

Coverboys: Jim Shields (Chaminade) smashing national steeplechase record with 8:52.6 in Jr Nationals ... Art Monk (White Plains) breaking State high hurdles mark with 13.5 in Intersectionals ... Tony Harlin (Nanuet), 66-footer, putting the shot in Eastern States.

Photo credits to: Larry Benfield (Shields), Harrison Funk (Monk), Steve Sutton / DUOMO (Harlin).

# NEW YORK STATE Scholastic Track YEARBOOK

## 1977 EDITION

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- OUTDOOR, INDOOR & X-C
- ACTION PHOTOS
- ALL-STATE RANKINGS
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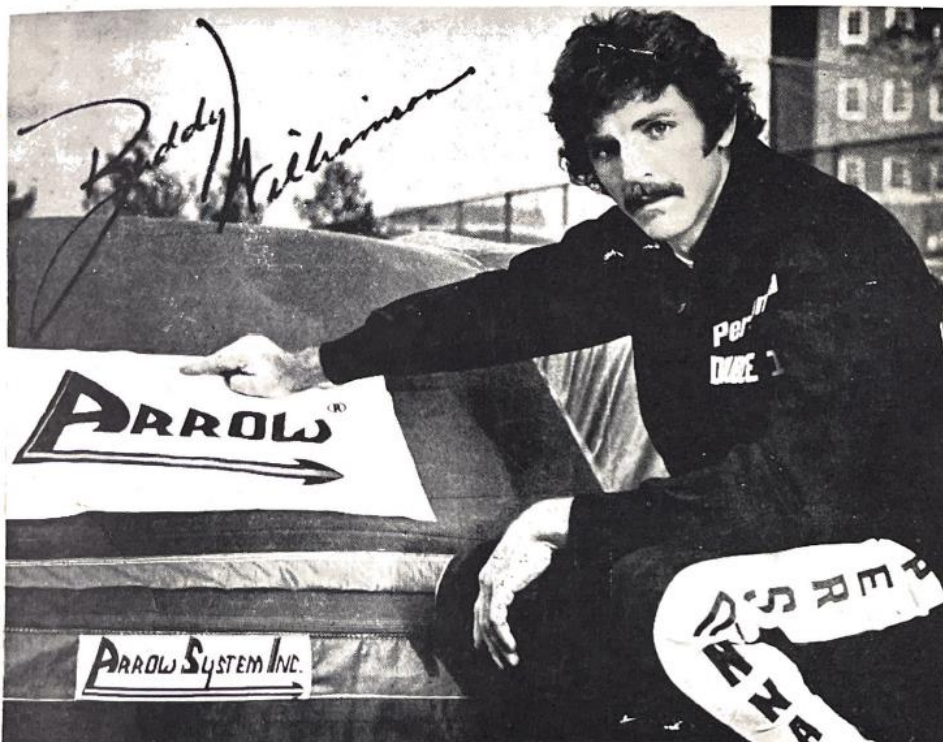
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We congratulate all of the Nassau athletes who made outstanding achievements during the season and helped Nassau win its 24th State Outdoor Intersectional Track & Field Championship.

\*\*\*\*\*

\*\*\* Jim Shields of Chaminade(Mineola) HS, NY State Athlete of-the-Year for 1976; National AAU Jr. Champion and H.S. recordholder in the steeplechase(8:52.6).

\*\*\* George Mecered of Mineola HS, Intersectional winner in the shot put(62-6½) and discus throw(170-9).

\*\*\* Other Intersectional winners Tony Tufariello of Hewlett in the 440(48.0), Holness Cunningham of Great Neck So. in the 220(21.4) and medley relay team of Walt Pawlowski(Floral Pk), Brad Ullrich(Bethpage), Dan Lake(Seaford) and Bill Carmack(Southside), and Ralph Preiman of Lawrence in the pole vault(14-3).

\*\*\* Paul Lankford of Farmingdale HS, Intersectional runnerup in the 120 highs and 330 intermediates, 13.7 to equal the former state record, and 38.1.

\*\*\* Paul Welsher of Kennedy-Bellmore HS, NY State Outdoor Freshman Track award winner, for his 4:30.1 mile and 9:34.0 two-mile.

Thanks from Nassau County to Dutch Hess of Great Neck South H.S., for his fine service again as Section Eight outdoor chairman.

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## NEW YORK STATE Scholastic Track YEARBOOK

**FOREWORD:** The last season was a strange one for me. I found that my spirit had ebbed. I anticipated the coming of some track meets with a sense of duty, not desire. I'm not sure why. I guess it's hard to get excited after 13 years on the circuit. Or is that just my unlucky number? Part of the reason, I think, was the PSAL budget crisis. Also some of my interest in track has been transferred to my cross-country publication. And the fact that I cover virtually every meet I attend for at least one newspaper causes me to consider a meet in terms of news angle, time schedule and the availability of telephones. After almost 80 meets, track and X-C, the exuberance is worn thin.

Let it not be said, though, that I didn't enjoy myself. Cross-country was crazy for me; but I loved the IC4A, NCAA and AAU meets(regretfully missing the Intersectional and Federation meets, also two of my favorites). Indoors is still my favorite season--who needs a wind gauge?--and the Easterns at Princeton are marvelous, although the meet(and the seeding meeting) is getting a bit long. I finally saw an NCAA outdoor championship. Penn Relays is still the ultimate for me. But if the Junior Nationals are in Knoxville again, try and make it. It'll cost you about \$200 for plane fare(from NY) and room and board. Many events serve as a virtual national high school championship, spiced with top college freshmen. It's efficient, high-calibre and the weather is great.

Of course that other track extravaganza, the one in Montreal, was the Big One. I couldn't make it to the Trials in Eugene. Aside from the competition, I was most impressed by the aplomb showed by Williams and Liquori when interviewed after injuries eliminated them. Years of work and possible Olympic glory had gone down the drain. Stokally, they defended the U.S. Trials system. They said, in essence, it was just tough luck for them. I am writing this on July 19, three days before my departure to the Games. I almost wish it was really the Penn Relays. We all know the Olympics, again, has been suffocated by politics, and by the time you read this who knows what else might have occurred. Taiwan is home, the Africans are leaving, other nations are following. It is no longer a true world track meet. Perhaps it is inevitable. When the countries of the world get together--for any purpose--some of them will do as you did as a kid in the schoolyard. "If Billy plays, I quit."

While I'm getting opinionated, a few more comments are in order. Burn down the \$100 million Yankee Stadium as a protest against the malicious sports priorities of today's municipal governments. Amateur athletics is rotting--the PSAL debacle is testimony to this...NY's new 3-event rule was unnecessary. Two events worked well. One unfortunate result will be that, in terms of team strength, sprint-oriented squads will be strengthened and distance-oriented ones will not. It's easier to run the 100, 220 and relay than run the mile, two-mile and two-mile relay...Let's lobby to return the Penn Relays distance medley to its linear components. The metric conversion took much of the luster off last season's race.

**CHANGES:** I kept last year's promise. The indoor and outdoor lists were expanded to 30 and 75. It's good to recognize more athletes, but a longer list increases the chances for error. Next year, maybe 40 and 100--those correspondents(and others) out there have to send almost every performance they get their hands on. There are also special features this year: the PSAL budget crisis, NYers at the Trials and the Olympics, more national notes and where the seniors went to college. The girls section has been expanded by about 20%. Coaches "spot" ads are out--too much work. Other ads fell off a little. The price has been raised to \$1.50 at meets, after ten years at a buck. It couldn't be helped. Mail orders are \$2, with 25¢ per copy for postage and handling.

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(Back: more photos; 48 pp. including covers)

**STATISTICAL EXPLANATION:** No need to delineate the generally accepted policies regarding acceptable performances, wind readings, class status, track regulations and league rules. For the most part, the Yearbook follows the policies of Track & Field News. Some special notations are listed with the stats. Wind was an annoying factor last spring, especially at White Plains High, site of the Loucks and State Intersectional meets. In the latter, all heats in applicable events were considered windy, as were all efforts in the LJ and TJ, at which no gauge was set up. You'll remember it was quite a windy day, and, let's also not forget, the limit of 4.47(2.0) mph is very, very little...seemingly negligible. Common abbreviations: \*--Junior, \*\*--Soph, \*\*\*--Freshman, h--heat, n--non-winning and a rare new one, A.T., for automatic timing. For some events on the outdoor lists there are omissions in the "n" usage for reasons too lengthy to explain here.

**REMEMBERING:** Three persons with a total of over 100 years of service to track are no longer involved. Fred Schmertz died Mar. 25, after a long illness, at the age of 87. Fred, of course, directed the Millrose Games for 41 years and was very considerate of the needs of high school athletes. The invitation H.S. Mile is one of the year's highlights...Manning Solon, longtime photographer, has retired. Manning, who used to run with Frank Hussey in the 20's, is an institution in New York City. His pictures have appeared in most of the Yearbooks and have been widely published elsewhere...Al Spitzer of the Long Island Press retired in July, 1975, but word of his exodus did not reach us till after the '76 Yearbook was published. Hence, this belated acknowledgement of his contribution to the sport through his meet coverage and feature writings...The guy everyone likes to blame when it rains, Joe Fordham, has retired from teaching(at Fordham Prep). But the prolific meet director continues as CHSAA chief and as head of various major invitational. We wish him well in semi-retirement.

**THANKS ADVERTISERS:** Without your continued support, there would be no Yearbook. Thanks again. (Additional ads are invited for the 1978 edition. Deadline: June 20, 1977. Rates: Quarter--pg-\$25, Half--\$40, Full--\$70.)

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**ACKNOWLEDGEMENT:** Again the Yearbook acknowledges its gratitude for the help given by writers, publicists, photographers, coaches, athletes, officials and fans. Special thanks to Neil Kerr of the Syracuse Post-Standard who, as head of the NY Scholastic Sports Writers Assn bulletins, coordinated a lot of upstate results; and to Mephram High student and track nut Alan Schleim, who covered Long Island like a blanket.

**Regional Correspondents:** Rog Allaway, Bob Burkley, Larry Byrne, Brian Caulfield, Tom Doherty, Andy Ferrara, Joe Fox, Hugh Goodman, Dave Hanson, Mike Holdridge, Ed Kehe, Brian Kelly, Neil Kerr, Albert Kowsky, Walt Krolman, Don Krone, Rodney Lee, Marty Lewis, Don MacArthur, Bill Murphy, Carl Roesch, Dave Rider, Alan Schleim, Jim Spier, Jack Shepard, Rick Stellrecht and Louise Tricard. Photographers in this edition: Steve Sutton, Paul Sutton, Harrison Funk, Larry Benfield.

**ABOUT THE AUTHOR:** There's no room for me, just for my family. My wife, Andrea, has been running, and she once did four miles. We might put Allison, 3½ over the summer, into age-group activity in the fall. Just for laughs. I'll look forward to being 30 in '77. That's the sub-masters league.

Marc Bloom, Editor & Publisher  
173 Dover Green, Staten Island, NY 10312  
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July, 1976

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# Shields hurdles barriers

It was probably inevitable that Jim Shields' best events for 1976 would be 3000 meters, three miles and the steeplechase, races not part of the standard high school program. For Shields was a maverick of sorts, not one to meld in with the landscape at an orthodox high school where the rules are not easily bent.

So at the second meet of the season, an incident after the competition ironically led Jim to one of the nation's outstanding high school performances of recent years. Shields and his teammates were waiting on the Chamaine High schoolbus for the coach to return. They got in the Bicentennial spirit early and decided to get out and push the bus a little. Jim was in the driver's seat—but not for long.

Chamaine officials suspended Jim from the team two days later "for rules violations." Jim said he was being used as a scapegoat, not having been held in great favor previously by the coach or school officials. Shields insisted, "The punishment didn't fit the crime." His family appealed the decision to the Chamaine president, who upheld the suspension.

Shields was out to pasture, but he found friends at the Long Island Athletic Club, for which he had run previously in post-season events. The LIAC sent him to Knoxville, where he ran 9:13.6 in the open steeplechase. The field was filled with Olympic candidates. The time was a NY State record for Jim, and it proved to be a foreshadowing of events that was to come one month later on the same track at the University of Tennessee.

Jim dropped his bombshell at the AAU Junior (19 and under) Nationals, a meet increasingly relied upon to propel teenage athletes into the U.S. track picture. It was to be a showdown between the improving but inconspicuous Shields and the more visible schoolboy recordholder, Jon Gustafson of well-publicized South Eugene (Ore) High. Gustafson set the national mark of 9:06.4 in last year's race, taking fourth while Shields was back in 10th in 9:23.0.

Forget it, this time. The William & Mary-bound Rockville Centre resident devoured the tricky event with a time of 8:52.6 to improve the national high school record by 14 seconds. That time would have gotten him 8th at the U.S. Olympic trials. He ran gracefully over the barriers and without mishap through the water jump for the 3,000 meters, about a furlong less than two miles.

"I knew I was going fast," he said. "I saw the ground go by very quickly."

Shields thus qualified for the U.S. Junior team that competed in West Germany and the Soviet Union in early July. Deadline reports indicate Jim ran 9:03 or so in beating the Russians but tripped against the Germans and placed third.

Incidentally, Shields also ran a 9:12.8 two-mile and, during the winter, set state records for 3,000 meters (8:32.4) and three miles (14:12.4).

Jim Shields is NY State Outdoor Athlete-of-the-Year for 1976. Almost anyone else would have packed his bags after his suspension. Shields capitalized on it. "Being on my own I could train more leisurely," he said.

Shields efforts definitely will further the cause of U.S. steeplechasing, now that sub-9 is a reality. And there may be more than meet the eye to Jim's victory in Russia. Remember where the 1980 Olympics will be.

\*\*\*\*\*

The other major bright spot for NY schoolboys was the hurdling of burly Art Monk. The White Plains senior, headed for Syracuse on a football scholarship, ran unbeaten in the 120 highs and 330 intermediates, setting a state record of 1:5.3 in the intersectionals on his home track. His best 330 mark was 37.1. Both times will rank very high on the final national lists. Besides his intersectional double, Monk took the Eastern and Golden West 330's.

In addition to Shields NY nabbed another national mark when George Kolb, a Ketchikan soph, walked one mile in 6:01.2. If the mile walk list was compiled Myers would probably claim 90% of the top 20 marks, thanks mainly to scheduled events in the Long Island and Hudson-Westchester areas. Moreover, there will be a walk in the 1977 Intersectional meet, but it may be on a non-scoring basis.

Metric events are more common, and that trend will continue, although the Penn Relays metric distance medley does not have much of a fan club.

We now have the three-event rule in New York State. Starting with the 1976-77 season, athletes here can compete in a maximum of any three events in a given meet. This replaces the two-event rule. This far-reaching development passed through all of the NYSFHSAA committees and was given final approval by the authorized bodies of the State Education Department. The NY City leagues also can utilize the new three-event status. It remains to be seen to what extent coaches, meet directors and league administrators take advantage of the ruling.

Yes, those were some bright spots but let's not deceive ourselves: this was not a banner year in NY. Injuries and abstentions proved costly. Athletes fell below their indoor peaks. The PSAL financial crunch (see stories elsewhere) was a disaster. Sure, the weather was bad—but we have seen worse, although it seemed to be windier than usual. Happily, the girls' program flourished (stories elsewhere).

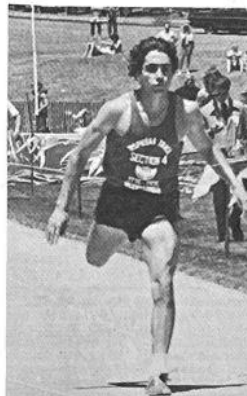
Following is an event-by-event rundown of the '76 campaign, with a few thoughts for '77:

**Sprints:** Adley Raboy of Maine-Endwell came out on top, with a 9.6 best and an unbeaten season that included Eastern and Intersectional (I-S) 100 wins. Nassau champ Mark Rushmore of Glen Cove also had a 9.6 and was 2nd to Raboy in the I-S. JFK's Ernie Walters took the Eddy and Loucks meets with 9.7's and was 2nd to Raboy in the Easterns. CHSAA champ Earl McNeil of Loughlin tied the soph mark of 9.6 in the Jr. Olympic trials and was headed for the Nationals at press time. Jefferson's Lillo Thomas, 9.6 last year, was mysteriously absent for most of '76. The two sophs that beat Raboy at last year's I-S were also absent. Keith Broughton of Williamsport North moved to the Detroit area, and New Rochelle's Steve Strothers was injured...Six runners hit 21.5 or better in the 220, but the event suffered since those marks were recorded in five different meets, Jackson junior Steve Skinner, Eastern victor, and Holmes Cunningham of Great Neck South, I-S champ, had the 21.4's. Sophs Brian Denman (Boys) and McNeil hit 21.5 and 21.6 in the Jr. Olympics, the former tying the class standard and, with Skinner, setting up a foundation for the '77 spring. With Strother also back, there should be some hot indoor 300's.

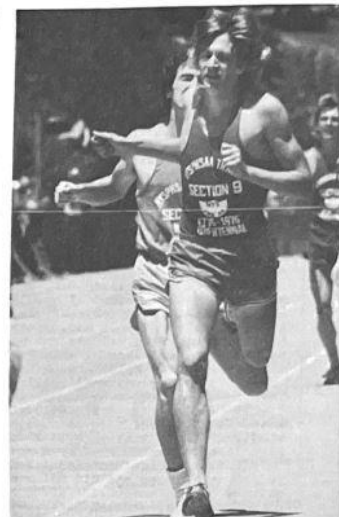
**Quarter:** This was a two-man show. Hewlett junior Tony Tufariello ran 48 flat to beat Mt. Vernon's Walt Kirkland at the NY Relays and won many other titles including the I-S and Easterns. Walt beat Tony at Loucks and Eddy but suffered a late-season injury that erased his probably shot at the 47.5 area. With Tuff back look for him to rank nationally with 47 flat a strong possibility. New Rochelle's Stan Lord was the best one-lap soph in years and may develop into a top speedster after sub-49 clockings in '76.

**Half:** This traditionally strong NY event fizzled. The only runner under 1:53 was Tom Horton, McQuaid, I-S champ at 1:52.3. There were five others in the 1:53's, including CHSAA, Eastern and L.I. victor Joe Swenson (1:53.3) and Mt. Vernon's Dave Washington, NY Relays and Loucks winner (also a 1:53.3 best). Swenson is from Chamaine. Best coming back is I-S runnerup Larry Kirk, Bishop Ludden, at 1:53.2, a sleeper who blossomed in late-season. Washington's Ramon Severino, Eastern indoor 100 champion never hit 1:51. His best was 1:54.1 and his big win came in the Eddy Games over Washington and Horton.

**Mile:** Imagine one race in June with Luis Ostolozaga (Loughlin), Maurice Weaver (Power), Dave O'Connor (Valley) and Steve Francis (Arlington). Under decent weather the whole quartet might have run 4:05-4:10.9. You pick the winner. Luis and Maurice hit 4:09.4, losing to Jersey's Steve O'Connell at the NY Relays. Luis beat both at Hartford in 4:10.6, had a 3:49.6 to 3:50 1500-meter edge at the Jr. Nationals (roughly 4:08 miles) and a 4:13.3 to 4:14.7 advantage in losing Golden West efforts. O'Connor and Francis avoided the limelight and sprung the big one in the I-S. Off a 60-second first 440, but amid gusty winds, Dave nipped Luis by 0.8 to 4:11.2, as both marks shattered the junior-class record. Both have been improving steadily since their record-breaking freshman years—Dave is at least a year younger than Steve—and should be among the nation's best this spring. Also returning are Noel Scidmore of Glens Falls



Left: Adley Raboy of Maine-Endwell wins Intersectional 100. Mid: Jackson junior Steve Skinner beats Loughlin soph Earl McNeil in Loucks 220. Right: Valley Central junior Dave O'Connor nips Arlington junior Steve Francis in sectional 15 mile. All action was at White Plains High. All photos by Harrison Funk.



(4:14.4), Tom Canien of Sewanhaka (4:14.7) and John Tuttle of Alfred-Almond (4:14.9). With five others back in '77 after sub-4:20 seasons, miling could really be hot this spring. The best of the whole '76 lot might have been Dan Predmore of Fairport, the Eastern indoor champ (4:13.8), who clocked 4:20 after a gnawing injury.

**Two Miles:** It was Luis and Maurice again here but with some disappointment. Sub-9:00 seemed assured after Luis' phenomenal X-C season and Maurice's phenomenal 9:04.2 indoors at the State Armory. The big chance came in the CHSAA champs, but they played cat-'n'-mouse, and Luis won it, 9:08.2 to 9:08.6. Earlier Maurice had won the Nanuet 2M in 9:12.2 and Luis took the NY Relays in 9:12.8 and the Christian Bros. in 9:10.6. There are a dozen or so back at under 9:30. O'Connor could be the best if he wants to. Otherwise it's wide open.

**Hurdles:** Besides Monk, the hottest credentials belonged to Long Island's Paul Lankford (13.7/38.1) and Tim Hanlon (14.2/37.5). They attend Farmingdale and St. Agnes. The graceful Lankford, a potential decathlete, is back this year. He was runnerup to Monk in both I-S events, after taking the I-S indoor highs in the winter. His 13.7 tied the old state mark; he had a windy 13.6 in the heats. Tim's best also were losing efforts, the highs to Jerseys in the Easterns and the 330's in the D.C. Meet of Champs. Also back this spring are Liverpool's Jim Sanford (14.3/14.0w) and Myack's Shulton Whitley (14.0). Wepham's John Kowalsky, who might have challenged Monk—in fact, he did in the Loucks meet—at the end, gave way to injury. Whitley also ran 38.4 in the 330's and accomplishments four other 38-pt returns.

**Walks/Steeple:** NY is walk country. Besides the aforementioned Kolb, who has two years left, there was a whole crew of fast milers. Also back are consistent Steve Schneider of Greeley and Magnus' John McKeeagan, whose real talent is at the longer distances. The year's top race was the Loucks mile. Greg Warren of NY Deaf and Joe Keegan of hometown White Plains did a virtual dead heat in the then-national mark of 7:00.3. Warren won it...Besides Shields, the steeple saw Bret Watzko of Nanuet and Chamaine's Jim Coogan go 1-2 in the Easterns, 9:29 to 9:30.8. Coogan, who returns, has been helped by Shields, and may follow him as the next national leader.

**Field:** Shot putting and pole vaulting grabbed center stage. Nanuet's Tony Marlin hit 63-plus in almost every meet, topped by a nationally-ranked 66-1, 2nd best ever in NY. He was 3rd in the Golden West, but one of his sub-63's came at the I-S, when Mineola's George Meccord gained a quarter-inch triumph at 62-61. The outlook for '77 is spotty...Tappan Zee's Lance Arietta never got his hoped-for 16-footer, but he still came away with the state record. Lance popped over 15-71 for the Eastern title. However, he caught the apple in his sectional and never got to the I-S, won on misses by Ralph Freiman of Lawrence. Runnerup Craig Lindell of Bethlehem had a 14-7 leap as part of a post-season 5249 decathlon performance (topped by John Hanrahan of Linton at 5320)...

...There are five 23-foot long jumpers back. Not one of them has shown real consistency, which should make for an interesting season. The top mark was a 24-3 3/4 for Elmira's Israel Howard in his sectional, but he was beaten by rival Guydell Powell (Vestal) in the I-S... Triple jumping was unspectacular, but Sleepy Hollow's Sanya Owelabi should take care of that this season. He lost a soph record to the absence of a wind gauge on that windy day in the I-S, taking the title with a leap of 48-2 3/4 to win by a quarter-inch over John Horton of Manhasset. Horton had two 48-foot meets, the best at 48-1.1. The most consistent was Midwood's Basil O'L-eighton, winner of several invitational trophies... After Rome's Kevin Parker high jumped 6-11 last spring and W. Islip's Tom Jedlicka added a 6-10 indoors, 7-foot leaping seemed likely. It never came as the pair had respective 6-10 and 6-9 bests. But 30(!) others got over 6-6 or higher, as compared with, say, only three years ago when 11 jumpers cleared that height. Ten of those guys are back, including Nanuet's Rick Carey, who erased Bill McClellon's soph record with a 6-8 3/4. State Catholic champ Kendall Jackson (Tison) hit 179-2 to pace the discus throwers. This weak NY event may be stimulated by Westhampton's Sean Farrell, 167-1 as a '76 soph. Niskayuna soph Dan Terwilliger hit 159-1.

**Relays:** Kennedy of the Bronx had sprint bests of 42.4 (440) and 1:27.7 (880). Centereach (1:27.8) and John Bowne (1:28.4) were consistent at two laps...Mt. Vernon's Penn Relays runnerup to Calabar, W.I. had a 3:14.9 mile, the first loss for the quartet of Kirkland, Washington, Bill Johnson and Valjean Garrett. They were primed for



# NY Olympians

## NEW YORKERS AT THE OLYMPICS

The U.S. Men's Olympic team was well represented with graduates of NY State high schools. The following NY alumni made the team: Willie Smith (Uniondale '74), 400-relay alternate; Matt Centrowitz (Power Memorial '73), 1500; Dick Buerkle (Aquinas '66), 5,000; Bill Jankunis (New Dorp '73), high jump; Fred Samara (Pt. Hamilton '69), decathlon. Smith, Centrowitz and Jankunis all were Yearbook Athletes-of-the-Year.

There were also NY graduates at Montreal for other countries: France—Marcel Philippe (Water Christi '69), 800 and/or 1500; Bahamas—Mike Sands (Sheephead '71), 100, 220 and/or 400; Trinidad—Mike Solomon (Wingate '73), 400; Belize (formerly St. Honduras)—Errol Thurton (Jackson '73), 400; Puerto Rico—Tony Colon (Power '70), 1500.

## NEW YORKERS AT THE OLYMPIC TRIALS

- 100: Willie Smith (Auburn/Uniondale '74), 5th in 10.26. Bill Collins (Gulf Coast TC/Mt. Vernon '69), 8th in 10.44.
- 200: Collins, 5th in semis (20.89), 20.73 in heats. Dennis Walker (DC Striders/Aviation '69), 6th in semis (21.15), 21.04 in heats.
- Larry Brown (San Ariz TC/Boys '69), 5th in semis (21.36), 20.98 in heats.
- 400: Smith, 7th in semis (46.65).
- 800: Mark Belger (Villanova/Mephia '74), 4th in 1:45.4. Bob Anastasio (NYAC/Fordham Prep '70), 6th in semis (1:49.7). Ken Schappert (Dubois '70) and Bill Dabney (Boys '73) ran 1:49.7 in heats.
- 1500: Matt Centrowitz (Oregon/Power '73), 2nd in 3:36.7. Denis Fikes (U.S. Marines/Rice '70), 6th in semis (3:44.1).
- 5000: Dick Buerkle (NYAC/Rochester area HS), 1st in 13:26.5.
- 400H: Harold Schwab (Penn/Centereach '72), 5th in 49.81. Bill Jankunis (NYAC/New Dorp '73), 1st in 7-5 3/4. TJ: Ken McBrayne (NY Pioneers/Mt. Vernon '71), 52-0w in qualifying rounds; did not make finals.
- HJ: Ben Fields (Seton Hall/Washingtonville '72), 7-0; qualified for finals and went unplaced.
- HT: Boris Djerassi (NYAC/Madison, Bklyn '70), 4:17-21.7. Dec: Fred Samara (NYAC/Ft. Hamilton '69), 3rd in 800.4. Also: Brian McElroy (Massapequa '69) 1:50.8 in 800 heats.

## TOP TEAM-TOP ATHLETE-ALL-TIME LIST

- Athletes:**
- 1976 Jim Shields, Chaminade (Steeplechase)
- 1975 Rudy Heaviss, New Rochelle (high jump)
- Robert Will, Lynbrook (shot put)
- 1974 Willie Smith, Uniondale (sprints)
- 1973 Matt Centrowitz, Power Memorial (mile)
- 1972 Harold Schwab, Centereach (hurdles)
- 1971 Ken McBrayne, Mount Vernon (triple jump)
- 1970 Fred Singleton, Mount Vernon (hurdles)
- Tony Colon, Power Memorial (mile)
- 1969 Zach Gilson, Peekskill (triple jump)
- Brian McElroy, Massapequa (half-mile)
- 1968 John Brady, St. Helena's (half-mile)
- 1967 James Jackson, Boys (half-mile)
- 1966 Alvin Pearson, Roosevelt (decathlon)
- 1965 Bill Meade, Jackson (440)
- John McClellan, Clinton (high jump)
- Bob Beamon, Jamaica (long & triple jumps)
- 1964 Don Castronovo, Oceanside (hurdles)
- 1963 Jim McDermott, Molloy (two-mile)
- 1962 Byron Lewis, Taft (triple jump)
- 1961 John Camien, Sewanhaka (mile)
- Trenton Jackson, Franklin-Roch (100)
- 1960 Gary Gubner, Clinton (shot put)
- 1959 Henry Korn, Stepien (shot put)
- 1958 John Fernandez, Bishop Dubois (220)
- Tom Laris, Washington (distance)
- 1957 Tom Carroll, Fordham Prep (800)
- 1955-1956-777
- 1954 Al Dertter, Sewanhaka (discus)

Teams: 76: Arlington & Centereach; 75: Mt. Vernon; 74: Mt. Vernon; 73: Molloy; 72: Uniondale; 71: Bethpage; 70: Mt. Vernon; 69: Boys; 68: Mt. Vernon; 67: Mt. Vernon; 66: White Plains.

## GREAT SPRING SEASON THROUGHOUT U.S.

American high school athletes, as usual, displayed extraordinary accomplishments during the outdoor track season. Some '76 highlights:

Dwayne Evans (So. Mtn, Phoenix, Ariz.) made the U.S. Olympic team at 200, running a record 20.22 after a HS mark of 20.5 for the full 220. Johnny Jones (Lampasas, Tex.) also made the team for the 400 relay and had prep marks of 9.3, 20.7 and 46.16 for the sprints. World recordholder Houston McLean was scratched from the U.S. team after qualifying because of an injury. McLean is from Baker, Fla.

Tony Darden (Norristown, Pa.), indoor 300 record-holder, set a HS record of 45.8 in the 400M... Jim Shields (Chaminade, Mineola, NY) set a prep steeplechase record of 8:52.6 and, after beating the Russian Juniors (in 9:03.2) was headed for 8:45 against the West Germans when he tripped over a barrier... George Kolb, a soph. (Ketchikan, Wappingers Falls, NY) set a national walk record of 6:56.2 for one mile.

Eric Hulst (Laguna Beach, Cal.) ran a record 28:54 for 10,000M, only to find Rudy Chapa (Hammond, Ind.) lower that mark to 28:32.8, one of the finest performances ever by a schoolboy. Hulst's Calif. rival, Thom Hunt (Henry, San Diego), was felled by illness and did not run the 4-minute mile he seemed headed for after an indoor record of 4:02.7... Jay Reardon (Rockhurst, KC, Mo.) high jumped 7-1 and had marks of (windy) 24-8 1/2 and 50-10 3/4 to also win the LJ and TJ in the Missouri State meet...

Manny Silverio (No. Bergen, NJ) broke the H.S. records for the 12-lb and 16-lb hammer throws with marks of 231-11 and 200-10... Greg Martin of Pascagoula, Miss. won the Golden West discus with a national mark of 202-9... Madison of Houston ran 3:11.8 to become the third team to gain a piece of the mile relay standard... Four teams broke 7:40 and another four were under 7:45 as the Illinois State meet saw the great prep two-mile relay ever held. But the winning time was only 7:38 (for Thornton), still off the 7:35.6 national record of Jackson and Boys, from NY, back in '66.

## OUTDOOR REVIEW (CONT'D FROM P. 5)...

even faster in the I-S, when they hit 3:17.7 with the injured Kirkland cruising a 50.9 leg... There were 25 units under 8 minutes in the two-mile, led by Power's 7:44.6 in the Jersey Relays. Molloy and Loughlin also had good clubs, as did Valley Central, 1-5 winner in a tight finish over McQuaid and Freeport... The best relay event of the year was the Jersey Relays four-mile all eight runners from Susan Wagner and Molloy ran lifetime mile bests. The outcome was a 17:21.6 victory for Wagner and the nations fastest time for '76. Molloy was close in 17:22.8. Bob Drazan (4:21.1), Bob Fabrigas (4:24), Tom Hammeton (4:20.2), and Richie Harder (4:15.9) handled the baton for Wagner... Loughlin had several top distance medley times but was unable to successfully defend its Penn Relays title. Again it was Luis and Maurice on the anchor. They ran 1:00-meter legs of 3:51.8 and 3:51.7, but Maurice started off with a 10-yard lead and Power won the new metric distance (800, 400, 1300, 1500) in 10:02.1. Loughlin's runnerup time was 10:04.6... It was also Power over Loughlin in the sprint medley, 3:27.8, in the losing end of a fast Jersey Relays event... but they couldn't make it to that Jersey meet, where Xavierian set a state record of 59.5 for the 480's while placing third.

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# Outdoor Winners List

**INTERSECTIONAL:** 100-Raboy, Maine-Endwell, 9.7. 220-Cunningham, Great Nk So, 21.4. 440-Tufariello, Hewlett, 48.0. 880-Horton, Moquaid, 1:52.3. Mile-O'Connor, Valley, 4:10.8. 2M-Scholder, Nottingham, 9:12.0. 1M-Monk, White Pl, 13.5. 1H-Monk, 37.1. HJ-Farker, Rome, 6-10. PV-Freiman, Lawrence, 14-3. LJ-Powell, Vestal, 23-8. TJ-Owolabi, Sleepy Hol, 48-2 3/4. SP-Mecorod, Mineola, 62-6. 4. SP-Mecorod, 170-9. 880R-Centereach, 1:28.6. MR-Mt. Vernon, 3:17.7. 2MR-Valley, 7:51. IS Medley-Sect 8, 7:59. Team-Sect 8, 7:53 3/4. Team (School)-Mt. Vernon 13.6.

**EASTERN:** 100-Raboy, Maine-Endwell, 9.6. 220-Skinner, Jackson, 21.4. 440-Tufariello, Hewlett, 49.1. 880-Swenson, Chaminade, 1:53.3. Mile-Ogilvie, E. Islip, 4:20.4. 2M-Grogan, Monrow-Wdy, 9:20.1. St-Watzka, Naruet, 9:29. HH-Ramsey, NJ, 13.8. 1H-Monk, White Pl, 37.6. HJ-Becton, Pa, 6-9. PV-Arietta, Tappan Zee, 15-74. LJ-Galbraith, NJ, 21-10. TJ-Baker, NJ, 48-6. SP-Skidmore, NJ, 64-4. 4. SP-Bilte, NJ, 176-1. JT-Tripka, NJ, 201. 880R-Bowman, 1:28.4. MR-East NY, 3:21.6. 2MR-Molloy, 7:48.8. DMR-CBA, NJ, 10:11. Team: Cherry Hill, NJ, 15.

**STATE CATHOLICS:** 100-Francis, St. Francis, 10.0. 220-Francis, 22.4. 440-Coiro, Trinity, 50. 880-Florentino, Power, 1:55.2. Mile-Weaver, Power, 4:10.9. 2M-DeStefano, Loughlin, 9:26.3. HJ-Harlan, St. 9:40.9. HJ-Tobin, Xaverian, 41.3. HJ-Murphy, McCloskey, 6-4. PV-Catalano, CBA (Alb), 12-6. LJ-Loiacono, St. Anthony's, 20-8. TJ-Plyed, Power, 44-8. SP-Jackson, Timon, 57-2. TJ-Jackson, 179-2. JT-Brosia, McClellan, 170-2. Team: Brooklyn Diocese 92; Team (School): Power Memorial 37.

**NYC CHSAA:** 100-McNeil, Loughlin, 9.8. 220-Francis, St. Francis, 21.7. 440-Gartrich, St. Francis, 49.9. 880-Swenson, Chaminade, 1:55.6. Mile-Acuavella, Nazareth, 4:18.8. 2M-Ostolozoga, Loughlin, 9:08.1. St-Coogan, Chaminade, 9:37. HH-Harlan, St. Agnes, 14.5. HJ-Sexton, Iona, 40.2. 6-1K-Weber, St. Francis, 7:36.4. HJ-Thierfelder, Fordham, 6-6. PV-Parrell, Chaminade, 13-6. LJ-Boomer, Molloy, 22-1 3/4. TJ-Plyed, Power, 46-8 3/4. SP-Lanza, Molloy, 56-6. JT-Lanza, 158-0. JT-Brosia, McClellan, 186-1. 880R-McClancy, 1:33.1. MR-Fordham, 3:26.7. 2MR-Molloy, 7:57.8. Team: Molloy 63.

**LOUCKS GAMES:** 100-Walters, JFK, 9.7. 220-Skinner, Jackson, 21.5. 440-Kirkland, Mt. Vernon, 48.6. 880-Washington, NY, 1:54.4. Mile-Ostolozoga, Loughlin, 4:10.4. 2M-Schell, NY, 9:03.9. St-Black, Xaverian, 9:40.9. HJ-Torren, NY, Deaf, 7:00.3. HJ-Monk, White Pl, 14.1. 1H-Monk, 38.9. HJ-Deaf, 7:00.3. HJ-Freiman, Lawrence, 14-6. LJ-Kirk-Fitts, Long Beach, 6-6. PV-Freiman, Lawrence, 14-6. TJ-Kirk-Fitts, Long Beach, 21-10 3/4. TJ-O'Leighon, Midwood, 47-74. SP-Harlin, Naruet, 63-4. DT-Harlin, 165-0. JT-Campbell, NJ, 203-6. HT-Silverio, NJ, 220-1. 440R-Wilson, DC, 42.5. MR-Mt. Vernon, 3:19.9. Team: Mt. Vernon 26.

**EDDY GAMES:** 100-Walters, JFK, 9.7. 440-Kirkland, Mt. Vernon, 48.9. 880-Severino, Washington, 1:56.1. Mile-Moreland, Iroquois, 9:09.8. HJ-Monk, White Pl, 14.0. 1H-Monk, 38.1. HJ-Murphy, McCloskey, 6-5. PV-Lindell, Bethleh-hen, 14-0. LJ-Kirkland, 23-5. TJ-O'Leighon, 46-7, Midwood. SP-Richardson, JFK, 57-24. DT-Macnaman, Granville, 161-6. 880R-Bowne, 1:28.5. 440R-Boys, 42.8. MR-East NY, 3:20.2. 2MR-Wingate, 7:59.1. DMR-Nottingham, 10:42.9. Team: Mt. Vernon, 27.

**Hartford Inv:** 100-Curry, Ct, 9.9. 220-Curry, 21.1. 440-Tufariello, Hewlett, 48.6. 880-Washington, NJ, 1:54.4. Mile-Ostolozoga, Loughlin, 4:10.6. 2M-Whittaker, Ct, 9:21.1. St-Gotton, Ct, 9:49.1. HJ-McKeegan, Magna, 7:22.9. HJ-T-Francine, Naruet, 14-6. HJ-Borgiovanni, Ct, 21-8. 6-8 JT-Ford, Ct, 47-7. SP-Harlin, Naruet, 63-10. DT-Swanke, Ct, 178-4. JT-Allain, Ct, 203-6. HT-Smoloski, Ct, 170-6. 880R-FK, 1:27.7. MR-Washington, DC, 42.5. 2MR-Molloy, 7:49.7. (no team scores)

**WEST NY (NJ) RELAYS:** HH-Snipes, NJ, 14.8. Mile-Severino, Washington, 4:25.4. 2M-Hirsch, NJ, 9:35.4. HT-Silverio, NJ, 220-1. MR-Moortstown, NJ, 11-1. FVR-Teaneck, NJ, 25-6. MR-Moortstown, NJ, 40-10 3/4. TR-Cherry Hill W, NJ, 85-28. SP-Fiscataway, NJ, 110-3. DTR-Deftord, NJ, 281-6. 440R-Memorial, NJ, 103.7. 440R-JFK-Bx, 43.5. 880R-Snyder, NJ, 1:29.8. MR-Snyder, 3:21.4. 2MR-St. Raymond's, 8:10.5. 4MR-Wagner, 18:09.2. SMR-Washington, 3:32.7. DMR-Nazareth, 10:30.4. Team: Snyder 17.

**NANUET (Cont'd):** 2M-Weaver, Power, 9:12.2. HJR-Xaverian, 12-5. FVR-Hackensack, NJ, 26-3. LR-Mt. Vernon, 42-0. 2MR-Molloy, 85-3. SP-Naruet, 115-5. DTR-Hackensack, 294-6. 360HR-Centereach, 44.8. 440R-Centereach, 43.8.

**NANUET (Cont'd):** 880R-White Plains, 1:30.1. MR-New Rochelle, 3:23.1. 2MR-Molloy, 7:53.6. 4MR-Centereach, 18:21.4. SMR-Mt, 3:34.6. DMR-Loughlin, 10:22.8. Team: Cent. 27.

**FLORAL PARK RELAYS:** 100M-Allen, Long Beach, 10.5. 1500-McCutcheon, Regina, 4:02.2. HJ-Katz, Merricks, 8:11.2. St-Coogan, Chaminade, 9:49.4. 1H-Sheerin, Seaford, 39.9. HJ-Pitts, Long Beach, 6-3. PV-Freiman, Lawrence, 13-11. LJ-Vincine, Wheatley, 21-10. TJ-Curry, Great Nk So, 47-13. SP-Kaminsky, Lynbrook, 55-1 3/4. DT-Mecorod, 165-0. 440R-Levittown Men, 45.3. 160HR-Mephia, 48.6. 880R-Uniondale, 1:30.3. MR-Maria Regina, 1:25.4. 2MR-Berner, 7:55.4. 4MR-Elmont, 18:22.6. SMR-Floral Pk, 3:33.7. DMR-Massapequa, 10:22.2.

**PENN RELAYS:** Mile-O'Connell, NJ, 4:11.8. 2M-Salazar, Mass, 8:53.7. HJ-Becton, Pa, 6-10 3/4. PV-Hartley, NJ, 16-0. TJ-Dickinson, Pa, 46-8. SP-Harlin, Naruet, 63-2. 440R-Franklin, Pa, 41.0. 1.600M-Calabar, W. India, 3:13.4. 3200R-Menchville, Pa, 7:43.0. DMR (800, 400, 1300, 1500)-Power, 10:02.

**NY RELAYS:** 1H-Monk, White Plains, 38.5. 440-Tufariello, Hewlett, 48.0. 880-Washington, Mt. Vernon, 1:53.3. Mile-O'Connell, NJ, 4:09.2. 2M-Ostolozoga, Loughlin, 9:12.8. HJ-Jedlicka, E. Islip, 6-8. PV-LJ-cancelled. TJ-O'Leighon, Midwood, 46-6. SP-Harlin, Naruet, 63-4. DT-Skidmore, NJ, 176-1. HJ-Tobin, Xaverian, 41.3. HJ-Murphy, McCloskey, 6-4. 440R-JFK, 43.5. 880R-Centereach, 1:30.6. MR-Mt. Vernon, 3:19.8. 2MR-Power, 7:54.0. SMR-Farmus Cath, NJ, 3:31.1. DMR-Loughlin, 10:26.5.

**JERSEY RELAYS:** HJ-Punderburk, NJ, 6-7. FV-Shea, NJ, 13-6. SP-Skidmore, NJ, 62-3. DT-Millick, NJ, 170-11. 480HR-Hepburn, NJ, 58-9. 880HR-Farmus Cath, NJ, 1:59.2. 440R-JFK, 42.4. 880R-Franklin, Pa, 1:27.3. MR-Williamboro, Pa, 3:20.1. 2MR-Power, 7:44.5. 4MR-Wagner, 17:21.6. SMR-Lincoln, NJ, 3:26.5. DMR-Cranford, NJ, 10:14.3.

**IONA RELAYS:** HJR-Xaverian, 12-4. FVR-Mamroek, 25-0. LJ-Mt. Vernon, 42-5 3/4. SP-Naruet, 109-24. JTR-Sayre, 171.1. HJ, 400-2. HT-Silverio, NJ, 220-5. HJ-McKeegan, Magna, 7:26.3. 480HR-Centereach, 1:00.6. 440R-FK, 43.0. 880R-JFK, 1:29.6. MR-Mt. Vernon, 3:19.1. 2MR-Loughlin, 7:57.5. DMR-Loughlin, 10:12.0.

**AQUINAS RELAYS:** LR-Monroe, 77-7. TJ-Rush-Henrietta, 168-2 3/4. SP-Rome, 207-34. DTR-Rome, 555-9. 8-mile-R-Jamesville-DeWitt, 39:53.9. 480HR-Madison, 1:03.9. 440R-Hen-Hen, 44.7. 880R-Rush-Hen, 1:35. MR-Franklin, 3:33.2. 2MR-Shaker, 8:49.2. DMR-Jamesville, D, 18:32.2. SMR-Aquinas, 3:46.3. DMR-Rush-Hen, 10:52. Team: Rush-Hen, 60.

**LIAC INV:** 100-Rushmore, Glen Cove, 10.0. 220-Holmes, Amityville, 22.5. 440-Tufariello, Hewlett, 48.5. 880-Swenson, Chaminade, 1:55.9. Mile-McCutcheon, M. Regina, 4:20.9. 2M-Shields, Chaminade, 9:12.8. HJ-Lankford, Farmingdale, 14.5. 440HR-Lankford, 54.7. HJ-Schwab, Centereach, 6-6. PV-Freiman, Lawrence, 14-0. HJ-Roberts, Uniondale, 23-3. TJ-Norton, Manhasset, 45-9. SP-Mecorod, Mineola, 61-6. DT-Mecorod, 164-2. DT-Rofheart, Uniondale, 131-5. 880R-Centereach, 1:27.8. MR-Bay Shore, 3:22.7. 2MR-Berner, 7:55.9. 2M-Marino, Elmont, 14:54.2.

**SUPPOK INV RELAYS:** 480HR-Xaverian 1:00.5. 400MR-Great Nk So, 45.6. 800R-Bowne, 1:30.2. 1600R-Hempstead, 3:25.7. 3200R-Chaminade, 7:50.2. DMR (800, 400, 1300, 1500) Molloy, 10:15.7. Team: Molloy 18.

**ARLINGTON RELAYS:** 100M-Swinton, O'Neill, 10.8. 1500-Francis, Arlington, 3:59.2. HJ-Kolb, Ketchikan, 8. HH-Hamilton, Woodlands, 14.5. 1H-Pascetta, O'Neill, 39.4. HJ-Gleason, Molloy, 6-6. PV-Cole, Arlington, 13-9. LJ-Dorney, J. Jay, 21-6. HJ-Owabi, St. Hollow, 45-14. SP-Sci, No. Rockland, 60:4. DT-Reynolds, Arlington, 158-6. JT-Boerner, Lakeland, 178-5. HT-Scott, Croton-H, 133-6. 360HR-No. Rockland, 47.3. 440R-No. Rock, 44.8. 880R-Arlington, 1:33.5. MR-Arlington, 3:32.7. 2MR-Freeport, 8:11. 4MR-Arlington, 18:15. SMR-Arlington, 3:39.5. DMR-Magna, 10:44.5. Teams: I-Arlington 77; II-Washville 45; III-O'Neill 54.

**HORNELL INV:** 100-Kaiser, Hilton, 10.3. 220-Bodensteiner, Kearney, 22.2. 440-Chimera, Kearney, 51.5. 880-Tuttle, Al-Almond, 1:56.6. Mile-Tuttle, 4:21. HJ-Stephens, Mayland, 15.0. HJ-Scouten, Conring, E, 41.8. HJ-Glover, Arkport, 6-2. PV-Koval, Conring, E, 12-3. LJ-Howard, Elmira, 21-3. TJ-Wilson, Rush-Henrietta, 45-0. SP-Dugan, Hornell, 57-3. DT-Bruce, Monroe, 155-10. 440R-Hilton, 46.2. 880R-Kearney, 1:33.5. MR-O-Athana, 3:33.4. 2MR-Aquinas. 2M-Rohr, Arcadia, 9:39. Team: Aquinas 33.



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Varsity Coach -- Mr. Edward J.J. Bowes  
Freshman & Asst Coach -- Mr. Richard Glynn  
Asst Coach -- Mr. David Kroon  
Moderator -- Br. Joseph Reilly, FSC  
Moderator -- Br. John Guasconi, FSC  
School Colors -- Purple & Gold  
School Nickname -- Lions

**Captains:**

Fred Fergus (X - Country)  
Alan Brent (Track Co-Capt)  
Glenn Jones (Track Co-Capt)

**Officers:**

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**23rd Annual Bishop Loughlin Indoor Games**  
Saturday, December 18, 1976  
State Armory / 168th Street / New York City

**Loughlin Graduating Seniors:**

Les Bullock(U.S. Army)  
Jeff Burton(No'eastern; Phys Ed.)  
Brian Coulter(NYC Comm.; Lib Arts)  
Tyrone Ferriera(NYC Comm; Mech Tech)  
Darren Harper(Brown; pre-med)  
Al Isaacs(St.Francis; Lib. Arts)  
Hildegard James(U.S. Navy)  
Ray Jorsling(Syracuse; Phys Ther)  
Bruce LaRaue(Baruch; Accounting)  
Tom Meagher(Manhattan; Business)  
Luis Ostolozaga(Manhattan;Business)  
Pete Taibi(Kingsborough CC;Lib Arts)  
Ramon Torres(New Mexico State)

-----  
**Ostolozaga: \*\*Outdoors:**

Wins NY Relays 2M(9:12.8)  
Anchors Loughlin to 1st NYR Title(DMR)  
Wins Loucks Games Mile(4:16.4)  
Wins Hartford Inv Mile(4:10.6)  
Wins Christian Bros 2M(9:10.6)

**Luis Ostolozaga's Record:**

**\*\*Cross-Country:**

Harrier All-American  
All-Time Van Cortlandt  
record of 12:16.4(2.5M)  
All-Time Prospect Park  
record of 12:33.6(2.7M)  
Winner of 11 of 12 Races

**\*\*Indoors:**

Wins Loughlin Games 1,000  
(2:15.9-meet & sch. records)  
Wins St.Francis 2M(9:23.5)  
Participant in Millrose HS Mile

\*\*\*\*\*

Wins CHSAA 2M(9:08.2)  
Participant in Jr Nationals  
1500(3:49.6), Int'l Prep 2M,  
and Golden West mile  
Wins 195 career medals at  
Loughlin, 1972-76, school record

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# Manhattan College

## THE JASPERS

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Congratulates all New York State Coaches and Athletes  
for a fantastic 1975-1976 season,  
and wishes all runners, jumpers and throwers  
an even more successful 1976-1977 Campaign.

\*\*\*\*\*

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School of Arts and Sciences  
School of Engineering  
School of General Studies  
School of Teacher Preparation  
(Includes Physical and Health Ed.)

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\*\*\*\*\*

- 10 Olympians
- 1 Olympic Champion - Lindy Remigino (1952 - 100 Meters - Helsinki)
- 1 NCAA Indoor Team Title (1973)
- 7 IC4A Cross-Country Team Titles (1932, 1938, 1939, 1947, 1954, 1972, 1973)
- 10 IC4A Indoor Team Titles (1934, 1935, 1936, 1939, 1951, 1952, 1953, 1955, 1956, 1972)
- 4 IC4A Outdoor Team Titles (1952, 1953, 1955, 1956)
- 19 Metropolitan IC Cross-Country Titles
- 21 Metropolitan IC Indoor Team Titles
- 19 Metropolitan IC Outdoor Team Titles

\*\*\*\*\*

### THE BIGGEST AND THE BEST

ANNOUNCING: 4th Annual Manhattan College Interscholastic Cross-Country Meet  
Saturday, October 9, 1976, Van Cortlandt Park, 9:30  
Sponsored By: Alumni Spiked Shoe Club of Manhattan College

#### 22 RACES

1,292 PRIZES

- 6 Varsity
- 3 Girls (Including Girls  
Eastern States Championship)
- 3 Sophomore
- 4 Junior Varsity
- 6 Freshmen



Spiked Shoe Club Officers: President: Pierce Power '50; Vice-President: Matt Schimmenti '64;  
Secretary: Gerald Christopher '68; Treasurer: John Geraghty '63

#### 1976 Manhattan College Olympians At Montreal

1500: Tony Colon (for Puerto Rico)  
400: Errol Thurton (for Belize)

# All-State Teams

## FIRST TEAM

100: Adley Raboy, Maine-Endwell  
220: Steve Skinner, Jackson  
440: Tony Tufariello, Hewlett  
880: Tom Horton, McQuaid  
Mile: Luis Ostolozaga, Loughlin  
2M: Luis Ostolozaga, Loughlin  
4M: Art Monk, White Plains  
8M: Art Monk, White Plains  
Walk: George Kolb, Ketcham  
LD Walk: John McKeegan, Magnus  
St: Jim Shields, Chaminade  
HJ: Kevin Parker, Rome  
FV: Lance Arietta, Tappan Zee  
LJ: Guydell Powell, Vestal  
TJ: Basil O'Leighton, Midwood  
SP: Tony Harlin, Nanuet  
DT: Kendall Jackson, Timon  
JT: Ed Brosa, McClancy  
HHR: Centereach  
440R: Kennedy-Bronx  
880R: John Bowne  
MileR: Mount Vernon  
2MR: Power Memorial  
4MR: Syman Wagner  
SMR: Power Memorial  
DMR: Power Memorial

## SECOND TEAM

100: Ernie Waiters, JFK-Bronx  
220: Holness Cunningham, Great Nk So  
440: Walt Kirkland, Mt. Vernon  
880: Dave Washington, Mt. Vernon  
Mile: Maurice Weaver, Power  
2M: Maurice Weaver, Power  
4M: Paul Lankford, Farmingdale  
8M: Paul Lankford, Farmingdale  
Walk: Greg Warren, NY School-Deaf  
LD Walk: Tony Ciotoli, Harrison  
St: Bret Watzka, Nanuet  
HJ: Ralph Freiman, Lawrence  
FV: Tom Jedlicka, West Islip  
LJ: Israel Howard, Elmira  
TJ: John Horton, Manhasset  
SP: George Mecerod, Mineola  
DT: George Mecerod, Mineola  
JT: Dom Concilio, Xaverian  
HHR: Xaverian  
440R: Boys  
880R: Centereach  
MileR: James O'Neill  
2MR: Archbishop Molloy  
4MR: Archbishop Molloy  
SMR: Bishop Loughlin  
DMR: Bishop Loughlin

## THIRD TEAM

100: Mark Rushmore, Glen Cove  
220: Steve Strother, New Rochelle  
440: Stan Lord, New Rochelle  
880: Joe Swenson, Chaminade  
Mile: Dave O'Connor, Valley Central  
2M: Jerry Scholder, Nottingham  
4M: Shulton Whitley, Nyack  
8M: Tim Hanlon, St. Ann's-JVC  
Walk: John Davey, Sleepy Hollow  
LD Walk: Mike Morris, Lourdes  
St: Jim Coogan, Chaminade  
HJ: Jim Murphy, McCloskey  
FV: Craig Lindell, Bethlehem  
LJ: Walt Kirkland, Mt. Vernon  
TJ: Ed Russell, Lookport  
SP: Sanya Owolabi, Sleepy Hollow  
DT: Cosmos Tocchi, No. Rockland  
JT: Dave MacMennamin, Granville  
HHR: Mike Cordes, Notre Dame-Stva  
440R: Ron Boerner, Lakeland  
880R: South Shore  
MileR: Bishop Loughlin  
2MR: Kennedy-Bronx  
4MR: East York  
SMR: Valley Central  
DMR: Elmont  
George Washington  
Xaverian

**Selection Policy:** The 11th annual NY State All-Star rankings, as usual, are not based on "what if's" but on "What was." The general criteria: the athlete's level of accomplishment in terms of victories, competitive record, consistency, outstanding marks, with emphasis on league championship meets. (Generally, dual meets receive little attention.)

### Explanation of Selections:

100: Unbeaten Raboy solid. Waiters, Loucks, & Eddy victor and Eastern runnerup (to Raboy), edges Rushmore, State runnerup (to Raboy).  
220: Skinner's 21.5w/21.4 Loucks/Easterns wins (the latter over NJ stud Mike Peniston) are judged a bit heavier than Cunningham's 21.4/21.4 dual/State wins. Strother ran well until his injury.  
440: Kirkland had the edge on Huff, but Huff took the State (hereafter IS, for InterSectional) and Eastern titles while Kirk nursed an injury. Lord, consistent soph, firm in third.  
880: Horton lost a tight Eddy race but left no doubt after fast I-S win. Washington took NY Relays and Loucks over Swenson, who won CHSAA and Easterns. Kirk, IS runnerup (nipping Washington), did not have equal overall record.  
Mile: Luis beat Maurice at Hartford, Jr AAU and Golden West. O'Connor, after early-season troubles, was dynamite in IS, edging Francis, who beat him at Arlington.  
2M: Luis again had the edge on Maurice with I-S winner Scholder firm in third spot.  
4M: Unbeaten Monk. Lankford and Whitley firm too.  
8M: Monk, of course. Lankford edges Hanlon for 2nd after beating him in LI champs 440's.  
Walk: National recordholder Kolb choice over previous recordholder Warren in mile...in new category of LD (Long Distance) walk McKeegan, with 51:56 10K, tops with Ciotoli, 5K winner, and Morris, 10K finisher in JR AAU, next.  
LD Walk: Shields natch. Watzka and Coogan, 1-2 in Easterns follow.  
St: Parker solid with 6-9 at Penn and 6-10 for I-S win. Jedlicka's total top leaps gets nod over Murphy, who had a win over Parker at Eddy.  
FV: Arietta solid. I-S victor Freiman next with consistent 14-footers Lindell and Jirgal took close to separate.  
LJ: Powell's I-S win reversed Howard's section victory. I-S runnerup Russell even with Kirkland, who was strong till moving to late-season relay duty.  
TJ: O'Leighton took Eddy, NYR, Loucks and Hartford with a 47-foot average. Owolabi's 4-inch win over Horton (IS) could not overhaul John's superior pre-meet efforts.  
SP: Harlin was superior to Mecerod even with I-S loss. Consistent Tocchi solid in third.  
DT: State Cath. champ Jackson firm out front. Erratic Mecerod 2nd after I-S title, putting runnerup MacMennamin in a knot with Cordes.  
JT: New category now that there are more--but still only a few--JT competitions. Brosa beat Concilio in CHSAA and State Cath. Concilio beat Boerner in NY Relays.

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1976 NY STATE ATHLETE-OF-THE-YEAR  
Jim Shields, Chaminade HS  
\*\*\*\*\*

### TOP ATHLETES BY CLASS:

Track	Field
SR Jim Shields, Chaminade	Tony Harlin, Nanuet
JR Dave O'Connor, Valley	Guydell Powell, Vestal
SO Earl McNeill, Loughlin	Sanya Owolabi, Sleepy Hollow
FR Paul Welsher, JFK-Blm	Jim Monaco, CBA-Albany

**Explanation:** Shields choice over hurdler Monk for top spot. Other selections no doubt except: O'Connor edges hurdler Lankford...Welsher 4:30/9:34 distance man...Monaco's 50/149-10 in weights...narrow picks.

\*\*\*\*\*  
**Top Teams:** 1. tie, Arlington (Bill Murphy) & Centereach (Bob Burkley) 3. Molloy (Tony Ferrone) 4. Mt. Vernon (Dave Rider) 5. Xaverian (Frank McCartney) 6. Power Memorial (Bro. J.G. Bielen) 7. Bishop Loughlin (Ed Bowes) 8. James O'Neill (Rich Michalski) 9. Uniondale (Al Krauser) 10. Kennedy-Bronx (Irv Goldberg).  
(11-25 alphabetically) Chaminade, Farmingdale, Great Neck South, McClancy, Monroe-Woodbury, Nanuet, New Rochelle, North Rockland, Rome Free, St. Francis Prep, South Shore, Suffern, Union-Endicott, Vestal, White Plains.  
**Analysis:** To separate Arlington and Centereach would be nipping. Both teams were unbeaten--except for Centereach's poor Eddy Games showing--and performed on a level high above other contenders. On paper a dual meet would give it to Centereach, 75-56, based on the cold, top marks of each squad and scoring 5-3-1 (5-0 in relays). But Arlington was a bit more consistent in gathering trophies against tougher opposition. Thus, a tie.  
Molloy took the CHSAA. Mt. Vernon had the stars, but lost by 30 to Arlington in its sectional. Xaverian, Power and Loughlin were very well balanced and scored consistent successes. O'Neill and Uniondale were Rockland and Nassau champs. JFK was the PSAL's best (Indoor champ Edison did not compete because of the league's budget cut.)

**HHR:** Centereach beat Xaverian in 3 of 4. Consistent South Shore firm in third.  
**440R:** JFK easy choice with Eddy victor Boys (over JFK) in 2nd. Jersev R. runnerup Loughlin slides into 3rd.  
**880R:** JFK was hot early but Bowne, Eastern champ, and Centereach, I-S and L.I. victor, tops at the end.  
**Mile:** Mt. Vernon, of course. O'Neill darts into 2nd with fast I-S runnerup with consistent ENV firm in 3rd.  
**2MR:** Power and Molloy solid for 1-2 with I-S winner Valley nipping McQuaid and Loughlin with 3rd slot.  
**4MR:** Wagner and Molloy, 1-2 in near record Jersey R., retain spots. Elmont, also under 18 flat, edges Farrell and Jamesville-DeWitt for third.  
**SMR:** One race can do it here, and Power and Loughlin beat GW at Jersey R event.  
**DMR:** Penn winner Power has to get 1st over more-consistent Loughlin. Xaverian nips Molloy for 3rd.





		DT(Cont'd)		400R(Cont'd)		ONE-MILE RELAY		2MR(cont'd from P.14)		SMR(Cont'd)		NOTE-WORTHY PERFORMANCES	
												In Non-Standard events	
12-11	JIM LOWEY, Jamesville-Dwt	157-11	BOB NEIL, Spring Valley	44.5n	IONA PREP	3:14.9n	MOUNT VERNON	8:05.4n	WEST GENESSE	3:39.1	NINGATE		
12-11	STEVE ARMSTRONG, Cazenovia	157-7	GARY MUFFA, Troy	44.6n	HAMILTON-Elynn	3:18.4n	JAMES O'NEILL	8:05.6n	SCANLON	3:39.2	SCANLON		
12-11	JOE KAVAIL, Corning East	157-6	ELLI COOPER, No. Rockland	44.7	LYNNROCK	3:19.7n	EAST NEW YORK	8:05.6	BAYPORT	3:39.5	MELVILLE		
12-10	LLOYD DAVIS, St. Jefferson	157-6	DOUG GARDNER, Gouverneur	44.8	OCEANIDE	3:20.5n	JOHN BOWNE	8:05.6n	CENTERREACH	3:40.1n	PREPOT	100 Meters	
12-9	MARK KAAR, Liverpool	157-2	JIM DALY, Washingtonville	44.8n	CARLE PLACE	3:21.2n	WINGATE	8:06.4n	KETCHAM	3:40.4n	GILLOT	10.0w	
12-9	JOHN McHUGH, Manaratock	156-9	AL KAVAIL, Berner	44.9	NORTH ROCKLAND	3:21.4n	WINGATE	8:06.4n	McCLANAY	3:40.5	NORTHURPT	10.0w	
12-9	TIM VERITY, Lockport	155-9n	PAUL VASILCHIK, Union-End.	44.9n	CURTIS	3:21.4	BAY SHORE	8:06.6n	SYOSSET	3:40.6n	BYRAM HILLS	10.0w	
12-7	JOE WEISS, St. Anthony's	155-7	JOHN LAWRENCE, Little Falls	44.9n	BINGHAMTON NORTH	3:21.6	CENTERREACH	8:07.0n	PORT JERVIS	3:40.6n	SOUTH SHORE	10.0w	
12-7	JACK LLOYD, CBA-Syracuse	155-3	JIM DESPANO, New Hartford	44.9n	UNION-ANDICOTT	3:21.8n	JEFFERSON	8:07.6n	JAMESVILLE-DEWITT	3:40.8	BINGHAMTON	10.0w	
12-6	RICKEY SOVIE, Ogdensburg	155-2n	TOM THURBER, Elmira	44.9n	LYNNROCK	3:22.2n	WINGATE	8:08.0n	LIVERPOOL	3:41.0	WINDBOCK	10.0w	
12-6	JIM SANFORD, Ponda	154-11n	VINCE GAMBINO, McCLanay	44.9	PEEKSKILL	3:22.4n	HAMILTON-Elynn	8:08.2	ROSLYN	3:41.3	SEWANAKA	10.0w	
12-6	TIM JACKSON, Saratoga	154-10	WAYNE BENNETT, McCLanay	45.0	CLARKSTOWN NORTH	3:22.5	HOLY TRINITY	8:08.4n	HAFF HOLLOW HILLS	3:41.6	MINISINK VALLEY	10.0w	
12-6	PAUL SLIPFIZ, Maine-Endwell	154-9n	JOE THOMPSON, Valley	45.0n	ROME	3:23.1	NEW ROCHELLE	8:08.4n	NORTHPORT	3:41.6n	NEW HYDE PARK	200 Meters	
12-6n	BRENDON MURPHY, Pearl River	154-8n	ERIC COOPER, Hempstead	45.0n	ARLINGTON	3:23.2n	SOUTH SHORE	8:08.4n	WHITE PLAINS	3:41.8n	NAMET	21.6w	
12-6n	TERRY HOGAN, Union-Endicott	154-8n	SAM BROWN, Great Nk So	45.1	SOUTH SHORE	3:23.3	FRANKLIN-Roch	8:09.4n	SHENKENSBOGA	3:41.8n	WAINE-ANDWELL		
12-6	MARK MILLMAN, Rush-Henrietta	153-10	TOM FIERZGA, Massapequa	45.1n	WASHINGTONVILLE	3:23.5	HEMPSTEAD	8:09.2n	BISHOP FORD	3:41.9n	KETCHAM		
12-6	MIKE SINGLETON, Troy	153-4n	STEVE SPRAGUE, Fredonia	45.2	COMACK SOUTH	3:23.5	HEMPSTEAD	8:09.2n	ST. FRANCIS	3:42.0	NAZARETH		
12-6n	PETE SCHWAN, Ithaca	153-0	JIM PAINO, Carey	45.2n	LONGWOOD	3:23.6n	BISHOP LOUGHLIN	8:09.2n	AQUINAS	3:42.0n	O'NEILL		
12-6n	DAN BROCKWAY, P. Edw.	152-6n	JOHN ROADS, P. Edw.	45.2n	WINDBOCK	3:23.7n	NORTH BABYLON	8:10.0n	LENOXWOOD	3:42.4n	VALLEY CENTRAL		
12-6n	GARY KENNEDY, Niagara-Whtfld	152-6n	**GORDON DUVAL, Tupper Lake	45.3	LEWISTOWN MEMORIAL	3:24.0	NORTH BABYLON	8:10.4n	KEENONE WEST	3:42.6n	WINDBOCK		
12-6	BRUCE FRANCISCO, Burnt Hills	152-5	TOM KEYNOLDS, Baldville	45.3	CABER	3:24.2	HARBORFIELDS	8:10.6n	STEPINAC	3:42.9n	NORTHURPT		
12-6	BILL HANCOCK, Granville	151-3	LEN LEE, All Hallow	45.3n	CABER	3:24.3	FORDHAM PREP	8:11.2n	MOORE CATHOLIC	3:42.9n	JOHNSON CITY		
12-6n	STEVE KENYAN, Guilfordland	150-4	CARLE RYAN, Northport	45.4	McQUAID JESUIT	3:24.3n	POWER MEMORIAL	8:11.4n	WEST BABYLON	3:43.0n	CORTLAND		
SHOT PUT		150-1n	BOB MARTIN, West Cornwall	45.4	ROOSEVELT	3:24.4	NARIA REGINA	8:11.4n	EAST AURORA	3:43.1n	SHAKER		
66-4	TONY MARLIN, Namet	150-0	KEIKY ARDUINI, McCLoskey	45.4	GREAT NECK NORTH	3:24.5	UNIONDALE	8:12.8n	FORDHAM PREP	3:43.9n	ST. RAYMOND'S		
66-4	GEORGE MECERO, Mineola	149-9	RICK JORDAN, Ithaca	45.4n	POWER MEMORIAL	3:24.6	McQUAID JESUIT	8:13.4n	SUPERN	3:43.9n	McCLANAY		
66-8	COSMOS TOSCI, No Rockland	149-4	NICK BORELLI, Baldville	45.4n	XAVIERIAN	3:24.7	OCEANIDE	8:13.6n	ELMONT	3:44.0	ELMONT		
66-8	DAN WASTRELL, Massapequa	148-6n	MARK NAY, Greenvale	45.4n	MOLLOY	3:24.9	NORWICH	8:14.2n	NEWTON CROSS	3:44.2n	ST. JOSEPH		
66-8	BILL DUGAN, Hornell	148-6n	JIM HADLER, S. Seneca East	45.5n	HEALTT	3:24.9	COLONIE	8:14.4n	NEWTON	3:44.5n	TAFFAN ZEE		
66-10 3/4	KENDALL JACKSON, Timon	148-4	LARRY SCHURCK, Jamesville-D	45.5n	POUGHKEEPSIE	3:24.9	HALF HOLLOW HILLS	8:14.4n	ST. ANTHONY'S	3:44.5n	LASALLE-NYC		
66-9n	MURRY FILL, Berner	147-7	MIKE FLYNN, Gibbons	45.6	ST. JOHN-BAPTIST	3:24.9n	ST. FRANCIS	8:14.6n	UTICA FREE	3:44.6n	NEW HARTFORD		
66-9	RON RICHARDSON, JFK-Bronx	147-7n	DON CONCILIO, Xaverian	45.6n	ST. JOSEPH	3:25.0	SYOSSET	8:14.8n	SOUTHSIDE-RVC	3:44.8n	ST. MICHAEL		
66-9n	AL GONCILLIO, Xaverian	147-4	AL GONCILLIO, JFK-Buffalo	45.7n	BAY SHORE	3:25.0	GREAT NECK NORTH			3:45.0n	STEFANIAN		
66-9n	LOU PAGANILLO, Turner	147-3	JEFF HESS, Maine-Endwell	45.7n	PLAINFIELD	3:25.1	STOSET			3:45.2n	BINGHAMTON CATHOLIC		
66-9	BO FERRARE, Rome	147-3	MIKE CHICO, Shen'howa	45.8n	WEST BABYLON	3:25.2n	LINTON			3:45.2n	BISHOP FORD		
66-9n	JIM DALY, Washingtonville	147-1	DANON SHUMAN, Rome	45.8n	BALDWINVILLE	3:25.2n	CLARKSTOWN NORTH			3:45.6n	BRIGHTON		
66-9	CRAGO K. CRAYTON, Orchard Pk	147-1	**KEVIN AKINS, Guilfordland	45.8n	ST. RAYMOND'S	3:25.4n	SEAFORD			3:46.1n	CLARKSON		
66-9n	STEVE DOBSON, Magna	146-11n	JIM KURUS, Guilfordland	45.8	FREEPORT	3:25.5n	SEAFORD			3:46.6n	LANSING		
66-8	TONY LOFREDO, White Plains	146-10n	RON BERNER, Lakeland	45.9n	XAVIER	3:25.7n	FREEPORT			3:47.0n	KENNEDY-Bellmore		
66-7	*GARY BROCHNER, Maine-Endw	146-7	NEL PURDY, Vestal	45.9n	CHAMPAINE	3:25.9n	FREEPORT			3:47.5n	CLARENCE		
66-7	TOM JASINSKI, Utica	146-7	STEVE THORNTON, Hilton	45.9	WANTAGH	3:26.2n	HUDSON			3:47.6n	PARRELL		
66-7	DOUG ROHRBAUGH, Uniondale	146-4	CARL BALLEW, Rome	45.9n	WANTAGH	3:26.5n	UNIONDALE						
66-6	SCOTT IANUZZO, Molloy	146-4	MIKE KELLY, Seaford	45.9n	McCLANAY	3:26.7n	ORCHARD PARK						
66-2	PETE CATAN, Penfield	146-0	KEVIN WIFFICH, Colonie	45.9n	McCLANAY	3:26.7n	HEWLETT						
66-14	CARL BALLEW, Rome	146-0	TODD HELLER, Berner	45.9n	McCLANAY	3:26.8n	WANTAGH						
66-8	WAYNE McNEANEY, McCLoskey	146-0	JEFF KANE, Lombrook	45.9n	McCLANAY	3:26.8n	WANTAGH						
66-8	STEVE VODA, Molloy	146-0	JOE CLEMENTE, CBA-Albany	45.9n	McCLANAY	3:26.8n	WANTAGH						
66-11	JEFF ELLIS, Patchogue	146-10	JOE CLEMENTE, CBA-Albany	45.9n	McCLANAY	3:26.8n	WANTAGH						
66-11n	*KEVIN AKINS, Webster	145-6	*KEVIN CULKIN, No Shore	45.9n	McCLANAY	3:26.8n	WANTAGH						
66-10	*ERIAN LITVIN, Tilton	145-0	TIM MCCOY, Niagara-Wtd	45.9n	McCLANAY	3:26.8n	WANTAGH						
ONE-MILE WALK		145-0	JOHN VERSTU, Union-Endc	45.9n	McCLANAY	3:26.8n	WANTAGH						
66-11	JEFF KAMINSKY, Lynbrook	6:56.2	*GEORGE KOLB, Ketcham	1:30.1	WHITE PLAINS	3:27.0n	JAMAICA						
66-11 3/4	LEN VOGT, Sleepy Hollow	7:00.3	GRUG WARREN, Mt. Dear	1:30.2n	LONG BEACH	3:27.0n	JAMAICA						
66-6	JIM DESPANO, New Hartford	7:00.3n	JOE NEGAN, White Plains	1:30.3	KENROCK EAST	3:27.9n	ARLINGTON						
66-3 3/4	MIKE DOWNSHORN, Clark Hill	7:01.8	JOHN DAVEY, Sleepy Hollow	1:30.8	GREAT NECK SOUTH	3:27.9n	ST. MARY'S						
66-4	VINCE GAMBINO, McCLanay	7:05.0n	PETE TITONIS, Ketcham	1:30.4n	WINGATE	3:27.9n	CLARKSON SOUTH						
66-4n	KEN McKAY, Walkill	7:06.6n	*STEVE SCHNEIDER, Greeley	1:30.5	MASSAPEQUA	3:28.1	AMITYVILLE						
66-2n	*SEAN FARRELL, Westhampton	7:08.4	*JOHN McKEEGAN, Magna	1:30.6	GLAN COVE	3:28.2n	MATER CHRISTI						
66-1n	MARK SEAGWATER, Vestal	7:08.7	MIKE MORRIS, Lourdes	1:30.6	HARBORFIELDS	3:28.2n	XAVIERIAN						
66-10	*DAN CRAYTON, No Shore	7:08.9n	MARK GRIMALDI, Arlington	1:30.8	BURGARD	3:28.5n	LINCOLN						
66-10	JEFF HILL, Fowler	7:10.3n	SPENCER GIBSON, Burnt Hills	1:30.8	HAUPPAUGE	3:28.9	SHAKER						
66-9	JOHN LAWRENCE, Little Falls	7:10.5n	MARK STEVENS, Fox Lake	1:30.9n	CLARKSTOWN NORTH	3:28.9	SHAKER						
66-8n	*KEVIN VESSEY, Bay Shore	7:12.7n	DIAR KOWITTE, PDR-Hyde Pk	1:31.1	NEPSTADT	3:29.0	WEST HEMPSTEAD						
66-7n	*MARK JOHNSON, Freeport	7:16.0	*KEITH ROHNE, Croton-Harmon	1:31.1	NEPSTADT	3:29.0	VESTAL						
66-7n	BRENT REYNOLDS, Arlington	7:16.9n	SCOTT KOWITTE, Croton-Harmon	1:31.1n	GREAT NECK NORTH	3:29.3n	WEST HEMPSTEAD						
66-4	AL GUA, Ithaca Crane	7:19.9n	JOHN DENAUARD, White Plains	1:31.2	GREAT NECK NORTH	3:29.3n	WEST HEMPSTEAD						
66-3	CHIP DOPELOSKA, Gr-Athens	7:23.5	JERRY POLLET, Valley St Gen	1:31.1	BERNETT	3:29.3n	JEFFERSON						
66-3	CHRIS SCHAEFER, Waterloo	7:24.3n	JIM THURMAN, Hendrik Hudson	1:31.2n	JEFFERSON	3:29.4n	MOLLOY						
66-10 1/2	BILL SEARNE, Westhampton	7:25.4n	BOB WALPE, White Plains	1:31.4	LONGWOOD	3:29.4n	MOORE CATHOLIC						
66-2	DAN BERNAIMINO, Nicksville	7:29.4n	TOM McKEEGAN, Magna	1:31.4n	SO. JEFFERSON	3:29.5n	PARRELL						
66-2	*DAN TERWILLIGER, Mt. Yuma	7:29.4n	PETER KATZ, Keeskill	1:31.5n	ARLINGTON	3:29.6n	PARRELL						
66-8	MARK CARLEY, Hollow Hills	7:33.0n	TOM PETRIE, Croton-Harmon	1:31.6n	LINTON	3:29.6n	MASSAPEQUA						
66-7n	RON BOERNER, Lakeland	7:33.1	JERRY KATZ, Hericks	1:31.6	WINDBOCK	3:29.7n	ROSLYN						
66-4n	*PAT McKEE, St. Francis	7:36.1	BOB WEBER, St. Francis	1:31.7	WAINE-ANDWELL	3:29.8	AQUINAS						
66-4n	MIKE PROIA, Greece-Athens	7:37.8	RON FLANAGAN, Hewlett	1:31.7	BYRAM HILLS	3:29.8	BYRAM HILLS						
66-2n	RUSS MILLER, Maldene	7:38.0n	CHRIS FLANAGAN, Hewlett	1:31.7	TROY	3:29.8	TROY						
66-2	RICK JORDAN, East Islip	7:40.0n	TIM LUDJUN, Beacon	1:31.7	NEW ROCHELLE								





# Outdoor Records

## NEW YORK STATE

### NATIONAL HIGH SCHOOL RECORDS

EVENT	MARK	NAME-SCHOOL-YEAR
100y	9.7	JOHN SMITH, Uniondale, 74
100y	10.0	JOHN SMITH, Uniondale, 74
100m	10.0	JOHN SMITH, Uniondale, 74
100m (A.T.)	10.16	JOHN SMITH, Uniondale, 74
200y	20.2	JOHN SMITH, Uniondale, 74
200m	20.2	JOHN SMITH, Uniondale, 74
200m (A.T.)	20.22	JOHN SMITH, Uniondale, 74
400y	45.7	JOHN SMITH, Uniondale, 74
400m	45.7	JOHN SMITH, Uniondale, 74
400m (A.T.)	45.7	JOHN SMITH, Uniondale, 74
800y	1:48.0	JOHN SMITH, Uniondale, 74
800m	1:48.0	JOHN SMITH, Uniondale, 74
800m (A.T.)	1:48.0	JOHN SMITH, Uniondale, 74
1500m	3:59.0	JOHN SMITH, Uniondale, 74
1500m (A.T.)	3:59.0	JOHN SMITH, Uniondale, 74
3000m	8:52.0	JOHN SMITH, Uniondale, 74
3000m (A.T.)	8:52.0	JOHN SMITH, Uniondale, 74
5000m	18:10.0	JOHN SMITH, Uniondale, 74
5000m (A.T.)	18:10.0	JOHN SMITH, Uniondale, 74
10000m	37:10.0	JOHN SMITH, Uniondale, 74
10000m (A.T.)	37:10.0	JOHN SMITH, Uniondale, 74
20000m	74:20.0	JOHN SMITH, Uniondale, 74
20000m (A.T.)	74:20.0	JOHN SMITH, Uniondale, 74
40000m	148:40.0	JOHN SMITH, Uniondale, 74
40000m (A.T.)	148:40.0	JOHN SMITH, Uniondale, 74
80000m	297:20.0	JOHN SMITH, Uniondale, 74
80000m (A.T.)	297:20.0	JOHN SMITH, Uniondale, 74
160000m	594:40.0	JOHN SMITH, Uniondale, 74
160000m (A.T.)	594:40.0	JOHN SMITH, Uniondale, 74
320000m	1189:20.0	JOHN SMITH, Uniondale, 74
320000m (A.T.)	1189:20.0	JOHN SMITH, Uniondale, 74
640000m	2378:40.0	JOHN SMITH, Uniondale, 74
640000m (A.T.)	2378:40.0	JOHN SMITH, Uniondale, 74
1280000m	4757:20.0	JOHN SMITH, Uniondale, 74
1280000m (A.T.)	4757:20.0	JOHN SMITH, Uniondale, 74
2560000m	9514:40.0	JOHN SMITH, Uniondale, 74
2560000m (A.T.)	9514:40.0	JOHN SMITH, Uniondale, 74
5120000m	19028:00.0	JOHN SMITH, Uniondale, 74
5120000m (A.T.)	19028:00.0	JOHN SMITH, Uniondale, 74
10240000m	38056:00.0	JOHN SMITH, Uniondale, 74
10240000m (A.T.)	38056:00.0	JOHN SMITH, Uniondale, 74
20480000m	76112:00.0	JOHN SMITH, Uniondale, 74
20480000m (A.T.)	76112:00.0	JOHN SMITH, Uniondale, 74
40960000m	152224:00.0	JOHN SMITH, Uniondale, 74
40960000m (A.T.)	152224:00.0	JOHN SMITH, Uniondale, 74
81920000m	304448:00.0	JOHN SMITH, Uniondale, 74
81920000m (A.T.)	304448:00.0	JOHN SMITH, Uniondale, 74
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163840000m (A.T.)	608896:00.0	JOHN SMITH, Uniondale, 74
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327680000m (A.T.)	1217792:00.0	JOHN SMITH, Uniondale, 74
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655360000m (A.T.)	2435584:00.0	JOHN SMITH, Uniondale, 74
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1310720000m (A.T.)	4871168:00.0	JOHN SMITH, Uniondale, 74
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2621440000m (A.T.)	9742336:00.0	JOHN SMITH, Uniondale, 74
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5242880000m (A.T.)	19484672:00.0	JOHN SMITH, Uniondale, 74
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10485760000m (A.T.)	38969344:00.0	JOHN SMITH, Uniondale, 74
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41943040000m (A.T.)	155877376:00.0	JOHN SMITH, Uniondale, 74
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83886080000m (A.T.)	311754752:00.0	JOHN SMITH, Uniondale, 74
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167772160000m (A.T.)	623509504:00.0	JOHN SMITH, Uniondale, 74
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335544320000m (A.T.)	1247019008:00.0	JOHN SMITH, Uniondale, 74
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671088640000m (A.T.)	2494038016:00.0	JOHN SMITH, Uniondale, 74
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1342177280000m (A.T.)	4988076032:00.0	JOHN SMITH, Uniondale, 74
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2684354560000m (A.T.)	9976152064:00.0	JOHN SMITH, Uniondale, 74
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343597383680000m (A.T.)	1276947456192:00.0	JOHN SMITH, Uniondale, 74
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687194767360000m (A.T.)	2553894912384:00.0	JOHN SMITH, Uniondale, 74
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2748779069440000m (A.T.)	10215579649536:00.0	JOHN SMITH, Uniondale, 74
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10995116277760000m (A.T.)	40862318598144:00.0	JOHN SMITH, Uniondale, 74
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21990232555520000m (A.T.)	81724637196288:00.0	JOHN SMITH, Uniondale, 74
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87960930222080000m (A.T.)	326898548785152:00.0	JOHN SMITH, Uniondale, 74
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175921860444160000m (A.T.)	653797097570304:00.0	JOHN SMITH, Uniondale, 74
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2814749767106560000m (A.T.)	10460753561124864:00.0	JOHN SMITH, Uniondale, 74
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5629499534213120000m (A.T.)	20921507122249728:00.0	JOHN SMITH, Uniondale, 74
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90071992547409920000m (A.T.)	334744113955995648:00.0	JOHN SMITH, Uniondale, 74
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720575940379279360000m (A.T.)	2677952911647965184:00.0	JOHN SMITH, Uniondale, 74
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5764607523034234880000m (A.T.)	21423623293183721472:00.0	JOHN SMITH, Uniondale, 74
1152921504606846960000m	42847246586367442944:00.0	JOHN SMITH, Uniondale, 74
1152921504606846960000m (A.T.)	42847246586367442944:00.0	JOHN SMITH, Uniondale, 74
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2305843009213693920000m (A.T.)	85694493172734885888:00.0	JOHN SMITH, Uniondale, 74
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4611686018427387840000m (A.T.)	171388986345469717776:00.0	JOHN SMITH, Uniondale, 74
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9223372036854775680000m (A.T.)	342777972690939435552:00.0	JOHN SMITH, Uniondale, 74
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18446744073709551360000m (A.T.)	685555945381878871104:00.0	JOHN SMITH, Uniondale, 74
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36893488147419102720000m (A.T.)	1371111890763757742208:00.0	JOHN SMITH, Uniondale, 74
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73786976294838205440000m (A.T.)	2742223781527515484416:00.0	JOHN SMITH, Uniondale, 74
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147573952597676410880000m (A.T.)	5484447563055030968832:00.0	JOHN SMITH, Uniondale, 74
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295147905195352821760000m (A.T.)	10968895126110061937664:00.0	JOHN SMITH, Uniondale, 74
590295810390705643520000m	21937790252220123755328:00.0	JOHN SMITH, Uniondale, 74
590295810390705643520000m (A.T.)	21937790252220123755328:00.0	JOHN SMITH, Uniondale, 74
1180591620781411271040000m	43875580504440247510656:00.0	JOHN SMITH, Uniondale, 74
1180591620781411271040000m (A.T.)	43875580504440247510656:00.0	JOHN SMITH, Uniondale, 74
2361183241562822542080000m	87751161008880495021312:00.0	JOHN SMITH, Uniondale, 74
2361183241562822542080000m (A.T.)	87751161008880495021312:00.0	JOHN SMITH, Uniondale, 74
4722366483125645084160000m	175502322077760990442624:00.0	JOHN SMITH, Uniondale, 74
4722366483125645084160000m (A.T.)	175502322077760990442624:00.0	JOHN SMITH, Uniondale, 74
9444732966251290168320000m	351004644155521980885248:00.0	JOHN SMITH, Uniondale, 74
9444732966251290168320000m (A.T.)	351004644155521980885248:00.0	JOHN SMITH, Uniondale, 74
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18889465932502580366720000m (A.T.)	702009288311043961770496:00.0	JOHN SMITH, Uniondale, 74
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37778931865005160733440000m (A.T.)	1404018576622087923540992:00.0	JOHN SMITH, Uniondale, 74
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75557863730010321466880000m (A.T.)	2808037153244175847081984:00.0	JOHN SMITH, Uniondale, 74
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151115727460020642937760000m (A.T.)	5616074306488351694163968:00.0	JOHN SMITH, Uniondale, 74
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302231454920041285875520000m (A.T.)	11232148612976703388327936:00.0	JOHN SMITH, Uniondale, 74
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604462909840082571751040000m (A.T.)	22464297225953406776655872:00.0	JOHN SMITH, Uniondale, 74
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1208925819680165143520000m (A.T.)	44928594451906813553311744:00.0	



SEVENTH



ANNUAL

JOHNSON & WALES CHRISTMAS RELAYS

December 27, 1976

CRANSTON STREET ARMORY

PROVIDENCE, RHODE ISLAND

AWARDS

- Gold Watches for selected events
- Lucite Embedments for first three places
- T-Shirts for first five places
- Team Trophies Open Division — 1st, 2nd & 3rd Girl's Division — 1st place

For Information, Contact:

Carolyn Cacioppo

(401) 728-5691

6:00 pm to 10:00 pm

or

Richard Duggan

(401) 783-3956

6:00 pm to 10:00 pm

# O'Connor's Triumph Is Highlight of State Relays

By WILLIAM J. MILLER

Special to The New York Times

WHITE PLAINS, June 12—

Art Monk set records in both hurdles, George Meceerod v two field events with his efforts and Mount took the team title event the fans New York State School Athletic track and field will long one-mile

The ming field was won of Valley for class of 4 min O'Connor homestretch Francis, also a Arlington High Poughkeepsie, and in

John Tuttle, still another junior, from Alfred Almond

High, made the race a swift

with a blistering pace for a successful defense of the Penn Relays. On the concluding day of the Iona College

WHITE PLAINS — A state track meet should the mile race. The for including 3rd-place j are all juniors. The race should will host the stat 1917

By MARC BLOOM

Bishop Loughlin High School completed a relay triumph yesterday and set up the

On the concluding day of the Penn Relays. On the concluding day of the Penn Relays. On the concluding day of the Penn Relays.

Section 4 Class B Relays is Keeping up with Elmira Notre. Keeping up with Elmira Notre. Keeping up with Elmira Notre.

By TOM FITZ

DAC Sport

L pool captures

# Arlington Dutch

By DON KRONE

Gazette Sportswriter

Indoghkeepsie, scoring in all but altered events, racked up 39½ its to handily capture the Fred Wm title last night in the an Dutchmen Games indoor Fair at Memorial field provided an opny area ath-

## HIGHLIGHTS...

News coverage of track and cross-country is improving. Herewith a collage of some sample clips.

NANUET RELAYS

By BOB MATTHEWS

They visit parks to run, not to picnic. The only people who attend their meets are the bus drivers and a few parents. They don't get big writeups in the news. They run through the streets in

By GENE LEVY

Murphy's stamina's courage he Albany victories in rred Inter-Champion-easant High

By WILLIAM J. MILLER

By Steve Marcus

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By Steve Marcus

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By Steve Marcus





WHAT HAPPENED IN 1976 GIRLS INDOOR TRACK

\*\*New York City--It's called the Colgate Women's Indoor Games, and it has become the world's largest track meet.

In the prelims at Brooklyn's Pratt Institute, where a new 200-meter synthetic surface had been installed, 9,000 girls showed up. They competed in several divisions: grades 1-3; 4-5; 6-8; 9-12 (H.S.) and college/open.

The prelims were held on five successive weeks, meaning a girl had to run her event five weeks in a row successfully before reaching the semis. After the semis, of course, came the finals, on Feb. 23 at Madison Square Garden.

Following are the H.S. results--without the schools which were not listed on the results we received:

50-meter hurdles--1, Ann Rutledge, 7.6; 2, Melinda O'Beir, 7.8; 3, Gladys Hines, 8.4; 4, Helen Steers, 8.6; 5, Susan Lenczowski, 9.1. (Best qualifying: 7.1, Stephanie Vega).

50 meters--1, Norma Jones, 6.3; 2, Patsy James, 6.4; 3, Nemi Aroh, 6.4; 4, Kim Cokley, 6.5; 5, Leslie Cordy, 6.5. (Best qualifying: Patsy James 6.3.)

200M--1, Gwen Dole, 25.4; 2, Maritiza Anderson, 25.5; 3, Margaret Eckles, 26.5; 4, Karen Bond, 29.5; 5, Jill Pilgrim, 32.4 (fell). (Fastest qualifying: Jill Pilgrim 25.3.)

400M--1, Karel Jones, 57.4; 2, Rose Giampalmo, 58.5; 3, Kim Whitehead, 59.1; 4, Joan Samuels, 59.7; 5, Kim Thomas, 61.3. (Fastest qual: Kim Thomas and Robin Blaine, 56.9.)

800M--1, Robin Blaine, 2:12.8; 2, Maureen O'Driscoll, 2:20.8; 3, Margarita Sabogal, 2:23.1; 4, Rayshell Stewart, 2:24.8; 5, Martha Minges, 2:25.5. (Best qual: Robin Blaine 2:10.2 and Karel Jones 2:11.9. Blaine had a 2:14 average for 7 800M races.)

1500M--1, Maryann Persan, 4:40.4; 2, Susanne Shea, 4:51.5; 3, Regina Felix, 4:54.1; 4, Margaret Tartaro, 4:56.2; 5, Kathleen Corrigan, 5:07.5. (Best qual: Persan 4:38.9 and a 4:45 average for 7 races.)

5K--1, Donna Delvecchio, 5:21; 2, Lorraine George, 5:01; 3, Kim Chavis, 4:40; 4, Sybil Weidenbosch, 4:40; 5, Sheila Barrett, 4:48. (Best qual: Lorraine George 5:4.)

The winner in the finals was not necessarily the overall winner. Point were awarded for each qualifying round as well as for the finals.

\*\*High-schooler Karel Jones, representing the Atoms TC, fifth in the National AAU 880 in 2:14.5 at the Garden.

\*\*Maryann Persan beat Karel Jones, 5:05.9 to 5:18.1 for the Net AAU Junior mile title at the State Armory in New York City.

\*\*Maryann Persan set a meet record of 10:58.8 in the two-mile in the Net AAU senior meet at the State Armory in NY City. Kelly O'Toole of Lynbrook High was second in 11:09, also under the old record. Robin Blaine beat Karel Jones, 2:16.2 to 2:16.9, in the 880. Eileen Smith of Seaford High took the mile walk in 8:22.1.

\*\*The Hempstead foursome of Elaine Hollingsworth, Lorraine Hollingsworth, Ernestine Ross and Pamela Layne scored a sweep of major 880 relay titles, taking the Loughlin, Hayes and St. Francis Games events in 1:51.5, 1:49.1 and 1:49.2. Also in the Loughlin meet Maryann Persan and Robin Blaine heightened their rivalry, with Maryann taking the 1,000, 2:39.1 to 2:40.

\*\*Ithaca--Maine Endwell beat Ithaca, 34-31, in the Maine-Endwell Invitational at Cornell. There were 18 teams. Karin Von Berg, back from a year in Australia, took the 600 and 1,000. ME frosh Pam Tomek took the mile in 5:37.4, marvelous for a first-year student.

\*\*Troy--Columbia won the Tri-County League title with 22 points at RPI. Sandy Miller of Niskayuna, 440 standout, moved up to the 880 and won in 2:17.

\*\*Western NY girls enjoyed a banner season. Among the best marks: 1:28.8 for Mary Kay Sheehan of Williamsville East in the 600; 2:45.8 and 5:15.2 for Lorna Orleman of Kenmore West in the 1,000 and mile; and 39.7 for Bridgett Callahan of Nichols in the 300 (she did 39.3 the previous year).

OUTDOOR RESULTS (Cont'd from P.23)

\*\*Schenectady--Niskayuna's Sandy Miller equaled her NYSFSA 440 mark of 57.2 and Cathy Shrader won the mile and two-mile in the Section 2 championship meet at Mt. Pleasant High. The 100-winner, Nisky's Patty Bolden, set a sectional record of 11.2 in the heats. She moved to the area from Minnesota, where she had run 11.4 the previous season.

\*\*Williamsville--Lorna Orleman of Kenmore West set a NYSFSA mile record of 4:55.4 in the Section 6 title meet at Williamsville North High. Lorna had earlier run a 4:53, but it did not count as a record because it was achieved during a boys' race. Orleman was headed for Boston U.

\*\*Highly-favored Nottingham scored 78 points to win the Central NY title by 30 points. Sisters Carrie and Wendy Busch won the mile and two-mile, respectively, with times of 5:39.9 and 12:09.7. Carrie, whose best time was 5:11.6, was headed for Iowa State, which won the Women's X-C Nationals last fall. Also headed there was Nottingham distance champ Mary Seybold, valedictorian of her graduating class but sidelined with last-season injuries.

\*\*Kathy Mills of Fayetteville-Manlius, one of the top teenage distance runners in the U.S., went to Penn State after an injury-plagued spring. She got as far as the Section 3-Class A mile, winning in 5:14, then fell victim to a stress fracture.

\*\*Karin Von Berg of Ithaca broke the NYSFSA 880 record with a stunning 2:13.8 victory in the Section 4 championship meet. Horseheads' Patty Frost swept the sprints (11.3, 25.3) and Union-Endicott's Sally Bostger leaped 5-5 to tie the listed high jump record, subsequently broken in the Intersectionals.

\*\*White Plains--Maryann Persan of Richmond Hill outran a field of champions from three states in the Loucks Games 880 at White Plains High. Maryann's time was 2:12.1, one of the best in the nation on the scholastic level.

More important was who followed her across the finish line: Joanna Forman of Palmouth, Mass. the AAU indoor 880 champ at 2:07.9; Lelani Kelly of Coolidge HS, D.C., the AAU Junior Olympic cross-country champion; and Sandy Miller of Niskayuna, the NYSFSA 440 champ and recordholder.

Coolidge won team honors and its Sheila Ingram put on some show. She came out of nowhere to anchor Coolidge to the 440-relay title. She won the 100 in a wind-aided 10.7; in the heats she clocked a national-record tying 10.6, but wind nullified the mark. Sheila went on to win the U.S. Olympic trials 400 meters.

Hempstead's Pamela Layne was second in the 100 in 11.1 and was within a step of Ingram across the line of that 440 relay. Both teams had 49.6.

\*\*Maryann Persan of Richmond Hill won the 880 at the New York Relays, which contested girls' events for the first time as part of its mammoth two-day program. This time Persan beat Robin Blaine, the National Jr. Olympics 880 titlist (2:09.2), from St. Joseph's High, Bklyn. The times were 2:13.5 to 2:16.3.

MORE INDOOR RESULTS...

\*\*Syracuse--West Genesee and Baldwinsville tied with 31 points but WG got the trophy on the basis of first places, in the Grove track meet at Syracuse U. Among top marks was WG's 880 relay in 1:52.7 and 5-3 HJ by Weatherly of E.Syracuse-Kinos.

\*\*Cortland--In the Section 3 champs, West Genesee took Baldwinsville, 46-45, the WG 880 relay won again in 1:54.2 and Weatherly of East Syracuse improved her HJ to 5-4. Another top mark was 38.8 in the 300 for Holmes of Fulton.

\*\*White Plains--Mamaroneck scored 47 1/2 to win the Westchester team title at the County Center, a bandbox of a place where fast times are rare. Among top marks, a 6.5 for White Plains soph Madge Smith in the 40 hurdles. Mamaroneck also won the Holiday Festival title at the same site, 23 1/2 to 19, over Ardsley.

WHAT HAPPENED IN 1975 GIRLS CROSS-COUNTRY

\*\*Buffalo--Kathy Mills of Fayetteville-Manlius set the stage for her National Junior triumph with a run-away victory in the first NYSFSA State Intersectional Run. The girls ran 2.5 miles in conjunction with the boys meet, on the Elma Meadows Golf Course.

Kathy's time was a sensational 14:38.2 and she led Section 3 (Central NY) to a sweep of 8 of the first 10 places and the section-team title with 72 points. Five of those eight were from Nottingham, which took school-team honors with a low of 19 points.

The Results:  
By Sections: Sect 3 (72), Sect 9 (212), Sect 1 (259), Sect 4 (440), Sect 10 (488). By Team: Nottingham 19, Tri-Valley 56, Mahopac 58, Massena 107, Delhi 120.

1, Mills, Fayetteville-Manlius, 14:38.2; 2, E. Hagenlocher, Nott, 15:26; 3, Nash, Tri-V, 15:27; 4, Sharpe, No. Syr, 15:32; 5, C. Pusch, Nott, 15:38; 6, Seybold, Nott, 15:39; 7, Halpin, Monroe-Woodby, 15:41; 8, Gadziala, Fulton, 15:43; 9, O'Mara, Baldwinsville, 15:49; 10, Holmes, Fulton, 15:50...

11, Hautau, Tappan Zee, 15:51; 12, Gardner, Ludden, 15:57; 13, Bennett, Hastings, 16:00; 14, K. Hagenlocher, Nott, 16:14; 15, Casey, Kingston, 16:17; 16, Patrick, Yorktown, 16:21; 17, Tillapaugh, Ithaca, 16:23; 18, W. Pusch, Nott, 16:29; 19, Osborne, Mahopac, 16:30; 20, Sauchuk, Tri-V, 16:33.

\*\*New York--Nottingham and Mahopac took team titles in the Manhattan College Invitational during a steady rain at Van Cortlandt Park. Over a 1.5M course, the individual race winners were Hilary Noden, Jersey's national class runner, in a record of 9:05.1, and Kirschen Hagenlocher of Nottingham in 9:42.6.

\*\*New York--The Colgate-Palmolive Co. continued its sponsorship of girls events with a set of three X-C meets at Van Cortlandt. There were age divisions similar to its indoor structure, starting with a half-mile for tots all the way to 3M for the college-open class.

\*\*Girls All-State Teams. They are printed in the boys X-C section and reprinted below:  
Top 25 Individuals (Alphabetically)

Bridget Bennett, Hastings  
Lois Buckhout, Columbia  
Eileen Casey, Kingston  
Michelle Gadziala, Kingston  
Chris Gardner, Bish. Ludden  
Erica Hagenlocher, Nottingham  
Kirschen Hagenlocher, Nottingham  
Diane Halpin, Monroe-Woodbury  
Lisette Hautau, Tappan Zee  
Diane Holmes, Fulton  
Pat Hurd, Columbia  
Kathy Mills, Fayetteville-Man.  
Fran Montes, East Islip  
Laure Radel, Massapequa  
Linda Nash, Tri-Valley  
Ann O'Mara, Baldwinsville  
Barbara Osterlin, Columbia  
Monica Osterlin, Columbia  
Maryann Persan, Richmond Hill  
Jane Petrick, Yorktown  
Carrie Pusch, Nottingham  
Mary Seybold, Nottingham  
Kim Sharpe, No. Syracuse  
Cathy Shrader, Columbia  
Judy Tillapaugh, Ithaca

Teams	
1, Nottingham	11, Gloversville
2, Columbia	12, Rome Free
3, Baldwinsville	13, Tappan Zee
4, Tri-Valley	14, Massena
5, Mahopac	15, Scarsdale
6, Yorktown	16, Delhi
7, Fayetteville-Man.	17, Broport
8, Christ the King	18, Gunderland
9, Washingtonville	19, Camden
10, East Islip	20, St. Francis Prep

\*\*New York--Christ the King, coached by former Molloy and Notre Dame standout Peter Farrell (brother of Tommy), won the 1st CHSAA championship. The Queens school scored 28 points to 36 for runnerup St. Francis. CK's Suzanne Shea ran 6:57 on the 1.25M course for the victory.

\*\*Guilfordland--Cathy Shrader set a record of 14:38 for the Hilly Tawasentha Park 2.5M course and Columbia won the team title with only 20 points in the Section 2 championships.

\*\*Staatsburg--Eileen Casey of Kingston won the Mid-Hudson league title, clocking 8:44 for a course presumed under 1.5M on the Ogden Mills Estate. Diane Valinardi was second in 9:02. Casey also won the Section 1 title at Peekskill, hitting 14:49 for 2.5M. Mahopac dominated the team scoring.

\*\*Utica--Nottingham beat Columbia, 22-33, to win the Proctor Invitational over a 2.54M course. The Hagenlocher sisters, Kirschen and Erica, were 1st and 2nd, respectively for Nott., in 14:58.4 and 15:02.

\*\*Belmont, Cal.--Kathy Mills won the individual title and led the mosty-schoolgirl Syracuse Chargers to team honors in the National AAU Junior championships. Mills won the 2.7M race by 75 yards in 15:10.4. She led from the start and hit the first mile in 5:25, then 2M in 11:15.

Other NY high schoolers in the first 20: 10-Mary Seybold, 16:05; 11-Carrie Pusch, 16:07; 15-Nancy Frank, 16:11; 16-Kim Sharpe, 16:12; 18-Kelly O'Toole, 16:15.

\*\*Kings Park--Fran Montes of East Islip won the Suffolk Coaches Run in 15:47.5 for 2.5M. She won by almost two minutes. She is a freshman. Fran also had among her victories the Bethpage Run, 14:57 for 2.5M, winning by over a minute.

\*\*Susan Scott, a Granville soph, was a member of the boys' X-C team. In invitational and conference races she placed as high as 18th among the boys and clocked 16:24 for a 2.8M course.

\*\*Bear Mountain--Diane Halpin won the 2.5 race in 15:18 and Tri-Valley took team honors in Section 9 competition at Bear Mountain Park. Diane is from Monroe-Woodbury.

\*\*Peekskill--Eileen Casey of Kingston and Fran Montes of East Islip were 2nd and 3rd to Joanna Reis of Torrington, Ct. in the Westlake Run over a 1.5M route at Blue Mountain Park. The first three times were 8:57, 9:04 and 9:10. Yorktown beat E. Islip for team honors.

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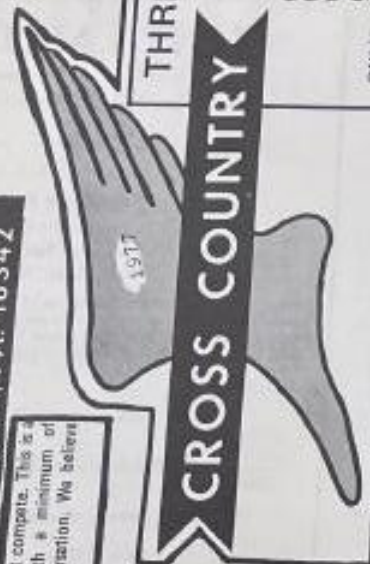
Top Athlete:  
Kathy Mills,  
Fayetteville-Manlius

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indoors:

arietta:'twigs' to riches

Eight years ago Lance Arietta's brothers helped him pole vault for feet "between two twigs" in the backyard of their Rockland County home.

In the summer of '75, Steve Smith, the former world recordholder, helped Arietta clear 14-9 at a track camp in Maryland.

In the winter of '76, Arietta, a Tappan Zee High School senior, equaled or bettered the state indoor record of 15 feet six times and put the new mark of 15-4 1/2 into the books. No vaulter in New York could touch him. Among his victories was the State Inter-Sectional title at Cornell. For his remarkable overall effort Arietta was named 1976 Indoor Athlete-of-the-Year.

Arietta's only setback came in the Eastern States meet at Princeton. Jersey's Bill Hartley topped 16 feet--the first Easterner to do so indoors--the goal Lance had set for himself after 15-0 had become commonplace. The misses rule put Lance fourth, behind two other non-New Yorkers who had also made 15-0 in quite a memorable vault competition.

At 5-7 and 145 Lance is relatively small for high-caliber vaulting. But what he lacks in size he makes up for in scholarship. He is an ardent student of technique, digesting literature, watching films and seeking the advice of experts.

"In the fifth grade," recalled Arietta, "we cut down trees in the backyard. My brothers helped me. We shaved off the bark. It was great."

Such early exposure to a complex event led to early competition, too, and Lance got over 10-0 in junior high. He improved to 11-9 as a T2 freshman, then 13-0 as a soph and 14-6 as a junior for the silver medal in the Eastern outdoor meet. His coach is Bob Tucker.

ALL-STATE INDOOR TEAMS 1976

1st Team	2nd Team	3rd Team
60: Adley Raboy, Maine-Endwell	60: Steve Strother, New Rochelle	60: Mark Rushmore, Glen Cove
100: Steve Strother, New Rochelle	100: Bernard Nesby, Jefferson	100: Frank Moss, Jefferson
300: Steve Strother, New Rochelle	300: Tony Tufariello, Hewlett	300: Steve Skinner, Jackson
440: Walt Kirkland, Mt. Vernon	440: Richard Outlaw, Bryant	440: Steve Skinner, Jackson
600: Walt Kirkland, Mt. Vernon	600: Richard Outlaw, Bryant	600: Kevin Bradshaw, Northport
1000: Ramon Severino, Washington	1000: Joe Swenson, Chaminade	1000: Dan Predmore, Fairport
Mile: Maurice Weaver, Power	Mile: Dan Predmore, Fairport	Mile: John Tuttle, Alfred-Almond
2M: Maurice Weaver, Power	2M: Dave O'Connor, Valley	2M: Jerry Scholder, Nottingham
HH: Paul Lankford, Farmingdale	HH: John Kowalsky, Nephem	HH: Tim Hanlon, St. Agnes
Walk: John McKeegan, Magnus	Walk: Peter Timmons, RC Ketcham	George Fernandez, Nephem
HJ: Tom Jedlicka, West Islip	HJ: Dan Martin, Lockport	George Kolb, RC Ketcham
PV: Lance Arietta, Tappan Zee	PV: George Glover, Suffern	John Gleason, Molloy and
SP: Tony Harlin, Nanuet	SP: George Mecerod, Mineola	Don Dowden, North Shore
LJ: Joe Loiacono, St. Anthony's	LJ: Israel Howard, Elmira	Ralph Freeman, Lawrence
TJ: Vaughn Curry, Great Neck South	TJ: Sahaya Owolabi, St. Hollow	Dan Mastrella, Aquinas
HHR: South Shore	HHR: O'Neill	Rich Konsens, Hamilton (Emf)
880R: John P. Kennedy (Bronx)	880R: Jamaica	TJ: Art Monk, White Plains
MR: Mount Vernon	MR: Christian Bros (Syracuse)	NR: Xavierian
2MR: Archbishop Molloy	2MR: Bishop Loughlin	880R: St. Anthony's
DMR: Power Memorial	DMR: Nazareth	NR: East New York
		2MR: St. Raymond's
		DMR: Bishop Loughlin

Top Athletes  
Lance Arietta, Tappan Zee  
1976 Indoor Athlete-of-the-Year

Track	Field
SR: Maurice Weaver, Power	SR: Lance Arietta, Tappan Zee
JR: Steve Strother, New Rochelle	JR: Israel Howard, Elmira
SO: Vince Mutarelli, Mount	SO: Sahaya Owolabi, St. Hollow
FR: Bruce Rubenstein, Colonie	FR: Jim Monaco, CBA-Albany

**Long Sprints:** Chasing Strother to the tape in the S.I. 300 was another junior, Tony Tufariello of Hewlett, timed in 31.7. Tuff also had a state-leading 31.5 for third in the Easterns, where yet another junior, Jackson's Steve Skinner, placed fifth in 31.7...With the abolition of the Mayor's All-City meet because of the PSAL budget cuts, there was no hot end-of-season 440. Richard Outlaw of Bryant took the PSAL event in 57.2. Mt. Vernon's Walt Kirkland won his lone effort in 51.1 at the Hayes Games and then accounted for a succession of rugged 600 marks topped by his State record of 1:12.4 in the S.I. He had run an oversized 1:11.7 at West Pt. (Only two other U.S. runners ran faster in '76.)

**Middle Distance:** NY had four nationally ranked in the 1000, led by Eastern victor Ramon Severino of Washington at 2:13.3. Severino also had a classy half-mile mark of 1:55.5 to win the PSAL. Two strides behind Ramon in the Easterns was Chaminade's Joe Swenson, 2:13.7 for the bronze medal. ...Dan Predmore of Fairport, a brute of a runner who favors soccer to cross-country, came out of the woodwork, as they say, and ran a nifty 2:14.7 1000 in addition to winning the Eastern mile title in 4:13.8, fifth in the U.S. Power's smooth Maurice Weaver won the CHSAA mile in 4:14.4 on the State Armory's dancehall surface after crushing the State 2M mark on the same track the previous week in the CHSAA prelims. His time was 9:04.2--almost a full lap ahead of his nearest opponent. The S.I. saw a great 2M as Dave O'Connor, Valley junior, outleaned Nottingham's Jerry Scholder, 9:11.8...Jim Shields of Chaminade was able to sneak in a 3M effort in the Jersey AAU and nabbed third in a State record of 14:24...also had an 8:32.4 3000.

**Hurdles:** It was an unspectacular winter for NY hurdlers. Not one made the Eastern finals. Times were moderate, after Nephem's John Kowalsky suffered a January injury and never made it back. (He pulled up in the S.I. heats). John had posted a snappy 7.2 at the State Armory. Thus, the S.I. went to Farmingdale junior Paul Lankford, the CHSAA to St. Agnes' Tim Hanlon and the PSAL to Wingate's Renford Hines.

**Field:** Nanuet's Tony Harlin was the nation's 2nd best shot putter at 62-4...For vault success, see left column. ...Elmira's Eric Howard set a State junior 1M mark of 23-1 3/4 in the S.I....Consistent Tom Jedlicka (W. Islip) finally made 6-10 in the S.I....Vaughn Curry of Great Neck South went 3-for-3, taking the Nassau, Easterns and S.I. TJ titles with a best of 46-10 1/2.

**Relays:** Among the top efforts: South Shore's 22.8 hurdles trio; Molloy's 2M running (7:58.4, 7:59 and 7:53.6 for 3200); and Power's distance medley marks (10:29, 10:26.6, 10:28 and 10:23)



Top: Susan Wagner High of Staten Island jubilant after PSAL citywide cross-country title at Van Cortlandt. Four from this group, led by Rich Harder on far right, sprung a surprise assault on State 4MR record in the spring. ... Bottom: Dan Predmore of Fairport headed for Eastern indoor mile title at Princeton. He nipped Bill Leducer of O'Connell (Va) in photo-finish. John Tuttle, Alfred-Almond junior, placed third. ... Ramon Severino en route to Eastern indoor 1000 victory, ahead of Ron Brown of Bethel (Va) ... Tappan Zee's Lance Arietta breaking State outdoor PV record with mark of 15-7 1/4 at Outdoor Easterns at St. John's U.



**Top Teams:** 1. Arlington 2. Centereach 3. Molloy 4. New Rochelle 5. Xavierian 6. O'Neill 7. Edison 8. Christian Bros (Syr) 9. North Rockland 10. Uniondale 11. St. Francis 12. Loughlin 13. Liverpool 14. Clarkstown South 15. Power 16. Rush-Henrietta 17. White Plains 18. Ketcham 19. Suffern 20. Nanuet 21. Mt. Vernon 22. Kennedy (Bronx) 23. South Shore 24. Shaker 25. Wingate and West Genesee.

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## Indoor Winners List

**INTERSECTIONAL:** 60-Raboy, Maine-Endwell, 6.3. HH-Lankford, Farmingdale, 7.6. 300-Strother, New Rochelle, 31.5. 600-Kirkland, Mt. Vernon, 112.4. 1000-Predmore, Fairport, 214.7. Mile-Predmore, 4:20.5. 2M-O'Connor, Valley, 9:11.7. HJ-Jedlicka, W. Islip, 6-10. FV-Arlotta, Tappan Zee, 15-4. SP-Harlin, Manuet, 62-8. LJ-Howard, Elmira, 23-1 3/4. 2M-Curry, Great Nk So, 46-4 3/4. 880R-White Plains, 1:34.6. MR-Mt. Vernon, 3:26.9. 2MR-W. Genesee, 8:04. I-S Medley-Section 8, 8:13.6. Team: Mt. Vernon 13/Sect 8, 624.

**EASTERN:** 60-Strother, New Rochelle, 6.2. HH-Snipes, NJ, 7.1. 300-Darden, Pa, 30.3. 600-Perry, Va, 112.1. 1000-Severino, Washington, 213.3. Mile-Predmore, Fairport, 4:13.8. 2M-Salazar, Mass, 9:01.1. HJ-Turlo, Mass, 6-8. FV-Hartley, NJ, 15-10. SP-Skidmore, NJ, 61-58. LJ-Loiacono, St. Anthony's, 22-8. 3/4. TJ-Curry, Great Nk So, 46-10. 880R-Franklin, Pa, 1:29.9 (1:29.4h). MR-Snyder, NJ, 3:22.8. 2MR-Woodbridge, Va & Menchville, Va, 7:58.6. DMR-Ryan, Pa, 10:16.1. Team-Menchville, Va, 113.

**NYC PSAL:** 100-Neasy, Jefferson, 9.8. HH-Hines, Wingate, 7.7. 220-Blackman, Bowne, 22.9. 440-Outlaw, Bryant, 51.2. 880-Severino, Washington, 1:55.5. 1000-Quinones, Stevenson, 2:22.2. Mile-Severino, 4:25.1. 2M-Diovanni, Newtown, 9:31. HJ-Howard, Columbus, 6-2. SP-Richardson, JFK, 55-4. 880R-JFK, 1:33.4. MR-Hamilton, 3:31.7. 2MR-K. Martin, 8:09.6. Team: Edison 81.

**NYC CHSAA:** 100-O'Mara, St. Anthony's, 10.4. HH-Hanlon, St. Agnes, 7.4. 300-Loiacono, St. Anthony's, 33.1. 440-Robertson, Fordham, 51.5. 600-Lambert, St. Francis, 1:15.7. 880-Florentino, Power, 1:56.7. 1000-Ambrosio, Mount, 2:15.1. Mile-Weaver, Power, 4:14.4. 2M-Meagher, Loughlin, 9:17.6. HJ-Walk-Weber, St. Francis, 8:36.9. HJ-Gleason, Molloy, 6-42. FV-Farrell, Chaminade, 12-9. TJ-Gavata, Molloy, 43-7. SP-Concilio, Xavierian, 55-11.4. 880R-Trinity, 1:36.4. MR-LaSalle, 3:34.1. 2MR-Loughlin, 8:07.3. Team: Archbishop Molloy 342.

**LOUGHLIN GAMES:** 100-Strother, New Rochelle, 10.1. HH-Mastro, NJ, 7.4. 300-Cadogan, EAST NY, 33.1. 600-Kirkland, Mt. Vernon, 114.8. 1000-Ostolozoga, Loughlin, 2:15.9. Mile-Ogilvie, E. Islip, 4:22.3. 2M-O'Connor, Valley, 9:18.7. HJ-Drayton, LaSalle, 6-6. SP-Mecero, Mineola, 59-0. FV-Reilly, WJ, 13-4 3/4. 880R-Snyder, NJ, 1:34.7. MR-Van Buren, 3:34.4. 2MR-Trinity, 8:07.5. Team: Loughlin 14.

**ST. FRANCIS PREP GAMES:** 100-Strother, New Rochelle, 10.0. HH-Kowalsky, Wepham, 7.2. 440-Dugard, Edison & Schellhorn, Centereach, 51.9. 600-Kirkland, Mt. Vernon, 1:15.1. 1000-Swenson, Chaminade, 2:18.1. Mile-Weaver, Power, 4:18.8. 2M-Ostolozoga, Loughlin, 9:23.5. HJ-Kijewski, NJ & Jedlicka, W. Islip, 6-8. SP-Skidmore, NJ, 61-11.8. 880R-White Plains, 1:34.7. MR-Wingate, 3:31.0. 2MR-St. Raymond's, 8:10.7. Team: Loughlin 13.

**CARDINAL HAYES GAMES:** 60-Strother, New Rochelle, 6.4. HH-Snipes, NJ, 7.4. 300-Tufariello, Hewlett, 32.6. 440-Kirkland, Mt. Vernon, 51.1. 600-Washington, NJ, 114.9. 1000-Dowicyan, Sacred Ht, 2:17.1. Mile-Leonard, Magnus, 4:21.5. 2M-O'Connor, Valley, 9:26.6. HJ-Jedlicka, W. Islip, 6-5 3/4. SP-Harlin, Manuet, 62-4. 880R-Weequahic, NJ, 1:35.8. MR-St. Francis, 3:33.3. 2MR-Paramus Cath, NJ, 8:10.7. Team: Paramus Catholic, NJ 113.

**IONA GAMES:** 100(I)-McNeil, Loughlin, 10.4. 100(II)-O'Mara, St. Anthony's, 10.3. HH(I)-Murphy, Xavierian, 7.8. HH(II)-Hanlon, St. Agnes, 7.5. 300-Loiacono, St. Anthony's, 33.4. 600-Swenson, Chaminade, 1:15.7. 1000-D. Averill, Molloy, 2:16.9. Mile-Weagher, Loughlin, 4:20.3. 2M-Langer, Trinity, 9:36.1. HJ-Gleason, Molloy, 6-4. SP-Ianuzzo, Molloy, 54-6. 880R-Mount, 1:37.5. MR-Regina, 3:31.7. 2MR-Magnus, 8:15.2. PSAL 2MR-Wagner, 8:13.6. Team: I-Molloy 29; II-St. Anthony's 32.

**LI COACHES INV:** 60-Rushmore, Glen Cove, 6.5. HH-Royce, Centereach, 7.8 (7.5h). 300-Tufariello, Hewlett, 32.6. 440-Kaplan, Wantagh, 1:15. 1000-Swenson, Chaminade, 2:19.4. Mile-DiDonato, Floral Pk, 4:25.3. 2M-McCutcheon, Regina, 9:21. HJ-Jedlicka, W. Islip, 6-7. SP-Mecero, Mineola, 59-3. FV-Preiman, Lawrence, 13-10. 880R-St. Anthony's, 1:32.9. MR-Regina, 3:33. 2MR-Harborfields, 8:10.5. INV DMR-Power, 10:26.5. Team: Centereach 424.

**NASSAU INV:** 300-Tufariello, Hewlett, 32.0. 600-Bradshaw, Northport, 114.9. 1000-Swenson, Chaminade, 2:14.7. Mile-Camlen, Sewanhaka, 4:21.1. 2M-Hanson, Floyd, 9:25.4. HJ-Jedlicka, W. Islip, 6-8. SP-Mecero, Mineola, 59-10.8. MR-East NY, 3:28.1. 2MR-Harborfields, 8:05.3. DMR-Nazareth, 10:29.5.

**KING GAMES:** HHR-South Shore, 22.8. 880R-JFK, 1:33.4. LR-Boys, 3:30.2. 2MR-Wingate, 8:09.4. DMR-LaFayette, 10:39.6. LJR-Magner, 17-0. SFR-Pt. Richmond, 144-3/4. CHS HR-Power, 3:33.4. CHS DMR-Power, 10:28.

**GRIEVE INV:** 60-Murzyn, Liverpool, 6.4. HH-Sanford, Liverpool, 7.7. 300-Jackson, CBA, 33.2. 600-Hall, Westhill, 116.2. 1000-Quinn, W. Genesee, 2:21.5. Mile-Tuttle, Alfred, 4:18.8. 2M-Scholder, Nottingham, 9:22.5. HJ-Schoolcraft, Liverpool, 6-2. FV-Davis, So. Jeff, 12-7. SP-Jasinski, Utica, 1:34.6. 880R-Rush-Hen, 1:35.5. MR-Rush-Hen, 3:36.3. 2MR-Grimes, 8:26.6. 2MR-W. Genesee, 3:44.2. Team: Liverpool 48.

**DUTCHMEN GAMES:** 60-Mirando, Burnt Hills, 5.5. 55H-Dross, Watertford, 7.1. 300-Singleton, Albany, 34.0. 600-Luther, Guilderland, 1:17. 1000-Waite, Shaker, 2:19.6. Mile-Francis, Arlington, 4:22.3. 2M-Veltre, Ketcham, 9:35.7. HJ-Murphy, McClosky, 6-4. SP-Reynolds, Arlington, 51-1. FV-Taylor, John Jay, 13-0. TJ-Dorney, JJ, 44-8. MR-Colonie, 3:39.1. 2MR-Shenendehowa, 8:17.3. Team: Arlington 394.

**HOLIDAY FESTIVAL:** 40-Garrett, Mt. Vernon, 4.7. 40H-Hamilton, Woodlands, 5.5. 300-Picarella, Sleepy Hol, 35.3. 600-Kirkland, MV, 117.1. 1000-Ferri, Eastchester, 2:31.5. Mile-Christie, Fox Lane, 4:37.8. Mile-Walk-Petrie, Croton-Har, 7:52. 2M-Courtney, Ossining, 9:59.3. HJ-Konstantellus, Eastchester, 6-0. FV-McHugh, Manarone, 12-3. SP-Monk, White Plains, 42-3. 880R-MV, MR-MV, 2MR-Roosevelt, Team: Mt. Vernon 30.

**MILLROSE GAMES:** Inv Mile-Byrne, NJ, 4:18.2. PSAL MR-Hamilton, 3:29.4. CHSAA 2MR-Trinity, 8:04.8. Sub MR-Mt. Vernon, 3:25.3. OLYMPIC INV: Sub 1600R-Mt. Vernon, 3:25.9. CHSAA 1600R-M. Regina, 3:29.3. PSAL 1600R-Wingate, 8:04.1.

**TRI-COUNTY:** 60-Mirando, Burnt Hills, 5.6. 55H-Dross, Watertford, 7.4. 300-Ponds, Albany, 34.4. 600-Waite, Shaker, 1:19.5. 1000-Brady, Columbia, 2:21.4. Mile-Brady, 4:23.9. 2M-Ferguson, Shaker, 9:38.3. HJ-Cozzens, Watertford, 6-5. SP-Bennett, McClosky, 52-3. FV-DeGonzague, CBA, 13-0. TJ-Kent, McClosky, 44-7. MR-Colonie, 3:41. 2MR-Shenendehowa, 8:26. Team: Shaker 338.

**CORTLAND INV:** 60-Raboy, Maine-Endwell, 6.3. 60H-Sanford, Liverpool, 7.6. 300-Obermeyer, Dryden, 33.9. 600-Brown, CBA, 1:18.4. 1000-Paige, Onondaga, 2:22.7. Mile-Tuttle, Alfred, 4:26.5. 2M-Scholder, Nottingham, 9:47.8. HJ-Schoolcraft, Liverpool, 6-4. FV-Gile, Delhi, 13-0. LJ-Howard, Elmira, 21-7. SP-Bal-law, Rome, 54-5. Team: Liverpool 36.

**BUFFALO RELAYS:** 240HHR-Franklin, 26.8. 880R-Sweet Home, 1:38.7 (1:38.2h). MR-Sweet Home, 3:41.8. 880R-Rush-Hen, 8:23.2. SMR-McQuaid, 3:47.3. DMR-Rush-Hen, 11:09. LJR-Lockport & Williamsville, 10:16-10. SFR-Turner, 1:35-10 3/4. LJR-Rush-Hen, 53-11 3/4. 2M-Tuttle, Alfred, 9:45.3. Team-Rush-Hen 49.

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3. Hofstra-Hempstead  
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4. Farmingdale-State University of NY  
176/synthetic/blocks; no spikes/oval; wide turns
5. Manly Field House-Syracuse University  
220/synthetic/blocks; no spikes/wide turns; fast
6. Madison Square Garden-New York City  
160/synthetic/blocks; spikes/banked, tight turns
7. West Ave. Armory-Buffalo  
220/asphalt/blocks; no spikes/tight turns
8. Nassau Coliseum-Uniondale  
176/synthetic/blocks and spikes/banked, tight turns
9. Golden Dome-Ogdensburg  
12-mile/asphalt/blocks; no spikes/tight turns
10. Princeton-Jadwin Gym (Home of the Easterns)  
220/synthetic/blocks and spikes/wide turns; fast
11. V-Rochester  
225/old synthetic/blocks; no spikes/very tight, slightly-banked turns/part of track goes thru tunnel
12. St. Lawrence Univ.-Field House-Canton  
160/cork/blocks and spikes/wide turns
13. State Armory-NY City (formerly called 102nd Engineers)  
220/wood/no blocks or spikes/tight turns
14. West Point-Fieldhouse  
300/synthetic/blocks & spikes/squared, tight turns
15. Rockland Community College-Suffern  
287/synthetic/no blocks or spikes/wide turns
16. Union College-Schenectady  
220/synthetic/blocks & spikes/sharp turns; fast
17. West Ave. Armory-Albany  
176/wood/no blocks or spikes/tight turns; slippery









The following information was received after the Yearbook went to press in early August.

I-Women's Track: Here is what NY schoolgirls did, now that full results have been assembled on the Nat'l Jr and Sr AAU meets in White Plains:  
Sr AAU: 400M--Robin Blaine, competing for the Atoms TC, ran 55.5 for 4th in her heat. Jr AAU: As listed inside, Tonetta Rumph of Atoms won the 400mIH in a record-equaling 59.8. Also...440R-Mt. Vernon, 4th in its heat, 48.2. 3000M-Kathy Mills of Fayetteville-Manlius, running for the Syracuse Chargers, took 2nd in 9:48.6, equivalent to about a 10:30 2M. Mary Ann Persan of Richmond Hill HS and the Tyrone Pannell TC, 8th in the 2nd heat in 10:39.8. 200M-Patty Frost of Horseheads, 5th in her heat in 25.8.

II-National Youth Games: The NY City team, coached by Andy Ferrara of South Shore, Bklyn, won the title in Ft Worth, Tex with 225 points. Detroit was 2nd. 100-Earl MacNeil, Loughlin freshman, 3rd in 10.1. 220-MacNeil 3rd in 22.6. 440-Brian Denman, Boys High, sets NY State freshman record with 49.8 victory. (Denman had previously broken the mark with a 49.9 in the Jr Olympic regionals.) Richard Barnes, a Van Buren soph, 4th in 50.3.

III-National Junior Olympics: The multi-sport competition was held in Ithaca, Aug 8-11. Girls: 1 Mile-Kathy Mills, Fayetteville-Manlius, 5th in 4:58.3, which betters her NYSPHSAA record. 880-Robin Blaine of Bklyn and Atoms TC wins in 2:09.2 (meet record). 220-Patty Frost, Horseheads, 25.7 in heats, did not make finals. Boys: 880-Bob Andrews, New Dorp (Staten Is) junior, 4th in 1:54.2. 1 Mile-John Tuttle, Alfred-Almond soph, 7th in 4:15.5, 2nd best soph time ever by a NYer. 100-Adley Raboy, Maine-Endwell junior, 4th in his heat in 10.3. 440-Mark Hurst, Bklyn Tech, 6th, 49.5 (48.9 in Regional).

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1976 Track: 9-0, 5th consecutive winning season, 10th place CTC Champs, 7th pl. NYS Upstate Champs, CACC Champs, 2nd pl., class 1600M relay at Penn Relays.

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HOME PHONE: (914) 229-9823

*FOX ON THE RUN*



# X-C Luis, Luis

Like a ballplayer pointing to the bleachers and slugging a homer, Luis Ostolaza announced he was running after the Van Cortlandt Park course record, and he got it with room to spare to highlight one of the most successful seasons ever registered by a New York State cross-country runner.

Ostolaza, a Bishop Loughlin (Brooklyn) senior who was only 16 for most of the fall campaign, ran 12:16.4 in the Christian Brothers meet, to break the old 2:5-mile standard of 12:20.9 set in 1972 by Dave Sandridge of Maryland. Luis had nine other major titles in his collection, including State Federation and CHSAA victories, to set an all-time NY State win mark. The only blemish on his near-perfect record came in the rain-delayed Easterns--on Thanksgiving weekend this time--when Jersey's Chris Mallinan maintained a 15-yard margin all the way home. Overconfidence may have set in since Luis' course record had come the previous week.

Ostolaza's other Van Cortlandt triumphs were in the Manhattan and CHSAA sectional meets. Strange courses had no effect on him. He also won at Bear Mountain (Magnus), Schenectady (Grout), Poughkeepsie (Marist) and Cortlandt (States). For his efforts he was named to The Harrier's 1975 High School All-American team--one of 50 so chosen from around the U.S.

Two other New Yorkers named to the squad were Jim Shields of Champlain and Dave O'Connor of Valley Central. Shields won 5 of 9 major races, losing only to Ostolaza and All-Americans Kevin Byrne of New Jersey and Scott Haack of Virginia (in the Eastern USFPF). O'Connor, a junior, had five victories, including the individual section of the Federation meet. Two of his three setbacks were to Shields (in the Easterns C section) and All-American Alberto Salazar of Maryland. Hans, who came close to the old Van Cortlandt course mark during a downpour in the Manhattan meet.

The remainder of the All-State first team is Steve Martinez of Commack South, Doug Moreland of Iroquois, Jim O'Shea of Monroe-Woodbury and Mike Wyckoff of South Seneca. Martinez had six titles, a second in the Inter-sectionals and a sixth in the Federation. Moreland dominated upstate action, including a big McQuaid win, and was third in the I-S. O'Shea's gold medals included the I-S A section, and Wyckoff took the C division with the meet's fastest time.

Mark Taylor of upstate Wilson, last year's leading freshman, was this fall's top soph. He gobbled up course records in his area en route to a Section 6-C crown and then placed 6th and 5th in Statewide activity. It was a show for tough newcomers too, especially a pair of freshmen from opposite ends of the state. Greece-Arcadia's Jim Coddington was strong from the first meet on and West Babylon (LI)'s Terry Tracy came on strong at the end. They were 15th and 14th, respectively in separate Federation races, as both hit the same 15:17 time. Prior to the States Coddington won varsity titles and was rated one of the nation's top first-year runners.

Only three teams were able to sustain their early-season strength. Greece-Arcadia made a mess of upstate events and beat Walt Whitman in the Intersectional A. Whitman turned the tables the following week, beat Arcadia in the Federation (see next column). Albertus Magnus, last year's Number-one team, won the I-S B and took a close third in the Feds. (The I-S C champ was South Jefferson.)

In NY City, Molloy and Wagner won Catholic and Public schools titles. In the latter meet Wagner's Rich Harder was the individual champ; Tilden's Kent Simon took the PSAL's "Individuals"--only run.

Arlington was tops in Section 1, with fourth in both statewide meets, and with only one senior in the top five. Shaker and Glen Falls were Section 2 powers, with the latter superior in the title races after fared better in invitationals. Christian Brothers of Syracuse had an up-and-down season, highlighted by 7th in the Feds, and led Section 3, where Liverpool also was very strong. Vestal and Ithaca were tight all season, with Vestal a slim Section 4 victor but Ithaca's points were up in the Feds. Rush-Henrietta's tough squad was overshadowed by Arcadia in Section 5.

The usually strong Section 6 and Western NY teams showed, led by St. Joe's and Lockport, had off-years with weak statewide efforts. Section 8 was led by Elmont and JFK-Bellmore. The biggest advancements continue to be made in Sections 9 and 11, which were lined up in the first time. It was figured that the girls would run either a 2.0 or 2.5 course. The boys use a 3.0 route. The record of 15:02.4 was set in the let meet when Dave Dobrynski of CBA-Syracuse won the team section.

## 2nd Annual New York State Federation Invitation Cross Country Run - 1975

Cortland, Nov. 15--The cross-country axiom of the key fifth man was the factor that led Walt Whitman of Long Island to a narrow team victory over Greece-Arcadia and Albertus Magnus in the 2nd New York State Federation Invitation meet at the State University at Cortland. All three contenders came across the line with four runners among the leaders, but the Wildcats put its final scorer in 61st position while the counterparts from Arcadia and Magnus placed 80th and 81st. Thus, the totals read 155 for Whitman, 163 for Arcadia and 167 for Magnus. Whitman, beaten by Buffalo, was led by the third-place Intersectional runner, 14:59 for the newly-prepared 2.95-mile layout. The valuable fifth-man was Richard Appert, a converted sprinter. In between were John Bock (23rd), Mark Bonardet (29th) and Don Bonardet (39th) for coach Kieran Moran, whose team was fourth the year before.

Coach Dick Kishlar's Arcadia squad was paced by Greg Keyes and freshman Jim Coddington, 13th and 15th, and Dave Rohr, 17th. Steve Mance was 38th. Jim Shoenaker took 40th. For Coach Dick Wels, Magnus, the Intersectional A 80th. For Coach Pat Chambers (5th), Kevin Leonard victor, lined up with Pat Chambers (5th), Kevin Leonard victor, Jamie Kempton (19th), Keith Weigman (53rd) and Steve Root (81st).

After this trio there was almost a 50-point spread as Arlington took fourth with 213. Surprising Monroe-Woodbury was fifth with 239. McGr. Farrell, the NY CHSAA runnerup, ran well for 6th (250). Christian Brothers of Syracuse was three points behind in 7th. The next 11 Syracuse in the 30-team race crowded into the 300's, lead taken by 8th-placer Bish.Loughlin, 300 even. Port Jefferson (303) and Susan Wagner, the PSAL champ (318), completed the top ten.

The gold medalist in the team race was favored Luis Ostolaza of Bishop Loughlin, who ran comfortably on the snow-coated course to a 35-year triumph over Jim Shields of Champlain. Luis' time was 14:52.3. Shields hit 14:58.

The individual race was won by Dave O'Connor, junior from Valley Central (Orange County), in 14:53.7. O'Connor was pressed by Marty Hanson of William Floyd (LI), timed in 14:56.8, a step ahead of Bruce Jones, Sweet Home, 14:57. The summaries:

Team	Rank	Time	Team	Rank	Time
1. Walt Whitman	155	16. Archbishop Molloy	345		
2. Greece-Arcadia	163	17. Glen Falls	348		
3. Albertus Magnus	167	18. Champlain	388		
4. Arlington	213	19. Holy Trinity	401		
5. Monroe-Woodbury	239	20. Ithaca	441		
6. McGr. Farrell	250	21. Shaker	487		
7. CBA-Syracuse	253	22. Liverpool	499		
8. Bishop Loughlin	300	23. St. Joseph's	513		
9. P. Jefferson	303	24. Vestal	539		
10. Susan Wagner	318	25. Tottenville	597		
11. JFK-Bellmore	320	26. Brooklyn Tech	641		
12. St. Anthony's	334	27. Newtown	672		
13. Nazareth	338	28. Binghamton Cath.	700		
14. Power Memorial	338	29. Bishop Gibbons	733		
15. Elmont	342	30. Plattsburgh	961		

Team Race	Rank	Time	Individual Race	Rank	Time
1. Ostolaza, Loughlin	14:52.3		1. O'Connor, Valley	14:53.7	
2. Shields, Champlain	14:58		2. Hanson, Floyd	14:56.8	
3. Hopkins, Whitman	14:59		3. Jones, Sweet Home	14:57	
4. O'Shea, Monroe-Wby	15:01		4. MacDonald, CBA	14:58	
5. Chambers, Magnus	15:03		5. Clarkstown So	14:58	
6. Baker, Glen Falls	15:03		6. Wyckoff, So Sen	14:59	
7. Morris, Bish. Cath	15:12		7. Taylor, Wilson	15:08	
8. Crogan, Monroe-Wby	15:13		8. Callanan, W. Glen	15:09	
9. Leonard, Wagner	15:13		9. Hall, O'Neill	15:12	
10. Weaver, Power	15:13		10. Higgins, Scanlon	15:13	

**The 1976 Meet:**  
The 3rd annual meet moves back to Van Cortlandt Park, the Bronx, site of the last meet in 1974. The date will be the second Saturday in November--Nov. 13, at 11:30. The meet director is Joe Fox of the NYC Catholic High Schools AA. The qualifying format will remain the same. At press time it was also expected that the meet would have a girls individual race (not a team race) for the first time. It was figured that the girls would run either a 2.0 or 2.5 course. The boys use a 3.0 route. The record of 15:02.4 was set in the let meet when Dave Dobrynski of CBA-Syracuse won the team section.

### 1975 Winner's List

Listed below are the individual and team winners of many of the major X-C meets of the 75 season. Key: Individual winner, his team; team champion.

State	State	State	State
1. Ostolaza, Loughlin; Whitman	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley
4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley
5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley
6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley
8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 1	Section 2	Section 3	Section 4
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley
4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley
5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley
6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley
8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 5	Section 6	Section 7	Section 8
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
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8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 9	Section 10	Section 11	Section 12
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
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Section 13	Section 14	Section 15	Section 16
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley
4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley
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9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 17	Section 18	Section 19	Section 20
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
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4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley
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6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley
8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 21	Section 22	Section 23	Section 24
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley
4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley
5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley
6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley
8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 25	Section 26	Section 27	Section 28
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
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6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley
8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

## X-C RESULTS, ALL-STAR

### 1975 All-Stars

Section 1	Section 2	Section 3	Section 4
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley
4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley
5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley
6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley
8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 5	Section 6	Section 7	Section 8
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley
4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley
5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley	5. O'Connor, Valley
6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley
8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
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10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 9	Section 10	Section 11	Section 12
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley
4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley	4. O'Connor, Valley
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9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 13	Section 14	Section 15	Section 16
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley	3. O'Connor, Valley
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6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
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10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

Section 17	Section 18	Section 19	Section 20
1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley	1. O'Connor, Valley
2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley	2. O'Connor, Valley
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6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley	6. O'Connor, Valley
7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley	7. O'Connor, Valley
8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley	8. O'Connor, Valley
9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley	9. O'Connor, Valley
10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley	10. O'Connor, Valley

<u>Circle</u>	12:59.9	Carmod
Rottingham	13:00	Baunle
Kathy Mills, Fayetteville-Manlius	13:00	Jones
	13:00	Sayers
	13:00	Perquous
	13:00	Rabun

Course Records

After a one-year absence, the Course Records listing report for a year as new courses were being laid out after a maximum distance of 3 miles instead of the old 2.5, that appeared in previous lists has been omitted. During the 1976 campaign, there are duplicate records of the old(shorter) and new(longer) layouts. Courses were of amount of use and availability of records. Random o

# Seniors to College

Listed below are many of NY's top seniors from 1976 and where they went to college.

## Sprints

Holness Cunningham(Great Neck South)  
Carl Francis(St.Francis Prep)  
John Fugina(Plainedge)  
Steve Kaiser(Hilton)  
Gary Quatranni(Dougherty)  
Adley Raboy(Maine-Endwell)  
Ernie Robertson(Fordham Prep)  
Mark Rushmore(Glen Cove)  
Henry Waite(South Jefferson)  
Ernie Walters(JFK-Bronx)  
Randy Scott(Tappan Zee)

Adelphi  
Cornell  
NY Tech  
Edinboro St.  
Indiana  
Cornell  
Penn  
NY Tech  
Morrisville  
Rutgers  
Cornell

## Quarter-Mile

Fred Dugard(Edison)  
Bill Johnson(Mt.Vernon)  
Walt Kirkland(Mt.Vernon)  
Richard Outlaw(Bryant)  
Walt Pawlowski(Floral Park)

Tenn Tech  
Tarkio  
Rutgers  
Tenn Tech  
NY Tech

## Half-Mile

Dennis Averill(Molloy)  
Frank Averill(Molloy)  
Bob Baratta(Say Shore)  
Al Fiorentino(Power)  
Tom Maher(Xaverian)  
Bob Paige(Onondaga)  
Walt Pawlowski(Floral Park)  
Bill Ryan(Stepinac)  
Joe Swenson(Chaminade)  
Dave Washington(Mt.Vernon)  
Bob Andrews(New Dorp)  
Ramon Severino(Washington)

U-Richmond  
U-Richmond  
Allegheny JC  
Rutgers  
Rutgers  
Hamilton  
NY Tech  
Manhattan  
Princeton  
Rutgers  
Penn?  
Adelphi?

## Distance

Frank Averill(Molloy)  
John Black(Xaverian)  
Marty Hanson(William Floyd)  
Eric Langer(Holy Trinity)  
Steve Martinez(Commack South)  
Jim McVeigh(Nazareth)  
Tom Meagher(Loughlin)  
Mike Bisesi(Grimes)  
Richard Harder(Susan Wagner)  
Doug Moreland(Iroquois)  
Bob Orazem(Susan Wagner)  
Dan Fredmore(Fairport)  
Luis Ostolozaga(Loughlin)  
Jerry Scholder(Nottingham)  
Jim Shields(Chaminade)  
Gene Spillane(Farrell)  
Mark Stauffer(Nottingham)  
Maurice Weaver(Power)  
Mike Wyckoff(South Seneca)  
Tom Hamerton(Wagner)  
Neil Vallencourt(Tottenville)  
John Baker(Glens Falls)

U-Richmond  
Manhattan  
Allegheny JC  
Fordham  
Allegheny JC  
C.W. Post  
Manhattan  
Rutgers  
St.John's  
Penn  
E.Stroudsburg  
Cornell  
Manhattan  
Marist  
William & Mary  
St.John's  
Syracuse  
E.Michigan  
Cornell  
St.John's  
E.Stroudsburg  
Cornell

## Hurdles

Ernie Coleman(Rose Free)  
George Fernandez(Mepham)  
Valjean Garrett(Mt.Vernon)  
Tim Hanlon(St.Agnes-RVC)  
John Kowalsky(Mepham)  
Art Monk(White Plains)  
Dan Tobin(Xaverian)

U-Massachusetts  
Texas-El Paso  
Rutgers  
St.John's  
Texas-El Paso  
Syracuse  
Iona

## Weights

Dom Concilio(Xaverian)  
Tony Harlin(Nanuet)  
Scott Ianuzzo(Molloy)  
Kendall Jackson(Bishop Timon)  
George Mecero(Mineola)  
Ron Richardson(JFK-Bronx)  
Steve Voda(Molloy)

Rutgers  
New Mexico  
Rutgers  
Kansas  
West Point  
Syracuse  
Rutgers

## Jumps

John Boomer(Molloy)  
Ian Drayton(LaSalle-NYC)  
John Gleason(Molloy)  
John Horton(Manhasset)  
Kevin Parker(Rose Free)  
Bill Thierfelder(Fordham Prep)  
Mike Serrette(Xaverian)  
Harold Kye(Nottingham)

St.John's  
Iona  
St.John's  
Tenn Tech  
Plattsburgh  
Fordham  
St.John's  
Albany St.

## Vault

Mike Cavataio(Molloy)  
Lance Arietta(Tappan Zee)  
Kevin Markwardt(Ithaca)

St.John's  
Texas-El Paso  
Cortland St

# LONG ISLAND ATHLETIC CLUB



... ALL ATHLETES WELCOME

... TRAVEL TEAM TO MEETS ALL YEAR

... SUMMER ALL COMERS MEET  
(Tuesday, Mepham High School  
Thursday, Centereach H.S.  
Sun. morning, Eisenhower Pk)

... "MEET OF CHAMPIONS",  
(Tues. after  
State Intersectional  
--Tentative)



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53 Willets Road  
Old Westbury, N.Y.

(516) 334-1166

(Tues,Wed,Thurs, 11-2 P.M.)

# THE NEW YORK RELAYS

co-sponsored by

The Fordham Prep Spiked Shoe Club

AND

The New York Daily News

THE 12th ANNUAL NEW YORK RELAYS

will be held on

Friday, May 6 Saturday, May 7, 1977

At Downing Stadium, Randalls Island, New York

# 10th ANNUAL Nanuet Relays

Sponsored by the

Nanuet Black and Gold Club

Will Be Held

On Saturday, April 9, 1977 10 A.M.

at NANUET HIGH SCHOOL

For Further Information, contact:

Dave Hanson

Nanuet HS

Nanuet, New York 10954

School: (914) 623-3416

Home: (914) 623-5659



# Tarkio College

TARKIO, MISSOURI



FULLY-ACCREDITED LIBERAL ARTS COLLEGE

Member N.A.I.A.

"Heart of America Athletic Conference"

Cross-Country Team  
HAAC Champs - 1972,73  
District #16 NAIA Champs - 1972,73,74

Indoor Track Team  
HAAC Champs - 1973,74,75  
District #16 Champs - 1974,75

Outdoor Track Team  
HAAC Champs - 1973,74,75  
District #16 NAIA Champs - 1972,73,74

For more information concerning the Tarkio College Track and Educational Programs,  
write or call:

Mr. Dave Young  
Assistant Director of Admissions  
241 Carlton Ave.  
Brooklyn, NY 11205

212-858-8798

Bob Tucker  
Head Track Coach  
Tarkio College  
Tarkio, Missouri 64491  
(816) 736-4131 Ext. 356

## Liverpool High School

Varsity  
Cross-Country Team

OHSL CHAMPIONS 1975  
Indoor Track & Field Team  
96% winning record last 9 years

Outdoor Track & Field Team  
(Dual Meet record since 1964:)

Won - 112 Lost - 14

OHSL CHAMPIONS 1976

\*\*\*\*\*

HEAD COACH - OSCAR B. JENSEN

Asst. Coach - Bob Newman  
Freshman Coach - Steve Bero

Wishes continued success to  
Marc Bloom and his excellent  
New York State Scholastic Track  
Yearbook



28th Annual

## Cardinal Hayes Games

Saturday, January 22, 1977



STATE ARMORY

168th Street & Broadway  
New York City

10 A.M.



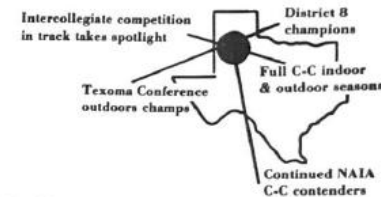
## Saint Anthony's

EIGHTH ANNUAL  
TRACK & FIELD MEET

Will be held on  
Saturday, May 7, 1977  
at St. Anthony's H.S.  
Smithtown, N.Y.

For further info:

Bro. Antonio, OSF  
St. Anthony's H.S.  
St. Johnland Road  
Smithtown, N.Y. 11787  
(516) 265-1486



## The Exciting World of Wayland Baptist College

-TWICE-  
ALL-AMERICAN RON MELNICHUK

Contact:  
Dr. Billy D. Hardage  
Head, Health & Physical Education  
Wayland Baptist College, Plainview, Texas 79072

CONGRATULATIONS

TO  
HIGH SCHOOL ATHLETES  
AND COACHES  
NAMED IN THIS PUBLICATION  
from the

## UNITED STATES MILITARY ACADEMY

### TRACK AND FIELD TEAM

Coach John Randolph  
Assistants: Spec. John Delamere  
Mr. George Storck

**WEST POINT.** Four year university EDUCATION leading to a Bachelor's Degree and a commission as an Army officer. Career and advancement OPPORTUNITIES. Worldwide ADVENTURE. LEADERSHIP. CHALLENGE. The WEST POINTER is in demand in or out of the service.

**WEST POINT.** Outstanding athletic facilities. Outstanding Cross Country, Track and Field Program.

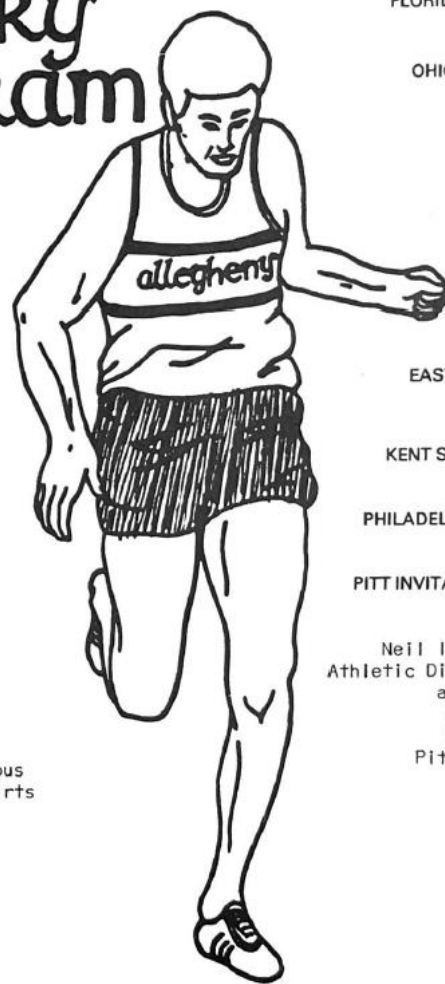
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WHY NOT FOR YOU?

#### For further Admissions and Track information, contact:

Coach John Randolph  
Army Athletic Association  
United States Military Academy  
West Point, New York 10996  
(914) 938-2425

Col. Harold G. Beal, Jr.  
Associate Director of Admissions  
United States Military Academy  
West Point, New York 10996  
(914) 938-3623

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NJCAA Regional Cross Country Champions  
1968 1969 1970 1971 1972 1973 1974 1975  
National Junior College  
Athletic Association  
Champions 1973  
NJCAA Team Marathon  
Champions 1975 and 1976  
Junior College Record  
97 Wins 0 Losses 1 Tie

FLORIDA RELAYS

OHIO STATE RELAYS

PENN STATE RELAYS

PENN RELAYS

QUANTICO RELAYS

EASTERN MICHIGAN INVITATIONAL

KENT STATE — OHIO U. RELAYS

PHILADELPHIA TRACK CLASSIC

PITT INVITATIONAL

Neil I. Cohen and Sam Bair  
Athletic Director and Coach of Track  
and Cross Country  
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"YEAR AFTER YEAR,  
THE VERY BEST  
IN JUNIOR COLLEGE  
DISTANCE RUNNING"





One of NY's greatest rivalries ended last spring. Maurice Weaver of Power Memorial, at left, and Luis Ostolozaga of Bishop Loughlin met at least two dozen times at 880, one mile and two miles over a two-year span. Overall, it was pretty much a tossup. Weaver is seen anchoring Power to the Penn Relays distance medley crown, with Ostolozaga, obscured, in 2nd. Luis is shown winning the Marist X-C Invitational, one of his 12 major harrier titles. Weaver photo by Steve E. Sutton/DUOMO.