

POWER MEMORIAL ACADEMY TRACK TEAM

1968

VARSITY

JUNIOR VARSITY

FRESHMEN

NAME *Andrew Walsh*  
CLASS *Junior*  
EVENTS *2 mile, 1 mile, 1/2 mile*

POWER MEMORIAL ACADEMY  
161 WEST 61ST STREET  
NEW YORK, NEW YORK 10023  
JU 6- 7353

COACHING STAFF

VARSITY COACH: BROTHER J.G. BIELEN C.F.C.

FRESHMEN COACH: BROTHER J.M. BINKLEY C.F.C.



TENTATIVE OUTDOOR TRACK SCHEDULE - 1968

MARCH

MON. ~~25~~ - WEIGH-INS- CARDINAL HAYES

SAT. ~~30~~ - FORDHAM PREP RELAYS

APRIL

SAT. ~~6~~ - ST. FRANCIS MEET

WED. ~~10~~ - FIELD EVENTS FOR C.H.S.A.A. RELAY CARNIVAL

THURS. ~~11~~ - ALL HALLOWS MEET

TUES. ~~16~~ - C.H.S.A.A. RELAY CARNIVAL

FRI. AND SAT. ~~19 & 20~~ - QUEENS-IONA RELAY CARNIVAL

FRI. AND SAT. ~~26 & 27~~ - NEW YORK RELAYS

MAY

FRI. ~~3~~ - C.H.S.A.A. SOPHOMORE AND FRESHMEN FIELD EVENTS

SAT. ~~4~~ - C.H.S.A.A. SOPHOMORE AND FRESHMEN MEETS

FRI. ~~10~~ - NOVICE INTERSECTIONAL FIELD EVENTS

SAT. ~~11~~ - FROSH-NOVICE INTERSECTIONALS

MON. ~~13~~ - WEIGH-INS FOR SECTIONALS AND INTERSECTIONALS

WED. ~~22~~ - C.H.S.A.A. FROSH, JUNIOR, MIDGET INTERSECTIONAL CHAMPS

FRI. ~~24~~ - PRIVATE SCHOOLS FIELD EVENTS

SAT. ~~25~~ - PRIVATE SCHOOLS MEET

WED. ~~29~~ - FIELD EVENTS FOR SECTIONAL CHAMPS

THURS. ~~30~~ - POLE VAULT AND WEIGHT FIELD EVENTS SECTIONAL CHAMPS

JUNE

SAT. 1- SECTIONAL CHAMPIONSHIPS

FRI. ~~7~~ - FIELD EVENTS INTERSECTIONAL CHAMPS

SAT. 8- INTERSECTIONAL CHAMPIONSHIPS

SAT. 15- EASTERN STATES



## GENERAL DIRECTIONS

1. YOU ARE EXPECTED TO MAKE A DEFINITE EFFORT TO CHANGE AS RAPIDLY AS POSSIBLE EACH DAY.
2. ROLL WILL BE TAKEN BY THE COACH EACH DAY. YOU MUST CHECK IN WITH THE COACH BEFORE PRACTICE AND OUT WITH THE COACH BEFORE YOU LEAVE.
3. THE ONLY LEGITIMATE EXCUSE FROM PRACTICE IS ABSENCE FROM SCHOOL. IF YOU ARE DETAINED FOR A MEETING YOU ARE NOT EXCUSED FROM PRACTICE. IF YOU KNOW IN ADVANCE THAT YOU HAVE A DENTIST APPOINTMENT, ETC. ON A CERTAIN DAY, YOU ARE TO RUN IN THE GYM FROM 8:00 TO 8:30 ON THAT MORNING.
4. STUDIES WILL BE CHECKED WITH YOUR TEACHERS FROM TIME TO TIME. TRACK IS NOT AN EXCUSE FOR POOR STUDY HABITS.
5. ANYONE USING ALCOHOL OR TOBACCO IS NOT INTERESTED IN ATHLETICS.
6. KEEPING LATE HOURS IS VERY HARMFUL TO THE ATHLETE.
7. DON'T BE A COMPLAINER. THE COACH ALSO REALIZES WHEN IT IS COLD, LATE OR MISERABLE OUT. EXPECT SATURDAYS TO BE OCCUPIED. AT VERY BEST, THE FACILITIES FOR THE POWER TRACK TEAM ARE MISERABLE--HOWEVER, WE HAVE ALWAYS DONE WELL IN SPITE OF THIS FACT. NO DOUBT THIS IS DUE TO THE TREMENDOUS SPIRIT OF THE POWER RUNNER WHO IS ABLE TO RISE ABOVE ALL DIFFICULTIES.
8. REPORT ALL INJURIES.
9. REMEMBER PROPER CONDUCT IN LOCKER ROOMS, AT THE TRACK, CENTRAL PARK, ETC. YOU REPRESENT YOURSELF AND THE SCHOOL. SHOWER EACH DAY.
10. YOU ARE EXPECTED TO GIVE YOUR FULLEST AT EVERY PRACTICE.
11. SET A GOAL---AND GO FOR IT.
12. "PAIN-BARRIER"--- MUST GO EVEN WHEN YOU HURT. LET OTHERS REST.
13. REMEMBER THE VALUE OF A GOOD WARM-UP AND COOL-DOWN.
14. BE HUMBLE--LET YOUR RUNNING DO THE TALKING.
15. WE PRACTICE NO MATTER WHAT THE WEATHER. BE PREPARED.
16. TAKE PROPER CARE OF EQUIPMENT. REMEMBER CONDUCT ON TRANSPORTATION FACILITIES.
17. THE PERFORMANCE OF AN ENGINE IS LARGELY REGULATED BY THE FUEL IT HAS TO BURN. BE SURE YOU ARE PUTTING "ETHYL" GRADE FUEL IN THAT MOUTH OF YOURS. DIET IS EXTREMELY IMPORTANT.
18. COMPLETING A WORKOUT IS NO LONGER GOOD ENOUGH. BEING INTENSE IS WHAT COUNTS.
19. THE GREATEST RUNNERS IN THE WORLD HAVE HAD THEIR BAD DAYS.

## SUGGESTED CALISTHENICS FOR WARM-UP

- |                                    |                                      |
|------------------------------------|--------------------------------------|
| 1. JUMPING JACKS                   | 11. JOG ONE MILE BEFORE CALISTHENICS |
| 2. HIP ROTATION                    | 12. JOG 1/4 MILE AFTER CALISTHENICS  |
| 3. ARM ROTATION                    | 13. 4 x 60 YD. DASH                  |
| 4. SIT-UPS                         |                                      |
| 5. LEG-LIFTS                       |                                      |
| 6. PUSH-UPS                        |                                      |
| 7. HURDLERS STRETCH                |                                      |
| 8. HIGH KICKS                      |                                      |
| 9. RUNNING IN PLACE                |                                      |
| 10. ALL OTHER STRETCHING EXERCISES |                                      |

## SUGGESTED FOR WARM-DOWN

JOG FROM 880 TO MILE FOR A WARM-DOWN.



## RULES TO BE OBSERVED AT A TRACK MEET

1. KNOW YOUR EVENT. USUALLY CHECK WITH MANAGER. ALSO CHECK BULLETIN BOARD THE DAY BEFORE A MEET.
2. KNOW WHEN YOUR EVENT IS TAKING PLACE.
3. KNOW WHERE YOUR EVENT BEGINS AND ENDS. (HOW MANY LAPS, ETC.)
4. FINISH THE RACE. FULL SPEED ACROSS AND THROUGH THE FINISH LINE.
5. WHEN FINISHED THE RACE-- STAY IN YOUR LANE IF YOU HAVE ONE.
6. NEVER ASK THE COACH OR AN OFFICIAL WHAT YOUR TIME WAS--HE IS BUSY. HE WILL EVENTUALLY GET IT TO YOU.
7. DURING YOUR RACE--DO NOT TOUCH, SPIKE, BUT IN FRONT OF, PUSH, TALK TO, OR INTERFERE IN ANY WAY WITH ANOTHER RUNNER--YOU MAY BE DISQUALIFIED.
8. AT THE BEGINNING OF THE RACE FIND YOUR COACH.
9. AT THE END--DON'T SULK IF YOU DO BADLY--BABY'S WON'T WIN THE NEXT TIME. REPORT IMMEDIATELY TO YOUR COACH AT THE END OF YOUR EVENT.
10. IF YOUR EVENT IS NOT ON--STAY OFF THE TRACK.
11. YOU ARE RESPONSIBLE FOR LAST MINUTE LOOSENING-UP CALISTHENICS.
12. DON'T DRINK WATER, EAT ORANGES, SANDWICHES, ETC. BEFORE YOUR EVENT.
13. WATCH THE MEET AND CHEER OTHER MEMBERS ON. BUT DO NOT PACE ANOTHER RUNNER.
14. CONGRATULATE EXCEPTIONAL PERFORMANCES.
15. REMEMBER COACHES ARE ALL BUSY AT A TRACK MEET--DON'T BOTHER THEM BY WRESTLING, DISAPPEARING, ETC.
16. BE ON TIME FOR A MEET. THIS IS THE MOST SERIOUS RULE WE HAVE.
17. NEVER GIVE UP IN A RACE--MOST THINGS WORTH STRIVING FOR --HURT.
18. RUNNERS SHOULD BE IN BED AT 10:30 THE NIGHT BEFORE A MEET. TWO NIGHTS BEFORE A MEET IS THE BEST TIME TO GET EXTRA SLEEP. IT WILL BE A MORE RELAXED SLEEP.
19. HAVE A PLAN FOR EVERY RACE. IT MAKES NO DIFFERENCE IF YOU ARE GOING FOR A RECORD OR IF YOU ARE JUST RUNNING FOR PRACTICE.

## TRACK AWARDS

LETTERS TO BE AWARDED IN TRACK WILL CONFORM TO THE STANDARDS SET BY THE ATHLETIC DEPARTMENT. THEY ARE:

MAJOR: BEST AWARD: GOLD LETTER ✓  
2ND AWARD: PURPLE LETTER  
FRESHMEN----FOUR INCH  
JUNIOR VARSITY---6 INCH  
VARSITY--- 8 INCH ✓

IF A TRACKMAN HAS COMPETED IN THREE SEASONS OR ANY PART THEREOF HE WILL ALSO BE AWARDED:

MINOR: FRESHMEN---PANTHER  
SOPHOMORE---WINGED FOOT  
JUNIOR ----TRACK PATCH ✓  
SENIOR----SCHOOL SWEATER (MUST HAVE WON A OBVIOUS MAJOR AWARD AND COMPETED IN 9 SEASONS OF TRACK)

IF A RUNNER HAS NOT COMPETED IN THE THREE TRACK SEASONS, HE WILL RECEIVE THE MINOR AWARD BUT NOT THE MAJOR AWARD.



## FORDHAM RELAYS

HIGH JUMP RELAY: SENIOR, JUNIOR, MIDGET COMBINED HEIGHTS.  
SHOT PUT RELAY: SENIOR 12 LB., JUNIOR 8 LB., MIDGET 5 LB. COMBINED .  
TWO LAP SUB-MIDGET RELAY: (103 LBS. OR UNDER ON THE DAY OF MEET)  
175 YDS. EACH MAN.  
TWO LAP MIDGET RELAY: (115 LBS. OR UNDER) 176 YD. EACH MAN.  
THREE LAP JUNIOR RELAY: (130 LBS. OR UNDER) 254 YD. EACH MAN.  
THREE LAP FRESHMEN RELAY: (264 YD. EACH MAN.)  
THREE LAP SENIOR RELAY: (264 YD. EACH MAN)  
SENIOR TWO MILE RELAY: (880 YD. EACH LEG)  
SENIOR DISTANCE MEDLEY RELAY: (3/4, 1/4, 1/2, MILE)  
JUNIOR TWO MILE RELAY (880 YDS. PER LEG; 1ST AND 2ND YEAR; 13 OLD OR UNDER)  
THREE TIMES 2 MILES TEAM RACE: CUMULATIVE TIME. 10:30  
SENIOR ONE MILE RELAY: 1/4 EACH LEG.  
SOPHOMORE MEDLEY: (880, 352, 176, 352)  
NOVICE MEDLEY: (704, 176, 176, 1504)  
COMBINATION MEDLEY: (SR. 2 LAPS, SUB. 1/2 LAP, MIDGET 1/2 LAP, JR. 1 LAP)  
FROSH DISTANCE MEDLEY: (80, 220, 440, MILE)

## CHSAA RELAY CARNIVAL

1. SENIOR JAVELIN (3 MEN)
2. SENIOR DISCUS (3 MEN)
3. SENIOR 12 LB. SHOT (3 MEN)
4. SENIOR RUNNING BROAD JUMP (3 MEN)
5. SENIOR HIGH JUMP (3 MEN)
6. NOVICE HIGH JUMP (3 MEN)
7. NOVICE SHOT PUT (3 MEN)
8. HIGH JUMP RELAY (SUB-MEDGET, MID. JR.)
9. 120 YD. HIGH HURDLES (3 MEN)
10. SUB-MIDGET 440 YD. RELAY
11. MIDGET 440 YD. RELAY
12. FRESHMEN 440 YD. RELAY
13. FRESHMEN 880 YD. RELAY
14. JUNIOR 880 YD. RELAY
15. NOVICE 880 YD. RELAY
16. OPEN 880 YD. RELAY
17. OPEN 180 YD. LOW HURDLES (3 MEN)
18. OPEN 440 YD. RELAY
19. OPEN SPRINT MEDLEY RELAY
20. NOVICE MILE RELAY
21. OPEN MILE RELAY
22. NOVICE TWO MILE RELAY
23. OPEN TWO MILE RELAY
24. FRESHMEN DISTANCE MEDLEY RELAY
25. NOVICE DISTANCE MEDLEY RELAY
26. OPEN DISTANCE MEDLEY RELAY
27. OPEN FOUR MILE RELAY
28. OPEN POLE VAULT (INDIVIDUAL)
29. OPEN TRIPLE JUMP (INDIVIDUAL)



## ST. FRANCIS PREP RELAY CARNIVAL

1. MIDGET HIGH JUMP
2. MIDGET BROAD JUMP
3. FROSH SHOT PUT
4. SOPHOMORE SHOT PUT
5. JUNIOR HIGH JUMP
6. JUNIOR BROAD JUMP
7. OPEN SHOT PUT
8. OPEN DISCUS
9. OPEN JAVELIN
10. SUB-MIDGET 440 YD. RELAY
11. JUNIOR 880 YD. RELAY
12. FROSH 440 YD. RELAY
13. FROSH 880 YD. RELAY
14. FROSH MILE RELAY
15. FROSH DISTANCE MEDLEY (880,220,440, MILE)
16. MIDGET 440 YD. RELAY
17. COMBINATION MEDLEY: (JR.220, MID.110, SUB-MID. 110, JR. 880)
18. OPEN 880 RELAY
19. NOVICE 880 YD. RELAY
20. SOPHOMORE MEDLEY (440,220,220,880)
21. OPEN DISTANCE MEDLEY (880,440,3/4 MILE, MILE)

## ALL HALLOWS GAMES

1. SUB-MIDGET 440 YD. RELAY
2. MIDGET 440 YD. RELAY
3. JUNIOR 880 YD. RELAY
4. JUNIOR TWO MILE RELAY
5. FRESHMEN 440 YD. RELAY
6. FRESHMEN 880 YD. RELAY
7. FRESHMEN MILE RELAY
8. FRESHMEN DISTANCE MEDLEY RELAY (880-220-440-MILE)
9. NOVICE 880 YD. RELAY
10. NOVICE DISTANCE MEDLEY RELAY (880-220-220-440)
11. SPECIAL DISTANCE MEDLEY RELAY (880,220, 440, MILE)
12. SOPHOMORE MEDLEY RELAY (440-220-220-440)
13. OPEN 440 YD. RELAY
14. OPEN 880 YD. RELAY
15. OPEN MILE RELAY
16. OPEN TWO MILE RELAY
17. OPEN FOUR MILE RELAY
18. OPEN DISTANCE MEDLEY RELAY (880-440-1320)- MILE)
19. OPEN SPRINT MEDLEY RELAY (220-110-110-220)
20. FRESHMEN SPRINT MEDLEY RELAY (220-110-110-220)
22. VARSITY AND FROSH HIGH JUMP
23. VARSITY AND FROSH BROAD JUMP
24. VARSITY AND FROSH SHOT PUT
25. VARSITY AND FROSH DISCUS
26. VARSITY AND FROSH POLE VAULT
27. VARSITY AND FROSH JAVELIN



## BRANDEIS RELAYS

DISTANCE MEDLEY RELAY CHAMPIONSHIP (1320-440-880-MILE) C.H.S.A.A.

## QUEENS-ICNA RELAYS

### FIELD EVENTS:

- H.S. SHOT PUT (MINIMUM) 45 FT.
- H.S. LONG JUMP (MINIMUM) 20 FEET
- H.S. POLE VAULT (MINIMUM) 11FT. TO START AT
- H.S. HIGH JUMP - 5'10" (TO START AT)

### RUNNING EVENTS

- HIGH SCHOOL 880 YARD RELAY (TRIALS)
- HIGH SCHOOL MATCH 1 MILE RELAYS
- HIGH SCHOOL 2 MILE RELAY (EITHER CHAMPIONSHIP OR MATCH)
- HIGH SCHOOL DISTANCE MEDLEY RELAY (880-440-1320-MILE)  
(EITHER CHAMPIONSHIP OR MATCH FOR DISTANCE)
- HIGH SCHOOL CHAMPIONSHIP 1 MILE RELAY (MAY ENTER BOTH MATCH AND CHAMP)
- HIGH SCHOOL CHAMPIONSHIP 440 YARD RELAY (TRIALS)
- HIGH SCHOOL CHAMPIONSHIP DISTANCE MEDLEY RELAY

## PRIVATE SCHOOLS MEET



## FROSH SECTIONAL AND SOPHOMORE MEET

### FROSH

100 YD. DASH  
220 YD. DASH  
440 YD. RUN  
880 YD. RUN  
ONE MILE RUN  
60 YD. HIGH HURDLES  
HIGH JUMP  
8 LB. SHOT PUT  
RUNNING BROAD JUMP  
440 YD. RELAY  
880 YD. RELAY  
DISTANCE MEDLEY RELAY

### SOPHOMORE

100 YD. DASH  
220 YD. DASH  
440 YD. RUN  
880 YD. RUN  
ONE MILE RUN  
120 YD. HIGH HURDLES  
180 YD. HIGH HURDLES  
TWO MILE RUN  
SHOT PUT  
BROAD JUMP  
HIGH JUMP  
DISCUS  
JAVELIN  
POLE VAULT  
TRIPLE JUMP  
SOPHOMORE MEDLEY RELAY  
SPECIAL DISTANCE MEDLEY RELAY

## FROSH- NOVICE INTERSECTIONAL CHAMPIONSHIPS

### FROSH

100 YD. DASH  
220 YD. DASH  
440 YD. RUN  
880 YD. RUN  
MILE RUN  
60 YD. HIGH HURDLES  
8 LB. SHOT PUT  
BROAD JUMP  
HIGH JUMP  
440 YD. RELAY  
880 YD. RELAY  
DISTANCE MEDLEY RELAY

### NOVICE

100 YD. DASH  
220 YD. DASH  
440 YD. RUN  
880 YD. RUN  
MILE RUN  
TWO MILE RUN  
120 YD. HIGH HURDLES  
180 YD. LOW HURDLES  
SHOT PUT  
BROAD JUMP  
POLE VAULT  
DISCUS  
JAVELIN  
TRIPLE JUMP  
HIGH JUMP  
880 YD. RELAY  
MILE RELAY  
2 MILE RELAY



NEW YORK RELAYS

ENGLEWOOD

2 MILE RELAY - 2:05.8

CHAMPIONSHIP EVENTS:

HIGH JUMP MINIMUM: 5'10"  
LONG JUMP 21'  
SHOT PUT (12 LB.) 51 FT.  
DISCUS  
POLE VAULT 11 FT.  
JAVELIN 165 FT.  
TRIPLE JUMP  
880 YD. INVITATIONAL  
ONE MILE RUN INVITATIONAL  
TWO MILE RUN INVITATIONAL

FRESHMEN 880 YD. RELAY  
CLASS 880 YD. RELAY  
360 YARDS SHUTTLE HURDLE RELAY  
440 YD. RELAY  
880 YD. RELAY  
ONE MILE RELAY  
TWO MILE RELAY  
DISTANCE MEDLEY RELAY: (3/4, 1/4, 1/2, MILE)  
SPRINT MEDLEY RELAY: (440, 220, 220, 880)  
CLASS TWO MILE RELAY ✓ 2:07  
CLASS ONE MILE RELAY

FROSH, JUNIOR, MIDGET CHAMPIONSHIPS

SUB-MIDGET 50 YD. DASH  
MIDGET 50 YD. DASH  
JUNIOR 100 YD. DASH  
JUNIOR 220 YD. DASH  
JUNIOR 880 YD. RUN  
JR. 120 YD. LOW HURDLES  
JUNIOR HIGH JUMP  
MIDGET HIGH JUMP  
MIDGET BROAD JUMP  
JUNIOR BROAD JUMP  
JUNIOR 6LB. SHOT PUT  
SUB-MIDGET 440 YD. RELAY  
MIDGET 440 YD. RELAY  
JUNIOR 880 YD. RELAY



## SECTIONAL CHAMPIONSHIPS

### OPEN DIVISION

100 YD. DASH  
220 YD. DASH  
440 YD. RUN  
880 YD. RUN  
ONE MILE RUN  
TWO MILE RUN  
120 YD. HIGH HURDLES  
180 YD. LOW HURDLES  
DISCUS  
HIGH JUMP  
JAVELIN  
SHOT PUT  
POLE VAULT  
LONG JUMP  
TRIPLE JUMP  
880 YD. RELAY  
MILE RELAY  
TWO MILE RELAY ✓

#### PLUS:

FROSH 880 YD. RELAY  
NOVICE 880 YD. RELAY  
NOVICE MILE RUN

### JUNIOR-MIDGET DIVISION

SUB-MIDGET 50 YD. DASH  
MIDGET 50 YD. DASH  
JUNIOR 100 YD. DASH  
JUNIOR 220 YD. DASH  
JUNIOR 880 YD. RUN  
JUNIOR HIGH JUMP  
JUNIOR BROAD JUMP  
JUNIOR SHOT PUT  
MIDGET BROAD JUMP  
MIDGET HIGH JUMP  
SUB-MIDGET 440 YD. RELAY  
MIDGET 550 YD. RELAY  
JUNIOR 880 YD. RELAY

## INTERSECTIONAL TRACK AND FIELD CHAMPIONSHIPS

### OPEN DIVISION

100 YD. DASH  
220 YD. DASH  
440 YD. RUN  
880 YD. RUN  
ONE MILE RUN  
TWO MILE RUN  
120 YD. HIGH HURDLES  
180 YD. LOW HURDLES  
DISCUS  
JAVELIN  
12 LB. SHOT PUT  
HIGH JUMP  
POLE VAULT  
BROAD JUMP  
TRIPLE JUMP  
880 YD. RELAY  
MILE RELAY  
2 MILE RELAY ✓

#### PLUS:

FROSH 880 YD. RELAY  
NOVICE 880 YD. RELAY  
NOVICE ONE MILE RUN

### JUNIOR-MIDGET DIVISION

SUB-MIDGET 50 YD. DASH  
MIDGET 50 YD. DASH  
JR. 100 YD. DASH  
JR. 220 YD. DASH  
JR. 880 YD. RUN  
JR. HIGH JUMP  
JR. BROAD JUMP  
JR. SHOT PUT (8 LB.)  
MIDGET BROAD JUMP  
MIDGET HIGH JUMP  
SUB-MIDGET 440 YD. RELAY  
MIDGET 440 YD. RELAY  
JUNIOR 880 YD. RELAY



OFFICIAL VARSITY ROSTER AND SHOT PUT ROSTER

AMBROSE, RICHARD - RE 7-2305  
BARBARY, JOSEPH - WA 8-9406  
BOLAND, JAMES- UN 6- 0964 (201)  
BULGER, KEVIN- PY 1-5353  
CASES, RICARDO- CY 9-0764  
CELLA, THOMAS- HA 6-2246  
COLON, ANTHONY- CI 5-3134  
CONLON, JOHN- UN 5- 2462  
DESMOND, JAMES- WA 8- 3793  
DIEGO, EMIDIO- 784-0281  
GILMARTIN, JAMES- UN 1-0054  
HANLEY, FRANK- KI 9-7722  
HERON, KEITH- NO PHONE  
HORTON, BRIAN- LE 5-0570  
JACKSON, GORDON- 281-4293  
JACKSON, ROBERT- WA 8-9240  
JAKIMETZ, JOHN- 545-4389  
JAMES, STEPHEN- TR 6-2922  
KELLY, JAMES- 261-0578  
LARIOS, ANTHONY- NO PHONE  
LOVETT, JOHN- IN 9-1987  
LOVETT, PETER- IN 9-1987  
MARCIAL, BASIL- WI2-3324  
MARSH, CHANCY- 567-4508  
McCANN, PETER- RH 1-2896  
McMAHON, PATRICK- 831-7357  
MCGOLDRICK, THOMAS- CI 5-9262  
MOREJON, LORENZO- CH 3-8612  
MOSS, WILLIAM- 369-0630  
O'BOYLE, CHARLES- IL 8-5808  
O'BOYLE, JOSEPH- IL 8- 5808  
PETIONI, JAMES- LO 9-7847  
RICE, DAVID- TR 4-5749  
ROBERTS, RAYMOND- SW 5- 1860  
ROSALY, KENNETH- CO 5-2989  
SEARLES, RAYMOND- 928- 2089  
VERA, ARMANDO- 242-4328  
WALSH, ANDREW- SW-5- 3642  
WALSH, STEPHEN- CH 2- 1162  
WOODS, PETER- TA 7- 2958  
MANAGER: CAROTENUTO, ALFONSO - ST 4-4323

SHOT-PUT

ALBINO, RAYMOND- CH 3-4445  
BEGLEY, JOHN- 569-3473  
BRINA, PHILIP- SU 7-7122  
COURT, ROBERT- 942-4461  
DEROCLE, PAUL- RH 4-1651  
HARRIS, MICHAEL S.- OR 5-2515  
JARMUZ, ROBERT- LY 9- 0844  
KOORT, JOHN- PL 7-2739  
RAMIREZ, VITO- 635-5207  
ROJAS, WILLIAM- MO 6- 6448  
WILLIAMS, PETER- 243- 8949



## FRESHMEN ROSTER

BAGUIAO, PHILIP  
BARBARY, PAUL  
BORESKY, PETER  
BRESSANT, WILLIAM  
BROCKSTEDT, CHARLES  
CASHIN, TERENCE  
CHANELLI, THOMAS  
COMER, TIMOTHY  
CONLON, JAMES  
DESANTIS, ANTHONY  
DONLON, THOMAS  
DRISCOLL, KEVIN  
FAILLA, PAUL  
FORDE, MARTIN  
FOX, GEORGE  
GALLAGHER, JAMES  
GEOGHEGAN, MICHAEL  
GETTENS, DAVID  
GREEN ALBERT  
GUGLIUCCIELLO, ROGER  
GUZMAN, MARCONI  
HACK, JOHN  
HARRIS, MICHAEL E.  
HIGGINS, PAUL  
KELLY, JAMES  
KIELY, WILLIAM  
LARIOS, RICHARD  
LISK, THOMAS  
LOVETT, THOMAS  
MCCARTHY, RAYMOND  
MCCOY, KEITH  
MCDERMOTT, JOHN  
MCGUIRE, SEAN  
MITCHELL, SCOTT  
NAUDAIN, RAYMOND  
NEIRA, JOSEPH  
NEVILLE, PETER  
O'CONNELL, PATRICK  
RODRIQUE, JOHN  
ROUSE, RONALD  
RUGGIERO ANTHONY  
SANCHO, MICHAEL  
SCHUBERT, THOMAS  
SHEPHERD, JOHN  
TOUHEY, THOMAS  
VINT, JAMES  
WALSH, EDWARD  
WISNIESKI, MARTIN  
ZAVATSKY, MARK