township, Westmont, NJ
 17:24.8 Archbishop Molloy, Jamaica, NY
 17:34.0 North Vigo, Terre Haute, Ind

SPRINT MEDLEY RELAY

3:27.2 Mephram, Bellmore, NY
 3:28.4 Thornton, Harvey, Ill
 3:28.4 Lincoln, Sioux Falls, S Dak
 3:29.0 Boys, Brooklyn, NY
 3:39.0 Somerville, NJ

DISTANCE MEDLEY RELAY

10:03.0 Lompoc, Calif
 10:07.8 Catholic, Paramus, NJ
 10:10.0 Power Memorial, NYC, NY
 10:13.2 Middletown, NJ
 10:14.0 Essex Catholic, Newark, NJ

480 YARD HIGH HURDLE RELAY

59.3 Germantown, Philadelphia, Pa
 59.5 New Milford, NJ
 59.7 Coatesville, Pa
 60.0 Killian, Miami, Fla

480 YARD HIGH-LOW HURDLE RELAY

56.1 Malabar, Mansfield, Ohio
 56.4 Berea, Ohio
 56.4 Bay Village, Ohio

480 YARD LOW HURDLE RELAY

52.6 Wayne, Ft. Wayne, Ind
 53.8 Soldan, St. Louis, Mo

HIGHLIGHTS OF POWER MEMORIAL INDOOR TRACK SEASON- 1974

1st Place- Mayor's All-City Meet
1st Place- Iona College Meet
1st Place- C.H.S.A.A. Sectional Championships
2nd Place- C.H.S.A.A. Intersectional Championships

Relays:

1st Place- Millrose Sprint Medley at Madison Square Garden
1st Place- 1600 meter Relay Olympic Invitational at Madison Square Garden
5th Place- Two Mile Relay, Knights of Columbus at Nassau Coliseum
2nd Place- Mile Relay at Eastern States Chamionships- 3:24.0

HIGHLIGHTS OF POWER OUTDOOR TRACK SEASON- 1974

1st Place- C.H.S.A.A. Sectional Championships
1st Place- C.H.S.A.A. Sophomore Sectional Championships
3rd Place- C.H.S.A.A. Frosh Sectional Championships
4th Place- C.H.S.A.A. Intersectional Championships
4th Place- C.H.S.A.A. Frosh Intersectional Championships
4th Place- A.A.P.S. Privates Schools Championships
8th Place- Eddy Meet, Schenectady, New York

Relays:

Penn Relays

Distance Medley Relay
1st Place- 10:16.8 (Weaver, Centrowitz, Little, Johnston)- 2nd fastest
in United States, fastest in New York State
1st Place- Class One Mile Relay- 3:23.0- (Everett, Little, Rivera,
Maseda)

Jersey Relay

1st Place- 4 Mile Relay - NEW YORK STATE RECORD- fastest in U.S.
(Stolba 4:25.8, G. Centrowitz 4:21.7, Weaver 4:16.9,
Johnston 4:15.2) 17:19.6 total

Queens-Iona Relays

3rd Place- 880 yd. Relay- 1:31.5 (Everett, Malone, Rivera, Little)

New York Relays

2nd Place- Distance Medley Relay- 10:22.2 (Weaver, Crawford,
Centrowitz, Johnston)
5th Place- Mile Relay- 3:24.1 (Maseda, Little, Rivera, Everett)

CHSAA STANDINGS IN RELAYS

2nd in 880 Relay
2nd in Mile Relay
5th in Two Mile Relay
1st in Distance Medley
1st in Four Mile Relay
4th in 180 yd. Hurdle Relay

Tech Track Victor; Power Gains Title

Man Is 2d St Power Seeking A.A. CHSAA Title

By STEVE SERRY
Maurice Weaver's longest race is over. He crosses the finish line and he is accepted.

Now for the first time I feel I've done a field. I can do as first priority. I can do as first priority. I can do as first priority.

or MAY 5, 1975
I don't think I'm prime but I still got time to develop.

THE NEW YORK TIMES, SUNDAY, APRIL 20, 1975
Power First In Relay on Weaver Leg

By WILLIAM J. MILLER
Maurice Weaver of Power yesterday felt a lot better. Memorial after leading his

At Garden In Millrose Track Friday

Outstanding In Millrose Track Friday

A Power Will

Catholic Victory To Power

By WILLIAM J. MILLER
The New York Catholic Athletic Association stepped into the state championship meet today.

THE NEW YORK TIMES, SUNDAY, JUNE 8, 1975
Power Harriers Win

Wolver's future bright

the Tape

Power Harriers Win



THE NEW YORK TIMES, SUNDAY, NOVEMBER 10, 1974

Power Harriers Win

Wolver's future bright

the Tape

Power Harriers Win

SUMMARY POWER MEMORIAL CROSS COUNTRY TEAM
1974 Season

161 W. 61st Street
N.Y. N.Y. 10023

Varsity Coach: Br.J.G. Bielen
Asst.: Mr. James McGarry

Combined Awards: Major Awards--trophies and plaques = 12
Medals = 202

Varsity

- 1st Place--- C.H.S.A.A. Intersectional Championships
- 1st Place--- Albertus Magnus Invitational, Bear Mountain
- 2nd Place--- Westlake Invitational Meet, Peekskill
- 2nd Place--- C.H.S.A.A. Sectional Championships
- 3rd Place--- Providence, Rhode Island Meet
- 3rd Place--- Manhattan College Meet
- 3rd Place--- Private Schools Championships
- 4th Place--- St. John's Meet
- ✓ 10th Place--- Eastern States Championships
- ✓ 7th Place--- New York State Championships

Junior Varsity

- ✓ 1st Place--- Albertus Magnus Invitational, Bear Mountain
- ✓ 1st Place--- Westlake Invitational Meet, Peekskill
- 1st Place--- St. John's Meet
- 2nd Place--- Providence, Rhode Island Meet
- 2nd Place--- C.H.S.A.A. Sectional Championships
- 2nd Place--- Private Schools Championships
- 3rd Place--- Manhattan College Meet
- ✓ 4th Place--- C.H.S.A.A. Intersectional Championships

Sophomores

- ✓ 1st Place--- Iona College Meet
- ✓ 2nd Place--- Manhattan College Meet
- ✓ 2nd Place--- C.H.S.A.A. Sophomore Sectionals

Freshmen

- 3rd Place--- C.H.S.A.A. Intersectionals

School Records

Van Cortland Park: 2½ Miles

Matt Centrowitz, 12:24.0, Eastern States, 1972

Van Cortland Park: 3 miles

Maurice Weaver, 15:26, N.Y. State Championships, 1974.

NEWS RELEASE: Nov. 9, 1974

POWER MEMORIAL WINS CATHOLIC CITY CHAMPIONSHIPS

Power has won the C.H.S.A.A. League Championships in Cross Country for eight of the last ten years. This year's team, having had serious problems for part of the season came back to win the 1974 City Championships at Van Cortland Park. The Varsity team led by Junior Maurice Weaver, coming off an illness, and the team Captain Frank Rafferty, scored 120 points to the second place Msgr. Farrell team of 135 points. Weaver's time over the course was 13:05, while Rafferty's time was a 13:22. With positions 8 and 17 in the Panthers grasp the remainder of the scores were 18th place Kevin Meuchner's 13:23, 24th Junior Alfred Fiorentino's 13:28 and Sean Ryan's 53rd position in 13:53. The remainder of the team consisted of 62nd Mark Ryan 14:00 and Kenan Doate's 14:17.

Power had previously won the City Championships in 1965, 1966, 1967, 1969, 1970, 1971, 1973, 1974

Power Cross Country Bests at Van Cortland Park

1. Matt Centrowitz	12:24.5	'72
2. Brian Johnston	12:41.0	'73
3. Paul Barbary	12:42.0	'70
4. Anthony Colon	12:45.0	'69
5. Joseph Barbary	12:46.0	'67
6. Arthur Stolba	12:47.0	'73
7. Maurice Weaver	12:47.5	'74
8. Patrick Rafferty	12:51.0	'71
9. Garth McKay	12:52.0	'66
10. Kevin O'Brien	12:55.2	'64
11. Ray Naudain	12:59.0	'69
12. Edward Walsh	13:08.0	'69
13. Chancey Marsh	13:09.0	'67
14. Ed Duchini	13:12.0	'60
15. Kevin Meuchner	13:15.0	'74
16. Anthony Fiorentino	13:16.0	'71
17. Richard Stewart	13:17.0	'66
18. Frank Rafferty	13:22.0	'74
19. Thomas Cully	13:23.0	'73
20. Gordon Jackson	13:23.0	'67

Open Events:

Long Jump: Davis, 23'2½", 1975, Sectionals.

Triple Jump: Davis, 47'½", 1975, Easterns

High Jump: Floyd, 5'10", 1975, JR.MID. Sectionals

Discus: Castronuovo, 130'7½", 1975, McClancy Field Meet.

Shot Put: Moore, 46'10½", 1975, Soph. Sectionals.

Relays

Long Jump Relay (2 man): 37'13/4" (Vargas, 17'9½", Johnson, 18'6½"), 1975,
Nanuet Relays.

Long Jump Relay (3 man): 55'6½" (Vargas, 19'2½", Johnson, 18'6½",
Floyd, 17'9 3/4"), 1974, Relay Carnival.

Triple Jump Relay: (2 man): 81'1½" (Davis, 42'2½", Floyd, 38'11"), 1975,
Nanuet Relays.

Triple Jump Relay: (3 man): 118'5" (Floyd, 40'10½", Davis, 40'7",
Vargas, 36'11½"), 1975, McClancy Field Meet).

Shot Put Relay: (3 man): 109'3" (Strani, 40'7", Sequin, 35'0", Magrino, 33'8")
1974, McClancy Field Meet.

Discus Relay: (3 man): 323'3" (Castronuovo, 130'7½", Rodriquez, 108'7½",
McGeary, 84'0") 1975, McClancy Field Meet.

Javelin Relay: (3 man): 423'3", (Castronuovo, 153'5", McCabe, 143'3",
Caparlingua, 135'7") 1975, Relay Carnival.

High Jump Relay: (3 man): 14'9" (Rodriquez, 5'3", Henn, 5'0", Vogel, 4'6")
1975, Port Richmond Relays.

Sophomore Records

440 Relay: 51.1 (P.Melendez, J. Melendez, Henry, Flores), 1975, Frosh
Soph. Mount Meet.

3 x 2 mile: 30:59.0 (Sullivan 10:09.5; Cahalin 10:23.2; Michelsen 10:25.3)
1975, Fordham Relays.

440 yd. Dash: Figueroa, 52.7, 1975, Soph. Sectionals.

Soph. Distance Medley: 11:11.0 (Cahalin, Hennins, Goh, Michelsen)
(3/4, 440, ½, mile) 1975, Soph. Intersectionals.

Long Jump: Harris, 19'5½", 1975, Intersectionals.

Shot Put: Moore, 46'10½", 1975, Soph. Intersectionals

Discus: Moore, 113'10", 1975, Soph. Sectionals.

OUTDOORS

Soph. Triple Jump Relay: (3 man): 114'8 3/4" (D.Kelly 40'3/4",
DeJesus, 37'11 3/4", Vargas, 36'8 1/4"), 1974, Relay
Carnival.

Novice Records:

Novice 100: Kingston, 12.4, 1975, Novice Intersectionals.

Novice 880 Run: C.Ryan, 2:12.4, 1975, Novice Intersectionals.

Novice High Jump: Leroy, 5'6", 1975, Mt. St. Michael's Meet.

Novice Discus: Moore, 107'0", 1975, Novice Intersectionals.

Combination Shot Put Relay: 117'11" (Fr. Ramos 41'11", Soph Magrino, 35'5",
Nov. Strani, 40'7") 1974, Relay Carnival.

Weight Division Records:

Sub-midget 440 Dash: Kuhn, 62.1, 1975, Jr. Mid. Intersectionals.

Midget 880 Relay: (Liantonio, Henry, Kuhn, Vogel) 1:51.1, 1975, Mt. St.
Michael's Meet.

Midget High Jump: Vogel, 4'10 1/2", 1975, Jun. Mid. Intersectionals.

Midget Long Jump: Vogel, 16'3 1/2", 1975, Fordham Prep Relays.

Junior High Jump: Floyd, 5'10", 1975, Jun. Mid. Sectionals.

Junior Shot Put: Terrero, 41'10 1/4", 1975, Jun. Mid. Sectionals.

Combination Shot Put Relay: 127'6 3/4" (Open Rodriguez 43'2 3/4",
Jun. Floyd, 41'9", Mid. C.O'Connor 42'7") 1975, Fordham
Prep Relays.

Freshmen Records:

Frosh Shot Put: Rose, 44'11", 1975, Frosh Intersectionals.

Frosh Javelin: Sullivan, 110'9", 1975, Privates.

Shot Put Relay: (3 man): 113'9" (Rose, 42'7", Sullivan, 37'7", Mirkov,
33'7") 1975, McClancy Field Meet.

120

INDOOR SUMMARY and HIGHLIGHTS:

Loughlin Games: Weaver, 2 mile, Jr. State Rec. 9:16.2.

Junior Midget Sectionals: 4 th Place Team

Novice Intersectionals: 3rd Place Team

Martin Luther King Games: 3rd Place Mile Relay (Malone, Arrastia, Secreto, Rivera) 3:33.5

Iona Meet: Fiorentino, 1st Place, 1000, 2:19.9

Coaches Invitational: Distance Medley, 10:28.9 (Fiorentino, Rivera, Rafferty, Weaver).

Sophomore Intersectionals: 4th Place Team

Sophomore Sectionals: 1st Place Team

Varsity Intersectionals: 7th Place Team

Eastern States: Weaver, 1st Place, Mile Run, 4:17.3.

OUTDOOR SUMMARY AND HIGHLIGHTS:

St. Francis Meet: Distance Medley, 10:25.6, (Fiorentino, Rivera, Rafferty, Weaver)

Fordham Relay: Two Mile Relay, 1st pl. 8:01.3 (S. Ryan, M. Ryan, Fiorentino, Weaver).

Queens-Iona Relay: 1st Place- Distance Medley- 10:25.9 (S. Ryan, Waseda, Fiorentino, Weaver)
(Cold, and wind)
4th Place- Two Mile Relay- 8:00.4 (S. Ryan, Rafferty, Fiorentino, Weaver)
(Cold and Wind)

Penn Relay: 7th Place Distance Medley- 10:21.5

New York Relay: 1st Place Distance Medley (10:17.7)- 3rd in U.S.
mile Run: Weaver, 1st Place, 4:13.5

Junior Midget Sectionals: 2nd Place Team

White Plains, Loucks Meet: weaver, 2 mile Run, Jr. State Rec. 9:05.2.

Soph. Intersectionals: 5th Place Team

St. Anthony's Meet: 3rd Place Team

Sophomore Sectionals: 3rd Place Team

Sectional Championships: 1st Place Team

INTERSECTIONALS: 1st Place Team- "City Champs"

NEW YORK STATE CATHOLIC CHAMPIONSHIPS: 1st Place Team - "State Champs"

Eastern States Championships: 4th Place Team

FROSH TRACK
DOWNING STADIUM
RANDALLS ISLAND

Part One: How to get to Lexington Ave. and 125 Street:

1. Take the crosstown bus at 65 Street to Lexington Avenue and 68 Street. Then take the IRT #6 Local to 125 Street.

OR

2. Take the IRT #1 downtown to 42 Street--Times Square. Then take the Shuttle to Grand Central. Next take the IRT #4 or #5 (Exprss) or the #6 (Local) to 125 Street.

OR

3. Take the IRT #1 Downtown to 42--Times Square. Then take the IRT#7 to Grand Central. Next take the IRT #4 or #5 (Exprss) or the IRT #6 (Local) to 125 Street.

OR

4. Take the untown bus in front of the school to 125 Street. Take the crosstown bus on 125 Street to Lexington Avenue.

Part Two: How to get to Downing Stadium On Randalls Island

1. If you have traveled to 125 Street by train walk to the front of the platform. Go up the stairs to the refreshment stand. Go up the stairs on the far left to the Street.
2. You are now about ten paces from the corner of 125 Street and Lexington Avenue. From here there are two buses.
3. Take the TB bus (It will say Wards Island) to the Stadium on Randalls Island. Ask the bus driver as the other bus will not stop on Randalls Island.

YOUR BUS PASS WILL NOT BE ACCEPTED ON THE BUS. GOING HOME YOUR TRAIN PASS WILL NOT BE ACCEPTED.

INTERVAL TRAINING SYSTEM

In addition to those suggested above, interval training offers the following advantages:

1. Because of the great variety of workouts that can be devised, it adjusts easily to the changing demands of year-round training.

2. To bring about a given degree of total stress, it requires less time in a single workout than any other method. One hour of interval training may be the equivalent of three hours of steady running.

3. It lends itself easily to precisely measured dosages of work so that (a) work can be truly individualized, (b) development from month to month and year to year of this particular runner can be accurately measured, (c) accurate comparisons with the development of other runners can be made, and (d) preparations for best performance on a specific date can be made precisely.

4. It emphasizes many work periods of just the right amount of stress, in contrast to the less-than-optimum steady stress of steady-pace long distance running.

5. It emphasizes many recovery intervals during which time the heart receives its greatest stimulus and therefore its greatest development. (Such recovery intervals do not occur in steady running.)

6. Heart rates are repeatedly raised to 170 - 180 and stroke volumes (blood output divided by heart rate) are greater than those required during the greater portion of long distance running. (Only near the end of a steady long distance run are heart stresses comparable.)

7. It lends itself perfectly to the requirements of modern telemetering, an important adjunct to future and more scientific training.

8. Its infinite variety of distance, pace, number, and recovery interval tends to avoid the boredom inherent in steady-pace running. Each day has its own challenge, not so much in terms of maximum effort and the emotional stress that involves, as of mastery of a given workload. The difference between train and strain can be judged accurately.

9. The short duration of each run tends to lessen the awareness of the pains of fatigue and the boredom of effort. (This can be considered also a weakness.)

10. When so planned, the repeated runs can be at competitive pace, and so provide the specific training for a particular distance long advocated by physiologists.

11. Training at a faster pace during many short-distance runs makes it easier to run longer distances at a slower pace. (Contrast this with the claim of marathon trainers that running over long distances at a slow pace develops stamina by which to run more short distances at a fast pace. $A + B = 10$ and $B + A = 10$.)

12. Exact dosages of training make it possible for the runner to achieve maximum economy of time and effort; all superfluous work and time can be eliminated.

13. Its variety and use of repeated short efforts makes it easily adapted to a program of two workouts daily, with different amounts and kinds of running for each workout.

14. Accurate measurement of work and its effects on the heart enable coach and runner to guard against overtraining and staleness.

GENERAL DIRECTIONS

1. You are expected to be at practice each day and to make a definite effort to change as rapidly as possible each day.
2. Roll will be taken by the Coach each day. You must check in with him before each day's practice and out with the coach before you leave.
3. The only legitimate excuse from practice is absence from school. If you are detained for a meeting or for jug you are not excused from practice. If you know in advance that you have a dentist appointment, etc. on a certain day, you are to run in the morning 8:00.
4. Studies will be checked with your teachers from time to time. Track is not an excuse for poor study habits.
5. Anyone using alcohol, drugs or tobacco is not interested in athletics. There is no room for children on the team.
6. Keeping late hours is very harmful to the athlete.
7. Don't be a complainer. The coach also realizes that it is cold, late or generally miserable out. Expect Saturdays to be occupied. At very best the facilities for the Power Track team are miserable-- however, we have always done well.....in spite of this fact. This is due to the tremendous spirit of the Power runner who is able to rise above all difficulties.
8. Report all injuries.
9. Remember proper conduct in locker rooms, at the track, Central Park, etc. You represent yourself and the school. Shower each day.
10. You are expected to give your fullest at every practice.
11. Set a goal-- and go for it.
12. "Pain-barrier"-- must go even when you hurt. Let others rest.
13. REMEMBER YOU NEED A GOOD WARMUP AND GOOD WARMDOWN.
14. Be humble--let your running do the talking.
15. We practice no matter what the weather. Be prepared.
16. Take care of equipment.
17. Remember conduct on transportation should be proper.
18. The performance of an engine is largely regulated by the fuel it has to burn. Be sure you are putting "ethyl" grade fuel in that mouth of yours. Food intake is extremely important.
19. Completing a workout is no longer good enough. Being intense is what counts.
20. The greatest runners in the world have had their bad days.

SUGGESTED CALISTHENICS FOR WARM-UP

1. Jumping jacks
2. Hip rotation
3. Arm rotation
4. Sit-ups
5. Leg lifts
6. Push ups
7. Hurdlers stretch
8. High kicks
9. Running in place
10. other stretching exercises
11. Jog one Mile
12. windsprints

WARM-DOWN

Jog one Mile.

RULES TO BE OBSERVED AT A TRACK MEET

1. Know your events and approximate position on the program.
2. Know where your event begins and ends. (How many laps, etc.)
3. Finish the race. Full speed across and through the finish line.
4. When finished the race--stay in your lane if you have one.
5. Always wear a school uniform... disqualified if you have no identification.
6. Do not ask the coach or an official what your time was--he is busy.
The coach will eventually get it to you.
7. During your race, do not touch, spike, push in front of, push, talk to, interfere in any way with another runner-- you may be disqualified.
You must give a pace and a half to a runner if you wish to go in front of him. Never pass on the inside of the track...the runner you are passing has the right of way then.
8. At the beginning and end of a race see the coach.
9. Report in to the coach when you arrive at the track.
10. Stay away from the track if you are not running. Do NOT pace along side of a teammate.
11. You are responsible for last minute loosening up calisthenics... try to keep moving.
12. Don't drink water, eat oranges, sandwiches, hot-dogs, etc. before your event.
13. Watch the meet and cheer other members on.
14. Congratulate exceptional performances.
15. Remember track coaches are busy at a track meet--don't annoy them by wrestling, disappearing, etc.
16. Be on time for a meet. THIS IS THE MOST SERIOUS RULE WE HAVE.
17. Never give up in a race-- most things worth striving for--hurt.
18. Runners should be in bed at 10:30 the night before a meet. Two nights before a meet is the best time to get extra sleep. It will be a more relaxed sleep.
19. Have a plan for every race. It makes no difference if you are going for a record or if you are just running for practice.

TRACK AWARDS

Frosh- Panther

Sophomores- Minor, Major-minor, Major

Junior- Minor, Major-minor, Major

Senior- Major, Major-minor

Minor- 6" Purple- General Award--Sophomore, new runner, attendance

Major-minor- 6" Gold- Better award than minor--Juniors, new Seniors, several outstanding performances.

Major- 8" Gold- Best award given--most outstanding runners in Sophomore, Junior, or Senior year-- Given to Seniors who have competed for several years-- score in City Champs in Cross Country or track (Varsity or Junior Varsity City Champs scorers).

Track members receive special awards for participating in three seasons:

Freshmen--Panther head

Sophomore-- small winged foot

Junior- Track patch

Senior- Chenille winged foot

What it takes to be No.1

by Vince Lombardi

You've got to pay the price.

"Winning is not a sometime thing; it's an all-the-time thing. You don't win once in a while, you don't do things right once in a while, you do them right all the time. Winning is a habit. Unfortunately, so is losing.

"There is no room for second place. There is only one place in my game and that is first place. I have finished second twice in my time at Green Bay and I don't ever want to finish second again. There is a second place bowl game, but it is a game for losers played by losers. It is and always has been an American zeal to be first in anything we do and to win and to win and to win.

"Every time a football player goes out to ply his trade he's got to play from the ground up—from the soles of his feet right up to his head. Every inch of him has to play. Some guys play with their heads. That's O.K. You've got to be smart to be No. 1 in any business. But more important, you've got to play with your heart—with every fiber of your body. If you're lucky enough to find a guy with a lot of head *and* a lot of heart, he's never going to come off the field second.

"Running a football team is no different from running any other kind of organization—an army, a political party, a business. The principles are the same. The object is to win—to beat the other guy. Maybe that sounds hard or cruel. I don't think it is.

"It's a reality of life that men are competitive and the most competitive games draw the most competitive men. That's why they're there—to

compete. They know the rules and the objectives when they get in the game. The objective is to win—fairly, squarely, decently, by the rules—but to win.

"And in truth, I've never known a man worth his salt who in the long run, deep down in his heart, didn't appreciate the grind, the discipline. There is something in good men that really yearns for, needs, discipline and the harsh reality of head-to-head combat.

"I don't say these things because I believe in the 'brute' nature of man or that men must be brutalized to be combative. I believe in God, and I believe in human decency. But I firmly believe that any man's finest hour—his greatest fulfillment to all he holds dear—is that moment when he has worked his heart out in a good cause and lies exhausted on the field of battle—victorious."

Psychologists have conducted intensive studies on thousands of athletes to determine the characteristics of champions. How many factors and traits of a winner do you possess?

the dynamics of a winner

by Dr. Thomas A. Tutko

Many different elements go into the making of a champion athlete. In some sports, such as football, size is an important factor. In track, speed is the important dimension. In basketball, a fine shooting skill is required.

We have all known athletes who possessed great talent and physical ability, and yet were never outstanding performers. In fact, some were unable to make the team because of their inconsistent play or generally "poor" attitude. In some circles these persons are bluntly referred to as "losers."

However, we have all known athletes who have had a minimal amount of talent and/or physical ability and yet, for some reason, were exceptional performers. These individuals seemed to have *distinct* motivational qualities—the qualities of a winner.

In speaking of a winner we imply that the athlete has certain psychological traits, or personality characteristics, which help him make *maximum* use of his athletic potential.

But what are these characteristics, these traits that make up a winner?

In search for the answer, the Institute for the Study of Athletic Motivation has been investigating the psychological make-up of athletes. A number of different personality tests have been used to determine the traits that distinguish top performers from average and/or poor ones.

Our studies show that less than 10 in 1000 have all of the traits to an outstanding degree! We believe that all athletes want to be successful, but it is the *degree* to which one

is willing to commit himself that determines the extent to which he will be a winner. A true winner is an athlete who consistently works up to his maximum potential.

Based on our research we have found that at least *nine traits* are indicative of a winner. These nine traits make up *four factors*.

Let us consider the factors (desire, dedication, confidence and loyalty) and their traits.

DESIRE

This factor can be defined as the enjoyment of competition and the ability to be assertive. There are two traits, drive and aggression.

A. Drive: (1) enjoyment of facing a challenge, (2) desiring to be

a winner, (3) looking forward to stiff competition, (4) setting high goals, (5) aspiring to be the very best.

B. Aggression: (1) enjoyment of taking charge physically, (2) willingness to assert oneself, (3) expanding one's physical domain, (4) making things happen rather than waiting for them to occur, (5) taking the battle to the opponent.

DEDICATION

This is the willingness to work toward the completion of goals. It has one trait, determination: (1) working long hours, (2) putting in time above and beyond the minimum required to complete the job, (3) working tirelessly, (4) completing goals regardless of the cost in terms of time and effort, (5) never quitting.

CONFIDENCE

The belief in one's ability and the willingness to take the responsibility for one's actions is the third factor. It is also acting in a mature and responsible way. Confidence is composed of three traits, self-confidence, leadership and emotional maturity.

A. Self-confidence: (1) acknowledgement of one's talent, (2) believing in one's ability, (3) believing that if one puts forth his maximum effort he will be able to beat his opponent, (4) having faith in one's athletic commitment, (5) lacking fear of any opponent.

B. Leadership: (1) willingness to take responsibility for teaching, communicating with and motivating fellow athletes; (2) willingness to put one's ability on the line in facing others; (3) showing concern about the performances of one's teammates, and willingness to in-



teract with teammates to improve the overall team.

C. Emotional maturity: (1) controlling one's emotions during contests, (2) converting one's anxiety or game tension into a productive, not destructive, action, (3) being calm and thinking clearly during crucial situations, (4) not letting emotions interfere with performances, (5) responding on the basis of facts, not feelings.

LOYALTY

The willingness to make a commitment to one's coach, team and oneself is loyalty. It consists of three traits, coachability, conscience development and mental toughness.

A. Coachability: (1) respecting authorities, (2) willingness to try to one's fullest capacity recommendations made by the coach, (3) discussing with the coach areas of misunderstanding and disagreements in order to clarify any miscommunication rather than to undermine his authority or talk behind his back.

C. Conscience development: (1) committing oneself to a schedule to improve one's talent, (2) carrying through on one's responsibility to the coach, team and fellow athletes, (3) putting the team before personal needs and desires, (4) being self-motivated rather than being pushed by the coach or teammates, (5) fulfilling personal obligations and duties.

C. Mental toughness: (1) bouncing back after adversity, (2) working all the harder after being roughed up by an opponent, (3) never withdrawing after losing, (4) handling rough coaching by putting forth an extra effort, (5) working harder to overcome areas of weakness after a defeat.

It is not so much whether the athlete has these traits, since all possess each to a certain extent. But it is the *degree* to which he possesses the trait that makes the difference.

If the athlete is above the average of his teammates in each trait, he will probably be an exceptional performer, provided he has some talent. Of course he may have minimal talent and still succeed—his motivation will make up for this lack.

An encouraging point in considering motivational traits is that

anyone is able to develop them through hard work and dedication. Let us consider each of the four factors and what you can do to develop them.

DESIRE: Set a series of goals, small at first, then larger ones. Know where you are going and specifically how to get there. Make an active effort to do something about the poor areas of performance while maintaining top performances in your good areas.

Take the example of a basketball player trying to improve his shooting percentage. This serves to illustrate all four factors. He must begin by determining (1) his present level of shooting, (2) what he would consider to be acceptable, and (3) what he would consider to be outstanding.

It is important to keep a regular record of your performances and to select specific methods and techniques you will use to bring about improvement. Determine those methods that are productive; eliminate those that are less effective after having given each method an equal amount of testing time. As you improve in one area, shift your attention to other weaknesses—always working on your most troublesome area. You must continually readjust your goals for continued improvement.

DEDICATION: Once your goals have been determined, it is important to have a schedule detailing the amount of time to be put forth in trying to reach the goals. Obviously the more time allotted, the quicker the goal will be reached. You may even set a time limit in which you hope to reach the goal. Stick to the schedule! Without self-discipline as reflected in hard work, the possibility of reaching the top is minimized.

CONFIDENCE: In working toward any goal it is important to combine a troubled area with one in which you have already gained confidence. (In the example given, the athlete should start with an area on the court where he feels he can shoot fairly well. Then he works toward those shots where he has trouble shooting.)

Plunging into a problem area may temporarily shake your confidence. By combining the problem area with one in which you already feel some degree of confidence, the

task will be easier. It is also at this stage that you must realistically assess your strong and weak points.

LOYALTY: In developing a schedule, work closely with your coach in determining techniques and methods for improvement. Assess the progress after a period of time. Any setbacks or failures are used as a learning experience, and the techniques and methods are continually reassessed.

In perfecting a skill, improvement gradually becomes less pronounced, and it is easy to get discouraged. It is at this point that the degree of commitment becomes more obvious. The final test of improvement is when the change is no longer an effort but has become a permanent part of your personal performance. This is true of the motivational traits as well as the performance itself.

The traits and their development are very briefly described here. More details will appear in a forthcoming book entitled *The Psychology of Coaching*, written by Coach Jack Richards and myself, to be published in January.

One objective way for assessing traits has been through a survey questionnaire entitled the *Athletic Motivation Inventory*, developed by the Institute for the Study of Athletic Motivation. Other techniques are described in the book.

A final consideration in assessing traits is the degree to which you enjoy sports. If you are participating for reasons other than the love of athletics, such as parental demands, popularity, pleasing a girlfriend, etc., it is difficult to put forth the greatest effort. Rather than being a joy, athletics becomes a duty filled with hard work and pain.

If you enjoy athletics, participation is a reward in itself. What is more, if you work up to your maximum potential, there is an internal reward—the reward of doing the best possible job.

Athletics represents a small but often vital aspect of an individual's life. The athlete's attitude as reflected in his degree of commitment and dedication will often reflect how he handles other aspects of life. A winner, therefore, may be defined as a person who does the very best he can regardless of his area of endeavor.

86th Annual Relay Carnival

GUIDE BOOK



UNIVERSITY of PENNSYLVANIA

FRANKLIN FIELD

PHILADELPHIA, PA. 19104

APRIL 24, 25, 26, 1980

CARNIVAL RECORDS

MEN'S HIGH SCHOOL EVENTS

400 Meter Relay:	41.0, 1976, Ben Franklin (Philadelphia) (Bernard Long, Clinton Young, Greg Moore, Bennett Long)
1,600 Meter Relay:	3:12.2, 1978, Trenton Central (Fred Gore, Ron Singletary, Aubrey McKithen, Darrel Jeffress)
3,200 Meter Relay:	7:39.5, 1978 Trenton Central (Andrew Bing, Fred Gore, Darrel Jeffress, Aubrey McKithen)
Distance Medley Relay:	10:02.1, 1976, Power Memorial (New York City) (Mike Demko, Alfred Fiorentini, Ralph Figueroa, Maurice Weaver)
One Mile Run:	4:08.7, 1972 Gordon Oliver, Bethesda-Chevy Chase, Md.
Two Mile Run:	8:53.8, 1976, Alberto Salazar, Wayland, Mass.
High Jump:	2.16 (7-1), 1977, Mike White, John Bartram, Philadelphia
Pole Vault:	4.87 (16-0), 1976, Bill Hartley, Southern Ocean, Manahawkin, N.J.
Triple Jump:	15.92 (52-2¾"), 1978, Sanya Owolabi, Sleepy Hollow, N.Y.
Shot Put:	19.54 (64-1¼), 1975, Robert Will, Lynbrook, N.Y.

WOMEN'S HIGH SCHOOL EVENTS

400 Meter Relay:	47.0, 1979, Vere Tech, (Hayes, Jamaica) (Anna Marie McDonald, Marcia Beckford, Winsome Darby, Merlene Ottey)
1,600 Meter Relay:	3:49.2, 1979, Camden (N.J.) (Lynelle Payton, Loretta Thompson, Patti Dunlap, Evelyn Simpson)
3,200 Meter Relay:	8:59.7, 1979, William Penn (Phila.) (Rose Richardson, Pam Hughes, Val Fisher, Cynthia Colquitt) National High School Record
One Mile Run:	4.49.2, 1979, Kim Gallagher, Upper Dublin (Fort Washington, Pa.)
Two Mile Run:	10:15.5, 1978, Martha White, State College (Pa.)
High Jump:	5'6", 1978-79, Held by seven women
Long Jump:	5.83 (19'1¼"), Carol Lewis, Willingboro, (N.J.)
Shot Put:	13.95 (45'9¼"), Pat Reymar, Suffern (N.Y.)

¼" Spikes Only

CARNIVAL RECORDS

CHAMPIONSHIP COLLEGE RELAYS

400 Meter Relay:	39.4, 1976, Tennessee (Jon Young, Ricci Gardner, Jerome Morgan, Reggie Jones) 39.57 (FA), 1977, Arizona State (Steve Williams, Tony Darden, Gary Burl, Herman Frazier)
800 Meter Relay:	1:21.4, 1977, Arizona State (Gary Burl, Tony Darden, Gerald Burl, Herman Frazier)
1,600 Meter Relay:	3:01.9, 1977, Arizona State (Clifton McKenzie, Gerald Burl, Tony Darden, Herman Frazier)
3,200 Meter Relay:	7:16.3, 1977, Villanova (Mark Fallon, Ed Takacs, Phil Kane, Mark Belger)
6,000 Meter Relay:	14:59.35, 1979, Villanova (Dean Childs, John Bruns, Amos Korir, Sydney Maree.)
Sprint Medley Relay:	3:13.9, 1976, Florida (Noel Gray, Mike Sharpe, Stanley Harris, Horace Tuitt)
Distance Medley Relay: (800, 400, 1200, 1600 Meters)	9:28.5, 1977, Villanova (Ed Takacs, Glenn Bogue, Mark Belger, Phil Kane)
Shuttle Hurdle Relay:	56.1, 1977, Tennessee (Russell Fritz, Steve Darcus, Ira Moore, John Johnson)

MEN'S COLLEGE INDIVIDUAL EVENTS

High Jump:	2.23 (7-4), 1976, Greg Joy, Texas at El Paso, 1977, Kyle Arney, Arizona State, 1978 Franklin Jacobs, Fairleigh Dickinson
Pole Vault:	5.21 (17-1¼) Jim Stokes, Michigan 1978
Long Jump:	7.96 (26-1¼), 1957, Greg Bell, Indiana
Triple Jump:	16.53 (54-3), 1976, Ed Lennex, St. Joseph's
Shot Put:	19.85 (65-1¼), 1971, Vince Monari, Texas at El Paso
Discus Throw:	58.92 (193-4), 1973, Knut Hjeltne, Western Maryland
Hammer Throw:	67.94 (222-11), 1973, Peter Farmer, Texas at El Paso
Javelin Throw:	82.68 (271-3), 1970, Mark Murro, Arizona State
100 Meters:	10.35, 1979, Rich Edwards, Houston
110 Meter Hurdles:	13.52 (FA), 1978, Renaldo Nehemiah, Maryland
5,000 Meters:	13.33.7, 1978, Ralph King, North Carolina
10,000 Meters:	27.55.2, 1978, John Tracey, Providence
400 Meter Hurdles:	49.51, 1979, James Walker, Auburn
3,000 Meter Steeplechase:	8:33.6, 1977, Bruce Bickford, Northeastern
Decathlon:	7865, 1974, Fred Samara, N.Y.A.C. 7821, 1973, Ron Evans, Connecticut

COLLEGE WOMEN'S RECORDS

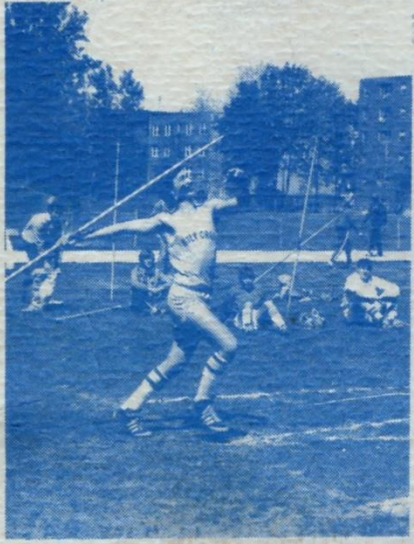
400 Meter Relay:	45.8, 1978, Adelphi (Kim Raison, June Griffith, Pam Layne, Rosey Mary Tonge)
1,600 Meter Relay:	3:41.5, 1978, Adelphi (Kim Raison, Elaine Hollingsworth, Pam Layne, June Griffith)
3,200 Meter Relay:	8:47.8, 1979, Villanova (Jennifer Whitfield, Sue Shea, Brigid Leddy, Doriane Lambelet)
1,500 Meters:	4:20.4, 1979, Brigid Leddy, Villanova
3,000 Meters:	9:09.2, 1979, Brenda Webb, Tennessee
400 Meter Hurdles:	59.8, 1979, Edna Brown, Temple
High Jump:	1.78 (5-10), 1979, Paula Girven, Maryland
Long Jump:	6.09 (19'11¾"), 1978, June Griffith, Adelphi
Shot Put:	14.86 (48'9"), 1979, Sandra Burke, Northeastern
Discus:	51.08 (167'6"), 1978 Helene Connell, Ocean County
Javelin:	48.48 (159'1"), 1978, Terri Tupper, Army

WINNERS OF COLLEGE RELAY CHAMPIONSHIPS 1895-1979

	1 Mile	2 Miles	4 Miles	Sprint Medley	Distance Medley	440 Yds.	880 Yds.	Shuttle Hurdle	Championships Won
Villanova	11	13	13	12	19		2	1	71
Pennsylvania	10	10	10	8	5	5½	2	5	55½
Michigan	2	8	14	5	5			2	36
New York Univ.	6	1	3	8	3	2	2		25
Yale	6	6	2	2	2		1	5	24
Manhattan	5	3	4		4	2	4	1	23
Penn State		1	8	3	4	1½		1	18½

¼" Spikes Only

7th Annual Hartford Public High School Invitational Track & Field Meet



Place: Hartford Public High School
Athletic Field 55 Forest St., Hartford, Conn.

Date: May 13, 1978 **Time:** 11:00 A.M.

Meet Director: Lindy Remigino — **Meet Co-Director:** Jim Peters

**RECORDS
HPHS INVITATIONAL OUTDOOR MEET**

100 :09.4 Franco HPHS 1973
 220 :20.6 Smith Uniondale 1974
 440 :47.3 Tufariello Hewlett 1977
 880 1:54.2 Dabney Boys 1972
 Mile 4:10.6 Ostolozaga Loughlin 1976
 2 Mile 9:10.4 J. Flor Ledyard 1974
 120 HH :14.0 Adler Uniondale 1973
 330 HH :38.3 Clark Midwood 1975
 Pole Vault 14-8½ Appel Amity 1976
 High Jump 6-9 Augeri Xavier 1974
 Long Jump 23' Witkowski Windham 1974
 Triple Jump 48-2½ Gordon Clinton 1975
 Shot 63-10½ Harlin Nanuet 1976
 Discus 180-1' White South Windsor 1973
 Javelin 213-3 Francis Molly 1973
 440 R :42.5 Boys 1972 HPHS 1975
 Mile R 3:19.6 George Washington 1976
 880 R 1:27.7 JFK 1976
 2 Mile R 7:49.7 Molloy 1976
 Steeple Chase 9:16.2 New Rochelle 1975
 Hammer 193-2 Borden Fitch 1977
 1 Mile Wlk 7:17.1 Flanagan Hewitt 1977
 Girls 100 Yards 10.9 Marshall HPHS 1975
 Girls Mile 5:14.5 Corsiglia Darien 1977
 Girls 4 x 110 R 50.0 HPHS 1977
 Girls 4 x 440 R 4:11.4 Fitch 1977
 Sprint Med. 3:35.6 Newington 1976

**1977
BOYS NATIONAL INTERSCHOLASTIC
TRACK AND FIELD RECORDS AS OF AUG. 1, 1977**

100 :09.0 Houston McTear FA 1975
 220 :20.2 (Straight) Forest Beaty CA 1961
 220 :20.5 (Curve) Dwayne Evans Ariz. 1976
 440 :45.8 Ronald Ray VA 1972
 880 1:48.8 Richard Joyce CA 1965
 Mile 3:58.3 James Ryun Kan. 1965
 2 Mile 8:41.5 Steve Roland Prefontaine Ore. 1969
 120 Yard HH :12.9 Renaldo Nehemiah NJ 1977
 180 Yard LH :18.1 Steve Caminiti CA 1964
 Donald Castronovo NY 1964
 Earl McCullough CA 1964
 330 Yard IH :35.9 William Blessing Tex. 1974
 Running High Jump 7 3½ Gail Olson Ill. 1977
 Running Long Jump 25 9½ Gerald Hardeman CA 1972
 Pole Vault 16 10 Randy Hall Tex. 1977
 Triple Jump 52 6¼ David Tucker CA 1970
 12 lb. Shot-Put 72 3¼ Sam Walker Tex. 1968
 Discus 201 3 Christopher James Adams CA 1970
 Javelin 254 11 Russell Ross Francis Ore. 1971
 440 R :40.2 Lincoln Tex. 1970
 880 R 1:25.4 White Plains NY 1966
 Mile R 3:11.8 Killian FA 1969
 2 Mile R 7:38.0 Thornton Twp. Ill. 1976
 Mile Sprint Med. 3:23.3 Memorial Tex. 1967

**1977
HARTFORD PUBLIC SCHOOL INVITATIONAL
WINNERS**

100 :10.3 Nesby Thomas Jefferson
 220 :21.3 Tufariello Hewitt
 440 :47.3 Record Tufariello Hewitt
 880 1:54.6 Mutarelli Mt. St. Michael
 Mile 4:18.4 Scidmore Glen Falls
 2 Mile 9:19.1 Cotton New Canaan
 120 HH :14.4 Nealy Hartford Public
 Triple Jump 47 10 Alston New Rochelle
 4 x 110 R 42.7 Boys
 Pole Vault 13 3 Derosiers Bulkeley
 High Jump 6 6 Carey Nanuet
 Long Jump 22 10½ Vogel Glastonbury
 Shot-Put 60 3 Vorhies Valley
 Discus 169 4 Hillman Framingham
 Javelin 192 1½ Petrello East Hartford
 Hammer 193 2 Record Borden Fitch
 4 x 880 R 7:53.4 Trenton
 Steeple Chase 9:30.6 Cuffe Mon. Farrell
 4 x 220 R 1:28.7 Boys
 4 x 440 R 3:22.6 Boys
 Mile Walk 7:17.1 Record Flanagan Hewitt
 330 IH 39.3 Pinchney Trenton
 Girls 100 11.4 Marshall Hartford Public
 Girls Mile 5:14.5 Corsiglia Darien
 Girls 4 x 440 R 4:11.4 Fitch
 Girls 4 x 110 R 50.0 Hartford Public
 Sprint Med. 3:38.4 North West Catholic

**BEST PERFORMANCE BY A CONNECTICUT ATHLETE
(5 OR MORE SCHOOLS IN A MEET)**

100 :09.4 Franco HPHS 1973 HPHS Invitation
 220 :21.0 Franco HPHS 1973 Golden West,
 Curry Bulkeley HPHS Invitation
 440lt :48.3 Tantorski New Britain 1960 State Open
 440 Lanes 48.3 King HPHS 1972 Capitol District
 880 1:51.5 King HPHS 1972 Golden West
 Mile 4:10.8 Bright Wilson 1963 State Open
 Euell NFA 1970 State Open
 2 Mile 9:06.3 Duggan HPHS 1971 Greater Hartford
 120HH 14.0 Roman McMahon 1977, Nealy HPHS 1977
 180LH 18.9 Myrick McMahon 1966 Western Sectional
 Mile R 3:21.0 HPHS 1975
 880 R 1:27.5 Hartford Public 1972 New Haven - Hartford
 Shot Put 62-8 Taylor M. HPHS 1969 Greater Hartford
 Discus 189-6 M. Taylor HPHS 1969 Greater Hartford
 Javelin 228-8 J. Hall Pulaski 1970 Open State
 High Jump 6-9 Augeri Xavier CIAC L 1974
 Long Jump 23-6½ Wright Rippowan 1969 Western Sectional
 Triple Jump 48-10 Pat Augeri Xavier GWI 1975
 Pole Vault 14-6 Appel Amity 1976
 330 IH 38.3 Seymour New Britain 1975
 4 x 110 R 42.5 Bulkeley 1975
 100 M 10.3 Edwards New Britain 1976 Big "B"
 Hammer 195-6 Eric Klimoff New Britain Chicago 1975
 Decathlon 6561 pts. William DiBart, Penney - CIAC Meet 1977
 3000 M Steeple Chase 9:34.9 Mike Cotton New Canaan
 1976 Big "B" Meet

69TH ANNUAL • WANAMAKER MILLROSE GAMES

3:59

Filbert Bayi
breaks tape
at 3:59.3
to set new
Wanamaker
Mile record

MADISON SQUARE GARDEN
JANUARY 30, 1976

1.50

EVENT NO. 5 - 7:15 P.M.**PUBLIC SCHOOLS ATHLETIC LEAGUE 1 MILE RELAY**

11 Laps—Start and Finish 31st Street Side of Garden Center.

Millrose Games Record—3:22.6—Andrew Jackson High School (Lamotte Hyman, Walter White, Rudy Fordham, Sam Thomas), Jan. 26, 1967.

1975 Result—1. Brooklyn Tech 3:29.1, 2. Clinton 3:29.9, 3. Bryant 3:30.7, 4. Van Buren 3:32.2.

These leading high school teams were selected for participation at the Millrose Games following time trials elimination, under the direction of Marty Lewis, P.S.A.L. Track Chairman.

WM. C. BRYANT H.S.

A1 Louie Williams
A2 MacDonald Boyce
A3 Paul Hendricks
A4 Richard Outlaw
A5 Dwight Aguirresaenz
A6 Mike Kopor
Coach—Martin Racanelli

ALEXANDER HAMILTON H.S.

B1 Danny Foster
B2 John Williams
B3 John Darby
B4 Lyndon Denny
B5 Julian Payne
B6 Jeffrey Harris
Coach—Orlando Martinez

THOMAS JEFFERSON H.S.

C1 Bernard Nesby
C2 Rodrick Rickman
C3 Anthony Harris
C4 Victor Merritt
C5 Lillo Thomas
C6 Frank Moss
Coach—Herb Cantor

EAST N.Y. VOC. H.S.

D1 Sidney McIntosh
D2 Angel Garcia
D3 Mariano Vargas
D4 Anthony Cadogan
D5 Blondell Charles
D6 Uriah St. Lewis
Coach—Henry Junk

Won by 2nd 3rd 4th Time

EVENT NO. 6 - 7:20 P.M.**CATHOLIC HIGH SCHOOL TWO MILE RELAY**

22 Laps—Start and Finish 31st Street side of Garden Center.

Interscholastic Indoor Record—7:47.4—Roselle Catholic High School.

(Bill Carroll, Rich Gill, John Wolff, Joe Savage), Lawrenceville, N.J., Feb. 18, 1969.

11 Lap and Madison Square Garden Record—7:49.1—Archbishop Molloy High School

(Don Tesse, Richard Schroeter, Peter Farrell, Robert Zieminski), Feb. 27, 1961.

Millrose Games Record—7:59.6—Bishop Loughlin High School (Tom Kiefner, Tom Meagher, Luis Ostolozaga, Chris Scottodivetta), Jan. 31, 1975

1975 Result—1. Loughlin 7:59.6 2. Maria Regina 8:01.6 3. Molloy 8:03.4, 4. Power Memorial 8:05.6.

These leading Catholic high school teams were designated for participation at the Millrose Games following time trials elimination, under the direction of Joseph Fox, C.H.S.A.A. Track Chairman.

ARCHBISHOP MOLLOY H.S.

Jamaica, New York
A1 Larry Cunningham
A2 Don Cotter
A3 Dennis Averill
A4 Frank Averill
A5 Paul Neilan
A6 Robert Pasqual
Coach—A. Perrone

BISHOP LOUGHLIN H.S.

Brooklyn, N.Y.
B1 Charles Golden
B2 Bruce Laraque
B3 Tom Meagher
B4 Luis Ostolozaga
B5 Rolando Ortiz
B6 Fred Fergus
Coach—Ed Bowes

HOLY TRINITY H.S.

Hicksville, N.Y.
C1 Ed Cox
C2 John Black
C3 Vin Coiro
C4 Eric Langer
C5 Ray Radigan
C6 Mike Lennox
Coach—John Cappello

POWER MEMORIAL ACADEMY

New York, N.Y.
D1 Robert Maseda
D2 John Sullivan
D3 Michael Demko
D4 Alfred Fiorentino
D5 Vincent Hogan
D6 Bill Michelsen
D7 Charles Cronly
D8 Maurice Weaver
Coach—Bro. J. G. Bielen

ST. FRANCIS PREP

Fresh Meadows, N.Y.
E1 Gerard Meaney
E2 Vincent Caridi
E3 Andre Lambert
E4 James May
E5 John McNamara
E6 Marc Strachan
Coach—Bro. Norman Smercak

ST. RAYMOND'S H.S.

Bronx, N.Y.
F1 Lou Riso
F2 Ken Carlson
F3 Lino Relvini
F4 Chris Estey
F5 Dave Mouzon
F6 Rich Jacowleff
Coach—Donald Gallagher

Won by *Trinity* 2nd *Molloy* 3rd *Loughlin* 4th *Power* Time

8:05

8:20

*Rembo
Sully
al
Pablo*



The second running of the Millrose High School Mile was another thriller among the East's leading schoolboys. At the start (left to right)-George Vogel, Brendan Sheehy, John Burns, Kevin Bryne, Marty Ludwikowski, Don Paige, Rick Rothschild and Maurice Weaver.



From start to finish Marty Ludwikowski and sophomore Kevin Byrne ran neck and neck. Here as the field approaches the quarter it is Marty on the inside slightly ahead of Kevin on the outside.



In a spectacular finish, gritty Kevin Byrne dives at the tape as Marty Ludwikowski wins by inches in 4:15.5, breaking Mark Belger's meet record.

HIGH SCHOOL ONE MILE RUN

11 Laps—Start and finish on the 31st Street side of Garden Center.

Interscholastic Indoor Record—4:06.6—Vince Cartier, Princeton, N.J., March 13, 1972.

Interscholastic 11 Lap Indoor Record—4:09.7—Dave Merrick, Baltimore, Md., Feb. 6, 1971.

Millrose Games Record—4:15.5—Marty Ludwikowski, Jan. 31, 1975.

1975 Result—1. Marty Ludwikowski 4:15.5, 2. Kevin Byrne 4:15.6, 3. George Vogel 4:20.1, 4. Rick Rothschild 4:21.8.

These outstanding high school milers have been selected by the Millrose Games Committee with the able assistance of the following experts—Marty Lewis, PSAL Track Commissioner, Ed Grant, New Jersey Track, and Marc Bloom, Editor, New York State Scholastic Track.

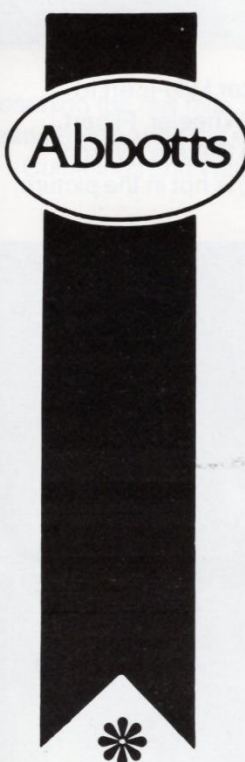
- 225 KEVIN BYRNE, Paramus Catholic High School, Paramus, N.J.
- 226 JOHN DOWICYAN, Sacred Heart High School, Yonkers, N.Y.
- 227 ROYCE FLIPPEN, Princeton High School, Princeton, N.J.
- 228 NORMAN OGILVIE, East Islip High School, Islip Terrace, N.Y.
- 229 LUIS OSTOLOZAGA, Bishop Loughlin High School, Brooklyn, N.Y.
- 230 RAMON SEVERINO, George Washington High School, New York, N.Y.
- 231 JIM SHIELDS, Chaminade High School, Mineola, N.Y.
- 232 MAURICE WEAVER, Power Memorial Academy, New York, N.Y.

Weaver fell on final lap

PROVISIONAL STARTERS

- 233 ROGER JONES, Ramsey High School, Ramsey, N.J.
- 234 DAVID O'CONOR, JR., Valley Central High School, Montgomery, N.Y.
- 235 BOB SIEHL, Morris Hills High School, Rockaway, N.J.

Won by *Byrne* 4:18 2nd 3rd 4th 5th Time



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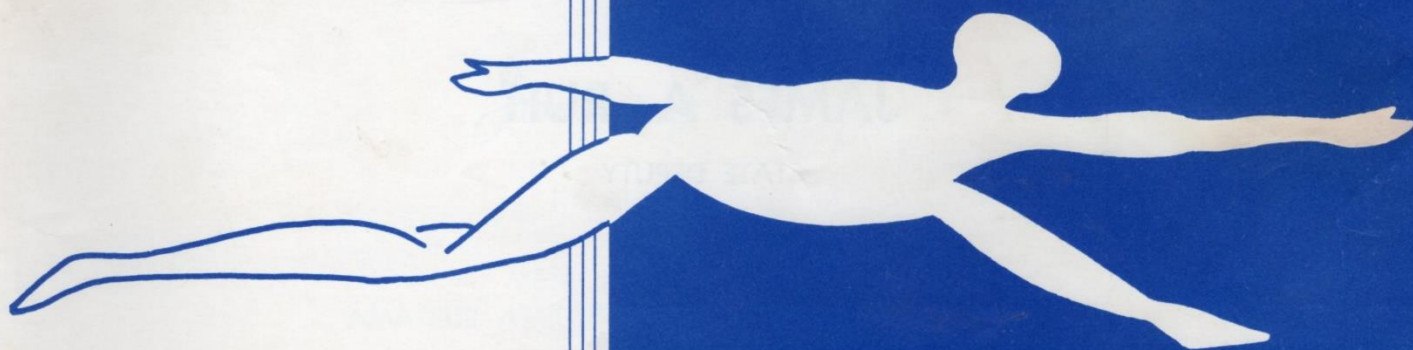
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"FIRST ANNUAL"

INDOOR ATHLETIC MEET

JANUARY 13, 1973

PRICE \$1.00

NASSAU VETERANS MEMORIAL COLISEUM
UNIONDALE, NEW YORK

Event No. 1

CATHOLIC YOUTH ORGANIZATION - FOUR LAP RELAY

KINGS

Comp. No.	Name
A-1	Thomas Barrett
A-2	Claude Lee
A-3	Joseph Fiske
A-4	Kevin McTernan
A-5	Matty Walsh
A-6	Peter Williams
Coach	Thomas Franke

QUEENS (Red)

Comp. No.	Name
B-1	Fred Del Rossi ✓
B-2	Kevin Janssen
B-3	John Moran
B-4	David Johnson
B-5	Michael Demko
B-6	Edward Jost
Coach	Martin Enright

QUEENS (Gold)

Comp. No.	Name
C-1	Michael Demko ✓
C-2	Ed. Jost ✓
C-3	Joseph Chatham
C-4	Arthur Pettus
C-5	Michael Alexis
C-6	Mark Hellens ✓
Coach	Bro. Kevin Averill

SUFFOLK

Comp. No.	Name
D-1	Kevin Calabro
D-2	Alan Santoriello
D-3	Michael De Braggio
D-4	Richard Monsees
D-5	John Lessing
D-6	James Robinson
Coach	John Madden

NASSAU (White)

Comp. No.	Name
E-1	Michael Kennedy
E-2	Robert Cochrane
E-3	Edward Varella
E-4	Steven DiLorenzo
E-5	Kevin Harkins
E-6	Charles Bedell
Coach	Alfred Tonn

NASSAU (Green)

Comp. No.	Name
F-1	William Mathieson
F-2	Edward Cox
F-3	James Derenze
F-4	Mark Coyne
F-5	Kevin Hagerman
F-6	Wayne Gluf
Coach	Gene Cochrane

Won by Kings 2nd Queens Red 3rd _____ 4th _____ Time _____

Event No. 2

POLE VAULT

WORLD INDOOR RECORD, 17 ft., 9 inches, Kjell Isaksson (Sweden) 1971

Comp. No. Name

21.	Steve Smith, Pacific Coast Club
22.	Bruce Simpson, University of Toronto A.A.
23.	Scott Wallach, Miami University of Ohio
24.	Tom Blair, Pacific Coast Club
25.	Mike Cotton, University of Florida
26.	Buddy Williamson, New York Athletic Club

Comp. No. Name

27.	Vince Strubel, Sports International Track Club
28.	Bob Sprung, University of Tennessee
29.	Jerry Klyop, Villanova
30.	Tim St. Lawrence, New York Athletic Club
33.	Terry Porter, University of Kansas

PROVISIONAL STARTERS

31.	Jack Carter, New York Athletic Club	32.	Dave Sarett, Villanova
-----	-------------------------------------	-----	------------------------

Won by _____ Height _____ Feet _____ Inches

Second _____ Height _____ Feet _____ Inches

Third _____ Height _____ Feet _____ Inches

Fourth _____ Height _____ Feet _____ Inches

Event No. 6

NASSAU-SUFFOLK CATHOLIC HIGH SCHOOLS

1 MILE MEDLEY RELAY

Start and Finish West Side of Coliseum

CHAMINADE HIGH SCHOOL

Comp. No.	Name
A-1	Don Jones
A-2	Kevin Uniacke
A-3	Greg Lewicki
A-4	Brian Fitzpatrick
A-5	Mike McIntosh
A-6	Greg Contillo
Coach—Doug Bayly	

MARIA REGINA DIOCESAN HIGH SCHOOL

Comp. No.	Name
B-1	Ron Stafford
B-2	Martin Jefson
B-3	Curtis Stephens
B-4	Ed Valenski
B-5	Chris Dyas
B-6	Rick Kirkwood
Coach—John Harbulak	

ST. JOHN THE BAPTIST DIOCESAN HIGH SCHOOL

Comp. No.	Name
C-1	David Raimondi
C-2	Gerry Dawson
C-3	Mike Sullivan
C-4	Tom O'Malley
C-5	Kurt Rotzinger
C-6	David McBride
Coach—Paul Daly	

ST. DOMINIC'S HIGH SCHOOL

Comp. No.	Name
D-1	Artie Traylor
D-2	Carlo Capodilupo
D-3	Mark Fitzgerald
D-4	Kevin Dye
D-5	Len Kaiser
D-6	Jim Koehler
Coach—John Rice	

HOLY FAMILY DIOCESAN HIGH SCHOOL

Comp. No.	Name
E-1	Tom Donovan
E-2	Chris Scudelari
E-3	Gerry Dunn
E-4	Bill Skinner
E-5	Jim Hughes
E-6	Kevin Byrne
Coach—Vin Maus	

Won by _____ 2nd _____ 3rd _____ 4th _____ Time _____

Event No. 7

NASSAU-SUFFOLK PUBLIC HIGH SCHOOL A.A.

1 MILE RELAY

Start and Finish West Side of Coliseum

BRENTWOOD HIGH SCHOOL

Comp. No.	Name
A-1	Edgar Lopez
A-2	Richard Kroll
A-3	Mark Ommundsen
A-4	Tony Devine
A-5	Tony Meceli
A-6	Harold Price
Coach—James V. Sabatelle	

DEER PARK HIGH SCHOOL

Comp. No.	Name
B-1	Rich Cincotta
B-2	Brian Emmerich
B-3	Ricky Wild
B-4	Art Di Gioia
B-5	John Hickey
B-6	Ken Hill
Coach—Ed Szymanski	

FLORAL PARK HIGH SCHOOL

Comp. No.	Name
C-1	Richard LeSuer
C-2	Arthur Asadorian
C-3	Robert Cunningham
C-4	James Burns
Coach—Zenon Kwozko	

HUNTINGTON HIGH SCHOOL

Comp. No.	Name
D-1	Paul Johnson
D-2	Jim Harmon
D-3	Tom Hedberg
D-4	Dave Caplin
D-5	Rich Pope
D-6	Tom Richardson
Coach—Doug Brush	

MEPHAM HIGH SCHOOL

Comp. No.	Name
E-1	Ernie Perrini
E-2	Sal Costagliola
E-3	Ken Hohorst
E-4	Ed Heitner
Coach—Paul Limmer	

OCEANSIDE HIGH SCHOOL

Comp. No.	Name
Q-1	Mitchel Rosenberg
Q-2	Justin Segel
Q-3	Douglas Fortin
Q-4	Gary Schmidt
Coach—Ken Hendler	

Won by _____ 2nd _____ 3rd _____ 4th _____ Time _____

Event No. 8

NEW YORK CITY CATHOLIC HIGH SCHOOL A.A. 2 MILE RELAY

Start and Finish West Side of Coliseum

CARDINAL SPELLMAN

HIGH SCHOOL

Comp. No.	Name
A-1	William Hogan
A-2	Terry Dury
A-3	Michael Clifford
A-4	Joe Veth
A-5	Mike Piro
A-6	Al Felio
Coach—Paul Stelmaszyh	

POWER MEMORIAL ACADEMY

Comp. No.	Name
B-1	Thomas Cully
B-2	Robert Ricciardo
B-3	John Novak
B-4	Matt Centrowitz
B-5	Sean Ryan
B-6	Juan Vera
Coach—Bro. J. G. Bielen, C.F.C.	

CHRIST THE KING HIGH SCHOOL

Comp. No.	Name
C-1	Charles Bindert
C-2	Dennis Bedouich
C-3	Joseph Capo
C-4	Stephen Dietche
C-5	John Richardson
C-6	Gerry Barracca
Coach—Edward Musselwhite	

ARCHBISHOP STEPINAC HIGH SCHOOL

Comp. No.	Name
D-1	Pat McDonnell
D-2	Jim Lappin
D-3	Brian Murphy
D-4	Kevin Colby
D-5	John Gueritre
D-6	John Lynch
Coach—Bill Krebs	

BISHOP LOUGHLIN HIGH SCHOOL

Comp. No.	Name
E-1	John Zameryka
E-2	Joseph Grabowski
E-3	Albert Paris
E-4	Irving Fannell
E-5	Chris Scotto
E-6	Timmy Behr
Coach—Edward J. J. Bowes	

ARCHBISHOP MOLLOY HIGH SCHOOL

Comp. No.	Name
Y-1	Robert Gaglione
Y-2	James Meyer
Y-3	Tom Hummel
Y-4	Richard Aneser
Y-5	Mark Ogden
Y-6	Matt Puletz
Coach—A. Perrone	

Won by 2nd 3rd 4th Time

Event No. 9

Sponsored by
Manufacturers Hanover Trust Company

WOMEN'S RELAY – ONE MILE

Start and Finish West Side of Coliseum

ATOMS TRACK CLUB (A)

Comp. No.	Name
U-1	Pat Hawkins
U-2	Michele McMillan
U-3	Gail Fitzgerald
U-4	Cheryl Toussaint
U-5	Lorna Forde
U-6	Renee De Sandies
Coach—Fred Thompson	

PHILADELPHIA HAWKS

Comp. No.	Name
V-1	Virginia Lilly
V-2	Dante Marshall
V-3	Lisa Batch
V-4	Toni Eldridge
V-5	Ann Coleman
V-6	Audrey Collings
Coach—Tony Hinton	

POLICE ATHLETIC LEAGUE

Comp. No.	Name
W-1	Francine Simuel
W-2	Constance Simpson
W-3	Denise Johnson
W-4	Marilyn Bastian
W-5	Ruth Merrick
W-6	Robin Short
Coach—Conrad Ford	

SPORTS INTERNATIONAL

Comp. No.	Name
X-1	Lacey O'Neal
X-2	Jackie Randolph
X-3	June Smith
X-4	Rose Allwood
X-5	Susie White
X-6	Pam Schaffer
Coach—Brooks T. Johnson	

SUFFOLK A.C. CINDERBELLES

Comp. No.	Name
Y-1	Colleen O'Boyle
Y-2	Anita Scandurra
Y-3	Diane Cramer
Y-4	Diane Andrade
Y-5	Betty Bullard
Y-6	Ricky-Lynn Ross
Coach—Art Spear	

ATOMS TRACK CLUB (PROVISIONAL) (B)

Comp. No.	Name
Z-1	Renee De Sandies
Z-2	Lorna Forde
Z-3	Brenda Nichols
Z-4	Lorraine Tummings
Z-5	Renee Evans
Z-6	Marsha Fitzgerald
Coach—Fred Thompson	

Won by 2nd 3rd 4th Time

Meagher Captures Iona School Mile

By WILLIAM J. MILLER

"Now my brothers can't kid me anymore," Tom Meagher said yesterday after winning the mile run in the 15th annual Iona College schoolboy meet at the 102d Engineers Armory.

The Bishop Loughlin senior was referring to his three older brothers, all football players. "They have kidded me that when you go out for track it's a last resort in sports. They never won anything," the Brooklyn runner pointed out. "Now I have a gold medal."

Meagher captured his first major race in four years of running when he ran away from the field about halfway through the mile race and won in the good time of 4 minutes 20.3 seconds. It was his fastest clocking indoors by 7 seconds.

The 6-foot-1-inch, 145-pound Meagher appeared on his way to a fast time when he passed the half-mile post in 2:10 and the three-quarter point in 3:13.5. "My coach [Ed Bowes] told me to push it from the third lap and then try to hold on to the end. That's what I did, but I sure was tired those last 110 yards," Meagher said.

Don Cotter of Archbishop Molloy finished fast to nip Jim McCutcheon of Maria Regina by a step for second place in 4:22.2, 10 yards back of Meagher.

Maurice Weaver of Power Memorial bounced back from his fall on the last lap of the invitation schoolboy mile in the Millrose Games Friday night to run an outstanding anchor leg on the two-mile relay yesterday.

Weaver, showing no ill effects of the spill he took as he was approaching the final lap of the Millrose mile, took the stick yesterday in third place far behind the leading team, Albertus Magnus. He belted out his first 440 yards in 56.4 seconds and finished with a sparkling 1:55.5 to bring Power home second, eight yards back of Magnus.

Earl McNeil, a Loughlin sophomore who won the Catholic High School title last year as a freshman, captured the 100-yard dash in 10.4 seconds. It was McNeil's first victory this season.

The Summaries

TRACK EVENTS

100-Yard Dash—Division One—1, McNeil, Loughlin, 0:10.4; 2, McNamara, St. Francis, 0:10.6; 3, Chomicki, Stepinac, 0:10.6; 4, Francis, St. Francis, 0:10.7; 5, Donias, Holy Cross, 0:10.8.

100-Yard Dash—Division Two—1, O'Mara, St. Anthony's, 0:10.3; 2, Joyce, Delbarton, 0:10.4; 3, Christopher, La Salle, 0:10.4; 4, Vasta, Iona Prep, 0:10.4; 5, Rosella, St. Anthony's, 0:10.9.

60-Yard High Hurdles—Division One—1, Murphy, Xavierian, 0:07.8; 2, Coppola, Nazareth, 0:07.8; 3, Miloscha, Mt. St. Michael, 0:08.1; 4, Kennedy, Nazareth, 0:08.3; 5, DiGiovanni, Holy Trinity, 0:08.3.

60-Yard High Hurdles—Division Two—1, Hanlon, St. Agnes, 0:07.5; 2, Gallo, St. Mary's, 0:07.8; 3, Haenza, Maria Regina, 0:08.4; 4, Hulsebus, Morris Catholic, 0:08.3; 5, Mainente, Maria Regina, 0:08.3.

600-Yard Run—1, Swenson, Chaminade, 1:15.7; 2, Estey, St. Raymond's, 1:16.4; 3, Haden, Power, 1:16.8; 4, Figueroa, Power, 1:17.7; 5, Bianco, La Salle, 1:17.8.

1,000-Yard Run—1, D. D. Averill, Molloy, 2:16.9; 2, Fiorentino, Power, 2:18.3; 3, Seilane, Farrell, 2:18.4; 4, Cox, Holy Trinity, 2:18.6; 5, Mutarelli, Mt. St. Michael, 2:20.7.

P.S.A.L. Two-Mile Relay—1, Wagner (Fabrigas, Orazem, Harder, Hammerton) 8:13.6; 2, Washington (Severino) 8:14.2; 3, Wingate, 8:15.2; 4, Bryant, 8:15.4; 5, East New York, 8:16.4.

300-Yard Dash—1, Loiacana, St. Anthony's, 0:33.4; 2, Brown, St. Francis, 0:33.5; 3, Brady, St. Anthony's, 0:33.6; 4, Barrett, La Salle, 0:33.9; 5, Blackburn, Moore Catholic, 0:34.

One-Mile Run—1, Meagher, Loughlin, 4:20.3; 2, Cotter, Molloy, 4:22.2; 3, McCutcheon, Maria Regina, 4:22.3; 4, Ambrosio, Mount St. Michael, 4:23.3; 5, Acquavella, Nazareth, 4:24.

Two-Mile Run—1, Langer, Holy Trinity, 9:36.1; 2, Leddy, Delbarton, 9:39.8; 3, Baufista, Molloy, 9:51.5; 4, Taveda, Christ the King, 9:52.7; 5, Cabot, Ford, 10:03.5.

880-Yard Relay—1, Mount St. Michael (Randolph, Palmiero, Warner, Battaglia), 1:37.5; 2, Chaminade, 1:37.7; 3, St. John the Baptist, 1:38.3; 4, Iona Prep, 1:39; 5, St. Raymond's, 1:39.2.

One-Mile Relay—1, Maria Regina (Mainente, Higgins, 51.9, Toohey, 53.2, Stafford, 52.9); 2, Iona Prep, 3:33.7; 3, Fordham Prep, 3:34.8; 4, St. Francis, 3:39.6; 5, St. John the Baptist, 3:41.

Two-Mile Relay—1, Albertus Magnus (Ward, 2:07, Leonard, 2:00.8, Festa, 2:04.8, Chambers, 2:02.6); 2, Power (Weaver, 1:55.5) 8:16; 3, St. John the Baptist, 8:22; 4, Molloy 8:25.8; 5, Nazareth, 8:27.2.

Girls' 600-Yard Run—1, Sabogal, St. Francis, 1:34.8; 2, Forster, St. Francis, 1:35.5; 3, Marlin, Loughlin, 1:36.5; 4, Maher, St. Agnes, 1:40.2; 5, Keeley, Moore Catholic, 1:52.2.

Girls' 880-Yard Relay—1, St. Francis (Koster, McKean, Lenczowski, Grell) 1:57.3; 2, Loughlin, 2:01.1; 3, Christ the King, 2:01.5; 4, St. Francis, 2:02; 5, Moore Catholic, 2:07.6.

FIELD EVENTS

Shot-Put—1, Iannuzzo, Molloy, 54 feet 6 inches; 2, Concilio, Xavierian, 54-2/4; 3, Dobson, Albertus Magnus, 52-9/4; 4, Pardo, Maier Christi, 51-9/4; 5, Gambino, McClancy, 51-8/4.

High-Jump—1, Gleason, Molloy, 6 feet 4 1/4 inches; 2, Drayton, La Salle, 6-2/4; 3, Serrette, Xavierian, 6-2/4; 4, Theifelder, Fordham Prep, 6-1/4; 5, Hildegrab, Loughlin, 6 1/4.

TEAM POINT SCORES

DIVISION ONE	
Molloy	29
St. Francis	18
Loughlin	16
Power	16
Xaverian	16
Chaminade	14
Mt. St. Michael	13
Nazareth	10
St. John the Bapt.	10
Holy Trinity	9
Fordham Prep	9
St. Raymond's	6
Hayes	6
McClancy	5
Christ the King	3
Holy Cross	3
Stepinac	3
Ford	2
DIVISION TWO	
St. Anthony's	32
Maria Regina	26
La Salle	26
Delbarton	23
Iona Prep	16
Albertus Magnus	13
St. Agnes	10
St. Mary's	10
Moore Catholic	5
Maier Christi	5
All Hallows	5
Cathedral	2
Paramus Catholic	2

minutes 29.3 seconds on the flat-floor track.

Sprint Medley—1, C. W. Post (Joe Mendes, Tony Laro, Alvin Baldwin, Don Longo)

SECTION 3—1. St. Anthony's Marten, Bradey, Hornik, Marrare) 1:40.5; 2. Axverian Chierchio, Deolfe, O'Sullivan, D'Ambrosio) 1:42.0; 3. St. Mary's Gallo, Stevens, Lewis Butler) 1:42.8; 4. Power Memorial Geanotis, Sullivan, Cirillo, Cronly) 1:43.4; 5. St. Michael Trubinski, Rosso, Lee Nolan) 1:43.5; 6. Rice Filomeno, Diaz, Murphy) 1:49.5.

SECTION *—1. Msgr. McClancy Marinelli, rage, Salgado, Abaunza) 1:43.0; 2. Bishop Ford Timony, MacDonald, Biohoff, Reyes) 1:43.3; 3. Archbishop Molloy Awe, Murray, O'Keefe, Barnum) 1:43.9; 4. Bishop Reilly Murphy, Schneir, Cernilli, Lambert) 1:46.4; 5. Fordham Prep Neditsky, Florer, McConnell, Mella 1:45.7; Iona Prep Bourman, Druddy, Boerch, Hanson) 1:49.8.

SECTION 5—1. All Hallows Miller, Almodovar, Miller, McFadden) 1:47.3; 2. Cardinal Spellman Bretz, Cardillo, McCabe, Mayer) 1:48.5; 3. Archbishop Molloy Mauffetta, Santos, McQuade, SabDarito) 1:50.5; 4. Archbishop Molloy McKetney, Bigansky, McGuinness, Doy) 1:53.5; Bishop Dubois DeLaMoneda, ood, Jean, Cordero) 1:54.7.

SECTION 6—1. Moore Catholic Mas-trangelo, Lee, Natale, McGuire) 1:46.3; 2. Power Memorial Goh, Melendez, Denko, Russo) 1:46.9; 3. Christ the King (Fellin, Richardson, Lombardi, Delvicario) 1:47.8; 4. Xaverian anker, D'Albora, Disalvo, Kane) 1:48.5; 5. Cardinal Spellman (Ellison, McDonell, Curry, Sulla) 1:51.5; 6. Moore

New York Relays
Daily News 05-24-1974

Weaver and McCutcheon Star in Coaches' Meet

By WILLIAM J. MILLER

Maurice Weaver ran his fastest mile of the indoor season in anchoring Power Memorial to a distance-medley relay victory yesterday. But little Jim McCutcheon of Maria Regina surprised everyone and Jim Shields, in particular, when he won the two-mile run in 9 minutes 21.1 seconds.

The action took place at the fourth annual Long Island Coaches indoor track meet at the 102d Engineers Armory in upper Manhattan. Eight invitation events and 11 events closed to Long Island schools were contested.

Weaver was touched off even with Jim McVeigh of Nazareth on the final stick pass in the special distance medley race, but after whipping through the first 440 yards in 60 seconds, he was by himself the rest of the way. Weaver went past the 880 post in 2:06.7, the three-quarters in 3:13 and ended with a 4:15.1 one-mile split.

Al Fiorentino led off for Power, and he ran a disappointing 3:14.8 three-quarter mile leg as Vince Mutarelli, a Mt. St. Michael sophomore, turned in a front-running 3:12.9. Gil Figueroa (51.9) and Mike Demko (2:04.7),

pulled Power into contention on the 440 and 880 legs and Weaver then took charge. The quartet was timed in 10 minutes 26.5 seconds.

"We were looking to better 10:21.8, the meet and national flat-floor records," Brother Bielen, the Power coach, said later, "but we needed faster first and third legs to do that. I'm happy, though, because Maurice looked sharp, and we probably qualified for the Penn Relays with this time."

More than happy was McCutcheon, the 5-foot-4-inch, 105-pound junior from Maria Regina, after upsetting Shields of Chamnade in the Long Island two-mile run. It was McCutcheon's fastest time by 16 seconds. "I just kept digging and had no idea I would catch Jim," the elated 16-year-old Queens youngster said about his spurt over the final lap.

McCutcheon, who was in fourth place with two laps to go and third on the final lap, just barely edged Shields at the tape. Both had the same time. "I didn't know he was at my side until we crossed the line," Shields said later. "I didn't hear him or see him because he's so small."

McCutcheon went through his final 220 yards in a fast 30 seconds. "I felt real good

going into the last quarter even though I was running at a faster pace than ever before," he said, "and I guess I did catch Shields by surprise."

A foursome from East

New York High went home to Brooklyn with two gold medals in the special events. The team of Sydney McIntosh, Angel Garcia, Mariano Vargas and Tony Cadogan turned in impressive victories

in the one-mile (3:31.2) and sprint-medley (4:44.3) relays.

A swift foursome from St. Anthony's in Smithtown raced around the flat floor in 1:32.9 and posted a meet record in the 880-yard relay.

Long Island Coaches' Track Summaries

INVITATION EVENTS

P.S.A.L. One-Mile Relay — 1, East New York (McIntosh, Garcia, Vargas, Cadogan) 3:31.2; 2, Wingate 3:31.7; 3, Boys 3:33.6; 4, Jamaica 3:41.4; 5, Clinton 3:42.9.

C.H.S.A.A. One-Mile Relay — 1, Fordham Prep (McConnell, Ficarra, Schuffy, Robertson) 3:35.3; 2, Tie between Mater Christi and La Salle 3:35.6; 4, Spellman 3:37.6; 5, Loughlin 3:38.

P.S.A.L. 880-Yard Relay — 1, J. F. Kennedy (Smith, Hoo, Hyman, Mondesir) 1:35; 2, Jamaica 1:35.2; 3, J. F. Kennedy B Team 1:35.7; 4, Boys 1:36.5; 5, Brooklyn Tech 1:37.1.

C.H.S.A.A. Two-Mile Relay — 1, Loughlin (Ortiz 2:02.6, Golden 2:04.1, LaRaque 2:04.1, Meagher 2:00.8) 8:11.6; 2, Spellman 8:15.3; 3, Christ the King 8:20.5; 4, Nazareth 8:25.9; 5, Bishop Ford 8:27.9.

Suburban Two-Mile Relay — 1, Valley Central (Herries, Bond, Medina, O'Connor 1:57.1) 8:12.2; Albertus Magnus 8:12.6; 3, Iona Prep 8:21.5; 4, Stepinac 8:24.2; 5, Snyder 8:27.3.

Suburban One-Mile Relay — 1, Snyder (Calendar 53.2, Williams 50.9, Atwater 52.7, Heyward 52.1) 3:28.9; 2, Ferris 3:35.5; 3, Washingtonville 3:38.7; 4, Suffern 3:38.9; 5, Woodlands 3:39.2.

Women's Sprint Medley — 1, Christ the King (O'Driscoll, Chandler, Eckles, Shea) 5:37.9; 2, Hempstead 5:39.4; 3, Massapequa 5:46.4; 4, Christ the 5:50.9.

Distance Medley — 1, Power (Fiorentino 3:14.8, Figueroa 51.9, Demko 2:04.7, Weaver 4:15.1) 10:26.5; 2, Wagner 10:37.7; Holy Trinity 10:37.8; 4, Nazareth 10:38.1; 5, Mount St. Michael 10:38.2.

Sprint-Medley Relay (600-300-300-1,000) — 1, East New York (Vargas, Cadogan, McIntosh, Garcia 2:17) 4:44.3; 2, Lincoln

4:44.8; 3, Wingate 4:45.1; 4, Washington (R. Severino 2:14) 4:46; 5, Nanuet 4:47.1.

LONG ISLAND EVENTS

Shot-Put — 1, Mecero, Mineola 59.3; 2, Rofheart, Uniondale 56.4½; 3, Kamenisky, Lynbrook 52-11½; 4, Ellis, Patchogue 51-10¾; 5, Koubek, East Islip 50-2½.

Pole Vault — 1, Treiman, Lawrence 13-10¼ (meet record; previous record 13-1½ by Mauchan, Metham, 1975); 2, Anderson, Baldwin 12-6; 3, Farrell, Chamnade 12-0; 4, Tie between Abbott, Lynbrook and Britt, South Side 11-6.

High Jump — 1, Jedlicka, West Islip 6-7½; 2, Schwab, Centereach 6-3½; 3, Geyer, South Side 6-1¾; 4, DeAngelo, Centereach 6-1¾; 5, Tie among Dowden, North Shore, Dermiento, Centereach and Pendlebury, Whitman 5-11¾.

Two-Mile Run — 1, McCutcheon, Maria Regina 9:21.1; 2, Shields, Chamnade 9:21.1; 3, Langer, Holy Trinity 9:25.3; 4, Grimes, North Shore 9:25.9; 5, Camien, Sewanhaka 9:33.6.

1,000-Yard Run — 1, Swenson, Chamnade 2:19.4; 2, Hopkins, Whitman 2:20.2; 3, Riss, Berner 2:20.5; 4, Rapelyea, Roslyn 2:21; 5, Pawlowski, Floral Park 2:21.6.

600-Yard Run — 1, Kaplan, Wantagh 1:15; 2, Jutting, Centereach 1:16.2; 3, Disimore, West Hempstead 1:16.5; 4, Pawlowski, Floral Park 1:16.8; 5, Poles, Uniondale 1:17.2.

60-Yard Dash — 1, Rushmore, Glen Cove 0:06.5; 2, Allan, Long Beach 0:06.6; 3, Loiacono, St. Anthony 0:06.6; 4, Leggio, Harborfields 0:06.7; 5, Johnson, Centereach 0:06.7.

300-Yard Dash — 1, Tussariello, Hewlett 0:32.6; 2, Fugina, Plainedge 0:32.3; 3, Lockerbie, Stony Brook 0:33; 4, tie between Green, Plainedge and Wilkenson, Uniondale 0:33.2.

60-Yard High Hurdles — 1, Royce, Centereach, Baldwin 8½

0:07.8, (Royce tied the meet record of 0:07.5 in heat); 2, Hanlon, St. Agnes, 0:07.8; 3, Goette, Hauppauge, 0:07.9; 4, Fernandez, Menham, 0:08.1; 5, DeAngelo, Centereach, 0:08.2.

One-Mile Run — 1, DiDonardo, Floral Park 4:25.3; 2, Carmack, South Side, 4:26.4; 3, Camien, Sewanhaka, 4:27.6; 4, Langer, Holy Trinity, 4:27.7; 5, Paperino, Berner, 4:27.8.

Two-Mile Relay — 1, Harborfields (Irving DeRosa, Torpie, Baley) 8:10.5; 2, Ocean-side, 8:11.4; 3, West Hempstead, 8:23.3; 4, Brentwood 8:29; 5, Tie between Maria Regina and Centereach 8:29.6.

One-Mile Relay — 1, Maria Regina (Mainente, Toohey, Stafford, Higgins) 3:33; 2, Deer Park, 3:34.8; 3, Half Hollow Hills, 3:36.1; 4, Northport, 3:37.8; 5, Harborfields, 3:38.

880-Yard Relay — 1, St. Anthony's (O'Mala, Loiacono, Reilly, Brady) 1:32.9, (meet record; previous record 1:34 by Chamnade, 1973, and Uniondale, 1974); 2, Centereach 1:35.5; 3, Hauppauge, 1:36; 4, St. John The Baptist, 1:39; 5, Bay Shore, 1:39.

TEAM SCORES

Centereach42½	Deer Park8
Chamnade24	Sewanhaka8
Maria Regina21½	Berner8
South Side17	Long Beach8
Harborfields16½	St. Agnes8
St. Anthony's16	St. John Baptist	6½
Floral Park16	Half Hollow Hills	6
Uniondale13	Hauppauge6
Whitman12½	Stony Brook6
West Hempstead	12	North Shore5
Wantagh11	Mepharm4
Plainedge10½	Roslyn4
Lawrence10	Patchogue4
Mineola10	Northport4
Lynbrook10	Brentwood4
Holy Trinity10	East Islip2
West Islip10	Freeport1
Hewlett10	Bay Shore1
Glen Cove10	Levittown Memorial	1
Oceanside9	Bethpage½
Baldwin8½		

Molloy Trackmen Take C.H.S.A.A. Indoor Title

By WILLIAM J. MILLER

Maurice Weaver was determined yesterday to post his second straight national flat-floor record when he stepped to the line for the one-mile run at the Catholic High Schools Athletic Association indoor track championship at the 102d Engineers Armory.

But a slow final 440 of 1 minute 3.9 seconds thwarted his bid to surpass the 4:13.1 mark held by Pete Gaughan of Nazareth. Weaver's time of 4:14.4, however, did produce a meet record and was the fastest school mile in the metropolitan area this season. Two weeks ago he hit 9:04.2 for two miles in setting a national record.

Archbishop Molloy of Queens captured its fourth straight indoor title with 34½ points. Power and Xavierian tied for second place with 22 points each.

Molloy, coached by Tony Perrone, had only two individual victories in the 16 events, but was strong in the field events where it scored

23 points. John Gleason won the high jump and Mike Cavataio took the triple jump for the Stanner triumphs.

Pat D'Ambrosio of Mount St. Michael, Tom Meagher of Bishop Loughlin and Al Fiorentino of Power posted upsets. Tim Hanlon of St. Agnes of Rockville Centre tied the meet record of 7.4 seconds in the hurdles in other highlights.

D'Ambrosio overtook Louis Ostolozaga of Loughlin, the pacesetter on the final lap of the 1,000-yard run and won going away in 2:15.1.

Meagher beat Jim Shields of Chaminade, the favorite, in the two-mile run in 9:17.6. Fiorentino raced past Joe Swenson of Chaminade in the final 60 yards and won the 880 in 1:56.7, good time for the armory floor.

Weaver was pushed in the mile by John Dowicyn of Sacred Heart as he passed the half-mile mark in 2:05.8 and the three-quarters in 3:10.5. He had the national record in sight, but did not finish fast enough.

C.H.S.A.A. Track Summaries

TRACK EVENTS

100-Yard Dash—1, Neil O'Mara, St. Anthony, 10.4 seconds; 2, Earl McNeill, Loughlin, 0:10.4; 3, Ed Chomicki, Stepinac, 0:10.4; 4, Carl Francis, St. Francis, 0:10.6; 5, Rich O'Connell, Chaminade, 0:10.7.
300-Yard Dash—1, Joe Loacono, St. Anthony, 0:33.1; 2, Tony Brancato, Holy Cross, 0:33.1; 3, Jerry Reilly, St. Anthony, 0:33.4; 4, Rayme Brown, St. Francis, 0:33.5; 5, Denis Brady, St. Anthony, 0:34.
440-Yard Dash—1, Ernie Robertson, Fordham Prep, 0:51.5; 2, John McNamara, St. Francis, 0:51.5; 3, Larry Hayden, Power, 0:51.8; 4, Mike Sexton, Iona Prep, 0:52.3; 5, John Higgins, Maria Regina, 0:52.7.
600-Yard Run—1, Andre Lambert, St. Francis, 1:15.7; 2, Chris Esly, St. Raymond, 1:15.8; 3, Frank Averill, Molloy, 1:16.5; 4, Vin Corio, Holy Trinity, 1:17.1; 5, Jim Linquist, St. Anthony, 1:17.2.
880-Yard Run—1, Al Fiorentino, Power, 1:56.7; 2, Joe Swenson, Chaminade, 1:56.9; 3, Vin Mutarelli, Mount St. Michael, 1:58.7; 4, Bill Ryan, Stepinac, 1:59.7; 5, Tom Maher, Xavierian, 2:00.
1,000-Yard Run—1, Pat D'Ambrosio, Mount St. Michael, 2:15.1; 2, Pete Acquavella, Nazareth, 2:16.9; 3, Denis Averill, Molloy, 2:18.2; 4, Lino Reivini, St. Raymond's, 2:18.8; 5, Luis Ostolozaga, Loughlin, 2:21.3.
One-Mile Run—1, Maurice Weaver, Power, 4:14.4; (meet record, previous record 4:13.1 by Dennis Fikes, Rice, 1970); 2, John Dowicyn, Sacred Heart, 4:18.1; 3, Gene Spillane, Farrell, 4:20; 4, Eric Langer, Holy Trinity, 4:20.8; 5, Larry Erickson, McClancy, 4:21.7.
60-Yard High Hurdles—1, Tim Hanlon, St. Agnes, Rockville Center, 0:07.4 (ties meet record); 2, Dan Tobin, Xavierian, 0:07.6; 3, Rich Gallo, St. Mary's, 0:07.8; 4, Ed Giermensen, Xavierian, 0:08; 5, Joe Eiltho, Xavierian, 0:08.
Two-Mile Run—1, Tom Meagher, Loughlin, 9:17.6; 2, Jim Shields, Chaminade, 9:17.8; 3, Martin Savers, Farrell, 9:19.5; 4, Don Cotter, Molloy, 9:28.8; 5, Jim McVeigh, Nazareth, 9:30.2.

880-Yard Relay—1, Holy Trinity (Mike Kennedy, Kevin Bartley, Al Dias, John McIlwre), 1:36.4; 2, Xavierian 1:36.9; 3, St. Francis 1:37.2; 4, Mount St. Michael 1:37.8; 5, Power 1:39.
One-Mile Relay—1, LaSalle (Mike Yuen, 55.3, Tony Colon 52.9, Rich Christopher 52.7, Bill Bianco 52.9) 3:34.1; 2, Maria Regina 3:34.2; 3, tie between Molloy and Mater Christi 3:35.6; 5, Power 3:36.5.
Two-Mile Relay—1, Loughlin (Tyrone Ferreira 2:04.5, Fred Fergus 2:00.7, Bruce Larapue 2:02.7, Rolando Ortiz 1:59.4) 8:07.3; 2, Spellman 8:08; 3, Iona Prep 8:13.9; 4, Power 8:15.7; 5, Molloy 8:15.8.

FIELD EVENTS

Pole Vault—1, Arthur Farrell, Chaminade, 12 feet 9 inches; 2, John Blackmar, Holy Trinity, 12-3; 3, Mike Cavataio, Molloy, 11-6; 4, Tom Pasculli, Molloy, 11-6; 5, Dion Albanese, LaSalle, 11-0.
Shot-Put—1, Dom Concilio, Xavierian, 55-11/4; 2, Rick Pardo, Master Christi, 52-6; 3, Scott Iannuzzo, Molloy 52-3; 4, Bill Fitzgerald, St. Francis, 51-11; 5, Ed Piderit, Xavier, 49-23/4.
Triple Jump—1, Mike Cavataio, Molloy, 43-7/4; 2, Ian Drayton, LaSalle, 43-11/4; 3, Joe Boomer, Molloy, 41-9/4; 4, Martin Floyd, Power, 41-8/4; 5, Joe Maffia, Power, 41-1/2.
High Jump—1, John Gleason, Molloy, 6-4/4; 2, Bill Theofelder, Fordham Prep, 6-4/4; 3, Mike Serrette, Xavierian, 6-2/4; 4, Ian Drayton, LaSalle, 6-2/4; 5, Mike Murphy, Xavierian, 6-2/4.

FINAL TEAM STANDING

Molloy 34½, Power 22, Xavierian 22, St. Francis 19, Loughlin 17, St. Anthony 17, Chaminade 15, Holy Trinity 14, LaSalle 13, Mount St. Michael Academy 11, Fordham Prep 10, Mater Christi 6½, St. Agnes 6, St. Raymond 6, Farrell 6, Stepinac 5, Maria Regina 5, Nazareth 5, Holy Cross 4, Sacred Heart 4, Spellman 4, St. Mary's 3, Iona Prep 2, McClancy 1, Xavier 1.

Track

FORDHAM PREP RELAYS

P.S.A.L. Distance Medley Relay—1, Wagner (Orazem, Crouch, Fabregas, Harder 4:28.3) 10:38.9; 2, Trenton, 10:47; 3, East New York, 10:55.4; 4, John F. Kennedy, 11:01.6; 5, Columbus, 11:11.8.
880-Yard Relay—1, Loughlin (Charles 24.4, Jones 23, McNeil 22.5, Bullock 22.7) 1:32.6; St. Peter's (Jersey City), 1:32.9; 3, Chaminade, 1:36.5; 4, Molloy, 1:36.9; 5, Tie between Farrell and C. B. A. Albany, 1:37.1.
1,320-Yard Relay—1, St. Francis (Cartwright, Ryan, Francis, McNamara 36.1), 2:29.4; 2, Iona Prep, 2:31; 3, Power, 2:32.2; 4, St. Mary's, 2:32.5; 5, Xavierian, 2:33.
One-Mile Relay—1, Holy Cross (Brancato 53.8, Tallman 51.8, Corkery 53.6, Del-Rossi 51.8) 3:31; St. Joseph's (Montvale, N.J.), 3:36; 3, Chaminade, 3:38.5; 4, Loughlin, 3:41; 5, Molloy, 3:41.2.
Two-Mile Relay—1, Power (Demko 1:03.3, Sullivan 2:03.4, Fiorentino 1:57.1, Weaver 1:57.2) 8:01; 2, Spellman, 8:06.2; 3, Scanlon, 8:06.3; 4, Farrell, 8:07; 5, Chaminade, 8:10.1.
Distance-Medley Relay—1, Molloy (F. Averill 3:07.5, Burke 53.3, D. Averill 1:57.3, Cotter 4:23.4) 10:21.5; 2, Paramus Catholic (Haffey 3:13.8, Mastro 50.6, Shuell 2:00.6, Byrne 4:24) 10:29; 3, Albertus Magnus (Leonard 4:25.8) 10:34.4; 4, Maria Regins, 10:43.5; 5, St. Raymond's, 10:47.2.
Six-Mile Relay—1, Loughlin (Ostolozaga 9:22.7, Meagher 9:26.3, Fergus 9:57.7) 28:46.7; 2, Xavierian, 30:06; 3, St. Joseph's, (Montvale), 30:40.1; 4, Power, 30:59; 5, Ford, 31:08.

Track

NANUET RELAYS TRACK EVENTS

440-Yard Relay—1, Centerreach (White, Gulda, Johnson, Schellhorn) 43.8 seconds; 2, New Rochelle 0:44; 3, Loughlin 0:44.4; 4, Iona Prep 0:44.5; 5, Mount Vernon 0:44.9.
880-Yard Relay—1, White Plains (Monk, Eller, Breslin, Wyatt) 1:30.1; 2, Clarkstown North 1:32.3; 3, Suffern 1:32.7; 4, North Rockland 1:33.1; 5, Hackensack 1:35.5.
One-Mile Relay—1, New Rochelle (Lord 50, Eveillard 52, Brown 52.4, Strothers 49.3) 3:23.7; 2, Fordham Prep (Robertson 49.6) 3:25.5; 3, Mount Vernon 3:27.2; 4, Paramus Catholic 3:27.5; 5, Ridgewood 3:27.7.
Distance Medley Relay—1, Loughlin (Ortiz 1:59.4; Bullock 51.1; Meagher 3:14.5; Ostolozaga 4:17.8) 10:22.8; 2, Paramus Catholic (Byrne 4:18.3) 10:33.8; 3, Xavierian 10:34.8; 4, Albertus Magnus 10:39; 5, Christ the King 10:57.9.
Sprint Medley Relay—1, Mount Vernon (Garrett 52.2, Smith 22.7, Johnson 22.6, Washinton 1:57.1) 3:34.6; 2, Power (Fiorentino 1:57.4) 3:35.6; 3, Loughlin (Ostolozaga 1:58.8) 3:36.6; 4, Centerreach 3:37.9; 5, Stepinac 3:40.4.
Two-Mile Relay—1, Molloy (Cunningham 2:01.6, Cotter 1:58.3, Dennis Averill 1:57.2, Frank Averill 1:56.5) 7:53.6 (meet record; previous record 7:57.6 by Wantash 1969); 2, Iona Prep 8:03.6; 3, Power 8:05; 4, Mepharm 8:01.1; 5, Bergen Catholic 8:11.2.
Four-Mile Relay—1, Centerreach (Varady 4:38.2, Tyler 4:31.9, Vogel 4:40.1, Iala 4:31.2) 18:21.4; 2, Shaker 18:21.9; 3, Molloy 18:27.5; 4, Monroe-Woodbury 18:28.4; 5, North Rockland 18:31.8.
Invitation Two-Mile Run—1, Weaver, Power 2:12.2; 2, Hallahan, Bernardsville, N.J., 9:12.9; 3, O'Connor, Valley Central, N.Y., 9:23.2; 4, Devine, Westwood, N.J., 9:25.7; 5, Quinn, Lower Merion, Pa., 9:32.6.
360-Yard High Hurdles Shuttle Relay—1, Centerreach (Rovce) DeAnselo, Kremer) 0:44.4 (meet record; previous record 0:45.1 by New Dorp 1972); 2, Xavierian 0:45.8; 3, Hackensack, 0:46.4; 4, Mepharm 0:46.4; 5, North Rockland 0:46.6.

FIELD EVENTS

High Jump Relay—1, Xavierian (Sarretti 6-5, Tyler 6-0) 12 feet 5 inches; (Meet record; previous record 12-4 by New Rochelle 1975) 2, Molloy 12-4; 3, Centerreach 12-4; 4, tie between Nanuet and Bishop Gibbons 12-0.
Shot-Put Relay—1, Nanuet (Harlin 63-10½, fifth all-time New York State best, Butera 49-7) 113-5½; 2, North Rockland 107-11; 3, Hackensack 106-11¼; 4, Bergen Catholic 103-7½; 5, Molloy 103-5.
Triple Jump Relay—1, Molloy (Cavataio 43-2½, Prophet 41-9¾) 85-½; 2, Centerreach 82-7; 3, Power 82-11¼; 4, White Plains 82-11; 5, Clarkstown North 82-1.
Long Jump Relay—1, Mount Vernon (Pillgrim 19-11¼, Kirkland 22-¾) 42 ft.; 2, Molloy 40-4¾; 3, Power 39-8¾; 4, Suffern 38-8¾; 5, Loughlin 38-7½.
Discus Throw Relay—1, Hackensack (Nowacki 194.1, Munier 140.5) 294-6; 2, Mineola 283-1; 3, North Rockland 273-4; 4, Nanuet (Harlin 157-1) 272-11; 5, Paramus Catholic 264-10.
Pole Vault Relay—1, Hackensack (Lively 13-3, Van Wyk 13-0) 29-3; 2, Tanoan Zee (Arletta 14-6) 25-6; 3, Suffern 25-6; 4, Mepharm 24-0; 5, Molloy 23-0.

FINAL TEAM SCORES

Centerreach 27; Molloy 25; Hackensack 19; Power 18; Mount Vernon 16; Loughlin 13; Xavierian 13; Nanuet 12½; North Rockland 10½; New Rochelle 10; Suffern 8; White Plains 8; Paramus Catholic 7; Iona Prep 6; Mepharm 6; Fordham Prep 4; Bernardsville 4; Mineola 4; Shaker 4; Tappan Zee 4; Clarkstown North 3; Bergen Catholic 3; Albertus Magnus 2; Clarkstown North 2; Monroe-Woodbury 2; Bishop Gibbons 1½; Christ the King 1; Ridgewood 1; Stepinac 1.
Most outstanding athlete—Tony Harlin of Nanuet.

Iona Relays Summaries

COLLEGE TRACK EVENTS

440-Yard Hurdles—1, Colasero, F.D.U., 55.9 seconds; 2, Gordon, City College, 0:56.6; 3, Tarlary, Iona, 0:57.1; 4, Epton, City College, 1:03.1; 5, Thaler, York, 1:05.

Sprint Medley Relay—1, F.D.U. (Thomas, Westfall, Murphy, Bogart) 3:31.5; 2, Binghamton State U., 3:40.7; 3, City College, 3:40.8.4; York, 3:41.8; 5, St. Francis, 4:01.4.

Distance Medley Relay—1, F.D.U. (Smith, Elson, Daniels, Conner) 10:27.5; 2, Iona, 10:40.4; 3, City College, 10:56.5; 4, Kings Point, 11:13.7; 5, Hunter, 11:23.2.

One-Mile Walk—1, O'Sullivan, Hunter, 7:18.1; 2, Ambury, Kings Point, 7:49.1; 3, Siegal, Hunter, 8:33; 4, Dowdon, Kings Point, 9:15.3; 5, Davenport, Kings Point, 10:07.5.

880-Yard Relay—1, F.D.U. (Rizzi, Forti, Elson, Derzaw) 1:33.7; 2, York, 1:35.9; 3, Hunter, 1:36.6; 4, Brooklyn College, 1:39.8.

One-Mile Relay—1, F.D.U. (Colasero, 52.8; Westfall, 51.4; Murphy, 4.4; Thomas, 50.2) 3:23.8; 2, City College, 3:27.6; 3, York, 3:28; 4, Iona, 3:34.3.

COLLEGE FIELD EVENTS

Javelin Throw—1, Zaus, Lehman, 194 feet 1 inch; 2, Zaus, F.D.U., 186-1; 3, Quazza, F.D.U., 183-8; 4, Nugent, Lehman, 167-0; 5, Kastner, Kings Point, 155-6.

Pole Vault—1, Lockette, F.D.U., 13 ft.; 2, Kincheice, Lehman, 10-6; no third.

Long Jump—1, Sutohen, F.D.U., 21-10 1/4; 2, Raggsdale, Kings Point, 21-4 1/2; 3, Gibraltar, Binghamton, State U., 20-10 1/2; 4, Eanes, Hunter, 19-4 1/4; 5, Hanks, Hunter, 19-3 1/4.

Hammer Throw—1, Collins, Brooklyn College, 153-9; Van Aker, Marist, 131-7; 3, Raguseo, F.D.U., 111-0; 4, Zaus, Lehman, 109-0; 5, Nugent, Lehman, 101-5.

Triple Jump—1, Donovan, City College, 43-1 1/2; 2, Raggsdale, Kings Point, 42-8 1/4; Hanks, Hunter, 41-11.

Shot-Put—1, Guadalupe, City College, 50-6; 2, Raguseo, F.D.U., 49-4; 3, Parisi, F.D.U., 47-2; 4, VanAken, Marist, 42-1; 5, Collins, Brooklyn College, 40-5 3/4.

Discus Throw—1, Raguseo, F.D.U., 142-8; 2, Quazza, F.D.U., 135-1; 3, Parisi, F.D.U., 132-0; 4, VanAken, Marist, 120-11; 5, Collins, Brooklyn College, 107-7.

Hammer Throw—1, Collins Brooklyn College, 133-9; 2, VanAken, Marist, 131-7; 3, Raguseo, F.D.U., 111-0; 4, Zaus, Lehman, 109-0; 5, Nugent, Lehman, 101-5.

COMMUNITY COLLEGE, CLUB EVENTS

High Jump—1, McCallium, Essex County, 6-2; Williams, Essex County, 6-2; Calhoun, Essex County, 6-2; no fourth.

440-Yard Intermediate Hurdles—1, Armstrongs, New York Pioneer, 0:57; 2, Hunter, unattached, 5:58.3; 3, Ardeer, Essex County, 1:00.7.

Sprint Medley Relay—1, New York Pioneer (Ferguson, Robinson, Lloyd, Armstrongs) 3:34.1; 2, Heart and Soul, 3:39.3; 3, Dusters T.C., 3:41.1; 4, Bronx Community College, 3:42.3.

Long Jump—1, Calhoun, Essex County, 23-2 3/4; 2, Manley, Heart and Soul, 21-4 1/4; 3, Plant, New York Pioneer, 18-5 3/4; 4, Bolton, Bronx, 17-11; 5, Missouri, Heart and Soul, 16-4 1/2.

Triple Jump—1, Peters, Essex County, 47-5 1/4; 2, Nipinax, Essex County, 44-4; 3, Sounmon, Bronx, 47-1 1/4; 4, Manley, Heart and Soul, 44-5 1/2; 5, Wilson, Bronx, 41-9.

880-Yard Relay—1, Essex County (Hunter, Headlan, Williamson, Barrington) 1:28.9; 2, Heart and Soul 1:29.4; 3, New York Pioneer A, 1:32.2; 4, New York Pioneer B, 1:32.6; 5, East Coast Athletic Club, 1:36.8.

One-Mile Relay—1, Essex County (Williamson, Gideon, Walker, Coombs) 3:18.6; 2, Essex County B, 3:19; 3, Manhattan Community College 3:25; 4, East Coast A. C. 3:30.5; 5, New York Pioneer, 3:33.4.

HIGH SCHOOL TRACK EVENTS

Distance Medley Relay—1, Loughlin (Ortiz 1:58.1, LaRaue, 52.6, Ostolozaga, 3:01.3, Meagher, 4:20), 10:12 (meet record; previous record, 10:12.7 by Scotch Plains, 1971); 2, St. Joseph's Metuchen, N.J. (Johnson 1:57.6, O'Connell, 51.4, Kelly 3:04, Solero 4:23.5) 10:16.5; 3, Power (Demko, 1:59.9, Sullivan 58.8, Fiorentino 3:07.3, Weaver 4:16.3) 10:22.3; 4, Mt. St. Michael 10:24.6; 5, Molloy, 10:27.4.

One-Mile Walk—1, McKeean, Albertus Magnus, 7:26.3; 2, Keagan, White Plains, 7:35.4; 3, Moran, Albertus Magnus, 7:39.5; 4, Dimauro, White Plains, 7:40.8; 5, Waife, White Plains, 7:54.9.

440-Yard Relay—1, John F. Kennedy, Bronx (Mondesir, Smith, Hoo, Walters) 0:43; 2, White Plains 0:34.6; 3, St. Peter's Prep, Jersey City, 0:43.9; 4, New Rochelle, 0:44.1; 5, Loushin, 0:44.

One-Mile Relay—1, Mount Vernon (Garrett 50.1, Washington, 47.5; Johnson, 50.8; Kirkland 48.7) 3:19.1; 2, Bowne, 3:23.9; 3, East New York 3:24.9; 4, Iona Prep, 3:26.4; 5, Wingsate, 3:27.2.

FIELD EVENTS

Javelin Throw—1, Sayreville, N.J. (Drawal 190-3, Panichond 200-11) 400 feet 2 inches; 2, North Bergen, 346-1; 3, Xaverian 333-2; 4, Woodsocket (R.I.), 331-10; 5, Essex Catholic, 324-3.

440-Yard Relay—1, F.D.U. (Rizzi, Fortier, Murphy, Thomas) 0:43.1; 2, City College, 0:44; 3, York 0:45.5; 4, Brooklyn College 0:47; 5, Hunter 0:47.2.

Two-Mile Relay—1, F.D.U. (Robert, Edmiston, Daniels, Conner) 7:56.2; 2, Iona 8:07.1; 3, Binghamton, State U. 8:11.7; 4, City College 8:18.4; 5, Kings Point 8:32.8.

480-Yard Shuttle-Hurdles Relay—1, F.D.U. (Loseru, Lockett, D'Ampu, Sulphon) 1:04.5; 2, City College 1:07.5 No third.

480-Yard Shuttle-Hurdles Relay—1, Centereach L.I. (Rorco, DeAngelis, Kremer, Jutting) 1:00.4 (meet record; previous records, 1:01.8, by Mount Vernon, 1974), 1:05.4; 4, Mt. St. Michael 1:06.8; 5, Molloy 1:07.7.

Hammer Throw—1, Silverio, North Bergen, 220-5; 2, Bruno, Ferris, Jersey City, 194-8; 3, O'Keefe, Mont Pleasant, Rhode Island, 186-9; 4, Finn, Rogers (Providence, R.I.), 179-7; 5, Mandrad, Woonsocket (R.I.), 177-10.

INVITATION EVENT

One-Mile Run—1, Schappert, 4:07.4; 2, Anastasio, 4:07.5; 3, Philippe, 4:11.5; 4, Jersens, 4:13.6; 5, Camp, 4:18.4.

WOMEN'S EVENTS

Invitation 880-Yard Run—1, Fales, Central Jersey Striders 2:19.1; 2, Tompkins, York 2:23.3; 3, Gardner, Klub Keystone 2:24.8; 4, Chapman, Klub Keystone 2:26.1; 5, Stewart, Brooklyn Cheetahs 2:27.2.

440-Yard Relay—1, Brooklyn Cheetahs (Gist, Harris, Casellas, Adams) 0:49.2; 2, Central Jersey Striders 0:49.3; 3, Flashettes 0:51.1; 4, Jersey City State 0:58.5.

Sprint Medley Relay—1, Klub Keystone (Council, Young, Dunn, Helms) 4:01.7; 2, P.A.L., 4:15.2; 3, Central Jersey Striders, 4:16; 4, Flashettes, 4:18.2; 5, York, 4:20.2.

Long Jump—1, Hutchinson, York, 15-8 1/4; 2, Brown, York, 14-5 3/4; 3, Whitaker, Flashettes, 14-4; 4, Thompson, Flashettes, 14-3 1/2; 5, Samuels, Flashettes, 13 1/4.



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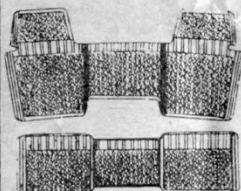
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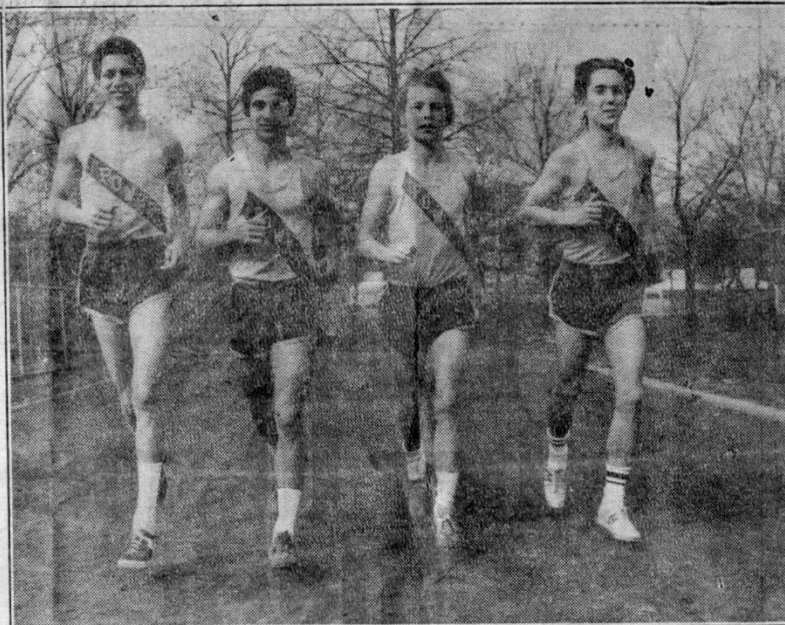
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News photo by Tom Cunningham
Power Memorial's two-mile relay team — Maurice Weaver, Al Fiorentino, John Sullivan and Mike Demko — points to New York Relays.

Power Has It to Burn for NY Relays

By Jack Smith

Brother Bielen, track coach at Power Memorial High, pointed his speedsters in two directions yesterday: toward the Penn Relays in Philadelphia this weekend and the New York Relays, the following weekend, April 30-May 1, at Randalls Island.

Brother Bielen is a good pointer. Under his direction, the school has become a perennial contender for schoolboy relay honors.

"We're strong at either the two-mile or distance-medley relays," coach Bielen said, "and we may have a surprise in the 880. Aside from a mishap in the two mile at the Iona games, all the boys have been running very well." The mishap was a dropped baton which put his two-mile foursome out of the running.

Maurice Weaver, one of the outstanding schoolboy runners in the country, anchors either the distance medley or two-mile relay.

He is the national indoor two-mile record holder and has turned in equally impressive performances at the mile and half-mile.

Decisions, Decisions

Backing him up are Al Fiorentino, clocked in 1:55.8 at the recent Nantuet games, Mike Demko and John Sullivan. They'll line up for the distance medley on Friday and the two-mile on Saturday at Penn.

This presents something of a dilemma for Brother Bielen because at the New York Relays the following weekend, the foursome can run in only one event, the two mile or distance medley. "I'll wait to see what happens at Penn before deciding which event to enter in New York," he straddled. "A lot depends on how the opposition shapes up."

About the surprise in the 880? "You never can tell," he answered.

"I have five fine sprinters. They surprised me at the Iona games when they ran an 880 for the first time. They'll run the

440 at Penn. There's no 880 on the schedule there. But they'll definitely line up for the 880 at Randalls Island."

This presents the coach with another dilemma. His five sprinters are Larry Hayden, Bob Masada, Gil Figueroa, Marty Floyd and Mark Hellins.

Only four can run. They've all broken 23 seconds for a 220 leg. "Don't ask me which four will get the assignments," the coach pleaded.

"Just remember, they may surprise a lot of people." Just remember, too, that the speedboys from Power Memorial will be very much in the running for the individual honors the New York Relays offers. Weaver, who won the mile last year, will be one of the top threats in

either the mile or two mile. Fiorentino will line up for the 880 and Hayden will step to the starting line in the 440.

Californian 1 & 2 In Cycle Races

Mallory Park, England, April 18 (AP) — Kenny Roberts of Modesto, Calif., claimed a first and a second place today at the three-day Transatlantic Trophy Motorcycle races between Britain and the United States. Roberts, riding a Yamaha, was second to Britain's Barry Sheene in the first race. American Steve Baker was fourth. In the second race, Roberts was first and Baker, also riding a Yamaha, was second.

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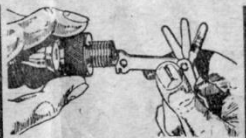
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**Maurice Weaver, Alfred Fiorentino, John Sullivan, Mike Demko
1976 Daily News - New York Relays**

Hartley Is Victor at i

By WILLIAM J. MILLER

Special to The New York Times

PHILADELPHIA, April 23 —Bill Hartley, who failed to clear 14 feet in the pole vault at the Penn Relays last year, returned today and put himself in the schoolboy record book. The Tuckerton, N.J., senior cleared 16 feet and not only erased the Carnival standard but became the first East Coast schoolboy to clear that height.

"Wow! What a difference from last year," the youngster who attends Southern Regional High in Manahawkin said later. "It was raining hard when I attempted to go over 14 feet," he said, "but I didn't come close." Today the weather was great, I felt great and I guess, I vaulted great."

Hartley's feat was hardly a surprise, however. The 6-foot-3-inch, 178-pound Jerseyman took the Eastern States indoor title at 15-10, the highest vault on the East Coast under a roof.

On the track, the sunshine-filled day also produced some notable performances. Power Memorial, with Maurice Weaver running a strong anchor leg, defeated Bishop Loughlin, the defending champion, in the distance

val record and is the second fastest run by an Eastern schoolboy.

The invitation two-mile run and the invitation one mile, won by Steve O'Connell of Millburn (N.J.) High in his fastest time, 4:11.8, were the only two events on the Penn Relays two-day track program run in yards.

But the distance medley, though it drew strong protests from coaches because of a crowded 17-team start and had a controversial third leg of 1,300 meters, provided the competitive thrill of the schoolboy program for the spectators.

Late in the race on the final leg of 1,500 meters, no more than 10 yards separated eight teams. Then Luis Ostolozaga, who anchored Loughlin to victory last year, spurred past the pack with a lap and a half to go.

Weaver, however, gave chase and took the lead on the backstretch. Ostolozaga made two strong attempts on the outside to regain the lead but Weaver refused to give it up and the Loughlin senior appeared to give up on the final turn and Weaver was home free.

Al Fiorentino placed

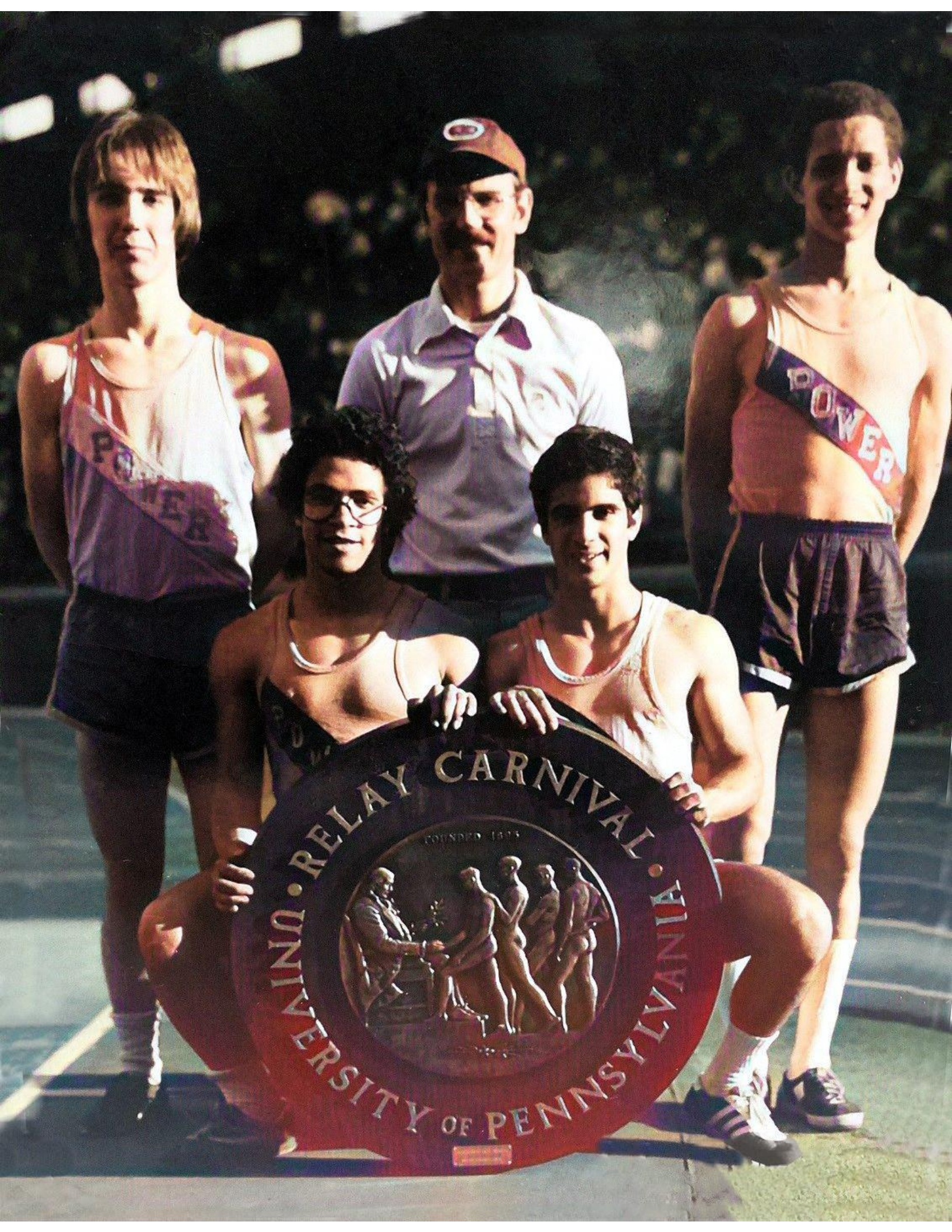
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LONG ISLAND PRESS, SATURDAY, APRIL 24, 1976

Loughlin 2nd at Penn Relays

Demko surefingers Power

Special to The Press

PHILADELPHIA — The memory of a dropped baton haunted Mike Demko as he toed the starting line for Power Memorial Academy in the high school international distance medley at the 82nd annual Penn Relays yesterday afternoon here at Franklin Field.

Last week in the Iona Relays, Demko lost control of the stick as he went through a crowd in the first 110 yards of the opening yard leg.

As a result, the Panthers of the West Side of Fun City finished a distant third to Bishop Loughlin H.S. Yesterday, there was no repeat performance and the result was a lot different.

Power, on the strength of a 3:57.0 anchor 1,500 by Maurice Weaver, broke the tape first in 10:02.1. The Lions of Brooklyn, coached by Ed Bowes of Astoria, were a close second in 10:04.6.

"I thought about what happened last week when I went to the starting line," explained Demko, a junior who lives in Flushing. "I kept saying to myself, 'Hold onto the stick. Don't let anyone knock it out of your hand.'"

"That's what really happened last week. I was going through traffic and someone's elbow knocked the baton out of my hand. We were too far behind to be contenders again."

Demko, who got involved in track through the CYO program at St. Andrew Avelino Church, Flushing, led for the opening 600 yards yesterday. Then he faded and was fifth when turning the baton over to Al Fiorentini, who got the Panthers back into the running.

"Normally I have a strong kick," explained the 5-9, 135-pounder. "I don't know what happened or how to explain it. Al really got us going."

Yesterday's performance, worth a famed Penn Relays watch, was the first major victory for Demko. Today he was scheduled to try for a second in the 3,200-meter (two-mile) race.

Long Beach H.S., running with Dave Dexter, Ray Allen, Wiley Pitts and Dwight Madden, advanced to the finals of today's 400-meter relay for schools with a male enrollment of less than 749. The time of the winning heat was 0:43.1.

St. Anthony's of Smithtown was runner-up in 0:43.4, but failed to make it to the title chase. Maria Regina of Uniondale was second in another heat in 0:44.2, while Holy Trinity of Hicksville (0:44.6) and St. Mary's of Manhasset (0:49.1) were third and fourth in the same race.

Bay Shore was a fourth in 0:45.5, and like the three Nassau schools, was among the also-rans.—**BEGLANE**.

Schoolboy Summaries

Peny Delays

CLASS 1,600-METER RELAYS

First race — 1, Howard, Wilmington (Harris, Fisher, Cleveland, Medley), 3:28; 2, Dover A.F.B., 3:29.6; 3, Catholic, Bahamas, 3:32.2; 4, Moore Catholic, 3:32.8; 5, OL Valley, 3:36.5.

Second race — 1, O'Neill, Highland Falls, N.Y. (Chapman, Pascetta, Swinton, Sabel), 3:22.4; 2, West Side, Newark, 3:25.9; 3, Midland Park, 3:27.3; 4, Ardsley, 3:29.3; 5, Poly Prep, 3:29.6.

Third race — 1, Washingtonville, N.Y. (Wagner, McCullom, Knipe, White), 3:27.9; 2, Saddle Brook, 3:29.3; 3, CBA, Albany, 3:29.9; 4, Penns Grove, 3:30.3; 5, La Salle, N.Y.C., 3:30.4.

Fourth race — 1, Norcom, Portsmouth, Va. (Harrington, Johnson, Howard, Beamon), 3:24; 2, Emerson, Union City, 3:26; 3, Salem, 3:29.7; 4, Carle Place, L.I., 3:30.6; 5, Edgewood, 3:31.

Fifth race — 1, Lynbrook, L.I. (Schwartz, Maxwell, Hahl, Bloom), 3:23.9; 2, Seaford, L.I., 3:24.4; 3, Longwood, 3:25.7; 4, St. Mary's, L.I., 3:26.8; 5, Nanuet, 3:29.5.

Sixth race — 1, Paul VI, N.J. (Wells, Casey, O'Donnell, Rice), 3:30; 2, Pearl River, 3:31.9; 3, Englewood, 3:32.6; 4, Metuchen, 3:33.3; 5, St. Mark's, Wilmington, 3:33.8.

Seventh race — 1, Asbury Park (Sanders, Bailey, Belen, White), 3:24.1; 2, Paramus Catholic, 3:24.9; 3, Cape Henlopen, Del., 3:27.5; 4, Wilmington, 3:27.6; 5, Summit, N.J., 3:28.1.

Eighth race — 1, Tenafly (Shirvan, Robins, Schnaars, Meekel), 3:25.8; 2, Central, Md., 3:26.9; 3, South Brunswick, 3:28.1; 4, South Side, Rockville Centre, L.I., 3:29.1; 5, Bridgewater-Haritan, 3:29.4.

Ninth race — 1, Lincoln, Jersey City (McKenzie, Knights, Herron, Washington), 3:21.6; 2, Hempstead, 3:22.3; 3, Roselle Catholic, 3:25; 4, Lakewood, 3:26.1; 5, Somerville, 3:29.1.

Tenth race — 1, Fordham Prep (McConnell, Ficara, Schuffy, Robertson 46.5), 3:23.2; 2, Don Bosco, Ramsey (Hurley 48.5), 3:24.4; 3, Southern Regional, N.J. (Hartley, pole vault winner Friday, 49.5), 3:26.2; 4, Franklin Twp., N.J., 3:26.6; 5, Einstein, Md., 3:30.8.

Eleventh race — 1, Roosevelt, Washington, D.C. (Beckford, Watkins, Clark, Stanton), 3:22.5; 2, Maria Regina, 3:25.7; 3, Iona Prep, 3:26; 4, Suffern, 3:27.7; 5, Carle Place, 3:28.9.

Twelfth race — 1, Fairmont Heights, Md. (Ahsley, Blair, Hairston, Temple), 3:20.8; 2, Eastern, Washington, 3:22.8; 3, Bergen Catholic, 3:24.7; 4, Bushwick, 3:26.2; 5, Kearny, 3:28.1.

Thirteenth race — 1, Spingarn, Washington (Smith, Ward, Miller, Randolph), 3:22.3; 2, Loughlin, 3:22.5; 3, Millville, N.J., 3:25; 4, Holy Spirit, N.J., 3:27.9; 5, Far Rockaway, 3:30.7.

Fourteenth race — 1, Hewlett (Lahay, Krumholz, Montano, Tufarelli 48.4), 3:25.4; 2, Paramus, 3:26.2; 3, North Munieron, 3:27.9; 4, Teaneck, 3:28.5; 5, Bathpage, 3:29.3.

Fifteenth race — 1, Wakefield, Va. (Monroe, Faltz, Chapman, 49.1, Vaughan), 3:20.5; 2, Plainfield, 3:21.5; 3, Weequahic, 3:23.3; 4, Bayshore, 3:26.7; 5, Douglass, 3:28.1.

Sixteenth race — 1, Alexander Hamilton, Brooklyn (Harris, Foster, Williams, Darby 49.1), 3:21.3; 2, Northwestern, Baltimore, 3:24.1; 3, Freeport, L.I., 3:24.5; 4, Oceanside, 3:26.7; 5, Clarkstown North, 3:26.9.

Seventeenth race — 1, Power Memorial (Haden, Maseda, Cronly, Flourea), 3:23.2; 2, North Bergen, 3:24.5; 3, Lafayette, Va., 3:27.5; 4, Vineland, 3:28.1; 5, Arlington Central, 3:28.3.

Eighteenth race — 1, Dundalk, Md. (Krouse, Baugher, Warren, Thompson), 3:24.3; 2, St. Joseph's, Metuchen (Johnston 49.2), 3:25; 3, Hackensack, 3:25.6; 4, Ridgewood, 3:26.9; 5, Massapequa, 3:28.5.

Nineteenth race — 1, George Washington (Fernandez, Severino 50.7, Suardo, Brown 48.5), 3:20.8; 2, St. Francis, 3:23.8; 3, Union, 3:24.8; 4, New Rochelle (Lord 47.9), 3:25.8; 5, Holy Cross, 3:28.1.

Twentieth race — 1, Woodson, Washington D.C. (Watts, Milner, Fields, Contee 47.9), 3:19.6; 2, Jefferson, Brooklyn, 3:21.6; 3, East New York (Garcia 48.8), 3:24.2;

4, Uniondale, 3:24.3; 5, Bladensburg, 3:27.1.

Twenty-first race — 1, J.F. Kennedy, Bronx (Hoo, Hyman, Mondesir, Montanez) 3:22.7; 2, St. Andrews, Jamaica, 3:24; 3, Jamaica, Queens, 3:25.9; 4, Lincoln, Brooklyn, 3:27.6; 5, New Utrecht, 3:29.3.

Twenty-second race — 1, Calabar, Jamaica (Wynler 49.6, Giscomba 47.9, McKenley 48.2, Barnes 49.7), 3:15.4; 2, Mount Vernon (Garrett 49.1, Washington 49.5, Johnson 49.1, Kirkland 47.8), 3:15.5; 3, Snyder, 3:20; 4, Warwick, 3:23.4; 5, Charlotte Amalie, Virgin Islands, 3:24.3.

Twenty-third race — 1, Trenton Central (Keith, D. Jeffress, Jenks, J. Jeffress 47.8), 3:17.7; 2, Neptune (Peniston 47.9), 3:16.6; 3, McKinley, 3:18.6; 4, Boys, 3:21; 5, Van Buren, 3:26.3.

Twenty-fourth race — 1, Anacostia, Washington (Hodge, Jones, Waters, Coleman), 3:26.2; 2, Holy Trinity, 3:27.9; 3, Wainbagh, 3:29.1; 4, Surratsville, Md., 3:29.4; 5, Coolidge, D.C., 3:29.4.

FIELD EVENT

Triple Jump — 1, Russell Dickinson, Octara, Atlanti, Pa., 46 feet 8 inches; 2, John Horton, Manhasset, L.I., 46-6 1/2; 3, Keith Smothers, Wilson, Levittown, Pa., 46-3 1/2; 4, Thomas Temple, Fairmont Heights, Md., 46-1 1/2; 5, Tony Darden, Norristown, Pa., 45-9 3/4.

PREP 1600-METER RELAY

First section — 1, Tower Hill (Ed Barkdoll, Dan Weintraub, Chris Silliman 50.8, Ken Williams 49.8), 3:26.6; 2, Mitchell, 3:26.6; 3, Germantown Friends, 3:28.6; 4, Friends Central, 3:36.5; 5, Wilmington Friends, 3:37.8.

Second section — 1, Peddie (William Shenlach, Gregg Jackson, Dave Hill, Michael Price), 3:24.1; 2, Blair, 3:24.6; 3, The Hill, 3:25.9; 4, Delbarton, 3:26.3; 5, Naval Academy Prep, 3:26.4.

TITLE EVENTS

Girls 400-meter relay — 1, Avon Grove (Davita Lewis, Jody Lewis, Debbie Lewis, Regina White), 0:48.1; 2, Martin Luther King, 0:48.2; 3, John Bartram, 0:48.6; 4, Wil-Ham Penn, 0:48.7; 5, Woodbury, 0:49.1.

Boys 400-meter relay championship — 1, Ben Franklin (Bernard Long, Clint Young, Greg Moore, Bennett Long), 0:41; 2, Overbrook, Pa., 0:41.4; 3, Woodston, Washington, D.C., 0:41.6; 4, St. Andrews, Kingston, Jamaica, 0:42; 5, Neptune, 0:42.1.

Consolation 400-meter relay (for schools over 750 enrollment) — 1, Central of Philadelphia (John Sample, Dudley Roberts, Carlton Young, Daryl Murphy), 0:42.4; 2, Eastern Washington, D.C., 0:42.5; 3, McKinley, Washington, D.C., 0:42.6; 4, Warwick, Md., 0:42.6; 5, Norristown, 0:43.3.

Consolation 400-meter relay (for schools under 750 enrollment) — 1, Charlotte Amalie, Virgin Islands (Marvin Clarke, Ansel Pinder, Randolph Cannonier, Neville Hodse), 0:42.6; 2, Spingarn, Washington, D.C., 0:42.8; 3, Coolidge, Washington, D.C., 0:43; 4, Wilmington, 0:43; 5, Lower Merion, 0:43.4.

1,600-meter relay championship — 1, Calabar, Kingston, Jamaica (Paul Wynler 48.4, Everett Giscombe 47.9, Herb McKenley Jr. 48.2, Mike Barnes 48.9), 3:13.4; 2, Mount Vernon (Valjean Garrett 49.3, Dave Washington 46.2, Bill Johnson 48.7, Walt Kirkland 47.6), 3:13.8; 3, Ben Franklin (Bennett Long 46.7), 3:14.8; 4, Trenton Central, 3:17.3; 5, Neptune (Mike Peniston 48.1), 3:18.9.

3,200 meter relay championship — 1, Menchville, Newport News, Va. (Mike Ricks 1:57, Jim McCullough 1:57.6, Lorenzo Anderson 1:54.8, Clifton Perry 1:53.6), 7:47; 2, Power Memorial (Mike Dorco 2:00, John Sullivan 2:00.4, Al Fiorentino 1:53.9, Maurice Weaver 1:54.5), 7:48.8; 3, Bishop Loughlin (Tom Meagher 1:58.2, Fred Fergus 1:57.5, Rolando Ortiz 1:59.5, Luis Ostiozana 1:53.8), 7:49; 4, Walt Whitman, Bethesda, Md. (Rich Brody 1:52.4), 7:50; 5, Westfield, N. J. (Andy Hubsch 1:52.7), 7:50.2 (other noteworthy splits: Kevin Byrne, Paramus Catholic 1:52.9; Joe Swenson, Chaminade 1:53).

Demko's dream fades

PHILADELPHIA — Mike Demko had high hopes of bringing home a second wrist watch yesterday from the famed 82nd annual Penn Relays.

In the morning, the chances looked good that the Flushing resident would achieve his goal. After running the opening leg on the Power Memorial Academy distance medley team that won on Friday, Demko was handed a similar assignment on the 3,200 meters.

The 5-9, 135-pounder got the Panthers off to a 7:52.7 triumph in the event for schools with a male enrollment of 749 or less.

As a result, Power advanced to the Championship of America race late in the afternoon at Franklin Field. However, there was a stronger entry, Menchville of Virginia.

And the Southerners came through with a 7:47.0 decision while Power was runner-up at 7:48.8. Bishop Loughlin of Brooklyn was next in 7:49.0, while Chaminade, which also qualified for the finals with a 7:51.8 in the morning, was far out of the money.

* * *

JOHN HORTON of Manhasset, who probably will earn a basketball scholarship to college, was the runnerup in the invitation triple jump.

Horton's leap was 46 feet, 6¾ inches as he fell just short of Russell Dickinson of Octorara H.S., Atglen, Pa., who soared 46-8.

Long Beach High, running with Dave Dexter, Ray Allen, Wiley Pitts and Dwight Madden, was a disappointing seventh in the Championship of America 400-meter for schools with male enrollments of 749 or less.

On Friday, the Nassau quartet came

through with a 0:43.1 to win its heat and move into yesterday's title race.

* * *

LYNBROOK CAPTURED a classified 1,600-meter relay in 3:23.9 with Steve Schwartz, Jim Maxwell, Dan Hahl and Rich Bloom. Seaford was runner-up, five-tenths of a second slower, while St. Mary's of Manhasset was fifth in 3:26.8.

Fordham Prep broke the tape in 3:23.2 in another classified 1,600. Carrying the baton for the Little Rams of the Bronx were Matt McConnell, Tom Ficarra, John Schutty and Ernie Robertson.

Steve Lehey, Rick Montano, Allan Krumholz and Tony Tutariello handled the sticks for Hewlett in a 3:25.6 triumph. Bethpage was fifth in 3:29.3.

Aaron Marshall got Freeport into the lead on the opening leg, but the Red Devils faded after that and wound up third behind Alexander Hamilton of Brooklyn, which turned in a 3:21.3 victory for one of the better performances in the classified races.

Hamilton employed Jeffrey Harris, Danny Foster, John Williams and John Darby. Freeport was clocked in 3:24.8, while Oceanside was fourth in 3:26.7.

Anacostia of Washington, D.C., turned in a 3:26.2 win in an event that saw Holy Trinity of Hicksville runner-up in 3:27.9 and Wantagh third in 3:29.1.

* * *

ANOTHER SCHOOL from the nation's capital, Roosevelt, beat Maria Regina of Uniondale to the finish line, 3:22.5 to 3:25.7.

Hempstead (3:23.6) was second best to Lincoln of Jersey City, N.J., which fifth in 3:29.6.

—BEGLANE

Penn Relays April 23, 1976

Friday

Distance Medley Relay
1st Place Plaque
watches

800m- Demko 57.0, 1:59.9
400m- Figueroa 49.1
1300 m- Fiorentino - 58, 2:02.6, 3:21.0
1500m- Weaver 59.6, 2:02.0, 3:06.0, 3:51.7
total: 10:02.1

440 yd. Relay (400 meter)

3rd in heat
Hallins 11.9
Bowers 11.3
Maseda 10.6
Haden 10.8
total: 44.6

Saturday

Two Mile Relay (3200 meter)

1st Place- morning
Plaque-medals

Demko 57.9, 2:01.9
Sullivan 57.7, 2:01.6
Fiorentino 56.5, 1:55.1
Weaver 55.3, 1:54.1
total: 7:52.7

Championship 2 mile Relay

2nd Place- medals
Demko 2:00.3
Sullivan 2:00.4
Fiorentino 1:53.6
Weaver 1:54.5
total: 7:48.8

Class 1600 meter relay

1st Place- Plaque and Medals
Haden 50.9
Maseda 51.6
Cronly 51.7
Figueroa 49.0
total: 3:23.2

Hardy Athletes Splash Thru N.Y. Relays Card

By Jack Smith

The only records set at Randalls Island yesterday as the eleventh annual New York Relays splashed to a wind-up, were for puddles in the racing lanes and for hardiness of the contenders.

Two of the championship event — pole vault and long jump — were cancelled but the schoolboy — and girl — tracksters waded through the remaining championships in defiance of the elements.

Anyone who finished was a hero and the ones who finished first won the titles and the gold watches. Conditions were that bad. When the hurdlers, starting in the chute, crouched for the start, they were up to their wrists in water.

Championships for the day went to Centereach, L.I., in the 360 shuttle hurdles (45.1); J.F. Kennedy (Bronx) in the 440 (43.0); Centereach, L.I., in the 880 (1:30.6); Mount Vernon in the mile (3:19.8); Power Memorial in the two mile (7:54.0); Bishop Loughlin in the distance medley (10:26.5); and Paramus Catholic in the sprint medley (3:31.2).

Performances in the two field events that were conducted, were spectacular in view of the weather which led to uncertain footing and slippery grips.

Toney Harlin, 235-pounder from Nanuet High, continued to dominate the shot put and won the championship with a heave 63 feet-4½ inches almost four feet better than his closest rival, George Mecero of Mineola.

Tim McManus, 185 pound junior from North Bergen High, N.J., hurled the javelin 192'8" to take the title over Harold Campbell. Morris Hills. The husky youngster has another year of competition under coach Ira Wolf and plans to make it two straight at the '77, New York Relays.

Power Memorial took the two mile on brilliant legs by Al Fiorentino and Maurice Weaver, who was clocked in 1:55.3 on the anchor leg. He had to be better than good to turn back a spectacular challenge from Frank Averill of Molloy. Going into the

final lap, Weaver had shaken everyone except Averill and he didn't shake him until the field rounded the last turn and headed into the homestretch.

Lou Ostolozaga, Loughlin's distance star, ran the anchor mile for the Brooklyn school's victory in the distance medley. He let the field stay with him until there was half a lap to go. When he opened up, only Tom Maher, Xaverian, stayed with him, but Ostolozaga was pulling away as he hit the tape.

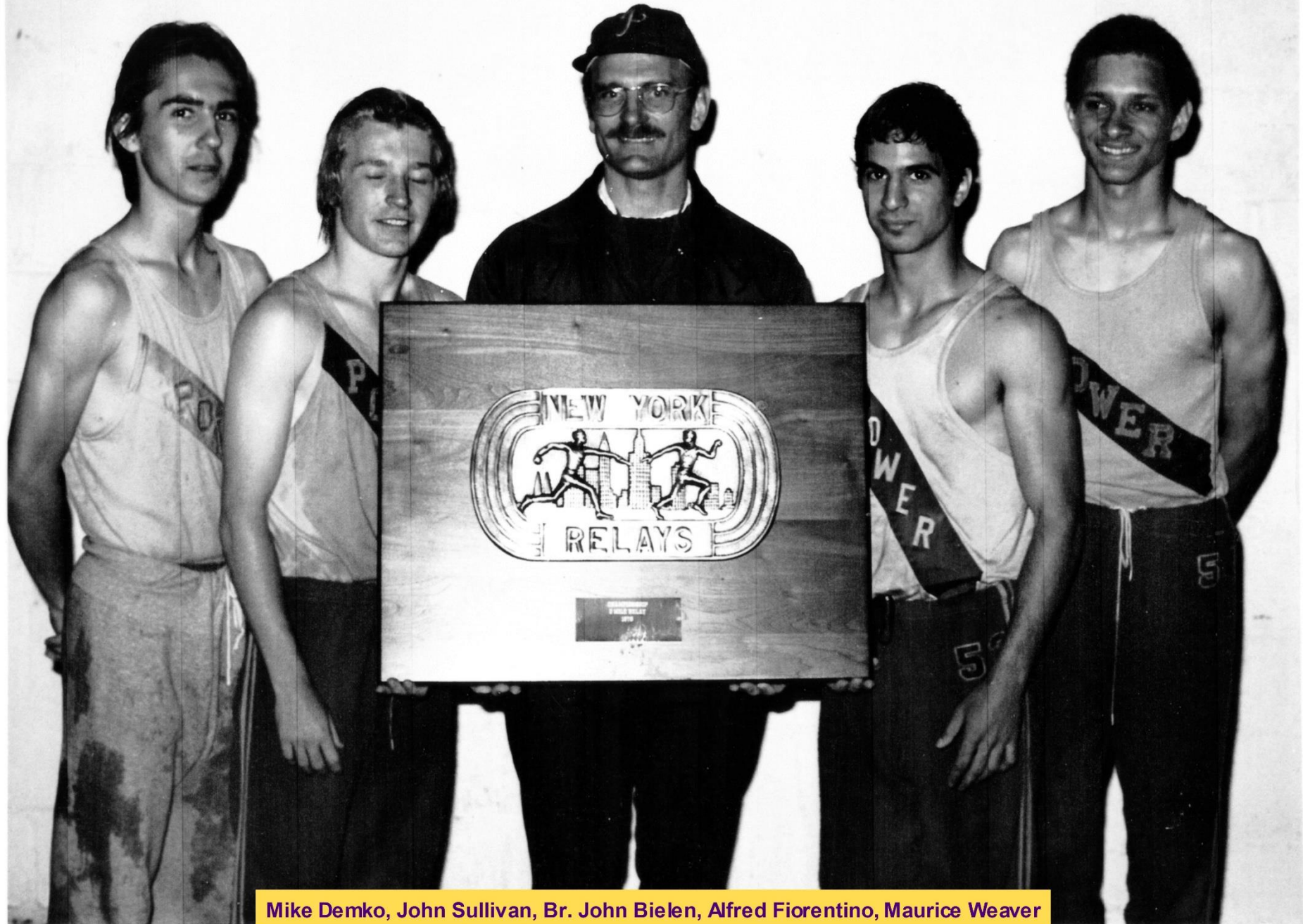
In another spectacular finish, Kevin Byrne, the redhead from Paramus Catholic, pulled away from Ramon Severino of George Washington and Kelvin Washington of Lincoln, Jersey City, to put his Bergen County school in the championship circle. Byrne was clocked in 1:54 for his half mile anchor.

One of the standout developments of the day was the double championship for Centereach High. The school was favored in the hurdles but not expected to break the tape in the 880. Anchor man Cliff Shellhorn clinched it for the Long Islanders when he fought over a closing challenge by White Plain's Art Monk and Bowne's Dave Richardson.

Xaverian of Brooklyn, 2d pick in the hurdles, was lucky to make the finals. In the qualifying heats, a near tumble on the second leg almost put them out of the running. They reached the Finals only because Bartram High of Philadelphia was disqualified. In the Finals, they chased Centereach to the finish line to take second.

The mile was all Mount Vernon as expected. Coach Dave Riders foursome—Valjean Garrett, Bill Johnson, Dave Washington and Walter Kirkland—stepped out to an early lead and was never seriously threatened.

Two Mile Relay Champions
New York Relays
May 1, 1976



Mike Demko, John Sullivan, Br. John Bielen, Alfred Fiorentino, Maurice Weaver

Power Triumphs In Relay

Special to The New York Times

METUCHEN, N.J., May 18 —Power Memorial's two-mile relay team, with Maurice Weaver running the anchor 880-yard leg in 1:53.3, posted the fastest time in the country this year when it clocked 7 minutes 44.5 seconds at the rain-swept sixth annual Jersey Relays on St. Joseph's High School track tonight.

Weaver later came back and ran 1:52.3 as Power finished second to Lincoln of Jersey City in the sprint medley. Lincoln, on the strength of Kelvin Washington's 880 split of 1:51.2, won in 3 minutes 26.5 seconds, a New Jersey state record.

Wagner of Staten Island scored a surprise in the four-mile relay by taking the event in New York state record time of 17 minutes 21.6 seconds. Richard Harder's strong 4:15.9 anchor mile leg clinched the victory for Wagner.

RELAY EVENTS

480-Yard High Hurdles—1, Neptune (Williams, Alexander, Jackson, Ramsey) 0:59.9; 2, Germantown, Pa. 0:59.3; 3, Xavierian 0:59.5 (N.Y. State record); 4, Chester, Pa. 0:59.7; 5, Pennsauken 1:00.6.

Two-Mile Relay—1, Power (Demko 1:59.8, Sullivan 1:57.6, Fiorentino 1:53.8, Weaver 1:53.3) 7:44.5 (Meet record; previous record 7:46.6 by Toms River South, 1974); 2, C.B.A. Lincroft (George 1:54.8) 7:50.5; 3, Loughlin (Ostolozasa 1:56.3) 7:51.6; 4, Chaminade (Swenson 1:54.6) 7:53.1; 5, Don Bosco (Hurley 1:54.9) 7:54.2.

440-Yard Relay—1, J.F. Kennedy, Bronx (Walters, Smith, Hoq, Mondesir) 0:42.4; 2, Loughlin 0:42.8 (C.H.S.A.A. record); 3, Snyder 0:42.9; 4, Weequahic 0:42.1; 5, Westfield 0:43.5.

990-Yard Intermediate Hurdles—1, Paramus Catholic (Moroney, P. Masiro, Masironi) 1:59.2; 2, Snyder 1:59.9; 3, St. Joseph's 2:01.1; 4, Roselle Catholic 2:01.1; 5, New Milford 2:02.9.

880-Yard Relay—1, Ben Franklin, Philadelphia (Davis Young, Moore Long) 1:27.3; 2, John F. Kennedy, Bronx 1:27.8; 3, Snyder 1:28.7; 4, Neptune 1:28.7; 5, Chester, Pa. 1:29.2.

Four-Mile Relay—1, Wagner, Staten Island (Orazem 4:21.1, Fabrisas 4:24, Hammerton 4:20.2, Harder 4:15.9); 17:21.6 (N.Y. State record; previous record 17:24.8 by Kentley, 1974); 2, Molloy (F. Averill 4:18.5) 17:22.8; 3, St. Joseph's 17:25.2; 4, Pennsbury, Pa., 17:28.6; 5, Morris Catholic 17:28.8.

Distance Medley—1, Cranford (Ryan Wranzi Lambert, Amtrani 4:09.8) 10:14.3; 2, Nazareth 10:17.5; 3, Xavierian 10:19.7; 4, North Hunterdon 10:21; 5, Morris Hills 10:39.

Sprint Medley—1, Lincoln, Jersey City (Harron, McKenney, McKenzie, Washington 1:51.2); 3:26.5 (New Jersey State record; previous record 3:27.2 by Roselle Catholic, 1969); 2, Power (Weaver 1:52.3) 3:27.8; 3, Paramus Catholic (Byrne 1:52.2) 3:28.3; 4, Westfield 3:28.4; 5, Loughlin 3:29.8.

One-Mile Relay—1, Willingboro (Hardy, Dewberry White, Rucher) 3:20.1; 2, Bowne 3:20.5; 3, Ben Franklin, Philadelphia 3:21.2; 4, Snyder 3:22.2; 5, Chester, Pa., 3:22.8.

FIELD EVENTS

Shot Put—1, Skidmore, Ocean Township, 62 feet 3 inches; 2, Mercerod, Mineola, 60 3/4; 3, Horn, Carlisle, 59-10; 4, Richardson, J. F. Kennedy, Bronx, 57-10 1/2; 5, Venezia, Essex Catholic, 56-3 1/2.

Pole Vault—1, Shea, Cedar Ridge, 13 feet 6 inches; 2, Farrell, Chaminade, 13-6; 3, Lutz, Essex Catholic, 13-0; 4, Cavaliero, Molloy, 12-6; 5, Scheeps, Tenck, 12-6.

High Jump—1, Funderburk, Stevens, 6 feet 7 1/4 inches; 2, Hebeveon, Carr, St. Joseph's and Hedrick, West Islip, 6-5 1/4; 4, Convery, Toms River South, 6-4.

Discus Throw—1, Willicky, Madison Township, 170 feet 11 inches; 2, Skidmore, Ocean Township, 170-8; 3, Mercerod, Mineola, 164-9 1/2; 4, Burnick, Lakewood, 156-1; 5, Testa, Toms River, 155-4.

Figueroa Of Power Wins Dash

Power Memorial's outstanding running duo of Maurice Weaver and Al Fiorentino von as expected, but it was he Panthers' Gilbert Figueroa who broke a record yesterday in the Catholic High School Athletic Association New York Diocese track and field championships at the Mount St. Michael track in the Bronx.

Figueroa won the 440-yard dash in 50 seconds, after breaking the meet record in the qualifying heats with a time of 49.4. That time was among the fastest in New York State this season.

Power also got victories from Fiorentino in the 880 (1:56.1), Weaver in the one-

World Team Tennis

LAST NIGHT'S MATCHES

New York at Hawaii.
Boston at Los Angeles.
Golden Gate at Cleveland.
Pittsburgh at San Diego.

FRIDAY NIGHT'S MATCHES

Indiana at Cleveland 25.
Los Angeles 27, Pittsburgh 18.

STANDING OF THE TEAMS

Eastern Division				Western Division			
	W.	L.	Pct.		W.	L.	Pct.
New York	7	3	.700	Phoenix	5	0	1.000
Indiana	5	4	.556	Golden Gate	5	5	.500
Boston	5	5	.500	Los Angeles	5	5	.500
Cleveland	3	3	.500	San Diego	5	8	.385
Pittsburgh	3	5	.375	Hawaii	2	7	.222

mile (4:16.3) and Larry Hayden in the 100-yard dash (10.7) and held the lead in the team scoring, 33-30, over Monsignor Farrell of Staten Island.

In the Brooklyn-Queens C.H.S.A.A. meet at St. John's University in Queens, Archbishop Molloy won the team title with 108 points. Xavierian was second with 87.

Molloy was led by the Averill twins, Dennis and Frank, who won the 880-yard (1:57.4) and one-mile (4:19.2) events, respectively.

The New York Times

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Power 2 mile relay (1st place 7:44.5 meet record)
Demko, Sullivan, Fiorentino, & Weaver
(Best time country this year)

The New York Times

Published: May 19, 1976

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Power Trackmen Take Catholic Schools Crown

By WILLIAM J. MILLER

One of the best team battles in years in the Catholic High Schools Athletic Association's indoor track and field championships yesterday ended in a going-away present for Brother Bielen, Power Memorial's head coach. His team won the title on some last-minute heroics.

Brother Bielen will be leaving Power after 10 years there this June to take over as principal of Bishop Hendricken High School in Warwick, R. I. Yesterday he saw John Sullivan take second place in the 1,000-yard run and the two-mile relay team with Charles Cronly running a fine 1:56.1 anchor leg, finish first in the final two events on the program.

With the 10 points from those two events, the Panthers passed Archbishop Molloy, the winner the last four years and 14 times in the past 16 years, and Chaminade for the title. Power took possession of the huge 32-year-old World War II Memorial team trophy until next year. Power's winning total was 26 points with Molloy second with 23 and Chaminade third with 22.

Two other teams, Xaverian and Bishop Loughlin, were also in the team race for most of the program, but ended in a tie for fourth with 20 points each.

The individual standout of the meet was John Gregorek, a junior at St. Anthony's who ran most of the two-mile race by himself and turned in the fastest time in New York State this season

at 9 minutes 12.6 seconds. It also was a meet record and won for the Long Island runner the trophy as the outstanding athlete.

"I wanted to get under 9:10 today," Gregorek said later, "and I was on target when I passed the mile mark in 4:31.3. But then I started to feel the pace and slowed down in the next couple of quarters. I did 1:07 for the final 440 but it was a real effort."

The 16-year-old Northport resident, who was undefeated in 13 cross-country races last fall, has run 14 times this indoor season, mostly in the mile and two-mile events along with a couple of 1,000-yard races.

Joe Maffia helped Power to the title by winning the triple jump. In a way the victory was unexpected because Kendall Harris, Power's best jumper, was out with an injury. Maffia posted a meet record of 44 feet 2½ inches.

There were several other good performances. Vince Mutarelli, a junior at Mount St. Michael Academy, won the 880 in 1:56.4; Kevin Burke of Chaminade was the surprise winner of the 1,000 in 2:16.7; John Hemsley took the one-mile run in 4:23.2, and John Blackmar of Holy Trinity cleared 13 feet 6 inches in the pole vault.

Chaminade's team chances were hurt considerably when Ed Kane, the favorite in the 600, was bedded by the flu, and Art Farrell, its 13-foot pole vaulter who had been out since December with an injury, failed to clear 11 feet.

The New York Times

Published: February 27, 1977

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1977 CHSAA Indoor City Champions



Top: John Cahalin, Martin Galliburi, Vin Hogan, Mike Durkin,
2nd Row: Chris Meuchner, Jim Sullivan, Cassius Titus, John McEvoy, John Melendez, Peter Melendez
3rd Row: Alex Timlin, Charles Cronly, Gerry Cole, Mark Hellins, N. Burke, Tom Rose, Martin Davis, Jose Cotto
4th Row: J. Ryan, Bruce Geanotis, R. Ratigan, Mark Kearney, Joe Vogel, T. Mahon, Bruce Donohue
Front: Joe Maffia, Gil Figueroa, Mr. Jim McGarry, Br. John Bielen, John Sullivan, Mike Demko

1976 High School All-American Team

by JACK SHEPARD

The high number of juniors rating as top dogs in their events in 1975 (10) meant that a lot of familiar faces showed up on the 1976 T&FN Prep All-American Team. In fact, 7 repeated as No. 1, with another in the runner-up slot and another third.

Two performers, Houston McTear and Eric Hulst, made it three straight No. 1 ratings in their high school careers.

These selections are based on the number and quality of top performances, winning efforts in important meets and results of head-to-head competitions with other leading performers.

100-HOUSTON MCTEAR (Baker, Fla): In a season hampered by off-track difficulties, McTear was most impressive in his 10.16 HSR race at the Olympic Trials (second). Unfortunately, that same race produced a leg injury which kept him out of the Games. At yard distances, he also ran a 9.3 and two 9.4s. 2. Johnny Jones (Lampasas, Tex); 3. Dwayne Evans (South Mountain, Phoenix).

220-DWAYNE EVANS (South Mountain, Phoenix): Evans became the finest half-lap runner in prep history with 3 different records—20.5y, 20.58y and 20.22m. The latter mark gave him an Olympic berth, a spot he parlayed into a bronze medal. A double winner in the Junior AAU (10.1, 20.5), he had 15 races at 20.8 or faster. 2. Johnny Jones (Lampasas, Tex); 3. Jeff Phillips (Whitehall, Columbus, Ohio).

440-TONY DARDEN (Norristown, Pa): Darden won the Junior AAU in a HS record 45.7m, then made it to the quarterfinals of the Olympic Trials. Continuing his Junior Team running, he won against both the USSR and West Germany. 2. Johnny Jones (Lampasas, Tex); 3. Larry Goldston (Fountain-Ft Carson, Fountain, Colo—junior).

880-STEVE SCHELLENBERGER (Forest View, Arlington Heights, Ill): The top dog of 1975, Schellenberger saw limited action this year because of injuries, but did take his state title in 1:50.0 and produced the year's fastest time (1:49.3) in winning the International Prep. 2. Dyrk Dahl (Fountain-Ft Carson, Fountain, Colo); 3. Mark Gauger (Spring Woods, Houston).

1 Mile-ED DELASHMUTT (Ft Madison, Iowa): Undefeated by preps (3rd in Jr. Ch), Ed followed his 4:08.9 best with big wins in the Atlanta Classic (4:09.7), International Prep (4:07.3) and Golden West (4:10.6). 2. Rudy Chapa (Hammond, Ind); 3. Steve O'Connell (Millburn, NJ).

Steeple-JIM SHIELDS (Chaminade, Mineola, NY): Shields smashed the old prep record by nearly 14 seconds with his 8:52.6 win in the Junior AAU. And his 9:03.2 win against the USSR Juniors rates as the No. 2 time ever. 2. John Gustafson (South, Eugene—No. 1 in 1975); 3. Dave Daniels (San Geronio, San Bernardino, Calif).

Two Miles-ERIC HULST (Laguna Beach, Calif): After a pair of swift early-season losses to rival Thom Hunt (8:47.4 to 8:45.2 and 8:52.6 to 8:49.6), Eric did not lose again. His 8:44.6 stiffened his hold on third on the all-time list, with the No. 4 performance. This despite concentrating on the 10,000, where he set short-lived prep

Bible of the Sport

records. 2. Thom Hunt (Henry, San Diego); 3. Bill McChesney (South, Eugene).

Three Miles-ALBERTO SALAZAR (Wayland, Mass): Another repeater, Salazar ran 13:44.8 before taking second (first prep) in the Junior Champs (14:15.2m). He also won against the West German Juniors (14:06.2). 2. Bill McChesney (South, Eugene); 3. Randy Jackson (Iowa City, Iowa).

Six Miles-RUDY CHAPA (Hammond, Ind): Completing the list of distance repeaters, Chapa had to go some to claim first spot this year, as runners-up Hulst and McChesney set earlier records which he had to break. Break them he did, with 27:36.4/28:32.8m performances in the Drake Relays. Ran poorly in the Olympic Trials though. Also won the IPI 2M title (8:53.8). 2. Eric Hulst (Laguna Beach); 3. Bill McChesney (South, Eugene).

Long Distances-JIM SANE (Cordova, Rancho Cordova, Calif): Jim was very active on the roads, with four marathons (best of 2:31:50) and an off-track 30k record of 1:42:27. 2. Thom Hunt (Henry, San Diego); 3. Eric Hulst (Laguna Beach).

120 Hurdles-GREG FOSTER (Proviso East, Maywood, Ill): Foster is one of eight individual record setters to make the AA squad, off his 13.2 win at the IPI. 2. Dan Oliver (Triway, Wooster, Ohio); 7. Dan Lavitt (Southeast, Raytown, Mo).

180 Hurdles-DAN LAVITT (South, Raytown, Mo): No. 1 in 1975 as a junior, Lavitt just missed the straightaway record by a 10th with his 18.2 this year. Also had a windy 18.2, plus an 18.3. 2. Dan Oliver (Triway, Wooster, Ohio); 3. Gary Colston (Bogalusa, La).

330 Hurdles-CHARLES WHITE (San Fernando, Calif): Football star White equaled the best-ever over the lows (36.0) and moved to No. 4 in the intermediates with a 36.4 IPI win. 2. Greg Foster (Proviso East, Maywood, Ill); 3. Jim Little (Woodbridge, Va).

400 Hurdles-JIM LITTLE (Woodbridge, Va): Topped a season of three races at 52.0 or faster with a 51.45 against the West German Juniors. Was second in the Junior Champs (51.7). 2. Charles White (San Fernando, Calif); 3. Bill Galbraith (West, Cherry Hills, NJ).

High Jump-GAIL OLSON (Sycamore, Ill): This soph sensation looked good with a class and age-15 record pop of 7-0. Then he turned 16 and upped the standards to 7-2. 2. Jay Reardon (Rockhurst, Kansas City); 3. John Lane (American, Fremont, Calif).

Pole Vault-BILL HARTLEY (Southern Ocean Regional, Manahawkin, NJ): Bill was the most consistent vaulter, with four 16-footers topped by a 16-1¼ win at the Atlanta Classic. Won both the Junior Ch and Golden West with 16-footers. Only loss was a 3rd at IPI. 2. Tom Hintnaus (Aviation, Redondo Beach, Calif); 3. Brian Kimball (Northrop, Ft Wayne—No. 1 in '75).

Long Jump-LARRY DOUBLEY (Manual Arts, Los Angeles): Doubly changed high schools after his junior season and unloaded his long frame to the No. 3 and 4 performances in prep history, winning at IPI (25-11½) and against the West German Juniors (25-11). Was undefeated, with eight 25-plus meets. 2. Todd Bell (Middletown, Ohio—junior); 3. Jay Reardon (Rockhurst, Kansas City).

Triple Jump-GREG CALDWELL (Fremont, Los Angeles): Greg was the most consistent jumper, with wins at State (51-8¾w) and GWI (51-9¾w). Lost to Parrette by ¼" at IPI. Caldwell

also jumped 6-9 and 24-0. 2. Vincent Parrette (Shawnee Mission South, Overland Park, Kans); 3. Eddie Tate (Bloom Township, Chicago Heights).

Shot-STEVE MONTGOMERY (Lassen, Susanville, Calif): Montgomery's 68-5½ IPI win and 68-0 State win led the nation. He had six 65-plus meets and showed his strength in the 16-pounder with a 57-9½ Junior win, plus 57-9½ and 57-8½ on the Junior tour. 2. John McKenzie (Hart, Newhall, Calif); 3. Tony Harlin (Nanuet, NY).

Discus-GREG MARTIN (Pascagoula, Miss): Martin had five meets over 190, topped by his national record 202-9 at the IPI. Also won the Atlanta Classic (197-11). 2. Scott Endler (Hoover, Fresno); 3. Doc Luckie (Central, Ft Pierce, Fla—junior).

Hammer-MANNY SILVERIO (North Bergen, NJ): Another repeater, Silverio broke hammer records six times, 229-2 and 231-11 with the 12; 193-4, 196-11, 200-10 and 202-9 with the 16. 2. Tim Bruno (Ferris, Jersey City); 3. Tom Lenz (Classical, Providence, RI).

Javelin-VORNEY O'QUIN (South Lafourche, Galliano, La): O'Quin's 244-8 IPI win gave him the national lead by 15 feet. Had five 230-plus meets, with another four over 200. John Rogalo (Morris Knolls, Denville, NJ); 3. Kim Shafer (Reeder, ND).

Decathlon-VIN REILLY (St Joseph, Metuchen, NJ): The only junior to rate No. 1 this year, vault specialist Reilly (15-0) scored 6895 to move to No. 5 all-time. 2. Liston Bochette (Ft Myers, Fla); 3. Dannie Jackson (Santa Rita, Tucson—No. 1 in LJ last year).

440 Relay-ABILENE, Texas: A repeat for this school as its 40.6 State win was the year's fastest. 2. Kennedy, Barstow, Calif; 3. Columbia, West Columbia, Tex.

880 Relay-OAKRIDGE, Orlando, Florida: A team of all underclassmen, this squad led the nation with 1:26.3 and had five sub-1:27 races. 2. North Central, Nora, Ind; 3. Central, Little Rock, Ark.

1 Mile Relay-MADISON, Houston: This foursome equalled the national record of 3:11.8 in its regional, and had the No. 5 performance (3:12.6) at State. Seven races at 3:15.1 or faster. 2. Tex; 2. Worthing, Houston.

Two-Mile Relay-THORNTON, Harvey, Illinois: The greatest race in 10 years went to Thornton in 7:38.0 (No. 3 ever) as four teams beat 7:40. Don White anchored with 1:49.5. 2. Lyons Township, LaGrange, Ill; 3. East, Rockford, Ill.

Four-Mile Relay-SOUTH, Eugene: South repeated (slightly different team) by taking 5.2 seconds off its own record with 17:06.6. Wagner, Staten Island, NY; 3. Archbishop Molloy, Jamaica, NY.

Sprint Medley-LEE, Baytown, Texas: Lee produced the best time since 1967 (3:26.4) to move to No. 5 all-time. 2. Lincoln, Jersey City; 3. Power Memorial, NYC.

Distance Medley-POWER MEMORIAL, NYC: Powerful Power won the prestigious Relays race (a metric 10:02.2, worth 10:07.2) by more than 2 seconds. 2. Bishop Loughlin, Brooklyn; 3. Christian Brothers Academy, Lincroft, NJ.

480 Hurdles-ROTH, Dayton, Ohio: This all-underclass squad ran 54.1 and 54.0 record races (old 54.7) in the high-lows. 2. Neptune, NJ; 3. Northeast, St. Petersburg, Fla. □

1976 TRACK AND FIELD HIGH SCHOOL ALL-AMERICAN

This is to certify that

Power Memorial, New York City—Distance Medley

in recognition of his performances
during the 1976 season, has been awarded All-American status
by the staff of *Track & Field News*.

Bert Nelson

Bert Nelson, Editor

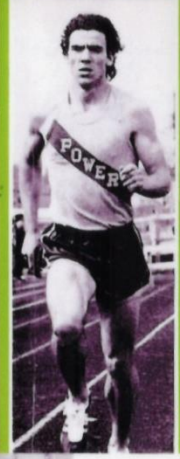
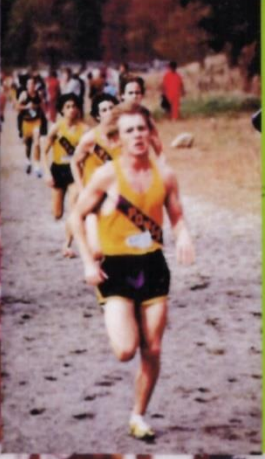


Garry Hill

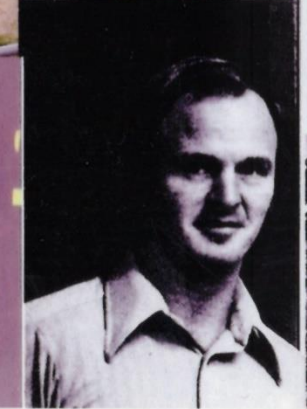
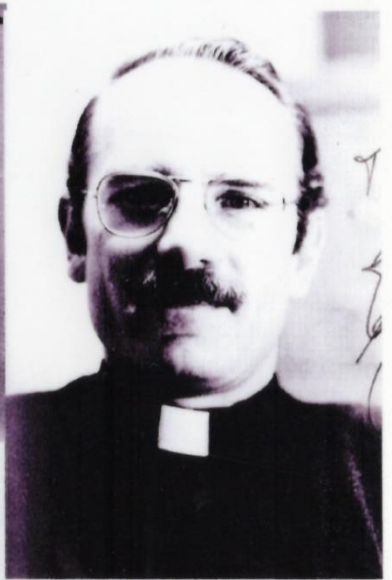
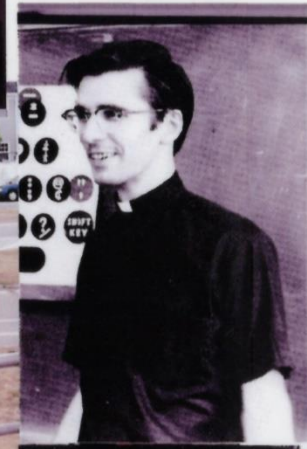
Garry Hill, Managing Editor

TRACK & FIELD NEWS



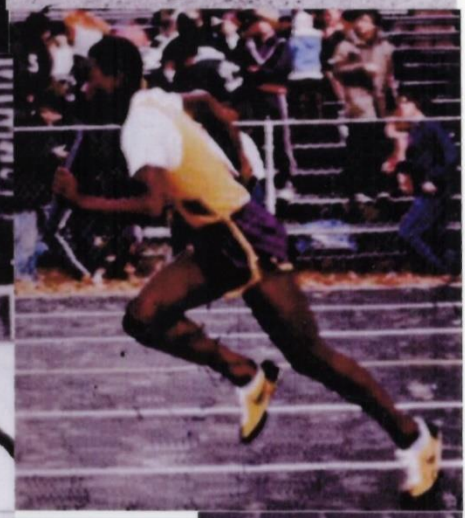
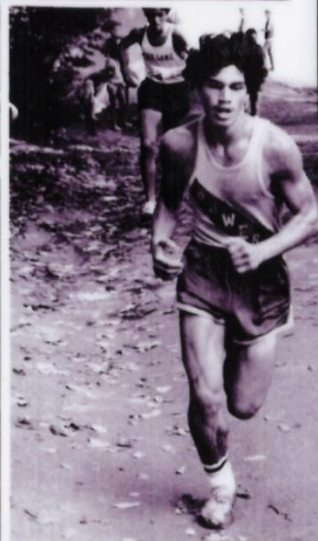
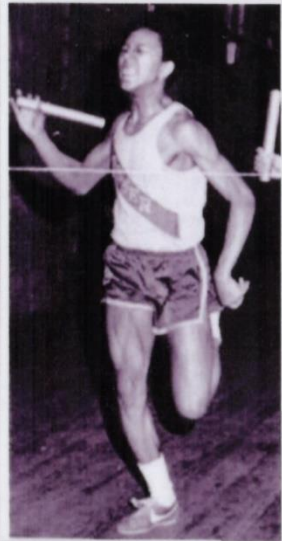
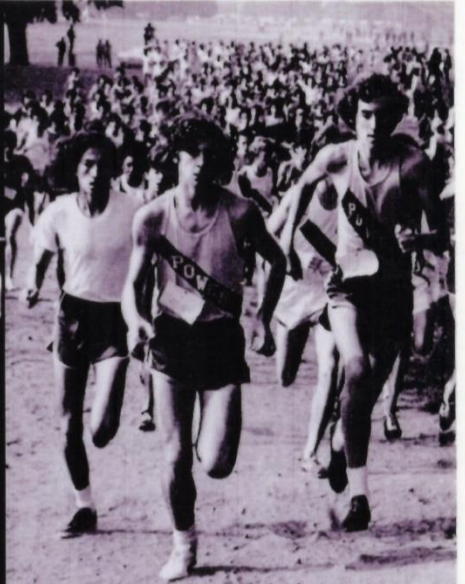


and welcome to that great group of
people the Power Track Alumni
A. DeLeon

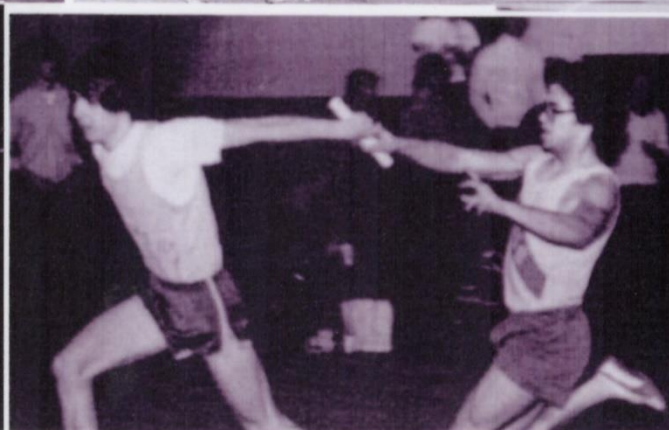


1977 PENN RELAYS

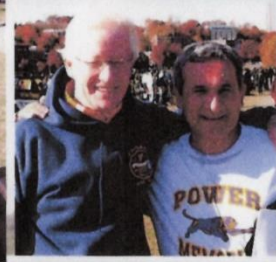
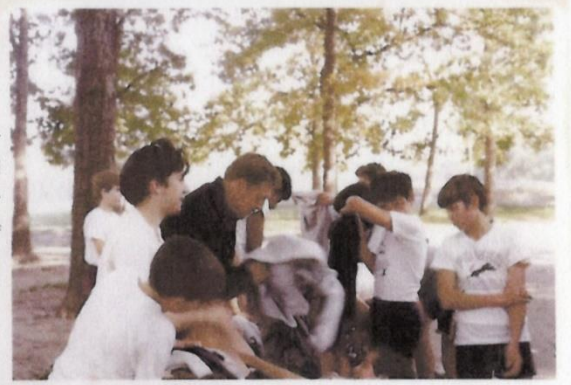
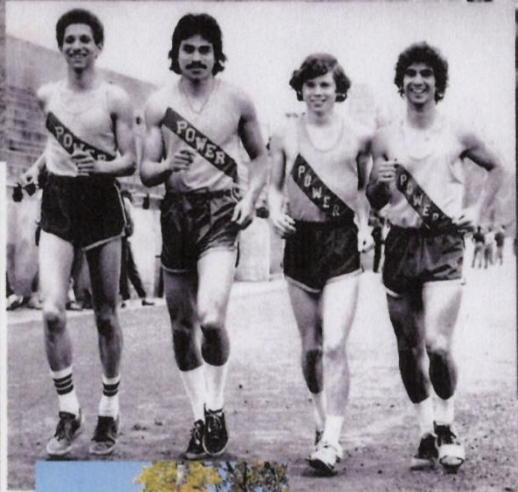
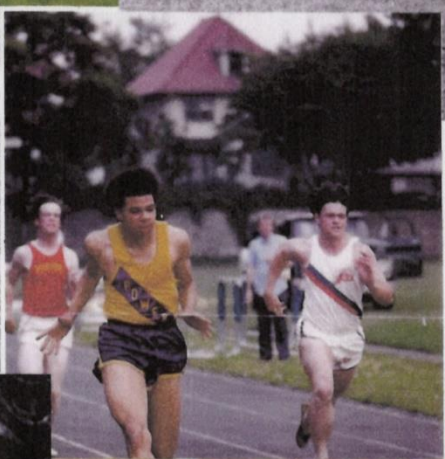
1960 Varsity & Freshman CHSAA Manhattan Champions
Ed Dushini, Bob Imbergamb, Varsity Captain, Br. Killen



Power wins the 1974 Penn Relays Distance Medley as Brian Johnston holds off Mark Belger and Gary Conroy







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Redevelopers launching first Midtown project

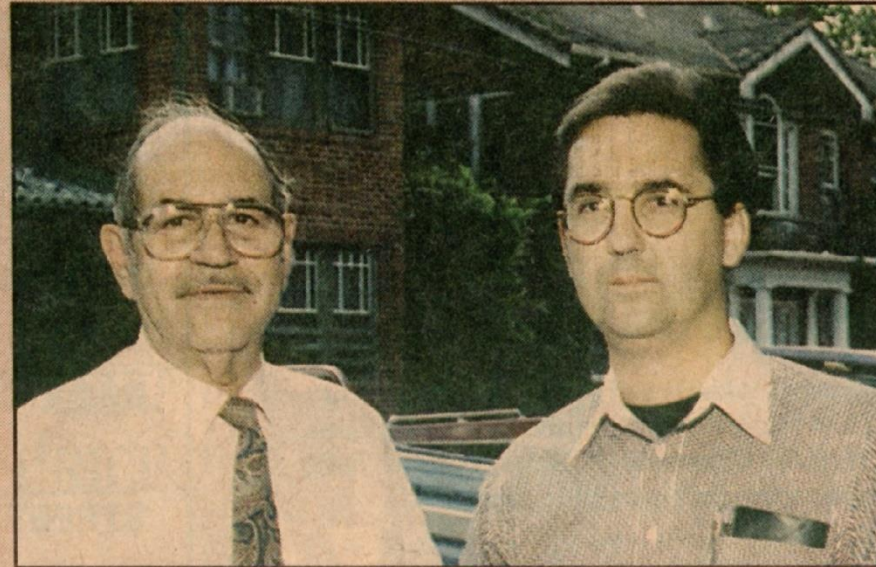
By Martha Binig Drake

Houston Business Journal

Houston builder Mike Demko's plan to restore aged apartments in the Midtown area is being hailed as the first of an expected flurry of projects in the near-downtown neighborhood.

Demko, with his partner/wife Janet McNerney and Bob Carey, a commercial builder-developer transplanted from Michigan, closed a deal during the last week of May to purchase five buildings on Caroline Street one block east of San Jacinto Street. A separate transaction to purchase a vacant lot on Caroline

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Bob Carey (left) and Mike Demko: 'Somebody had to start the redevelopment, so why not us?'

PHOTO BY DAVID FARIAS

Midtown

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adjacent to the buildings will close at the end of June.

Operating as Caroline McDemko Property Inc., the partners say they will spend \$500,000 restoring the circa 1930s and '40s red brick apartment houses and building one new six-unit structure.

In addition, a sixth apartment house already owned by Demko in the same block also will receive attention.

"I bought a four-plex on this block a few years ago. We liked the area and saw the housing market improving, so we decided to try and put this together," Demko says. "Somebody had to start the redevelopment, so why not us? I've always wanted to do a (restoration) project downtown."

The partners had to negotiate deals with five different property owners in order to block up the property, contacting absentee landlords from as far away as Arizona, the Bahamas and Washington D.C.

"We're going to do more than renovate the apartments; we're going to restore them back to their original character," says Carey. That will include gutting and rebuilding the interiors, laying new roofs and installing new windows.

Restoration of the mostly deteriorated buildings is expected to take six months. Once that's done, work will begin on the new six-plex, Demko says.

The couple's construction firm, Parallax Services Inc., will handle the building work.

The partners plan to market the renovated apartments as convenient housing for students at nearby Houston Community College and for downtown workers. Rents may start at about \$550 per month for one- or two-bedroom units.

Although the property sits a block to the east of the recently established Midtown Tax Increment Finance District, Demko and Midtown officials consider the project the first major renovation effort in the mostly blighted Midtown area.

The Caroline Street apartment buildings most likely will be in a swath of property that will be brought into the TIFD through a "sweeping annexation" expected within a year, says F. Charles LeBlanc, executive administrator of the Midtown Redevelopment Association.

"Interest in redevelopment is beginning to build, but getting the first developer in is the toughest," LeBlanc says. "We hope to see some more new construction by the fall."

The Demko property is located within the general Midtown boundaries of the Interstate 45/Pierce Elevated to the north, U.S. Highway 59 to the east and south, and Spur 527/Bagby Street to the west. But it is among the peripheral tracts where Midtown organizers did not have sufficient owner consent for inclusion in the district.

"We're very enthusiastic about this project. A lot of people thought that the purpose of the TIFD was to bulldoze and tear down the existing buildings, but a lot of the buildings can be renovated to alternative use. We think this project fits into the overall redevelopment plan real well," LeBlanc says.

Creation of the TIFD was approved in December by the Houston City Council and became operative Jan. 1. Now that the TIFD is in place, the taxable value of property within the district has been

'Getting the first developer in is the toughest.'

F. Charles LeBlanc of the Midtown Redevelopment Association

frozen at its current level for 25 years.

As the property is redeveloped and its value increases, owners will be taxed at the new value. But any revenues generated above the current value will be deposited into a dedicated trust fund to retire debt incurred by the district. That revenue will be used to finance public improvements within the district.

Midtown officials worked with Demko for months before the builder was ready to approach Southern National Bank for financing. Bank officials eventually approved a loan for the purchase of the buildings, the lot and up-front money for the restoration. Demko declined to say what the partners paid

for the buildings and lot.

"We think it's a good deal, a win-win situation for everyone," says Lance Gordon, senior mortgage loan officer for Southern National. "We think as far as university students and downtown workers are concerned, this will provide them with good housing options. Once (other lenders) see how successful this project is, they'll begin to lend out here."

LeBlanc claims that an increasing number of developers are contacting the Midtown association for information about land availability. He estimates more than two dozen transactions have been completed since the beginning of the year.

"There have been some big-name builders showing interest. They appear to be serious about starting some quality redevelopment programs — townhomes and garden or patio homes," LeBlanc says.

Approximately 40 percent of the land in the square-mile Midtown area is vacant, so there are plenty of parcels available for new construction.

A small office building is already planned on Milam Street, and the West Lake Noodle Co., which has an office/warehouse facility on Caroline Street, has started an expansion project, LeBlanc says.

In addition, a San Antonio firm has bought the former Southwestern Bell building on Main Street for conversion into a data storage facility, and Houston restaurateur Jim Goode reportedly plans to open a new Goode Co. eatery in the former Spec's All American Seafood on Smith Street. ■

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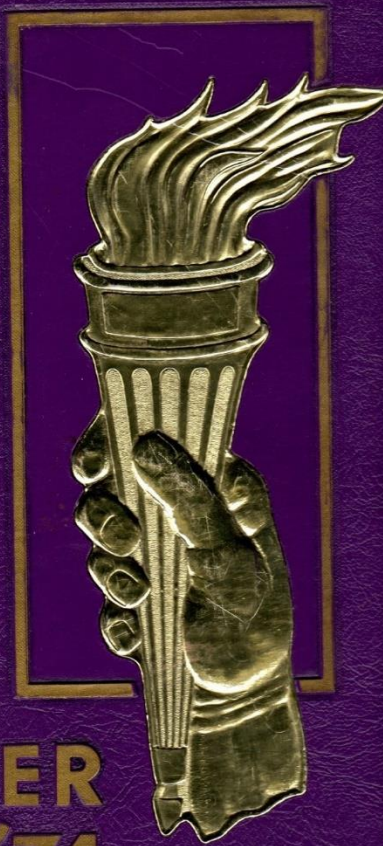
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